THE MGH HOT LINE

January 10, 1985

News Office, Bulfinch 1, Ext. 2206

New Appointment

Patricia Baldridge has been named Director of Clinical Services. She will be filling the administrative vacancy created by the appointment of Dr. Mary Jane Ferraro as Director of Bacteriology. Ms. Baldridge comes to the MGH from Michael Reese Hospital in Chicago, where she was the Associate Vice-President of Professional Services. She also has worked at University Hospitals in Cleveland and served as Executive Assistant for Professional Services at The New York Hospital. In addition to her administrative accomplishments, Ms. Baldridge has authored many publications and abstracts reflecting her clinical and research interests in scientific investigations.

Program a Hit

The MGH show "At Home and Abroad" won top honors in the category of fund raising at "Image 84," a festival sponsored by the Association for Multi Image. The program, which is used in conjunction with the Capital Campaign, has been shown to communty groups through the Special Gifts effort of the Campaign. Judy Paige, former Director of the Ladies Visiting Committee shops, supervised production of the program.

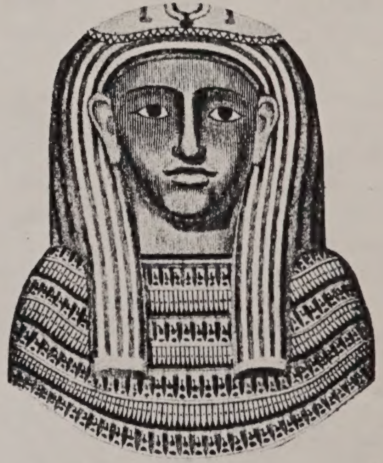
Thanks to You, It Worked

The 1984 United Way Campaign has come to a close. The MGH is pleased that as a result of the efforts of a large number of people, the hospital reached its goal of $100,000. This total exceeds the amount contributed last year, and the average contribution exceeded last year's average gift. The United Way appreciates the support offered by the MGH employees. Contributions such as ours will insure the continuation of vital services represented in the programs of United Way agencies. Thank you to all who contributed and to others who participated in the campaign, headed by Richard Daggett, Director of Special Support Services, by assisting in employee contacts and to those who provided critical staff support to the campaign itself.

Attention Microcomputer Users

An organization meeting will be held on Wednesday, January 23 at 5:00 p.m. in the Walcott Room, for any MGH employees interested in forming a Microcomputer Users Group. There will also be a presentation of several graphic programs and their use in construction of 35 millimeter slides. If you are interested in attending the meeting, please contact Dr. Arlan Fuller at Ext. 1762.

PADIHERSHEF *On TV*



"The Mummy's Case," a special program produced by Public Broadcasting in Springfield about the MGH's mummy Padihershef, will soon be telecast on Boston television. The program will be aired on WGBH-TV (Channel 2) on Saturday, January 26, at 9:30 p.m. and on Sunday, January 27, at 2:30 p.m. The show coincides with an exhibit featuring the MGH mummy at the George Walter Vincent Smith Museum in Springfield. It tells how the burial ensemble came to be reunited for the exhibit and about the mummy himself, a 26th-Dynasty stonemason. "Padi" has been the center of much attention since leaving the MGH several months ago. And the exhibition has attracted enthusiastic crowds at the Springfield museum.

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A Letter of Thanks

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"I am writing this letter of appreciation and to commend your staff of doctors, nurses, administration, and support personnel who attended to me during my recent stay at the MGH.

"May I express my sincere appreciation to the nurses of the fourth floor of the Baker Memorial Building, whose superior level of professional competence, pleasant attitude, and receptiveness to the needs of each patient, contributed greatly to my recovery from postoperative surgery.

"On behalf of the gentlemen with whom I shared room 439, may I express that our experience at the MGH confirms its reputation as a leader in the field of Health Care in the United States.

"In closing, and after my recent diskectomy, I thank you 'from the bottom of my spine.'"

Sincerely,

Buddy Tyler
Norwood, New Jersey

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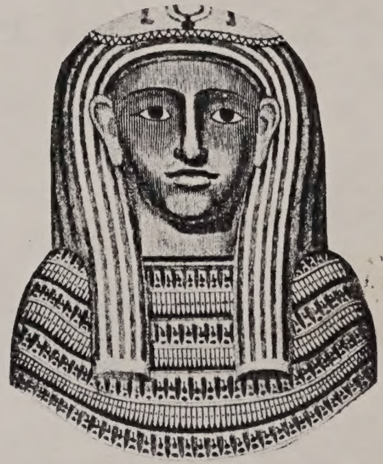

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January 17, 19

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Display Your Talents

The MGH's Patient Teaching Committee is sponsoring its fourth annual Patient Teaching Fair, to be held on Wednesday, March 20. Nurses often spend much time teaching patients. This Fair gives nurses the opportunity to share these ideas and methods with others. Exhibits may be a poster (standard size or smaller), or a table top display utilizing space no more than three feet in width by two and a half feet in depth. Awards will be presented for the best poster and for the best display. Applications are due by February 15. For more information, please call Mary Donovan, Cox Building Basement, at Ext. 8650.

Bereavement Group

Once again the MGH Social Service Department will be offering a Bereavement Group for people who have lost a close family member. The goal is to facilitate the grieving process by providing support and by sharing mutual concerns. The group will be held weekly for eight weeks, with an option to sign up for an additional eight-week period. The meetings will be held in the Wang ACC Lobby Level Social Service Office. If you are interested, please contact Mrs. Elsa Ramin, LICSW, at Ext. 2623.

Price of Stamps Going Up

New U.S. Postal Service rates will be going into effect on February 17. The postage for first class letters will be 22¢, and the rate for postcards will be 14¢. Postage for the second ounce and each subsequent ounce will remain at 17¢. Although there is no longer an Express Mail Box outside the MGH, the hospital's Post Office will meter Express Mail letters, Monday through Friday, between the hours of 9:30 a.m. and 3:30 p.m. However, if you are using Express Mail, you must still go to the U.S. Post Office to pick up the necessary form. The MGH Post Office, incidentally, will be closed on Martin Luther King Day, Monday, January 21.

New Location

The House Neurology Service inpatient unit has moved from its temporary quarters on Bigelow 12 to its permanent location on White 11. The telephone extensions for the unit are 3351, 3352, and 3353.

Husband of Trustee Remembered

Funeral services were held last week for Dalton L. Baugh, Sr., president and founder of a Boston architectural engineering firm and husband of MGH Trustee E. Lorraine Baugh. Lt. Cmdr. Baugh died at the MGH at the age of 72.

One of the first black officers in the U.S. Navy, Mr. Baugh retired in 1964 as a lieutenant commander in the Naval Reserve. In 1944, he was was among the first 13 blacks to be commissioned as ensigns. He later served as chief engineering officer aboard the Boston-based USS Migrant, an antisubmarine pistol craft assigned to the North Atlantic fleet during World War II.

A graduate of Arkansas State College, Mr. Baugh earned his master's degree in mechanical engineering from MIT in 1956. He remained at MIT for 16 years as a supervisor and instructor of fluid engineering in the school's gas turbine laboratory. In 1973 he formed his own architectural engineering firm in Mattapan. Mr. Baugh was also involved in many community activities, including the organization and chartering of the first Roxbury Little League. He also served as a past chairman of the Boy Scouts.

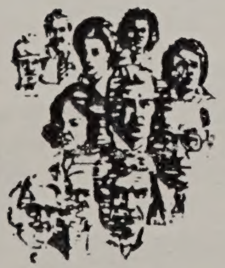
MGH in the Media

Frank Chicko, a star athlete from Holy Cross College, was interviewed recently while a patient on Baker 9. Mr. Chicko talked with Don Gillis of WCVB-TV (Channel 5) about his high school and college career and about his brother's achievements at Norwell High School.

Dr. Bertram Zarins, an Orthopaedic Surgeon and Chief of the Sports Medicine Unit, appeared recently on the WBZ-TV (Channel 4) program "Evening Magazine" to talk about sports related injuries.

Dr. Allan H. Ropper, Director of the Neurological and Neurosurgical Intensive Care Unit, was interviewed recently by ABC-TV News on the subject of comas.

Around MGH



Dr. Patricia K. Donohoe, Chief of Pediatric Surgery, has been selected by the Boston University Alumni Association to receive its Distinguished Public Service to the Profession award. A magna cum laude graduate of Boston University, Dr. Donohoe received her M.D. from Columbia University College of Physicians and Surgeons.

Susan Laram, M.S., R.D., Manager of Nutrition Services, Bigelow, White, and Vincent-Burnham Buildings, has been invited to be a member of the Department of Health and Human Services ad hoc advisory panel on clinical nutrition in maternal and child health programs.

Linda Delahanty, M.S., R.D., Clinical Dietitian, Bigelow and White Buildings, has been named Outstanding Young Dietitian in the Commonwealth of Massachusetts. The award is based on the quality of practice, participation, and in leadership for the Dietetic Association. Ms. Delahanty was honored both at a state meeting and at the national meeting of the American Dietetic Association in Washington, D.C.

Ruth Palombo, M.S., R.D., Assistant Director and Clinical Dietitian, Department of Dietetics, and Eileen Buckley, M.S., R.D., Coordinating Dietitian, MGH Health Centers, are the Massachusetts delegates to the American Dietetics Association workshop on Nutrition Services Coding, and Reimbursement. They will be developing workshops for dietitians across the state.

Elaine Watkins, Residence Supervisor of Bartlett Hall, has once again won the top Dahlia Award at the Topsfield Fair. This is the sixth consecutive year that Miss Watkins has won the award for her dahlias.

Constance Holleran, R.N., F.A.A.N., a graduate of the MGH School of Nursing and a former faculty member at the school, has received an achievement award in nursing from the Catholic University of America's Alumni Association. Ms. Holleran is presently executive director of the International Council of Nurses.

The National Arthritis Foundation has awarded the Arthritis Unit of the MGH a research grant of $20,000. In addition, Betty A. Kozlowski, Assistant Head of Physical Therapy, Bette Ann Harris, a Research Physical Therapist, and Claire McCarthy, an Associate Professor at the MGH Institute of Health Professions, will be sharing an Allied Health Professionals Grant Award. These research grants help encourage allied health professionals to engage in rheumatology research.

Dr. Ralph G. Meader, former MGH Director of Research, was recently presented with a Distinguished Achievement Citation Award from Ohio Wesleyan University, his alma mater. The award was given for Dr. Meader's significant contribution to biomedical cancer research.

January 24, 1985

THE MGH HOT LINE

News Office, Bulfinch 1, Ext. 2206

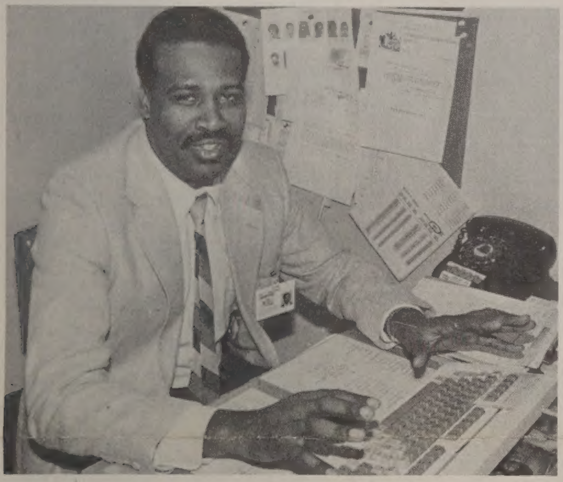
Roy Williams Named A Black Achiever for 1985

Many may consider Roy Williams to be an expert in the goings and comings of MGH patients.

For two and a half years, Mr. Williams was a caseworker in the Department of Social Service. In that capacity he was responsible for placing patients when they were being discharged from the hospital.

And for the past year, Mr. Williams has seen the other side, interviewing incoming patients as an Admissions Officer.

But for the next 12 months, Roy Williams will also be involved with the activities of young people in the Boston community, having just been named a Black Achiever for 1985, a program sponsored by the Greater Boston YMCA.



Roy Williams now sees patients coming instead of going.

"To tell you the truth, I really had mixed emotions when I learned

(continued on page 2)

For Rita Zollo, a gingerbread house brought back fond memories of when she was a child.

How a House Found a Home at Christmas

To WBZ Radio personality Dave Maynard, moving a six-foot wide gingerbread house through the main entrance of the White Building may have been "a piece of cake." To others, however, the effort was apparently more along the lines of "pie in the sky."

But to several skilled MGH employees, it was simply a case of "the proof of the pudding being in the eating." They said they could do it, and they did it...without having to eat their words!

So it was the week before Christmas that several members of the Receiving Room, Transport Services, and Materials Management managed to bring the giant gingerbread house by truck from the receiving dock, and then wheel it by pushcart through the White Building lobby, along the Baker Building corridor, to its ultimate destination, the lobby of the Warren Building.

In some ways it was reminiscent of 1982 when the Resident Physician's House made its celebrated journey.

How it got to the Warren Building lobby, however, is just the final chapter. How it came to the MGH in the first place is the real Christmas story, combining fantasy, opportunity, desire, luck, and maybe just a little magic for the season.

Rita Zollo, a secretary in Magnetic Resonance Imaging (formerly called Nuclear Magnetic Resonance) was stuck in traffic around 7:10 a.m. while on her way to work. Being at a standstill gave her the opportunity to think about Christmas and how it has changed since she was a child. She began to recall such things as the special glass gumdrop tree her grandmother had and

(continued on page 4)

Many Issues Raised At First Town Meeting

The Wang ACC Cafeteria was closed for breakfast but open to much food for thought, as the first in what is hoped to be a series of quarterly "town meetings" was held on December 20.

Dr. J. Robert Buchanan, General Director, served as moderator for the meeting, which was aimed at improving the lines of communication within the MGH.

The meeting also gave Dr. Buchanan the opportunity to formally introduce Yvonne Munn, new Associate General Director and new Director of Nursing, to the employees.

The following are questions asked of Dr. Buchanan at the town meeting and his answers:

How much money would be saved by closing the OPD Pharmacy?

(continued on page 3)

Thanks a Million!

The MGH's Ladies' Visiting Committee Shops had a good reason for celebrating the beginning of the new year at the end of the old year.

The shops, which include the General Store, the ACC Shop, the Flower Shop, and the Beauty Shop, ended the fiscal year 1984 by grossing more than one million dollars. It's believed to be the first time the shops of any hospital have ever grossed that amount in one year.

"The stores did especially well during this past Christmas season," explained Lesley Kaufman, Director of the L-V-C Shops. "We've very pleased by the success of the shops, which we hope reflects the quality of the MGH in every aspect and endeavor."

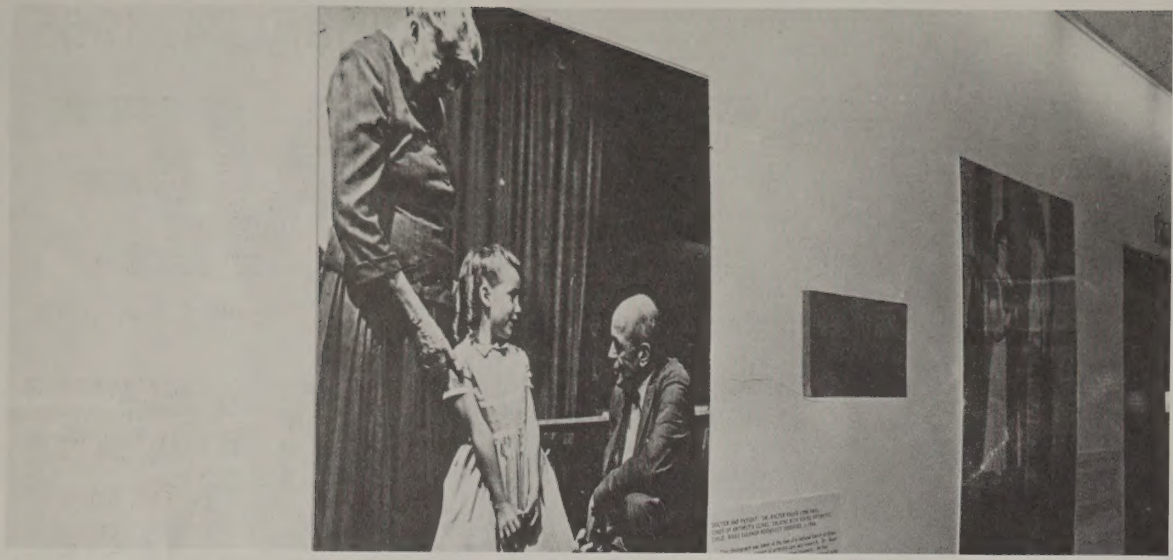
All the money received by the stores is returned to the hospital to be spent in a number of different ways, all designed to enhance the environment for patients.

During the past year, the money

(continued on page 2)

Celebrating the L-V-C Shops going over the million mark in gross sales are (left ot right) Lesley Kaufman, Connie Thibodeau, Sally Taylor, and MGH Director of Operations Stephen Kauffman.

Watch Padihershef on Channel 2 this Saturday, at 9:30 p.m. and on Sunday at 2:30 p.m.



One of the historical photographs on display in the Wang ACC Building

History of Ambulatory Care Recaptured in Photos

Photographs spanning 20 years of MGH history are now on display along the corridor of floor 5 of the Wang ACC Building.

The photographs, enlarged from pictures in the MGH Archives, were all taken between 1930 and 1950 in the old Clinics Building.

"We wanted to celebrate ambulatory care and learning in the clinic," explained Dr. John D. Stoeckle, Director of the Primary Care Program at the MGH. "By looking at the past, we can gain a better understanding of the future."

One person instrumental in having the exhibition become a reality was Olivia Finlay, 91 years young, a loyal MGH volunteer and a patient of Dr. Stoeckle's, who helped fund the project. Photographer Chris Siberling did the enlargements.

Among the 15 photographs on display are those showing such well-known MGH physicians as Drs. Paul Dudley White, Fuller Albright, and Walter Bauer. Nursing, Social Service, Secretarial, and Laboratory staff can also be seen caring for outpatients.

Incidentally, Dr. Stoeckle, along with George Abbott White, Eliot House, Harvard College, has just written a book entitled Plain Pictures of Plain Doctoring: Vernacular Expression in New Deal Medicine and Photography, to be published April, 1985, by MIT Press.

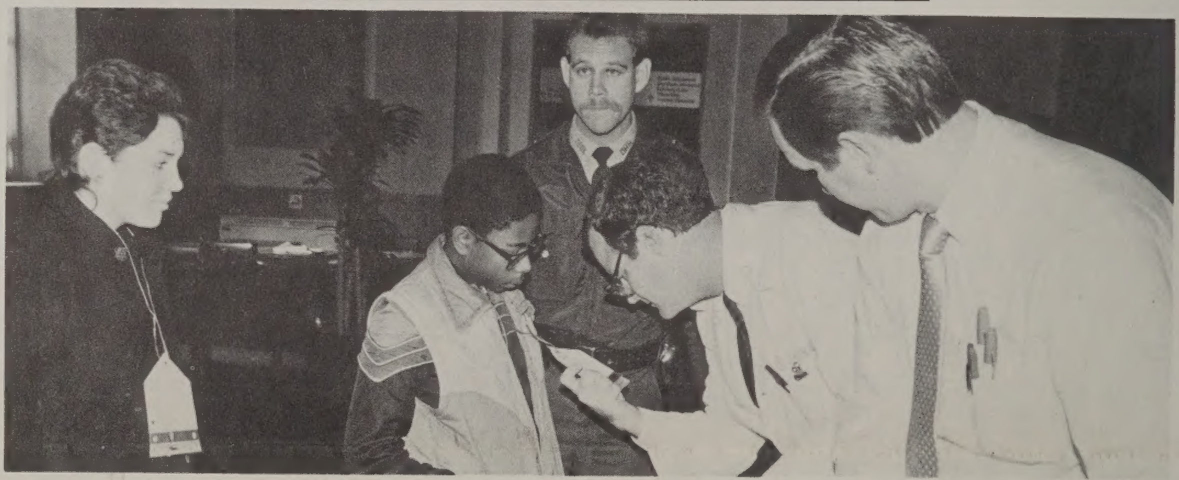
Million (continued from page 1)

from the shops has gone to such things as complimentary beauty services for the needy, free wigs for cancer patients undergoing chemotherapy, a television for pediatric patients in the Surgical Day Care Unit, floral displays around the hospital, and a washer and dryer for the Emergency Ward.

In addition, the funds from the shops have been used for cots and mattresses for parents, a tutoring program for hospitalized children, a needlework program for patients, and toys and gifts for children.

This past year, the shops also donated $50,000 to the Capital Campaign from the $250,000 pledged over the next five-to-eight years. This money will go toward new or renovated patient rooms.

"The staff and volunteers have worked very hard to make the shops a success," said Ms. Kaufman, who added that much of the credit over the past year should go to former L-V-C Shops Director Judy Paige and L-V-C Shops Chairman Connie Thibodeau. "We hope 1985 will be an even better year."



Dr. Charles McCabe (second from right), Assistant Chief of Emergency Services, and Henry Buszkiewicz (far right) an E.W. Admitting Assistant, registering the "patients" during a recent mock disaster drill.

Achiever (continued from page 1)

about my selection," recalled Mr. Williams. "Of course I was deeply honored to have been chosen. But I was also a little embarrassed because I had not worked in the Admitting Office all that long. I guess I wasn't sure that I had qualified as an achiever yet."

But Austin Holzer, Director of Admitting, apparently had no such doubts. "Roy displays a very positive attitude toward his job and the MGH," said Mr. Holzer. "He has been very adaptable in his ability to learn new skills, has demonstrated significant stability under pressure, and is very cooperative in carrying out the duties of his job. He displays excellent tact, courtesy, and discretion in dealing with fellow workers and the public."

A graduate of Northeastern University, Mr. Williams has been employed at the MGH for eight years, first working as a Laboratory Aide, then a Film Librarian, a Maintenance Coordinator, a Caseworker Assistant, and finally an Admitting Officer.

While serving as a Caseworker, Mr. Williams was usually one of the last people a patient saw, but as an Admitting Officer, he is usually one of the first. And according to the Roxbury resident, that can be a big responsibility. "In a way, I represent the entire hospital," he said. "Patients might form an opinion of the institution just by what I say to them and how I say it. So I try to be very sensitive to their needs."

As an Admitting Officer, Mr. Williams is responsible for interviewing patients, helping them in obtaining financial assistance, and communicating with other members of the staff about matters concerning the patient's admission.

"For me, the job is challenging because I have to be very familiar with all aspects of the hospital," explained Mr. Williams, who sees up to 18 patients a day. "And since coming into a hospital as a patient can be a difficult experience for some, I try to reassure them as much as I can."

And he said he hopes to take a similar approach with the people he will be coming in contact with as a Black Achiever. "I think minorities need reassurance," explained Mr. Williams, who is married and the father of three daughters. "But more than that, young people especially need to develop a positive self-image."

The Black Achievers' program annually recognizes black men and women who have attained levels of excellence in their vocational fields. The achievers are chosen from the professional, managerial, clerical, and skilled work force of the city's many business, legal, educational, and medical institutions.

The program aims at providing role models and support for urban minority youth, and honorees are expected to spend up to 40 hours in a community service project during their recognition year.

Mr. Williams already knows all about service to the community, since he is a minister at his local church in Roxbury. "I feel I've been blessed by God to do what I can to serve the people in my community," he said. "I'm grateful that the Black Achiever program has given me the opportunity to do that...another chance to reach out."

Mr. Williams received his Black Achiever Award on January 18. He is the eleventh MGH employee to be honored by the "Y" since the program began 10 years ago. Previous winners from the MGH include: Marguerite Santos (1984), Patricia Brown (1983), Victoria Hubbard-Berryman (1982), Robert Dixon (1981), Cherryl Ringgold (1980), Raymond Hawkins (1979), Louis J. Green and John Bufford (1978), Veetlyn Forde (1977), and the late Jimmy A. Young (1976).

New Director of Nursing Yvonne Munn (right) gets to meet the staff during a reception honoring her.

Meeting (continued from page 1)

The reimbursement effect of closing the OPD Pharmacy is an additional $800,000 annually. I want to emphasize that this is the only area where such a savings could be effected without layoffs and where the service could be replicated elsewhere, i.e., through the use of commercial pharmacies. You should also know that the need for such savings was forced on the hospital by the restraints of Chapter 372, and also that attempts to have the pharmacy operated as a separate retail enterprise were thwarted by the regulatory board empowered by the State to grant the necessary licenses. It was a difficult decision, made with the assistance of physicians and pharmacy administration.

What will happen to pharmacy benefits for retirees and their spouses?

Pharmacy benefits for employees who retired prior to December 31, 1984, will continue. There will be no pharmacy benefits for spouses, nor for those employees retiring after December 31, 1984.

Why isn't the waiting list for parking based on seniority?

I'm glad you brought up the parking issue. The waiting list for parking is four years. To a large extent, we have created our own parking problem because it is currently cheaper to drive to work than to use public transportation. I do not believe we can avoid an increase in the parking rates in the near future. Our rates are dramatically lower than any other in the Boston area. As we plan for new parking, it is clearer that much higher rates will be necessary to support the cost of those facilities. *[As to the specific question of a waiting list based on seniority, all employees, no matter what their employment status or shift at time of hiring, are urged to sign up for parking when they are employed.]*

When the construction of the inpatient facilities is completed, will there still be Phillips House type beds?

Current plans call for all new tower rooms to have a view of the river, which I believe is one of the most desirable features of the Phillips House. In addition, plans call for special accommodations on the top floors of the new towers.

Why doesn't the MGH offer an HMO for employees?

The main drawback to an MGH HMO is the lack of an obstetrical service in the hospital. It is impossible to attract young families without such a service. In addition, an MGH HMO would require that all employees obtain all their health care, ambulatory and inpatient, at the MGH. I think many employees who live in the suburbs would be unwilling to give up any relationship with their community hospitals and community physicians who now provide much of their care.

Dr. Sherry Haydock of the MGH was the first to cross the finish line in the women's division of the seventh annual Colonnade Doctors' Run.

An overflow crowd attended the first "town meeting," held in the Wang ACC Cafeteria.

I am concerned with the labor cuts in Environmental Services night and weekend shifts. Are there plans to replace those workers cut?

Dr. Buchanan making a point

Labor cuts in any area are only made after careful deliberation. We have engaged the services of a firm specializing in Housekeeping. They do not sell housekeeping services nor products. They are in the process of evaluating the entire department. Everything from type of cleaning equipment to staffing levels is included. We expect to get their report in mid April which would help in evaluating whether or not we need additional staff. It is important to note that all reductions in night and weekend shifts were accomplished through attrition, not by layoff. The majority of positions formerly on nights or weekends were replaced by additions to day shift assignments.

Why don't we see more positive stories in the newspapers and on TV about the kind of good work the MGH is doing?

I think the scientific achievements of the MGH are well covered by the press. Just this week, there were articles on the MGH in Newsweek, in the Globe, and on Channel Five locally. The MGH has been very careful of its reputation and in our marketing effort, we have preferred to err on the side of caution rather than exaggerate our accomplishments. In the increasingly competitive health care environment, it may be necessary to modify this posture somewhat. *[Since the Town Meeting we've been comparing the daily press publicity received by the various Boston hospitals. So far the tally indicates that the MGH gets more positive publicity than any other Boston hospital.]*

What is the future of the Institute of Health Professions?

I am committed to the future of the Institute, as are the Trustees. We are preparing for accreditation. The search for a Provost has produced many excellent candidates, and we are in the final stages of selecting a replacement for Dr. Haynes. As its Acting Provost, I have come to know the IHP and its staff over the last year and to appreciate their fine work. I remain very optimistic about the Institute.

What happened to the long range survey?

We received replies from 1,404 employees (out of a total of 3000+ sent out). I was very impressed with the quality and thoughtfulness of the essay replies. They are still being carefully read by meand members of the Trustees' Long Range Planning Committee. The short answer portion of the survey has been keypunched and the data presented to the Long Range Planning Committee.

I think the Town Meeting is an exciting idea. I would like to see more attempts to establish communication with top administration. I recommend establishment of an Employee/Administration Committee to discuss important issues.

Thank you for your support of the Town Meeting concept. I plan to hold these meetings on a regular basis at different times of the day to get as many employees as possible to attend. This will give all of you an opportunity to bring your questions and comments directly to me. I have concerns about the establishment of an Employee/Administrative Committee, however, since I prefer that the regular channels of communication not be circumvented. I do not favor going around these channels.

Employees listen with great interest to the questions and answers.

Retirement

Geraldine Maxon receiving best wishes from Dr. Francis Ingersoll, the man she has worked with at the MGH for the last 42 years. Ms. Maxon was honored recently at a retirement party held in the Walcott Room.

House (continued from page 1)

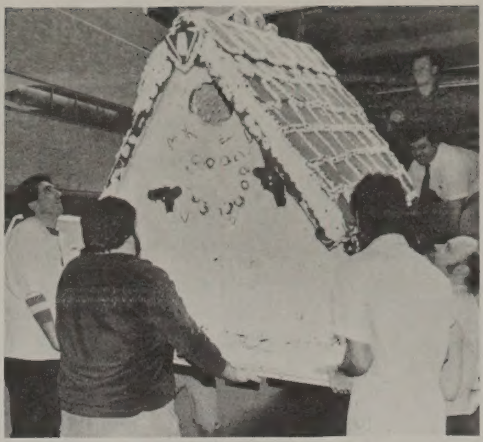
the candy castle her mother made.

Suddenly, her thoughts were interrupted by something she heard on the radio. WBZ Radio personality Dave Maynard announced that he was prepared to give away an enormous gingerbread house because apparently nobody wanted it. The only requirement was that the house had to be picked up by 9:00 a.m. from Downtown Crossing.

Rita Zollo sprung into action. As soon as she arrived in work, she called Transport Services Supervisor Bob Winebold to see if his employees could possibly pick up the house and bring it back to the hospital to be taken to a Pediatric floor. Transport was happy to oblige. But there was one thing nobody had anticipated...the size of the house.

"Dave Maynard said it was big," recalled Ms. Zollo, "but I had no idea how big." And neither did anyone else.

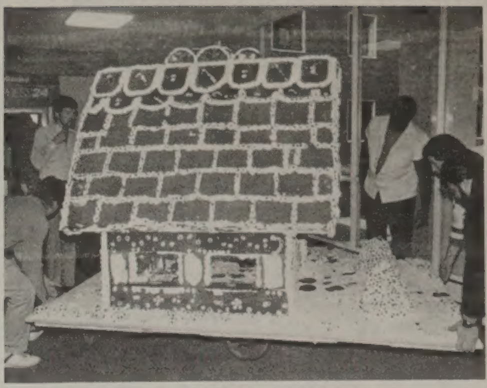
Luther Maddox and Joseph Hall from Transport had arrived with a van only to discover that the house would not fit. So they quickly came back to the MGH to get a bigger truck driven by Bob Crivello.

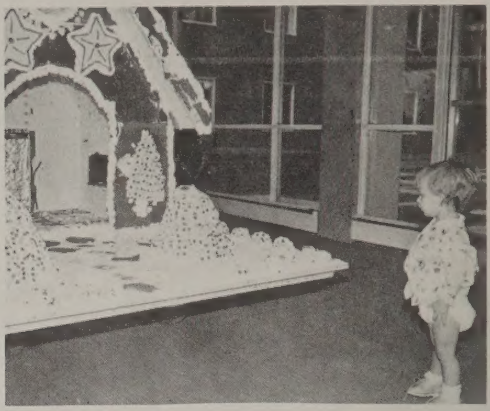


White Building
BROWN ZONE

Shortly before 8:30, the precious cargo had finally arrived and was placed on the receiving dock to be taken upstairs. But it was immediately determined that there was not an elevator in the hospital big enough to transport the house and hardly any doors through which it could be moved. The solution to this dilemma, unfortunately, was not so immediate. So there the house sat for an hour until it was decided to bring it through the White Building into the Warren lobby.

"I feel very bad about all the problems this whole thing caused," lamented Ms. Zollo, a 14-year employee of the MGH. "I only did it for the children. I certainly never wanted it to be a chore. But I am glad it's here."





However, the look of wonderment on the children taken down to the Warren lobby from the Burnham floors more than made up for any logistical difficulties. On that, there was no disagreement.

"Just seeing the house brought me back to when I was in the third grade," said Ms. Zollo, who just happened to be celebrating her birthday on December 19, the day this all took place. "I couldn't wait for my own two kids to see it. I kept thinking that it would be so nice if others could see what I felt years ago."

Thanks to Rita Zollo, Transport Supervisors Bob Winebold and Luther Maddox, along with Transport employees Joseph Hall, George Chappell, Clarence Evans, and Bob Crivello, and virtually the entire Materials Management Distribution crew, many children and adults did. They were able to see, and probably feel, the real "magic" of Christmas.

A Burnham Christmas

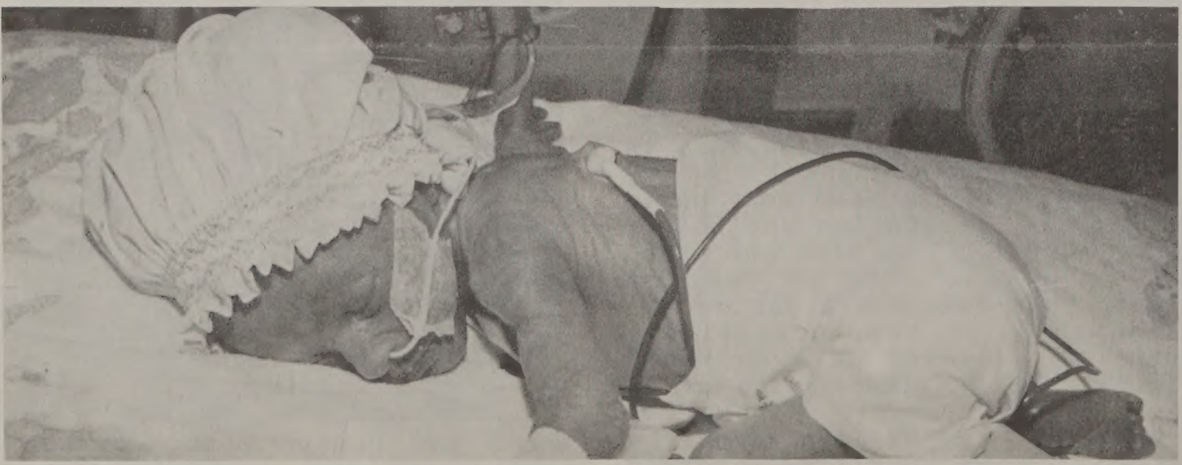
There's an old saying that Christmas was made for children. That's especially true at the MGH, where in many ways the spirit of the holiday was brought to those unable to experience it at home.

"MGH Friends of the Children's Service" played a very large role in many of the season's activities on the Burnham floors. The week before Christmas Mr. and Mrs. Everett Grossman helped organize a tree decorating party on Burnham 4. And a few days later, Santa Claus (a.k.a. Stuart H. Watson, Chairman of the "Friends" group) made his long awaited appearance, distributing presents to the children.

Nearly as popular as Santa on the Burnham floors were former Boston Bruins star Bobby Orr, New England Patriots punter Rich Camarillo and WHTT Radio personality Jay Dowd, who all took time out to visit with the children and to sign autographs.

Members of the MGH O.R. Scheduling Office and friends from Gray 3 donated 85 handmade teddy bears as Christmas gifts. In addition, smocks given to the Neonatal Intensive Care Unit by Smocking Arts Guild of America, Burlington Chapter, adorned the heads of the hospital's tiniest patients.

Home may be where the heart is, especially during the holidays. But the staff and "Friends of the Children's Service" clearly showed that there is a lot of heart for sick children away from home.



One of the many infants given a smock during Christmas

For six-month-old Allison McMahon, happiness is having her picture taken with Santa.

MGH News

MASSACHUSETTS GENERAL HOSPITAL, BOSTON, MASSACHUSETTS

Vol. 44 No. 1 January–February, 1985

Does Infant Babbling Offer Signs of Later Qualities of Speech?

Babies can discriminate sounds as soon as an hour after birth and by 18 hours are aware of the sound of their own voice.

When an infant is destined to suffer a speech disorder, however, the problem may not surface until 10 to 18 months later when language acquisition normally begins.

Children born with certain neurological illnesses or physical abnormalities constitute exceptions, of course, since a speech difficulty may be a known link to the particular affliction.

With other babies, is it really necessary to wait so long to learn of some language obstacle? Would earlier detection facilitate corrective measures? These are among questions now being asked by John L. Locke, Ph.D., Director of the MGH's new Neurolinguistics Laboratory.

During the first few months of life, babies cry, laugh, shriek, or coo to express emotion. At about seven months, they begin to utter chains of seemingly meaningless syllables like da-da-da-da or pa-pa-pa-pa. Babbling, it is called.

Dr. Locke regards babbling as a biologically motivated behavior, little influenced by environmental conditions.

"If one studied children reared in

(Continued on Page 2)

Dr. John Locke records for analysis the vocal sounds of 8-month-old Sarah Michel, held by her mother, Mrs. Anthony Michel.

Parasitic Research Given New Impetus

Famine Causes Major Spread of Infections

Hardly a day goes by when the news media fail to report on the western world's massive effort to save Africa's starving millions.

Since the early 1970s, drought has cut wide swaths through the continent, killing an estimated 300,000 people.

Of some 7.7 million in distress in Ethiopia alone, one million are under the age of 4. United Nations officials expect half of these children to endure significant, lifelong physical and mental impairment because of what they are going through now.

The aid effort is not, however, confined to food shipments. In medical centers across America, including the MGH, scientists are striving to conquer parasitic diseases which thrive in tropical, famine-plagued and otherwise impoverished regions of the world.

For many who died in Africa, starva-

(Continued on Page 3)

Tiny Balloons Close Weak Blood Vessels

(Second of two articles)

With the help of MGH specialists, a college student from Greece has overcome a brain abnormality which threatened his sight and ultimately his life.

The 20-year-old patient—we will call him Constantine—flew 4,700 miles to Boston after doctors at a neurological institute in Moscow advised there was nothing they could do for him.

Not only did the young man find a solution at the MGH but also much of the work was performed with greater safety, more comfort, and less cost than was possible with other, more conventional methods.

Constantine's plight began when a weakness on the wall of his internal carotid artery ballooned to more than an inch in size. The giant aneurysm, or sac, pressed against a nerve controlling his eye muscles.

(Continued on Page 7)

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EDITORIAL:

Serving the Third World

A young MGH physician takes a year out from his training to treat some of the deprived children of Indonesia. Michael St. Louis left the impoverished sick of that large nation healthier than he found them. And he returns to this hospital a better physician and a better person for his experience.

What Dr. St. Louis accomplished has become a tradition at the MGH: physicians young and old serving the downtrodden of other countries. They usually do this for little more than their expense money. Some journey at their own expense. They care for their Third-World patients without charge.

Uganda, Kenya, Mali, Zaire, Rwanda, Nigeria, Ivory Coast, Senegal, Labrador, India, Thailand, Nepal, Bangladesh, Viet Nam, Cambodia. These are just some of the nations where the doctors have served. They have trudged through swamps, climbed mountain roads, teetered over rope bridges, and endured monsoons, tropical rain forests, and frigid temperatures to reach the sick.

Most return without fanfare and settle back into the more mundane world of Boston and the MGH. But like Michael St. Louis, they are never quite the same. Their devotion to the cause of the downtrodden remains an inspiration to their MGH colleagues, many of whom quietly set similar standards without ever leaving the MGH.

The contributions made by this hospital to world health through research advances and the training of physicians are well known. The front page research story about parasitology serves as a more direct kind of investigational help to the Third World. Involved is an attempt to find ways to alter or block the action of parasites, a pest that plagues poorer nations.

As the article points out, parasitic diseases thrive in famines like those that are now ravaging Africa. But the volunteer effort in little-known parts of the world offers a very different perspective from research. For besides patient care, these MGH physicians pass on to their colleagues (often by establishing training programs in these poor nations) that part of medical knowledge most applicable to these countries. Therein lies the most important contribution, the legacy of medical training. One has to think that the two doctors who founded the MGH in 1811 would be pleased.

Babbling of Infants Parallels the Start Of Other Behavior

(Continued from Page 1)

Russia, Germany, France, or England, and exposed to the language of the respective country, no evidence would be found," he said, "that any sound patterns produced by the babies reflected exposure to the language before they actually began to talk."

According to Dr. Locke, no one really knows why babies babble. Even infants born deaf may babble, and since they cannot hear themselves, it is reasonable to ask, "Why do they continue this activity?" Dr. Locke offers a theory. The sounds emerge at precisely the same time as the baby develops rhythmic movements like rocking and a preference for using one hand over the other. Perhaps babbling, he said, relates more to these neuromuscular developments than it does to sound making.

Dr. Locke, who is also a Professor in the MGH Institute of Health Professions and a Lecturer in Neurology at Harvard Medical School, feels that much of the developmental value of babbling lies in parents' responses to it.

"There is evidence," he said, "that babbling precipitates caretaker responses that induce the baby to discover the existence of words.

"If an infant did not babble, people would have no idea of what the child was capable, of what sounds were the most pleasing to him, and they would really have no way of approaching the baby linguistically."

When the baby goes da-da-da-da, however, parents may feel that the child is about to learn to talk. By the parents responding da-da-da-da-daddy-daddy, the baby is, in effect, being primed to acquire language.

Babbling almost always involves syllables beginning with a consonant and followed by a vowel. The most common of the true consonants are "d" and "p." Interestingly, this may be related to babies' tendency to say "daddy" (or "papa") before "mommy." When the baby spontaneously says meaningless sounds such as "da-da," mothers are likely to interpret

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Photographs: Pages 1, 4, 5 (upper), Myro Daniels; p. 3, courtesy of Dr. John L. Locke; pp. 5 (lower), 6, courtesy of Dr. Michael E. St. Louis; pp. 7, 8, courtesy of Dr. Gerard M. DeBrun.

Parasitology

(Continued from Page 1)

tion so weakened the body's defenses, or immune system, that parasites found easy prey for lethal infections.

Parasites, including worms, insects, and single-celled organisms called protozoa, feed and grow on or within a different living creature at the host's expense. Some parasites inhabit the body for years, diverting needed nutrients and sapping the host's energy (*MGH News,* April 1979). Three billion people (or two-thirds of the world's population), most of them living in underdeveloped nations, are affected.

Now, the John D. and Catherine T. MacArthur Foundation has announced sponsorship of a $20 million, five-year medical research campaign against parasitic diseases. The Foundation chose nine centers in the United States and one each in Australia, Israel, and Mexico to participate.

One of the assignments provides for collaborative work by the MGH and the Harvard University School of Public Health. Under the direction of Howard M. Goodman, Ph.D., MGH Chief of Molecular Biology, and Dr. John R. David, Professor of Tropical Public Health at Harvard, researchers are applying modern techniques of molecular biology to learn more about how parasites interact with mammalian and insect hosts.

From these studies, the investigators hope to devise ways of altering or block-

(Continued on Page 4)

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these sounds as attempts to say "daddy" and to repeat them while pointing to the father.

The "m" sound, as in "mama," is usually less common in babbling, and this probably contributes to children's delayed reference to their mother.

This relationship between babbling and parent-naming holds for other languages besides English. In fact, in a study of more than 500 languages, it was found that in 78 percent the name for father contained orally released sounds such as the "d" and "p" of "daddy" and "papa." And an equal percentage of the names for mother contained a nasally released sound such as the "m" in "mama."

One linguist proposed that the reason for these coincidences was the fact that while breast-feeding, the only sounds the infant can make are nasal. As a consequence, the linguist said, mothers began to associate m-like sounds with themselves, and incorporated these sound patterns into the vocabulary as "mama," "mommy," "nana," and so on.

Virtually all languages contain a separate set of words used by adults almost exclusively with babies. A study of some 30 languages indicates that the most common baby words typically refer to parents, body parts, bodily functions, or some social interaction. In English, for example, the dictionary defines tummy and bye-bye as baby-talk for stomach and good-bye. They function like training words, designed to draw infants into language.

The Comanche Indians had more than 60 words that they used solely with children. Each word was tailored to the sound-making abilities of the babies. Comanche parents began to use these words when they thought that their child was about to begin speaking, usually at about 1 year of age, and quit when the child was well into language, at about 3 or 4 years.

Many speech pathologists and neuropsychologists, such as Dr. Locke, believe that babbling may hold a clue to later speech dysfunction.

"Although a language disorder is not generally picked up until a child begins to talk, or later, we assume that there may be something different about the child earlier," Dr. Locke said. "This difference might even have preceded birth.

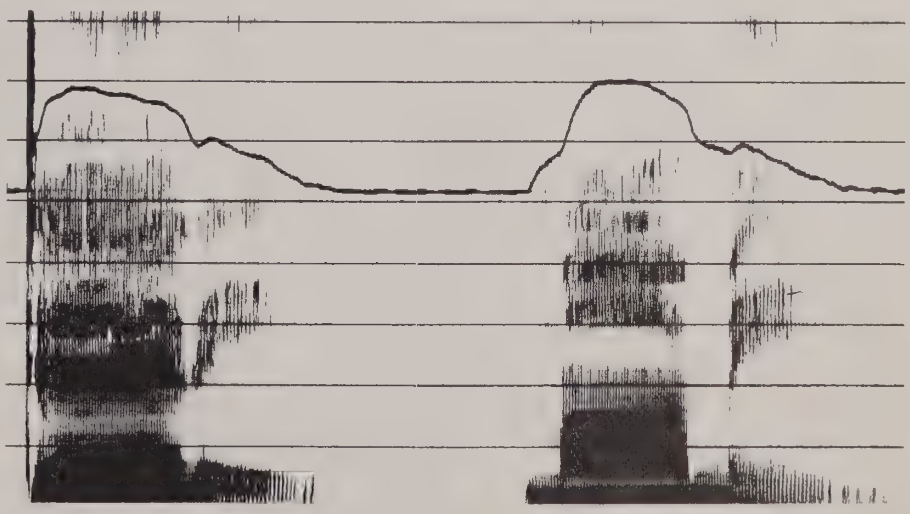
"In any event, when a difference exists, we feel it must be revealed in some manner. An obvious method of looking for this is to study how the baby produces sounds and responds to the sounds of other people."

Scientists have speculated about babbling for many years, but only in recent years have they been able to use electronic techniques such as computer-assisted sound analyses to more thoroughly probe this phase of child development.

The Neurolinguistics Laboratory, which opened at the MGH in the fall of 1984, strives to learn more about such questions and, more generally, about how the brain performs all the functions needed for speech and language. These include perceiving sounds, storing and retrieving words, and producing sentences. These behaviors are sometimes easier to observe in the developing child.

"If a baby is born with some hearing loss, we can take immediate steps to make sure that the child has amplification to hear speech better," Dr. Locke said. "Similarly, if there is something awry about a baby's early vocal development, we want to know about that before a language problem occurs. We want to work with that child right away, not wait until he is 2 or 3 years old."

Dr. Locke said he is optimistic that relationships exist between infant vocal development and the later acquisition of language, and that these links will be revealed by the kinds of analyses which may be carried out in his laboratory. ■



Daddy **Mommy**

The bars in each vertical spectrographic display above represent the sounds in "daddy" (left) and "mommy" (right). The wavy horizontal line at the top indicates the intensity of the sound patterns.

MGH Focuses on Two Parasitic Diseases

(Continued from Page 3)

ing the action of the parasites.

The MGH projects center on two devastating diseases. In the Department of Molecular Biology, Dr. Goodman and Dr. Jay A. Fishman are studying *Pneumocystis carinii* pneumonia (PCP), which plagues the severely immune deficient.

PCP was described in the 1920s among malnourished children in orphanages in Iran and later in epidemics among malnourished infants in Europe during and after World War II. PCP was not successfully treated until the 1960s. Today it is turning up in a new, even more challenging form among the immunosuppressed, most notably in patients with AIDS (Acquired Immune Deficiency Syndrome). More than 55 percent of AIDS patients have PCP.

At the same time, many newborns and children starving worldwide will die of Pneumocystis pneumonia and other parasitic infections.

Dr. Fishman, a Research Fellow in Molecular Biology and a Clinical and Research Fellow in Infectious Diseases, said the Pneumocystis organism survives in the body by attaching to cells lining the lung. Research suggests that most people are exposed to Pneumocystis by the age of 15, but those with normal immunity escape significant illness because they develop natural protection against the parasite.

"We are now seeing a number of patients with Pneumocystis infection whose condition resists traditional modes of treatment," Dr. Fishman said. "As a result of newly developed culture systems in the laboratory, we can test other drugs in culture to see if they can combat the infection.

"Through the techniques of molecular biology we are also looking for clues as to just how the parasite resists the antibiotic agents."

In the hospital's Infectious Disease Unit, Dr. John S. Wolfson is project leader for an investigation of Chagas' disease (caused by an organism called *Trypanosoma cruzi*), estimated to affect up to 10 million people in Central and South America, particularly in Brazil.

Drs. Morton N. Swartz, Chief of the MGH Infectious Disease Unit, and David C. Hooper are collaborating with Dr. Wolfson and Gail A. McHugh, a senior technician.

Chagas' disease is the most common cause of death among Brazilian adults ranging in age from 20 to 55 years. The unicellular organism invades through the bite of an infected bug.

Describing the disease as really one of poverty, Dr. Wolfson said the insects carrying the parasite live in the thatched walls and ceilings of homes and strike at night as people lie asleep on the floor.

Effects of the illness on children may include disorders of the heart or central nervous system. As many as 10 percent of children with such involvement die. More commonly, people infected during childhood suffer no symptoms until 10 or 20 years later when congestive heart failure or irregularities (arrhythmias) of the heartbeat set in. Either condition can cause death.

"At present, there is little one can do to treat the disease directly," Dr. Wolfson said. "One drug can be prescribed, but it really doesn't work for every patient and has undesirable side effects.

"We are growing the *Trypanosoma cruzi* organism in our laboratory to learn how an essential part of the parasite called the kinetoplast duplicates itself.

"The kinetoplast contains a large amount of DNA [deoxyribonucleic acid, the chemical making up genes], and we hope to find drugs which will interfere with replication of the kinetoplast, thereby killing the organism."

Molecular biology gives the parasitologist many new strengths to better understand and manipulate various organisms. In addition to the ability to grow some parasites in the laboratory, new animal models have been developed for probing parasitic infections.

Highly specific monoclonal antibodies can also be produced to determine the presence or absence of certain proteins in parasites, to isolate proteins which could identify a parasite, and to learn the stage of an organism's life cycle.

Through molecular biology, the scientist can identify genes that turn on or off naturally at certain times of a life cycle. By isolating specific proteins, investigators may be able to find certain ones which if given to a patient may stimulate an immune response to protect the individual from further infection.

Dr. Fishman said scientists envision a

Dr. Jay Fishman (left) prepares radioactive test to verify isolation of specific genes from cultured Pneumocystis. At right, Dr. Howard Goodman examines a film showing results of the test.

vaccine some day that will protect against not just one parasitic disease but up to 20 parasitic as well as nonparasitic infections. Much work lies ahead, he said, before realizing such an achievement.

As investigators evolve more sophisticated research procedures, the Parasitology Laboratory in the MGH Infectious Disease Unit works at high gear to diagnose parasites in stool, blood, and other specimens.

Operated by Technologist Specialists Mary Ann Waldron and Deborah M. McCarthy, and supervised by Dr. Wolfson, the laboratory processes from 250 to 350 samples each month. Organisms of one type or another turn up in about 30 percent of the specimens.

Last year, Mrs. Waldron initiated a new technique for staining stools to facilitate the search for an organism called cryptosporidium which plagues some AIDS patients. Dr. Wolfson said the disease is also being studied as a new cause of diarrhea in otherwise healthy people. It may turn out to be one of the more common causes of self-limited diarrhea in children, he said.

The laboratory receives a large number of different organisms from Southeast Asian refugees who have resettled in the Greater Boston area. Dr. Wolfson, who is also Assistant Professor of Medicine at Harvard Medical School, emphasized that parasitic diseases are common in Southeast Asia and, for the most part, are readily curable.

The doctor did caution, however, that Americans planning travel to other countries should make sure that they receive immunization against illnesses particular to those places.

Malaria, for example, once on the wane, is spreading worldwide. This spread is due to new strains of parasite resistant to customarily prescribed drugs, carrier mosquitoes resistant to insecticides such as DDT, and decreased measures to control the disease.

The federal Centers for Disease Control in Atlanta regularly files updated information on malaria and other diseases with Travelers' Clinics operated in the MGH Infectious Disease Unit and at the hospital's Medical Station at Boston's Logan Airport. Personnel at the clinics can explain to callers what health risks they face abroad and what protective measures should be taken. ■

Stained with a fluorescent dye, a key portion of the organism called Trypanosoma cruzi *is viewed under a microscope using ultraviolet light by Dr. John Wolfson and Senior Technologist Gail McHugh of the Infectious Disease Unit.*

Indonesians Benefit From the Services Of MGH Physician

As his plane settled for a landing in Indonesia, Dr. Michael St. Louis wondered how the country's young children could be plagued with health problems.

"From the air, the land looked green and lush in every direction," he said. "In contrast to severe drought in some developing nations, water to nourish the soil and to support crops is plentiful in Indonesia. The country seemed to be a land of abundance."

Yet almost 50 percent of its children die before the age of 5 years, compared with 2 or 3 percent in the United States.

Ten percent of Indonesia's babies fail to reach their first birthday, contrasted with about one-tenth of one percent in America.

A 1981 graduate of Harvard Medical School, Dr. St. Louis decided after two years of training in the MGH Children's Service to work a year in Southeast Asia developing badly needed primary health care programs.

Assisted by a fellowship from the Luce Foundation, he went to Indonesia under auspices of the Save The Children Federation. With 150 million people, Indonesia was both the poorest and largest of the countries to which the Luce fellowship could be applied.

Dr. Michael St. Louis crossing a fast-moving stream in northern Sumatra

The young physician found that a small number of diseases caused a large percentage of the child fatalities in the three thousand islands which make up the country once known as the Dutch East Indies.

Diarrhea, malnutrition, and respiratory disorders, including pneumonia, each account for 20 percent of the deaths. Immunizable diseases, such as tetanus, whooping cough, measles, and tuberculosis, cause another 15 percent. Tropical parasitic diseases and unusual infections contribute to the remaining losses and in many instances may have overlapped other diseases but had gone undetected.

Addressing more than 30 pediatricians and fellow pediatric residents at an MGH Children's Service meeting (Grand Rounds), Dr. St. Louis noted that during

(Continued on Page 6)

Few Doctors Serve Indonesia's Needs

(Continued from Page 5)

his stay in Indonesia last year he was one of only two pediatricians in a province of two and a half million people.

"In addition to the disease burden that people of developing countries face, there are sharp limitations of resources, of manpower, and of organizational and managerial abilities to address those difficulties," he said.

The doctor worked in northern Sumatra where rice paddies dominate the terrain. With very few mechanical implements to assist, an enormous amount of human labor must go into the planting and harvesting of crops.

The workers and their families establish homes along waterways which provide water for drinking and washing and fish for the table. Unfortunately, the same waterways are used for waste disposal.

Indonesians believe in western-style medicines, but many also buy herbal tonics. In fact, some estimate that the populace spends as much as five percent of personal disposable income on such tonics.

Faith healers attract large numbers of supporters. It is not unusual, Dr. St. Louis said, for a doctor to encounter a patient wearing an amulet given by a faith healer to ward off evil or injury.

The MGH physician said that the success of his health care development efforts hinges on the community leaders' support which facilitates the recruitment and training of volunteer counselors and workers.

Many Indonesians spend heavily on herbal tonics to treat illnesses or simply maintain good health.

"We were not engaged in relief work where one deals with a dislocated, perhaps demoralized, population, a people totally unable to care for their needs," he said.

"The communities in which we worked were intact. Although less developed in an economic and material sense, they have an old, complex, and refined culture and social system. The people already have certain ideas about disease and illness and about their prevention or amelioration.

"The goal was always to help advise and train Indonesians to take care of their own health needs."

Communication is a major task. Sometimes just trying to reach people presents a problem. In traveling to one project area Dr. St. Louis had to negotiate a shaky rope walkway to cross a fast-moving river.

Some of the conditions devastating the population ironically succumb to safe, inexpensive measures. Dehydration that results from acute diarrhea, for example, can often be treated with simple solutions of sugar and salt.

By continuing proper nourishment, the people can avoid dehydration. Village counselors are taught to advise nursing mothers that if their babies develop diarrhea, the breast-feeding should continue. A traditional practice of stopping feeding or of switching to clear liquids alone during a time of diarrhea can prove harmful.

Despite the serious malnutrition problem in Indonesia, Dr. St. Louis saw very few children who could be called grotesquely malnourished.

He projected for his colleagues the slide of a typical malnourished child. The baby boy had attained the height and weight of a 14-month-old, and the doctor said the child walked around doing things appropriate for that age. But the boy was not 14 months old; he was almost twice that age.

The child displayed a marked seasonal pattern in his loss-of-growth rate. In such instances, this often could be attributed to the fact that when families migrated from their primary residences to the rice fields for seasonal work, they left behind familiar sources of protein that should go into a child's diet.

Working with growth charts, Dr. St. Louis taught village health workers to seek out the nutritionally deprived who were just entering growth failure. The workers were trained to help mothers improve the health and nutrition of those children at high risk. At the same time, volunteers searched the countryside for children whose parents could not take them to the clinic.

"We didn't expect to produce children equal in size to those in the western world," said Dr. St. Louis, "but we did aim for some weight gain each month."

On occasion the advisers had to combat myths. For example, some parents believed that eggs caused worms and that therefore children who ate chicken eggs were sure to become ill. Through demon-

To improve child growth, village health workers prepared for families demonstration meals that were both attractive and highly nutritious.

Tiny latex balloons used to seal off injured arteries are shown deflated and iodine-inflated.

Use of Bypass and Balloon Saves Patient

(Continued from Page 1)

His left eyelid closed, preventing vision. Worse yet, while the growth of a giant aneurysm is gradual, it is also relentless. Without intervention, some types of giant aneurysms cause death or complete disability within about five years.

In general, if an aneurysm is small, a surgeon could simply clip its neck, thereby strengthening the artery wall and preserving the vessel's blood flow (*MGH News,* November 1984). For Constantine, such strategy was impossible. The artery itself had to be closed.

If a patient has good collateral circulation, other vessels can provide substitute service. In Moscow, however, studies showed the student's other vessels provided little help toward maintaining circulation. "The artery cannot be shut down," the doctors told him. "You would die."

Constantine learned that MGH specialists could solve his problem by first constructing a bypass graft to furnish an alternate blood flow. Then a balloon placed at the tip of a tube (catheter) could be fed from the groin through the patient's arterial system to plug the vessel containing the aneurysm.

Dr. Roberto C. Heros, Chief of Cerebrovascular Surgery, created the bypass, using a superficial temporal artery (a vessel whose blood flow one can feel by just touching the temple). Later, with the patient under local anesthesia, Dr. Gerard M. DeBrun, Chief of Interventional Neuroradiology, carried out the balloon technique.

The patient made a swift recovery. No longer burdened by the pressure of the aneurysm against his oculomotor nerve, he could once again control his eyelids, and full vision returned. More important, the skill of the physicians had erased the threat against his life.

The bypass technique was developed in the mid 1960s by a former resident in neurology and neuropathology at the MGH, Dr. R. M. P. Donaghy of the University of Vermont College of Medicine in Burlington; and Dr. M. Gazi Yasargil of the University of Zurich (*MGH News,* June–August 1976).

Dr. DeBrun developed the balloon procedure 10 years ago in France. Unknown to him, a member of the neurological institute in Moscow, Dr. Fedor Serbinenko, was devising a similar method at the same time.

Since installation of a vessel-closing balloon requires only a local anesthetic, the patient's tolerance of the shutdown can be quickly observed.

Dr. DeBrun's work, however, was aimed primarily at finding a way to deal with so-called arteriovenous fistulas. These are abnormal passages between a vein and an artery which might be present at birth or caused by an accident of some kind.

Often occurring at the base of the skull, an area difficult for surgeons to reach, the fistulas allow arterial blood to enter the vein, causing it to swell. The patient's eyes bulge and sounds, like those of a passing locomotive, roar through the head.

"Before Dr. DeBrun's technique became available, we had to occlude [block] the carotid artery in treating fistulas," Dr. Heros said. "Now in about 80 percent of these situations we can close a fistula with a detachable balloon placed in the vein and thereby preserve the blood flow through the carotid artery."

Although in eliminating giant aneurysms the balloon does not save the affected artery, Dr. DeBrun's method improves on a clamping technique employed for many years to block off dilated vessels.

First of all, clamping requires a fully equipped operating room with general

(Concluded on Page 8)

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stration meals, volunteer health workers persuaded the parents that such beliefs are untrue.

Turning to immunizable diseases, Dr. St. Louis termed measles one of the single greatest preventable causes of malnutrition in the developing world. And in pockets where hygiene is severely lacking, he said, there are enormous losses of life from tetanus infections in the newborn.

The tetanus can be prevented, the doctor said, by giving mothers immunization shots before and during pregnancy.

Immunization against tetanus, measles, and other illnesses is available in Indonesia. Yet Dr. St. Louis discovered that most people were unaware of this. He launched a campaign to inform them, even sending out health vehicles to bring the people in for their shots. As a consequence, the immunization rate rose in at least one region by 300 percent.

Throughout his stay in the Southeast Asian country, roughly as wide as the United States, Dr. St. Louis found that improving health conditions was not so much a matter of knowing the latest technology but rather of convincing the citizenry to follow the right path. ■

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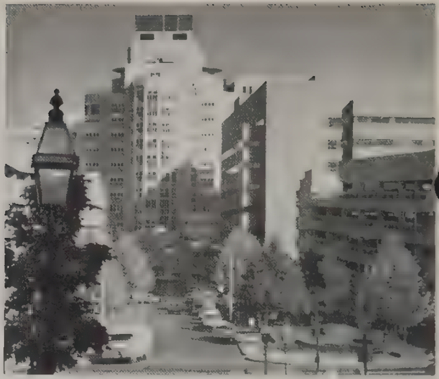


Balloon Technique Reduces Hospital Stay

(Concluded from Page 7)

anesthesia for the patient. The surgeon clamps the problem artery at a point in the patient's neck because the aneurysm is inaccessible for closer clamping.

The patient must later be taken to an intensive care unit because the clamp will need a periodic tightening. In all, the individual can expect another week in the hospital.

Dr. DeBrun can, on the other hand, perform the balloon technique in a radiologic treatment room with the patient fully awake, having received only a local anesthetic.

Channeled through the artery itself, the balloon can be positioned very near the aneurysm. The doctor can then briefly inflate the tiny latex bag with iodine to observe how the patient tolerates the vessel shutdown. If all goes well, the doctor detaches the inflated bag from the catheter and leaves the balloon in place. The patient can often go home two days later, feeling better sooner than with clamping, and saving several days of expensive hospitalization.

Regardless of whether the procedure involves a balloon or a clamp, a clot soon develops in the arterial space where the blood flow stopped. Since a clamp may lie some distance from the aneurysm, a clot forming in this closed-off area can be lengthy.

There is a small risk that part of the clot may one day break away, travel through the other end of the artery, and precipitate a stroke. That is less likely to occur with a smaller clot resulting from employment of the balloon.

"We use the clamp these days only in patients who cannot tolerate an abrupt balloon occlusion," said Dr. Heros, who is also Associate Professor of Surgery at Harvard Medical School. "If, during testing with a balloon, the patient shows particular signs of weakness or difficulties with speech, then we know the arterial shutdown has to be gradual."

Specialists in both the balloon and clamping techniques hesitate to compare them in terms of success rates. "We really cannot reach any statistical conclusions yet," Dr. Heros said. "We have to work on more patients and record longer follow-ups."

He did emphasize that the balloon process is difficult to carry out. It should be restricted, he believes, to skilled doctors who have undergone intensive training in the work.

Dr. DeBrun, who is Visiting Professor of Radiology at Harvard Medical School, taught his technique for several years at the University of Western Ontario at London, Ontario, before coming to the MGH in 1982.

Representing about 10 percent of all aneurysms, giant aneurysms do not always defy the neck-clipping treatment given the smaller ones.

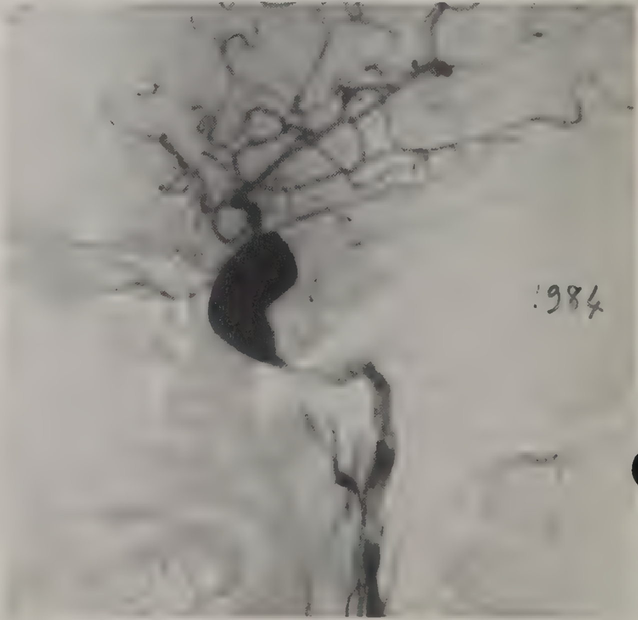
A year and a half ago, a woman in Maine realized that she was gradually losing the vision in her left eye. Four times thereafter she obtained stronger eyeglass lenses. When she finally consulted an eye physician on the advice of her optometrist, she had virtually lost the sight of her left eye.

The physician ordered a CT (computerized tomography) scan which detected an apparent tumor. Referred to the MGH, the 46-year-old patient underwent another test, an angiogram (a type of X-ray procedure designed to show blood vessels). It revealed, not a brain tumor, but a giant aneurysm.

Dr. Heros and his team operated, not knowing whether the sac could be clipped or whether the patient would need closure of the artery. Initial studies showed poor substitute circulation had developed in other arteries. Therefore a bypass graft would have to precede any arterial blockage.

In November 1984, after drilling some bone at the base of the skull, the team was able to maneuver a clip onto the aneurysm, thus saving the artery.

By the time the patient left the hospital a week later, she had already regained 30 percent of her vision. Dr. Heros remarked, "It may get significantly better." ■



Angiogram of Greek student's brain reveals giant aneurysm, or ballooning, on the internal carotid artery, causing it to press on a nerve controlling eye muscles.

THE MGH HOTLINE

February 7, 1985

News Office, Bulfinch 1, Ext. 2206

A Skating Party

The MGH Hockey Club is sponsoring a "FAMILY NIGHT" on Friday, February 15, from 9-11 p.m., at the MDC Rink on Somerville Avenue (Union Square) in Somerville. All employees and their families are invited. Employees are asked to bring their hospital IDs so that they and their families can be admitted free of charge. For more information, please call Frank Martins of the Electric Shop at Ext. 2415.

Reaching the Heart Through the Stomach

A Valentine's Day "BAKE SALE" will be held on February 14, from 9 a.m. to noon, in the lobby of the Warren Building. Candy, cookies, breads, and other food items will be available, making excellent gifts for your Valentine. Proceeds will go toward the publishing costs of the MGH Cookbook, a part of the Employees Capital Fund Drive.

Dr. Dreyfuss Left His Mark

A Memorial Service will be held on Wednesday, February 13, at 11:00 a.m., at the Church of Our Saviour in Brookline for Dr. Jack R. Dreyfuss, an MGH radiologist, who died on January 25 at his Brookline home after a long battle with cancer. He was 61.

Considered to be one of the outstanding gastrointestinal (GI) radiologists in the country, Dr. Dreyfuss was particularly respected for his work with the colon and the esophagus. His greatest contribution to GI diagnosis was the development of specialized studies ("provocative") of the gastrointestinal tract in which he reproduced the patient's troublesome symptoms by feeding prior to examination. The usual method of examination employed fasting.

Although best known as a GI

(continued on page 2)

Habla Español?

If not, you may wish to take one of the two Spanish classes now being offered at the MGH. For the Beginner--SPANISH MEDICAL TERMINOLOGY FOR DOCTORS AND NURSES, offered Tuesdays from 5-8 p.m., teaches students basic structures, expressions, and vocabulary for admitting a Spanish-speaking patient. Starts February 12. Cost--$160. For the Continuing Student--INTERMEDIATE SITUATIONAL CONVERSATION FOR THE HEALTH CARE WORKER, offered Thursdays from 4:30-7:30 p.m. Uses role play to develop oral skills in everyday Spanish situations. Starts February 7. Cost--$170. Students are eligible for tuition reimbursement for both courses. Preregistration is required. For more information, please contact the Office of Training and Development at Ext. 2230.

MGH Directory

February 15 will be the last day to make any additions, deletions, or other changes in the 1985 MGH Directory. In order to provide you with a completely updated directory, we ask that all changes be made by that date. If you have any questions, please call the Communications Office at Ext. 2086.

Dreyfuss (continued from page 1)

radiologist, Dr. Dreyfuss was also an outstanding general radiologist. "He had few peers in the interpretation of routine diagnostic X rays," said Dr. Joseph T. Ferrucci, Jr., who heads abdominal radiology at the MGH.

Described by his partner of 20 years, Dr. Stanley M. Wyman, as "a superb clinician," Dr. Dreyfuss was also noted for his selfless approach to teaching. And one of his former students, Dr. Ted Steinbock, an MGH Radiology Resident from 1979-1982, told of a special relationship between Dr. Dreyfuss and his students.

"He patiently guided new radiology residents through the complex equipment and examination of gastrointestinal (GI) radiology," said Dr. Steinbock. "He never failed to have a word of praise for one's first feeble efforts at capturing the elusive stomach, colon, or duodenum on X-ray film. His carefully turned phrase could transform a slightly blurred X-ray image into a radiological work of art....Morning GI teaching sessions with Dr. Dreyfuss were a high point for us as radiology residents. Moreover, he was always available and easy to approach with any problem--be it professional or personal. Jack thus became both mentor and confidant to two generations of radiology residents, many themselves now in major radiology teaching positions across the country."

A 1947 graduate of Harvard College, Dr. Dreyfuss received his M.D. from Tufts University School of Medicine in 1951. He was the author of numerous papers and was a member of several professional societies, including a founder and charter member of the Society of Gastrointestinal Radiologists.

Say It With Flowers

The MGH Flower Shop would like to remind you that Valentine's Day (February 14) is fast approaching. In order that we may serve you better, we recommend that you place your order with us now, as this is one of our busiest floral holidays. This will help to ensure your complete satisfaction without having to wait in line. We would also like to remind you that the Flower Shop delivers free, within the hospital ($7.50 minimum order).

MEET ME
AT THE FAIR
May 18

MGH in the Media

A cover story in Newsweek magazine on Alzheimer's Disease quoted three members of the MGH: Dr. John Growdon, Dr. Marilyn Albert, and Dr. Michael A. Jenike.

Dr. W. Gerald Austen, Chief of General Surgical Services, was interviewed recently by U.S.A. Today about an editorial written by him and Dr. Benedict Cosimi concerning heart transplants. That editorial appeared in the New England Journal of Medicine.

Dr. I. David Todres, Director of the Neonatal Intensive Care Unit, appeared on the WCVB-TV (Channel 5) program "The Good Day Show" to talk about difficult decisions that have to be made regarding sick newborns.

Dr. John T. Truman, Chief of Pediatric Hematology/Oncology, participated in some promotional spots for the WEEI "590 Fund" to benefit the Leukemia Society. Dr. Truman did some of the announcements with Archbishop Bernard Law and some alone. In addition, Dr. Truman appeared prominently in a documentary series on leukemia also broadcast on WEEI during the past holiday season.

2/14/85

What Fair?

Meet Me at the Fair

MAY 18, 1985

THE INTERNATIONAL FAIR, OF COURSE!!

THE INTERNATIONAL FAIR is one of the many events planned for the Employee Capital Fund Drive. It's our first big event.

Why an International Fair?

To celebrate who we are - the richness and diversity of the staff and the community they serve. It gives us all an opportunity to come together in friendship and to promote MGH's dedication to health, fitness and service. Because the MGH is not just a group of buildings - it's the people who work here and the people who come here.

When is it?

Saturday, May 18th, 1985 from 11:30 a.m. to 11:00 p.m.

Where is it?

The Bay Side Expo Center in Boston - Near the U. Mass., Boston campus. Free parking, by the way.

So, what's happening there?

LOTS! You'll be transported 'round the world as MGH employees provide cultural dance and music to entertain you. Many employees will be selling crafts and art work. We've also invited people from the community to sell their crafts.

TAKE 2 ASPIRIN ... AND GO TO THE FAIR!
OK, DOC

You can learn to play bocci (courtesy of the Italian d contingency, of course) or make a wonderful Japanese flower arrangement or beautiful Ukranian Easter eggs.

You can dance all day in a variety of languages - West Indian, Greek, Baltic, Polish, Swedish, Irish, Scottish....and many more.

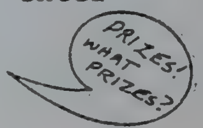
We'll also have THE AMAZING FELLOWS, world famous magician, and in the evening you'll be able to dance to the Herb Pomeroy Big Band.

There will also be a large MGH historical, medical and scientific exhibit too. There'll be a theatre for MGH films and the first MGH ambulance. That ambulance will come to MGH on May 20th Horse-drawn!) and will stay on permanent exhibit in the ACC Lobby.

ME TOO!
SO GLAD I MET YOU AT THE FAIR!

Also...there will be a Children's area for the kids...AND a Mime and Juggler circulating throughout the day.

Of course, the highlight of the evening's entertainment will be drawing for the prizes!


PRIZES! WHAT PRIZES?

PRIZES? What prizes?

GREAT PRIZES......WONDERFUL PRIZES.....

- A TRIP TO BERMUDA (AIRFARE AND HOTEL!)
- A TRIP TO SAN DIEGO (AIRFARE AND HOTEL!)
- A BRAND NEW TOWN CAR!!!
- A HOME COMPUTER (The kind that keeps the Doctor away)
- A SHOPPING SPREE AT A FAMOUS DOWNTOWN BASEMENT STORE!

How much are the tickets?

Tickets will be $2.00 each or a book of six for only $10.00. You can buy some soon and you can also help us sell some to your friends and neighbors....we're even going to have a special prize for the employee who sells the most tickets.

Call Herb Henderson, Ext. 3636 to find out more about helping us sell tickets....We really need your help. And, with all these great prizes, they sure won't be hard to sell.

DO YOU PROMISE TO GO TO THE FAIR?
I DO!

How much is admission?

General admission is $3.00 for adults and $1.00 for children (toddlers free).

MGH employees, of course get a discount - it's $2.00 for adults.

Sounds Great! Do you need help?

MEET YOU AT THE FAIR, GOOD BUDDY
10-4

DO WE EVER! There's still plenty to do - like selling tickets, helping the day of the Fair - and lots more.

Call Pat McGurty at Ext. 2216 or Joe Stukas at Ext. 2976 (Co-chairs of the Fair) if you want to help out.

SO....MEET YOU AT THE FAIR!

MGH

We're building our future

THE MGH HOTLINE

February 14, 1985

News Office, Bulfinch 1, Ext. 2206

New Banking Hours

The MGH Branch of Harvard University Employees Credit Union (Clinics 1) is expanding its hours to better serve the employees of the hospital. The new hours are: Monday, Tuesday, and Friday--9:00 a.m. to 3:00 p.m.; Wednesday--8:00 a.m. to 3:00 p.m.; Thursday--9:00 a.m. to 4:00 p.m. The expanded hours are an attempt to give more employees access to the Credit Union.

Microcomputer Meeting

The MGH Microcomputer Users Group will be holding its next meeting on Wednesday, February 27, at 6:00 p.m. in the Walcott Room. The guest lecturer will be Mark Thirman of Microsource Financial, in cooperation with the Lotus Development Corporation. He will be discussing the medical applications of Symphony and 1-2-3. All employees are invited. Those who are unable to attend but are interested in the Users Group should send their name and address to Dr. Arlan F. Fuller, Jr., Dept. of GYN, ACC-231 so they may be apprised of future meetings.

HAPPY
VALENTINE'S
DAY

Don't Forget...

If you're looking to sweeten up your Valentine, don't forget about the "BAKE SALE" going on today from 9 a.m. to noon in the Warren Building Lobby. All proceeds go toward the publishing costs of the MGH Cookbook, a part of the Employees Capital Fund Drive.

Bring your relatives and your ice skates to a "FAMILY NIGHT," being held tomorrow night (Friday) at the MDC Rink in Somerville. Employees with a hospital ID will be admitted along with their families free of charge. The skating party is sponsored by the MGH Hockey Club.

New Interest Rate Announced

The interest rate on current deposits and all contributions since 10/1/81 to the Union Mutual Tax Sheltered Annuity Plan will be 11.25% as of 1/1/85 and guaranteed through 12/31/85. Rates on money contributed prior to 10/1/81 will remain the same: pre-January 1980 deposits at 9.5%, and 10.25% on deposits made between January 1980 and October 1981. Union Mutual has also agreed to a contractual improvement--withdrawal fees or charges will be waived for any participant who has begun receiving pension benefits from a hospital-sponsored retirement plan.

"In a market where the prime rate has dropped 2% in a matter of weeks, the guarantee of 11.25% for all of 1985 is very important. It's a very competitive rate now and could be an outstanding rate further into the year," commented Kurt Westerman, Director of Benefits and Training and Development.

Participants will receive notice of the rate change in their next quarterly statement.

Results of Benefits Survey

Later this year the MGH Benefits Office will be sending out to employees their personal statement of benefits. Last year, a questionnaire accompanied each statement, and here are some of the results:

About 10% of the employees completed the questionnaire. Some 68.5% of them found the questionnaire to be very helpful, and almost 30% of the others thought it was helpful. In addition, 96.5% said they had favorable feelings about the benefits program as a result of the statement, and nearly 41% believed there was no need for any additional explanation of the benefits reviewed in the statement.

Those who did want more information most often requested data on the pension plan, followed by the tax sheltered annuities, and health insurance. Most employees said they learned something new about their benefits. Most frequently cited was in the area of retirement benefits. About 76% also named medical insurance as their most valuable benefit, sick time was second, retirement benefits was third, and vacation time a close fourth.

When asked if the current level of benefits met their needs, 21% answered affirmatively and 26% did not respond. Of the remaining 53% who believed new benefits should be added, 63% said dental insurance and 12.5% indicated they would like to be able to buy back sick time not used. Likewise, 3.6% thought earned time should be added to the benefit program. While tuition assistance did not rank high overall in the benefit package, nearly 5% of the responding employees indicated a need for increased tuition aid and another 2.3% believed tuition assistance should be prorated so that it would be available to part-time employees.

Around MGH

Two members of the MGH are participating in an American Advisory Committee for the Institute of Cardiology and Fu Wai National Heart Hospital in Beijing, China. Dr. Edgar Haber, Chief of Cardiology, and Dr. Edward Lowenstein, a cardiovascular anesthesiologist, will be making consultation visits to the Institute and advise, teach, and facilitate academic exchanges between American centers and the Chinese center.

Deborah Benvenuto, an I.V. nurse, was recently elected as Secretary/Treasurer of the National Intravenous Therapy Association for 1985-86.

MGH in the Media

Dr. Martin S. Hirsch of the Infectious Disease Unit appeared recently on the WCVB-TV (Channel 5) show "Chronicle" talking about AIDS.

Dr. Ronald W. Lamont-Havers, Deputy to the General Director for Research Policy and Administration, was interviewed recently by the BOSTON GLOBE about federal cutbacks in research funds.

Three MGH physicians--Drs. Thomas B. Fitzpatrick, John F. Burke, and Gregory Gallico---were featured recently in a story about recent advances in skin treatment, published in the March issue of "M" Magazine.

The news media from around the country and the world, as well as foreign dignitaries, have been calling the MGH to inquire about the condition of Mustafa Saad, a leader of the Muslim group in Sidon, Lebanon. Mr. Saad was brought to the Massachusetts Eye and Ear Infirmary and then to the MGH for treatment of injuries suffered in a car bomb blast in January. Among those calling the hospital was the Lebanese Ambassador to the United States.

THE MGH HOTLINE

February 21, 1[illegible]5

News Office, Bulfinch 1, Ext. 2206

Special Chapel Concert on February 27

Even though Jim McCabe got the prize, the MGH turned out to be the big winner.

And on February 27, from 3:00-3:30 in the Chapel, the MGH community will be able to enjoy that gift, sharing it with others.

This story actually began a few months ago when Mr. McCabe, an employee of the Bank of New England, won a competition at the bank to raise money for the United Way. The prize was a personal concert by the Honors String Quartet of the New England Conservatory of Music.

Mr. McCabe's home was not big enough to accommodate the quartet, and since he had just been a patient at the MGH, he decided to donate the concert to the hospital as part of its Chapel Concert series.

"Not only did I receive extraordinary medical attention [at the MGH]," said Mr. McCabe, "but all the doctors, nurses, and staff went out of their way to make my stay as pleasant as possible. As a patient, it made me realize how important keeping someone's spirits up is to his or her speedy recovery. This prize given to me by the bank has given me the opportunity to share my good fortune and to enrich the daily lives of the patients...and to say a very special public thank you to Mass. General Hospital!"

The Honors Ensembles at the Conservatory are selected by competitive audition and represent the finest performers at the school. The Honors String Quartet is made up of Ben Sayavich, violin; Ryan Kho, violin; Ron Houston, viola, and Steven Garrett, cello.

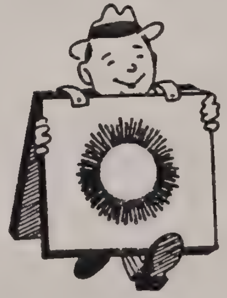
The musical program for the Chapel Concert will be Beethoven's String Quartet in c minor, Opus 18, No. 4 (4 movements) and Haydn's "Sunrise Quartet" in B-flat Major, Opus 76, No. 4.

"The MGH is delighted to be able to host this very special concert as part of our series," said Mrs. Albert England, Chairman of the Chapel Concerts. "And we're especially grateful to Jim McCabe for his generosity to the hospital, as well as to the Bank of New England and the New England Conservatory of Music in making this concert possible."

Use It, Or Lose It!

The Express Mail Box is back outside the Gray Building Lobby on Blossom Street. But in order to keep it there, the MGH Post Office urges employees to use it. (See Oct. 18, 1984 HOT LINE.) For more information, call the U.S. Post Office at 1-800-322-0707.

Put Your Talents On Display



The Volunteer Office would like to remind you that if you would like to display your artistic talents, you can use the wall glass cases across from the General Store on Gray 1. To make arrangements for exhibiting your creative skills, please contact Mr. Charles Snelling at Ext. 8540.

Getting Your Diploma

Do you have your high school diploma? If not, find out how you can finish school at an OPEN HOUSE today (February 21) from 3:30-4:30 p.m. in the Patio Room.

MGH in the Media

Four nurses from the Neonatal Intensive Care Unit were interviewed recently for a series to be telecast on WNEV-TV (Channel 7) dealing with stress. Janet Nally, Althea Cervantes, Leslie Daniels, and Terry MacDonald talked about the stressful aspects of dealing with caring for critically ill premature infants. The segment is scheduled to be shown on Monday, February 25 during the 11:00 p.m. news. Also interviewed for the program was Dr. Michael S. Jellinek, Chief of Child Psychiatry.

The MGH Cardiovascular Health Center will be featured on a special MacNeil/Lehrer Report entitled "Heart Disease Prevention," on Wednesday, February 27, at 9:00 p.m., telecast locally on WGBX-TV (Channel 44). Dr. Alexander Leaf, Dr. Gregory Curfman, and several patients were interviewed for this Public Broadcasting System production.

The news media, both locally and nationally, have been reporting on the condition of Sarah Caldwell, artistic director of the Opera Company of Boston. Miss Caldwell entered the MGH on January 3 and was discharged last week to the MGH's Spaulding Rehabilitation Hospital.

Around MGH

Dr. Robert T. McCluskey, Chief of the Department of Pathology, has been elected President of the prestigious International Academy of Pathology--United States Canadian Division. He thus becomes the third consecutive Chief of Pathology from the MGH to be so honored. Dr. Tracy B. Mallory was President in 1941, and Dr. Benjamin Castleman became President in 1962 when the society had a different name. At each annual meeting, the Academy also presents the Benjamin Castleman Award, given to the pathologist under the age of 40 who has been deemed to have published the most meritorious manuscript in the field of human pathology the previous year.

Dr. Alan L. Schiller, a Pathologist at the MGH, has received a Distinguished Alumni Award from The Chicago Medical School. Dr. Schiller also presented a paper entitled, "Orthopaedic Pathology--Exciting Approaches to Incurable Diseases." The award and paper were presented at the school's Fourth Annual Alumni Homecoming Weekend.

Dr. Deanna R. Pearlmutter, Chairman, Psychiatric Nursing Service, had an article entitled, "Recent Trends and Issues in Psychiatric-Mental Health Nursing" published in the January, 1985 issue of Hospital and Community Psychiatry

Dr. Edward W. Webster, Chief, Radiological Sciences Division, Radiology Department, was recently presented with the Robert S. Landauer Memorial Award at ceremonies in Berkeley, California. The award is given annually for "distinguished contribution to the field of radiological physics and radiation health protection" at the Western Regional Landauer Lecture. Dr. Webster lectured on the subject of "Low Level Radiation Exposure and its Social Impact."

Dr. Claude E. Welch, senior surgeon at the MGH, will be one of those featured at this year's Leaders in American Medicine series at Countway Library, to be held on March 13. An internationally recognized authority on abdominal surgery with a specialty in gastrointestinal disease and cancer, Dr. Welch holds the highest honor of the American Medical Association--the Distinguished Service Award.

Barbara Carr and Joanne Hanson, members of the General Surgical Nursing Service, have recently passed the examination for Certification in Nursing Administration. This voluntary exam is conducted by the American Nurses Association and recognizes specialized knowledge and understanding in the area of nursing administration.

February 28, 1985

THE MGH HOT LINE

News Office, Bulfinch 1, Ext. 2206

'Snow Fun

A snow covered Bulfinch patio being cleared of some winter white following a recent storm earlier this month. But take heart. Spring really is just around the corner.

Care in the Home

The MGH has launched its Coordinated Care Program, designed to keep many elderly out of the hospital and in their homes. Funded by The Robert Wood Johnson Foundation's Program for Hospital Initiatives in Long-Term Care, the MGH program has undergone a year of intensive planning. The foundation recently announced that it has renewed its grant for $500,852 for three years to allow the hospital to begin implementing its plan in Charlestown, Chelsea, and Revere.

The Coordinated Care Program, which will eventually enroll more than 300 patients, is a natural extension of many of the services the MGH has offered to local residents for several years. With its system

(continued on page 3)

From Storing Hardware...

"Without them, there's no question the MGH would quickly come to a halt. There's just no way the hospital would be able to function."

Douglas Parrish, Materials Management Operations Manager, recently used these words to describe a group of employees whose accomplishments are visible in almost every MGH department. Yet these people hardly ever set foot inside the confines of the hospital.

They actually do all their work several miles away in a large warehouse. This is, in effect, one of the nerve centers for the hospital.

(continued on page 4)

Warehouse employees Leo Sanservero (foreground) and Dave O'Sullivan have many items to keep track of in their job.

To Storing Software

Few employees or staff are aware of what happens behind the scenes when they request one of the 2.8 million medical records on file at the MGH. A new medical record tracking system written at the MGH Computer Center went into production last July featuring seven different screens or functions on video display terminals, producing instantaneous printing of record locating slips in Medical Record File Rooms, and a number of daily management reports.

The new system enables the Medical Record Department to know the location of any record at any given time and to track the record's movement to a new location.

WCVB-TV (Channel 5) celebrity Frank Avruch took time out recently to donate blood at the MGH. At left is Blood Transfusion nurse Sue Biro.

Speaking about the need for the new medical record tracking station, Linda Peterson, Assistant Director of Medical Records during the two-year project, said, "The old system was in use since 1968 and was one of the first in the country, and we were experiencing growing pains. We needed to upgrade and modernize."

"Two years ago, we began a series of intensive meetings with the Medical Records staff, including representatives from different shifts and areas of responsibility," said Kate Borten, the programmer/analyst who designed the new system. Key people in the process were Ms. Peterson, John Nadeau, Kevin Ford, and Debbie Soccolar, all from the Medical Record Department.

A few of the special features which came out of this joint effort are the ability to:

--"Track" records or determine where any volume of any record is at any time, as well as display the patient's name, six past locations of the volume, outstanding requests for the volume, and the home file room.

--Save and prioritize any number of outstanding requests for a record, as well as store fulfilled requests

(continued on page 4)

The Capital Campaign Update

For The Capital Campaign, 1984 was planned as a year of reorganization. First priority was the formation of new volunteer groups to carry the work of the Campaign into Phase II. Fewer solicitations were anticipated than in 1983, and if asked about dollar totals, Campaign leaders would likely have been only cautiously optimistic.

However, contributions, gifts, and pledges during 1984 have totaled $13,963,195. By December 31 the Campaign had passed the $80 million plateau, standing at $80.3 million toward its goal of $169 million to be raised by the end of the decade.

Last year has become the second-best year of the Campaign. Only 1981, when Arthur O. and Gullan M. Wellman announced their $15 million pledge to create the Wellman Research Building, has been greater.

During 1984 the MGH Major Gifts Committee, responsible for pledges over $100,000 and chaired by Richard Harte, Jr. and Mrs. Helen B. Spaulding, recorded a total of 14 Major Gifts for in excess of $8.9 million--64 percent of the year's dollar total.

Foremost among the major gifts is the $4 million pledge of Dr. and Mrs. An Wang of Wang Laboratories,

(continued on page 3)

Nutritional Highlights

by the Department of Dietetics

In December, the National Heart, Lung, and Blood Institute hosted a conference on lowering blood cholesterol to prevent heart disease. A prestigious panel consisting of cardiologists, epidemiologists, and specialists in preventive medicine agreed that elevated blood cholesterol is a major cause of coronary artery disease. The panel stated, "It has been established beyond a reasonable doubt that lowering elevated blood cholesterol levels will reduce the risk of heart attacks due to coronary heart disease."

The blood cholesterol level of most Americans is undesirably high (greater than 200 mg./dl), mainly due to our excessive dietary intake of calories, saturated fat, and cholesterol. In countries with diets lower in these components, blood cholesterol levels are lower, and coronary heart disease is less common.

The panel recommended that all Americans adopt a diet that reduces total dietary fat to 30 percent of total calories, that reduces saturated fat intake to less than 10 percent of total calories, that increases polyunsaturated fat to no more than 10 percent of total calories, and a diet that reduces daily cholesterol intake to 250 to 300 mg. or less. Intake of total calories should be reduced, if necessary, to control weight within an appropriate range.

Practically speaking, this means:
1) Limit foods high in cholesterol: egg yolks, organ meats, and shrimp.

2) Limit saturated fats. Foods high in saturated fat include: red meats (beef, lamb, pork, veal); whole milk dairy products and cheese; butter and lard; coconut and palm oil.

3) Substitute poultry and fish for red meats.

4) Increase the amount of fiber with legumes, grains, breads, cereals, fruits, and vegetables.

5) Use polyunsaturated margarine in place of butter.

6) Use vegetable oils such as safflower, sunflower, corn, soybean, sesame, and cottonseed.

Exercise has also been shown to be beneficial. Aerobic exercise, such as brisk walking, jogging, or swimming provides the most benefit. Such exercise should be done a minimum of four times per week.

If you have any questions or would like to have your diet evaluated for cholesterol and saturated fat, call the Nutrition Service at Ext. 2779.

One of the goals of those enrolled in the exercise classes is to develop more muscular endurance.

Employees Exercising Their Rights (and Their Lefts)

It's noon. The lines in the General Cafeteria are beginning to swell. Many seats are already occupied with employees eating their lunches and relaxing, taking a well deserved break from the pressures of work.

A short distance away, in the basement of Ruth Sleeper Hall, there is another group of MGH employees spending their lunch hour in a different way. To them, taking a break from their jobs means working up a good sweat, almost to the point of exhaustion.

But they all agree that after their lunch hour they feel wonderful!

These employees, numbering from about 10 to 20 per class, make up the Aerobic Exercise Class offered to employees from 12-1, Monday through Friday, by the Office of Training and Development.

Taught by Dr. Elizabeth Theriault, a postdoctoral fellow in the Department of Neurology, the program is one of several exercise classes for employees at the MGH. One, held at 7:00 a.m., is conducted by Kris Nelson, R.N., who also leads some groups in the evening. And Claudia Nehila, R.N., conducts other evening classes as well. In all, some 100 employees have enrolled since September, 1984.

The exercise classes are open to both men and women employees.

"Many employees feel the need to be part of an exercise program," explained Dr. Theriault. "Some have joined for the purpose of losing weight. But for many others, it's the chance to tone muscles and to improve their stamina."

Dr. Theriault cited three specific goals of the fitness program: 1) To increase one's cardiovascular fitness, 2) To increase flexibility, and 3) To develop more muscular endurance or strength.

"Eating the right foods is only one part of having a healthy lifestyle," said Dr. Theriault. "Conditioning your body is just as important. And that's what we work on in these classes."

The fitness programs are open to both women and men. One of the men enrolled, Dan McAuliffe of Dermatology Research, remarked, "I have much more energy now than I did before. I think I'm also breathing better. It's a really good workout."

And working up a good sweat is exactly what many of the participants wanted when they joined the class. "It's given me a chance to work out some of the stress I experience in my life," said Susan Stoneburner of the Department of Molecular Biology. "Now I return to work in the afternoon feeling better both mentally and physically. I really look forward to each class."

Added Eva Huala, also of Molecular Biology, "I find I don't have to sleep as much anymore. I feel more energetic."

Many members of the group have even found it habit-forming. "I just can't do without it," said Claudia Goulston of Dermatology Research.

Some employees have joined on their own, while others like Maria Bishop, Donna Bell, Barbara Cappucci, and Donna Meli, all from the Department of Chemistry, came as a group. "Besides being worthwhile, it's also a lot of fun," remarked Ms. Bell. "And this is also keeping us away from food," added Ms. Cappucci. "Now when we go down to the Cafeteria, we make sure what we eat is nutritious."

However, Dr. Theriault sees the program serving an even larger purpose than losing weight while gaining strength. "I hope that one of the beneficial side effects of physical fitness would be an inner feeling of well-being," she said. "Being fit goes a long way to being happy."

For further information and application forms, please call Regina Craffey in the Office of Training and Development, Ext. 2576.

The first computer-controlled electron microscope has been installed in the Hematology-Oncology Unit on Cox 6. Like all electron microscopes, this one uses magnetic instead of glass lenses. But unlike the others at the MGH, it does not rotate the image as the magnification is increased but enlarges the image in much the same way that a zoom lens on a camera would. This image can then be transferred into a computer. The microscope will be used to study how a protein called actin is involved in leukocyte (white cell) movement. Pictured at left is Research Technologist Patty Shevlin demonstrating the new equipment.

The First Choice for Many Wanting to Learn a Second Language

Can you imagine being confined to a hospital bed in a foreign country unable to communicate with the people providing your care? Can you imagine even going to a clinic or hospital where no one understands what you're saying? Think for a minute how unsettling these situations might be.

Spanish instructor Mary Sullivan (standing) teaching her students that a new language should be no barrier to effective communication

Last year alone the MGH Volunteer Department's Interpreter Service helped over 800 Spanish-speaking people who found themselves in a hospital, unable to communicate with the staff. While many departments do have Spanish-speaking personnel, clearly many do not.

In response to the needs of the staff and their Spanish-speaking patients, the MGH Training and Development Office has offered Spanish classes since March, 1984. Designed specifically for MGH employees, these classes have proven most valuable for physicians, nurses, secretaries, and many other employees in direct contact with Spanish-speaking patients.

The need to communicate was most often cited as the reason students registered for classes. Surgical nurses Nancy Calkins and Tin Cotton started Spanish classes because Spanish-speaking patients came into their care a couple of times a week. Nurses Nancy Schappler and Beth Herr study Spanish as a result of the fairly constant flow of Hispanic patients in the Ortho/Rehab unit.

Dr. Lewis Holmes of the Children's Service recently attended a Latin American Pediatric Congress in Havana, Cuba. But it was during a medical trip to Bogota, Colombia prior to that when Dr. Holmes realized the limitations of not speaking Spanish when he was unable to communicate with his Hispanic colleagues. Dr. Holmes has recently begun his third Spanish course at the MGH in order to participate more fully in other Latin American conferences and to better communicate with the Spanish-speaking parents of many of his infant patients.

Mary B. Sullivan, language consultant and instructor, has developed two levels of Spanish for health care personnel at the MGH. The courses involve basic Spanish structure and vocabulary with extensive medical terminology. The situational conversation has been most helpful in broadening skills for professional needs. Any MGH employee interested in finding out more about Spanish for Health Care should contact the Office of Training and Development at Ext. 2216.

On a recent trip to Cuba, MGH physician Dr. Lewis Holmes had the opportunity to try out his Spanish on Cuban Premier Fidel Castro.

Care (continued from page 1)

of community health centers and other programs that emphasize community- and home-based care, the hospital has sought to provide its elderly patients with alternatives to long, and often unnecessary, hospital and nursing home stays.

The Coordinated Care Program, however, provides one ingredient that has never before been available to these elderly patients--a team of MGH health care providers who will coordinate the many varied services, available both through the hospital and the community, and determine which ones best meet the particular needs of each patient.

"Our goal is to see a reduction in the need for institutional care, a reduction in the rate of hospitalization, and fewer people going to long-term institutions," said Dr. Alan Jette, Acting Coordinator of the MGH program. "At the MGH almost 40 percent of patients over 65 who are admitted with congestive heart failure are readmitted within six months of discharge. Not only is hospitalization expensive, it is highly disruptive for this age group. If hospitalization is appropriate, it will of course occur. However, we think that a large proportion of our elderly patients are better able to manage their health problems in their own homes with our help and with the assistance of community health providers."

Earlier this month a news conference, attended by Channels 4, 5, and 7, was held at the Chelsea Memorial Health Care Center of the MGH to inaugurate the program. Dr. Jette was the principal speaker. Mrs. Emily Gaff, a participant in the program, was also interviewed at her Chelsea home.

Retirement

Evelyn Olschewski displaying a framed reproduction of her picture, which appeared on the cover of a business magazine. The occasion was a retirement party held for the Director of the Communications Office after 23 years of service.

Campaign (continued from page 1)

Lowell, toward the Ambulatory Care Center.

The Marie G. Dennett Foundation pledged $1.5 million toward the proposed inpatient facility, designating the funds for units in reconstructive surgery.

Leadership Gifts (those between $10,000 and $100,000) accounted for an additional $1.9 million. These 71 gifts or pledges included those credited to the efforts of the local community campaigns. Just as the new year approached, the North Shore Campaign surpassed its goal of $300,000.

The Boston Edison Company pledged $250,000. This is the first in a series of major gifts sought by the newly regrouped Campaign Corporate Committee. Chairman Thomas J. Galligan, Jr. has announced a Phase II Campaign goal of $5 million.

MGH physicians and researchers pledged $1,149,000 to the Campaign this past year, bringing their total contributions to $3.5 million. The Medical Staff Committee, chaired by MGH Chief of Surgical Services Dr. W. Gerald Austen, is still engaged in the task of involving the hospital's 3,000+ M.D.s and Ph.D.s in the Campaign.

In addition, the Annual Fund had the most successful autumn since the start of the Campaign. The last quarter of 1984 alone logged more than $500,000 from over 11,000 donors.

Finally, the new Employees Capital Fund Drive posted no totals in 1984 --their Campaign and related activities begin this coming spring. But the enthusiasm of the 100+ members of the employee Campaign committees, chaired by Maeve Blackman, Director of the Volunteer Department, is contagious.

MEET ME
AT
THE FAIR

Hardware (continued from page 1)

It's the main warehouse the MGH operates for the distribution of supplies. The facility is one of five the hospital uses around the city. Two are at North Station and two others, from which the hospital leases space, are in Roxbury.

The main warehouse has approximately 30,000 square feet worth of goods in about 25,000 square feet of space. "It's tough to move around here sometimes," admitted Rick LaCivita, supervisor at the facility, "but we always seem to manage to find someplace to put something, although occasionally we have to improvise a bit."

Anything that's an inventory item in the hospital can be found on one of the warehouse's hundreds of shelves, including all stock for Supply Services and the Central Supply Room. This means everything from a suture needle to a bed. Literally thousands of different things.

"Every Wednesday, we take inventory," said Mr. LaCivita. "It usually takes us only about an hour since we know where everything is. We just want to make sure we never run low on any item, especially something important to patient care."

Among the medically related equipment stored at the warehouse are needles, IVs, O.R. packs, and even artificial kidneys, just to name a few.

Rick LaCivita supervises the operation of the hospital's main warehouse.

Approximately 250 truck deliveries are made to this warehouse every month, accounting for about 25,000 separate pieces. These are then placed on shelves or pallets by employees Wally Skinner, Leo Sanservero, Dave O'Sullivan, and Richard Gingras. Eventually, the items are brought to the MGH and its health centers by a truck driven by Bob Crivello. "I usually make about six trips to the hospital every day," explained Mr. Crivello. "But the day after a holiday I might make twice that many in order to send out the supplies we have."

A few miles away about two million medical records are stored in another warehouse. Here, five Medical Records employees supervise the "Inactive Records," which are files of patients who haven't been seen by MGH physicians in more than seven months.

Three trips to and from the Medical Records facility and the MGH are made every day with patients records. And if there is a need to find an old record fast, employees such as Jeff Cohen, an assistant supervisor, Colin Powell, David Odierno, Hector Seda, and Nancy Aucella can probably find it in a matter of seconds.

In the building next door, Radiology Records are maintained. And in the Roxbury warehouses fiscal records, as well as some office supplies and General Construction equipment, are housed.

In all, the hospital has about 81,000 square feet of warehouse space in which millions of dollars of items and equipment are stored. "I guess when you think about it in those terms, it really is kind of overwhelming," declared Mr. Parrish. "Especially when you consider that just a handful of men are responsible for getting employees almost every item they use in the course of a day. And they never have to come into the MGH to do it. They're a class act in every sense of the word. For example, they've made the main facility a model for warehouses, and when you consider that we are the largest user of medical goods in New England, that's saying a lot."

Software (continued from page 1)

to show where a record has been online.

--Trigger the locating and delivery of records with prescheduled requests when the records are needed.

--Identify the proper file room where each record is kept or to which a record should be returned if it is in use. The file rooms include the active and staff file rooms, the five satellite clinic file rooms, and the two inactive files which are located elsewhere in Boston.

Following these meetings, the design of the new system was completed with final user agreement in December, 1983. The Computer Center's "MR" Project Team, including Ms. Borten, Madeline Webster, and Bert Nibaldi, was trained in a new programming language, "Natural/Adabas," and the system was written, tested, and in production by July, 1984. Prior to implementation of the system, Steve Downs wrote a training manual for use by the Medical Record staff and held sessions throughout the department on the use of the new online screens.

At present, the Computer Center and the Medical Record Department are examining ways to improve the efficiency of the new system and to insure prompt delivery of records. Recently, a programming change was made that greatly reduced the length of time taken by the evening computer runs, facilitating the delivery of medical records to the clinics for their first appointments.

A departmental reorganization is under way to adjust resources, eliminate obsolete procedures, and take advantage of the new system to better serve MGH record users. Training of the Medical Record staff continues as modifications to the system are made and to reinforce the new aspects that differ from the previous computer system. The location of the record on the system reflects the latest information the Medical Records system has received. Therefore, it is important to notify Medical Records whenever a record is transferred.

The Medical Record Department and Computer Center are now looking ahead to Phase II of the project, which will include an extension of the online functions to some satellite clinics, the Mass. Eye and Ear Infirmary, and other centers of medical record use, and the installation of state of the art optical scanners to increase accuracy and productivity. In addition, the department will closely monitor its work to seek ways to further enhance medical record service. Through the combined efforts of the Computer Center, Medical Record Department, and the medical record users, we are attempting to provide better service.

Record Station Assistant Darlene Elliot receiving important information about a patient

Responsible for developing and designing the new computer system are (left to right) Kate Borten, Bert Nibaldi, and Madeline Webster.

THE MGH HOT LINE

March 14, 1985

News Office, Bulfinch 1, Ext. 2206

Help Celebrate "Radiology Employees Recognition Week"

Radiology Employees Recognition Week will be celebrated the week of March 18-22. The theme will be "We Care About Our Image." Among the activities scheduled are lectures and guided tours through different sections of the department. Check posters in the Gray, Warren, and White Building Lobbies for the daily listing of events. Please join us in celebrating this special week.

Lectures in Robbins Conference Room, Baker 2:

Monday, March 18, 4:00 p.m.--Magnetic Resonance Imaging (formerly NMR)

Monday, March 18, 4:30 p.m.--The Fully Digital Radiology Department. Dr. Roger A. Bauman, Lecturer

Tuesday, March 19, 4:00 p.m.--Overview: The Future of Radiology. Dr. Juan M. Taveras, Lecturer

Tuesday, March 19, 4:30 p.m.--Future Growth of MGH Radiology. Dr. Roger A. Bauman, Lecturer

In addition, Dr. Edward W. Webster will be speaking on "Radiation Hazards: Fact & Fiction" at a Health Information Lecture for employees on Wednesday, March 20, from 12:00-1:00 p.m. in the LOPD Amphitheatre on Clinics 1.

Guided Tour Schedule

March 18--Magnetic Resonance Imaging, Baker 2, 9-11
Mammography, ACC 2, 12-1
Specials & Video, ACC 4, After 1 p.m.

March 19--Neuroradiology- C T, Gray 2, 4-6
Transcription Office, White 2, 9-11
Mammography, ACC 2, 12-1
Bone Radiology, ACC 4, After 1 p.m.
Inpatient Film Library, Gray 2, 12-1
Uroradiology, Baker 2, 10-12
Nuclear Medicine, White 2, 1-2

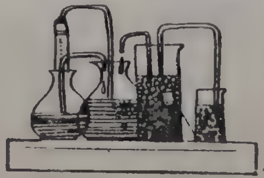
March 20--Mammography, ACC 2, 12-1
Bone Radiology, ACC 4, After 1
Main Film Library, ACC 2, 12-1
Transcription Office, White 2, 9-11 a.m.
Baker I Radiology, 8-9, 12-2

March 21--Neuroradiology, Gray 2, 8-10
Mammography, ACC 2, 12-1
Bone Radiology, ACC 4, After 1
Inpatient Film Library, Gray 2, 12-1
Main Film Library, ACC 2, 12-1
Lithotripter, Gray 2, 8-9
GI, CBT, Ultrasound, White 2, 1:30-3:30
Baker 1 Radiology, 8-9, 12-1
White 1 Radiology, 9-10:30
Uroradiology, Baker 2, 10-12

New Finding in Cancer Research

Researchers at the MGH Cancer Center have found that certain white blood cells, normally the body's disease fighters, can contribute to, or perhaps cause, the development of cancer in laboratory animals. The disease fighters, called phagocytes, are essential for

(continued on page 2)



Tickets are now on sale in the White, Gray, and ACC Lobbies for the prize drawings at the International Fair on May 18. Meanwhile, come to the Walcott Room today (Thursday) from 12-2 for a little bit of Ireland, including a slide/music presentation.

Research (continued from page 1)

life. They seek out infection and destroy disease-causing germs by enveloping their prey and reacting with oxygen to produce highly toxic oxygen metabolites, which kill the germs. However, the MGH investigators have determined that in circumstances where chronic inflammation is present, the continuous flow of oxygen metabolites to that site may tip the delicate balance between the phagocytes' protective effects and a harmful reaction that may result in tissue damage or cause tumors.

Previous MGH studies demonstrated that the oxygen metabolites caused genetic changes (mutations) in bacteria and in the chromosomes (the structures in which genes are packaged) of mammalian cells in tissue culture. The present research marks the first time the researchers have produced cancer cells with phagocytes in mammals.

"Our most recent findings bring us one step closer to proving that the toxic products associated with chronic inflammation contribute to carcinogenesis in humans," said Dr. Sigmund A. Weitzman, Director of the MGH Oncology Clinic and principal investigator of the study. Collaborating with Dr. Weitzman were Dr. Thomas P. Stossel, Chief of the MGH Hematology-Oncology Unit, Dr. Alan Weitberg, Hematology-Oncology Unit, and Dr. Edward Clark, Department of Radiation Medicine.

More Fund Drive Activities

Are you interested in BOWLING for the MGH Capital Fund Drive? A Bowlathon will be held at the Kenmore Bowladrome on March 21, from 5:15-7:30 p.m. Bowlers must be sponsored by a minimum of five people for not less than 2¢ per pin. Because of time constraints, a limited number of bowlers can be accepted. Prizes include a pendulum clock, gift certificates to Houlihan's Restaurant in Boston, Cory's in Dedham or Lexington, and Toscanini's Ice Cream Parlor in Cambridge, and a bike rack donated by the Malden Cycle Center. No person can win more than one grand prize. If you are interested in participating, please contact Maureen at Ext. 8540 or Donna at 2681.

If you are running in the Boston Marathon--either officially or unofficially--the MGH can use your help. We are looking for runners who will get sponsors for each mile completed. All proceeds will benefit the Employee Capital Fund Drive. For more information, please contact Kevin Young (Ext. 7773).

NAMES in the NEWS

Dr. Kate Jennison, a senior medical resident in the Emergency Ward, was interviewed recently by WCVB-TV (Channel 5) and WRKO Radio in the aftermath of a toxic gas leak at a Boston hotel which sent more than a dozen people to the MGH Trauma Center for treatment.

Cardiologists Dr. Peter C. Block and Dr. Herman K. Gold appeared recently on a series on heart disease telecast on WCVB-TV (Channel 5).

Dr. Gregory Curfman, Kris Nelson, R.N., and Carolyn Crimmins, R.D., all members of the MGH's Cardiovascular Health Center, were guests recently on Channel 7's "Morning Live" program, discussing heart disease prevention.

Porter Colley, a member of the Department of Orthopaedics, was a guest recently on the WBZ-TV (Channel 4) program "People Are Talking." The subject of the show was Neurofibromatosis, a disease which Ms. Colley has.

Cass Toussaint of the Medical Art Department had a "Letter to the Editor" published in the March, 1985 issue of Ms. magazine.

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News Office, Bulfinch 1, Ext. 2206

A Night of Hockey For a Good Cause

A hockey jamboree for the benefit of the MGH Children's Service will be held on Sunday, March 31, from 5-7 p.m., at Methuen High School. A team of MGH All-Stars will be represented along with squads from police departments in Massachusetts and New Hampshire. Former Boston Bruins great John Bucyk will be there with present Bruin forwards Barry Pederson and Mike Gillis. A $2.00 donation is requested. Tickets will be sold by members of the MGH Hockey Team and at the door. For more information, please contact MGH team President Frank Martins at Ext. 2415, or call the Office of Resources and Development at Ext. 2200.

Spring Bake

Welcome the coming of spring by coming to a "BAKE SALE" to be held on Thursday, April 4, in the Warren Building Lobby, beginning at 8:00 a.m. Cakes, cookies, candy, breads, pies, and other food items will be available. Any donations will be appreciated. Proceeds go toward the publishing costs of the MGH Cookbook, a part of the Employee Capital Fund Drive.

Sell...

Volunteers are needed to sell prize drawing tickets for the International Fair. If you would like to sell tickets either inside the MGH or in your community, please contact Herb Henderson at Ext. 3636 or Pat McGurty at Ext. 2216.

And Tell

Next week, Sunday, March 24 and Wednesday, March 27, watch for a Food Preference Survey in the General Cafeteria. Please complete it so that we can serve you better.

Another "Caretaker" Group

The Social Service Department is once again offering a group for the "caretakers" of their elderly/frail parents. The six-week group has proven useful at the hospital as well as in other settings. The goal is to provide professional and mutual support in dealing with the stress created by meeting the needs of the chronically ill elderly. Even those not living with the elderly parent may feel isolated and uncertain about what is best for all concerned. A new group will be starting in April. For more details or to arrange a preliminary interview, please call Kay Dolezal at Ext. 2634.

On the Run

The fourth annual MDA-Boston Milk Run is scheduled for Sunday, April 21, at noon, at Emmanuel College in the Fenway. The 10-kilometer (6.2-mile race) starts along Avenue Louis Pasteur, proceeds through the Back Bay and Public Gardens to Commonwealth Avenue, and back along Park Drive to Emmanuel College. All MGH employees are invited to run. The Preentry fee is $7.00; $9.00 after April 10. The theme of this year's race is "Fight Osteoporosis in the Long Run." For more information, contact the MDA-Boston Milk Run office at 277-5154.

Microcomputer Users Meeting

The next meeting of the MGH Microcomputer Users Group will be held on Wednesday, March 27, at 6 p.m., in the Walcott Room. The guest speaker will be Richard Weissberg of Infocom, who will discuss his company's database management programs and their medical applications. If you are unable to attend but would like to be on the Group's mailing list, please send your name, department, and location to Dr. Arlan F. Fuller, Dept. of GYN, ACC-231.

Around MGH

Dr. Wm. John Powell, Jr., an MGH cardiologist, has been elected President of the American Heart Association's Massachusetts Affiliate. Dr. Powell will serve a two-year term. Dr. Powell's involvement with the Heart Association has extended for 10 years, serving as chairman of the Massachusetts Affiliate's research allocations committee, the research policy committee, and the program council.

Maureen K. Holden, an Assistant Professor in the Department of Physical Therapy at the MGH Institute of Health Professions, has been selected to receive the annual Chattanooga Research Award from the American Physical Therapy Association's Committee on Research. The article on clinical gait assessment in the neurologically impaired was chosen as the best article on clinical research published in PHYSICAL THERAPY during 1984.

Dr. Stephen M. Krane, Chief of the Arthritis Unit, has been chosen the First Rosalind Russell Medical Research Center for Arthritis Visiting Professor at the University of California-San Francisco. Dr. Krane was in California in February holding a series of lectures in connection with this Professorship.

Kathryn Pazola, R.N., M.S.N., staff nurse, Burnham 4, has been invited to deliver the keynote address at the spring conference of the Atlantic Affiliate of the Association for the Care of Children's Health. The conference, "Death and Dying: It's Impact on Children, Family, and Caregivers" will be held in Halifax, Nova Scotia in April. Ms. Pazola's presentation will be entitled "Helping Children to Cope with Death."

The second edition of a book written by MGH Radiologists Drs. Joseph T. Ferrucci, Jack Wittenberg, Peter R. Mueller, and Joseph F. Simeone has recently been published by Williams and Wilkins. The book is entitled Interventional Radiology of the Abdomen.

New Newsletter

The first Pediatric Nursing Newsletter is out. The publication is aimed at informing Burnham nurses of the latest happenings in their units. If you would like to contribute stories to the publication or help in choosing a name for the paper, please contact Julianne M. Charbonneau, head nurse, Burnham 4 or Pauline Comfrey, head nurse, NICU.

NAMES in the NEWS

Dr. Mortimer J. Buckley, Chief of Cardiac Surgery, appeared live recently on the WBZ-TV (Channel 4) news program "LIVE ON 4" to discuss the artificial heart. Also interviewed on the same subject for the 6 o'clock news was cardiologist William Dec.

MGH Plastic Surgeons Drs. James W. May, Jr., Gregory Gallico, and John D. Constable appeared recently on a WCVB-TV (Channel 5) program "Chronicle," devoted entirely to plastic surgery as interpreted by them. Appearing on another "Chronicle" program the same week was Dr. Henry J. Mankin, Chief of Orthopaedic Surgery, who was profiled.

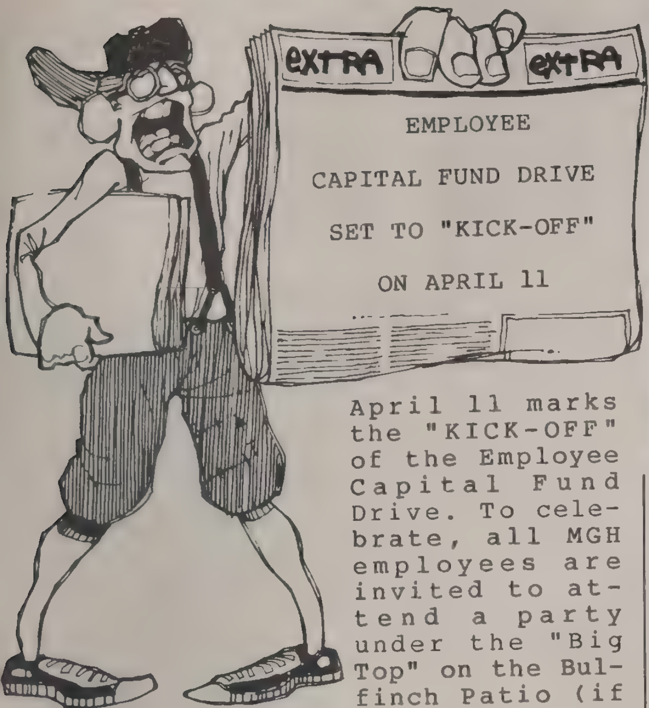
MGH Dermatologist Dr. Arthur J. Sober appeared recently on WNEV-TV (Channel 7) to talk about risk factors for melanoma.

Dr. J. William Worden, a psychologist and research director for the MGH's Project Omega, was interviewed recently by the PATRIOT LEDGER on the subject of helping children deal with death.

March 28, 1985

THE MGH HOT LINE

News Office, Bulfinch 1, Ext. 2206



April 11 marks the "KICK-OFF" of the Employee Capital Fund Drive. To celebrate, all MGH employees are invited to attend a party under the "Big Top" on the Bulfinch Patio (if rain, the General Cafeteria).

The theme of the party will be that of a circus and the festivities will include:

--Live Band

--Refreshments

--Employee Bonus Day Drawing

Individual booths representing the various Employee Fund Drive committees will be set up to provide information about upcoming activities.

So join us at the circus!

With an overflow crowd gathered in the General Cafeteria, Dr. J. Robert Buchanan recently held the second in a series of Town Meetings to open lines of communication within the hospital.

Parking at the MGH–Still More Cars, Few Spaces

The competition is fierce and getting worse all the time...that is, the competition for parking spaces in the city of Boston.

What was once something that most of us took for granted is now viewed as one of our most prized amenities. And with good reason.

According to a recent study, 177,000 vehicles a day compete for 62,000 parking spaces in the city. It's a simple case of supply and demand. And when the demand is high, the price usually follows suit.

Anyone who drives into the MGH knows the story all too well. Parking, or lack of it, has been a problem hospital officials have grappled with for many years and will continue to face in the years ahead.

"There are a number of factors involved," explained Catherine Cook, Manager of MGH Commuter Service. "Much of the land in Boston that was once used for parking has now been taken over by real estate developers and turned into new office buildings constructed with minimal parking facilities. This growth also has resulted in an increase in the number of people coming into the city everyday."

And while these numbers go up, the amount of available spaces has declined, including those at the MGH.

"Charles River Park, for example, has reduced the number of spaces made available to us," said Ms. Cook, "which meant we had to reserve an additional 100 spaces for evening parkers at the Nashua Street Lot. This, in turn, forced us to reduce the number of day spaces by that same amount."

(continued on page 4)

The Capital Campaign Update

Ever watch a dog settle down to sleep? First a circle, then easing into place. Hopping up, another circle, settling. Up again, circle once more. Easing down. Chin on paws. And a long sigh.

The Resident Physicians House--called the "Little Red House" by almost everyone at the MGH--has had difficulty getting settled, too.

Since the late 1800s it has occupied three sites on the edges of the hospital grounds. Each time the tiny red-brick residence has moved to make way for more massive structures, first the Edwards Research Building, and more recently the Wellman Building.

But its new location, in full pub-

(continued on page 3)

Two of the conference rooms in the Resident Physicians House

Won't You *"Bring It Back?"*

Chapter 372, Cost Containment, lower budgets--all frequently used words around the MGH in recent years.

Did you know that in order to maintain inventory levels of suture sets, the following items are replaced monthly:

Scissors--1,800 @ 92¢ each or $1,656

Forceps--1,000 @ 54¢ each or $540

Kelly Clamps--1,200 @ $2.19 each or $2,648

Total yearly replacement costs are $58,128.

These figures, supplied by Materials Management, also indicate that in order to keep an inventory of

(continued on page 4)

An Opportunity to Exchange Knowledge

There should be such an easy solution for everything.

Mary Elliot, a staff nurse on Baker 7, enjoyed her work but wanted to have some experience in psychiatric nursing.

Hirlanda Linse, a psychiatric nurse on Bulfinch 3, was seeking to maintain her medical skills.

The answer was obvious. For three weeks this month Ms. Elliot and Ms. Linse exchanged jobs. The experiment produced benefits to both nurses and will be very advantageous to their patients in the long run.

Mary Elliot (center) discussing a patient's history with Psychiatric nurse Linda Stott (left) and Psychology intern Carolyn Keatinge

"Creating this kind of exchange program between nurses on different units is something we've been considering for a long time," explained Marin Fine, head nurse of the inpatient Psychiatric Unit. "Several years ago we had talked about beginning this type of arrangement. Many of our patients have both medical and psychological problems and are sometimes transferred from the medical floors. An 'exchange' concept seemed like a nice way to integrate the necessary medical nursing skills needed for providing the comprehensive care the patient needs on Bulfinch 3."

And Mary Elliot and Hirlanda Linse were perfect candidates for the program.

"I requested to spend time on Bulfinch 3," said Ms. Elliot, "because I have become increasingly aware of the psychological needs of medical patients through my work with Ann Locke, a psychiatric nurse clinician. I was seeking an opportunity to further develop skills which I could then use to address these needs on Baker 7."

Ms. Linse was a nurse in the Burn Center (formerly the Burn Unit) before becoming a Psych. nurse. The knowledge she had acquired on a medical floor, she believes, has many applications in her present job. "It's helpful to learn as much as possible about the physical aspects of a patient," she said, "in order to understand its emotional impact on him or her."

Both nurses explained that they had relatively little difficulty getting into the routine of their new floors since each had had some past experience in their new specialty. And they credit the nursing staff with making the transition all that much easier. "They were very patient with me," remarked Ms. Elliot, "and were eager to share their knowledge and skills."

However, Ms. Fine, along with Baker 7 head nurse Sue Shadbegian, was quick to acknowledge the abilities of the two nurses involved. "A lot really depends on the two people who want to do this," explained Ms. Fine. "The nurses must be clear on what their goals are and what they hope to bring back to their regular jobs. This program may not be for everyone."

More such exchanges are being considered for the future, perhaps involving other nursing units in the hospital. "But I recommend that it be a reciprocal arrangement," said Ms. Shadbegian. "There should be a nurse from one unit who wants to take the place of the nurse in the other unit."

It's also thought that by offering nurses the opportunity to exchange jobs with their colleagues for a short period of time, it may in fact reduce the number of nurses leaving the hospital every year. "It gives nurses the chance to try something new without being committed to it," said Ms. Fine. "It gives nurses the opportunity to be creative, and it does a lot for nursing development."

Hirlanda Linse (right) and Baker 7 head nurse Sue Shadbegian

Ms. Fine and Ms. Shadbegian added that they are not at all concerned about the program resulting in many nurses leaving their floors to take jobs on other units. "If a few nurses decided that after being exposed to a new area they would like to change jobs permanently, we would be very supportive," said Ms. Shadbegian. "New nursing experiences can help in several ways, including improving interest and enthusiasm, while preventing burnout."

What Mother Nature couldn't take care of members of the General Construction Department did, as they took off snow from the roof of the White Building after a February snowfall.

Risk Factors for Melanoma

Malignant melanoma, the most serious form of skin cancer, is increasing in the United States at an alarming rate, and the rise underscores the need to learn the five warning signs.

Dr. Thomas B. Fitzpatrick, Chief of Dermatology at the MGH, explained that people who develop melanoma during their lifetime often have one or more of the following:

--A history of melanoma among blood relatives

--Poor or no tanning ability, often with a history of blistering sunburn during adolescence

--Unique or unusual moles with very dark or irregular pigment patterns and borders

--A mole larger than a dime

--A mole present at birth

Speaking in New York City as delegates were gathering for the Second World Congress on Cancers of the Skin, Dr. Fitzpatrick urged all who have one or more of the warning signs of melanoma to consult a physician.

Last year, he said, approximately 18,000 patients with cutaneous melanoma were diagnosed in the United States, and an estimated 5,500 people died from the disease. This year, the number of patients diagnosed as having melanoma is expected to reach 22,000. Patients with early melanoma have a 95 to 100 percent survival rate.

The warning signs of melanoma were devised by Dr. Fitzpatrick and Drs. Martin C. Mihm, Arthur R. Rhodes, and Arthur J. Sober, colleagues in the Pigmented Lesion Clinic at the MGH.

Stop by the Walcott Room on Wednesday, April 3, from 7 to 5, for the Patient Teaching Fair.

Nutritional Highlights

by the Department of Dietetics

Spring is here and with its arrival comes the resurgence of the commitment to shed unwanted weight and get in shape for the upcoming swimsuit season.

While your watching your waistline this year, keep in mind that there is more at stake than personal appearance. A panel of medical and nutritional experts recently concluded that being even 20 percent above your desirable weight greatly increases the chances of developing hypertension, diabetes, hyperlipidemias, heart disease, certain types of cancer, gallbladder disease, respiratory problems, and arthritis.

Persons with a family history of these problems may experience increased risk at even smaller degrees of overweight (as little as 10 pounds). Dr. William Castelli, Director of the Framingham Heart Study, stated that "obesity is as powerful a risk factor as any that we know, including smoking and high blood pressure."

Over the next month, the Department of Dietetics will be offering a number of programs to help you in your efforts to get in shape and stay in shape!

The General Cafeteria will be featuring a "Shape Up for Spring" program, which will include daily tips on the most calorie-conscious lunch selections; weekly low-calorie, low-fat luncheon specials; and free nutrition information. Other "Shape Up" events are also planned. Watch for notices in the Cafeteria.

The Nutrition Service will be offering its popular "EATING FOR THE HEALTH OF IT" class again beginning April 11 and running for eight weeks. New sessions of the 10-week weight management program "Winning at the Losing Game" will also be starting in the middle of April.

Discounts for MGH employees are available for both of these programs. Weight management groups are also available for both adults and adolescents in all of the health centers. If you want a more one-on-one approach, nutritionists in the Nutrition Service and health centers are also available for individual appointments.

Link Up with the League

Dust off those golf clubs and start working on your swing. The MGH Golf League will hold an information meeting for returning members and prospective members for the 1985 season on Wednesday, April 10, at noon, in the Patio Room.

You don't have to be a Jack Nicklaus or Jan Stephenson to play in the League. Play is on a handicap basis, so all golfers can compete on an equal level.

All you need is the desire to play. It's a great way to meet other MGH golfers and have fun in the spring and summer.

If you are interested in joining but are unable to come to the April 10 meeting, please contact Mary Lahey, League President, at Ext. 5101. The deadline for signing up is April 19.

The Valentine's Day BAKE SALE proved so popular that the Cookbook Committee of the Employee Capital Fund Drive is planning another sale on Thursday, April 4, beginning at 8 o'clock, in the Warren Lobby.

Campaign (continued from page 1)

lic view at the main entrance to the hospital at Grove and Cambridge streets, promises a permanent and secure future.

Beginning with a luncheon meeting of the Major Gifts Committee of The Capital Campaign held on March 12, the Little Red House is serving as reception and conference space for small groups concerned with MGH fund raising, policy, and planning. It also has offices for The Capital Campaign.

The Resident Physicians House will house some offices

And the little building will serve a symbolic function, as well.

"The Resident Physicians House is a human-scale introduction to the hospital as a whole," remarked Dr. J. Robert Buchanan, MGH General Director. "Patients and families coming to the MGH now see our Little Red House first. It helps us make clear that for all our size, the MGH still values the intimate, one-on-one relationship of patient and caretaker."

Back in 1884 the MGH Trustees authorized the construction of a residence for the Resident Physician, the chief medical and executive administrator (today's General Director). It was a time of general expansion for the hospital, and space in the Bulfinch Building then occupied by the Resident Physician was needed for the growing scientific collections of the Treadwell Library.

Designed by the respected architectural firm of Fehmer and Page, the Little Red House was completed in 1891 at a cost of $12,000. The building's style has been described variously as late Victorian, neo-Federal, vernacular Queen Anne, and Colonial Revival. The conscious cross-breeding of styles produced a building which harmonized with its surroundings. Placed at the corner of Blossom and Allen streets (where Blossom Street turns toward the Charles today), the dwelling reflected both the institutional architecture of the Bulfinch and other hospital buildings and also the varied residential styles of the West End neighborhood.

By the late 1940s the two bedroom house was considered too small to meet the needs of the modern family, and neither the hospital's General Director nor assistants wished to occupy it. At the same time a pressing need for research space demanded the MGH's only relatively open space--the Red House site.

Moved further along Blossom Street in 1950, the building stood empty for several years before becoming home to various units, most recently as a counseling and research center for Project Omega, a Psychiatry Department study of death and dying.

As plans for the Wellman Research Building took shape in 1981, the MGH once again needed the Red House land. However, the building was now one of the few remaining West End residences and one of only two free-standing brick houses in central

(continued on page 4)

Former MGH patient Jim McCabe (seated right) enjoying the concert he donated to the MGH. The Honors String Quartet of the New England Conservatory of Music performed in the Chapel on February 27.

The newest available parking at the MGH for those on a waiting list is this General Services Administration lot across from the Museum of Science.

Parking (continued from page 1)

The situation at the Nashua Street Lot has put more pressure on the Fruit and Parkman Street Garages in front of the White Building, where some 200 cars--primarily patients and visitors--are turned away everyday because of a lack of available space. This, despite the fact that no new permits have been issued to employees to park in those garages for the last four years.

"We've made our rates in those garages competitive with others in the area in order to assure a place for those who need it," stated Thomas Kelly, Director of Management Services. "But as other lots and garages increase their rates, we may be forced to do the same in order to discourage people not associated with the MGH from parking here."

Although the road to finding a parking space at the MGH has not been paved with gold, officials have not come to a dead end, either.

Earlier this year, the hospital acquired 175 spaces at the General Services Administration Lot across from the Museum of Science, the first new parking created at the MGH in the past two years. These spaces are being offered to employees whose names have been on waiting lists for other parking. If they choose to park at the G.S.A., they can do so without losing their place on the other lists.

But Ms. Cook cautioned that these new spaces will do little to ease the problem of parking around the hospital. "Environmental Protection Agency (EPA) regulations dictate limitations on developing new parking in Boston. Also further condominium development in Charles River Park could result in more reductions in those parking spaces already being leased by the hospital."

And, as Mr. Kelly pointed out, the future of the Nashua Street Lot has yet to be decided. "The hospital's development of the Nashua Street property cannot move forward because of the uncertainty of plans involved with the development by various groups of the North Station area," he said.

To alleviate the continuing parking problems, employees are being urged to think about alternatives to driving into work. Public transportation, car pooling, and van pools are just a few of the ways that can be utilized. But as Mr. Kelly explained it, "For employees to use these alternatives, it has to be less expensive than it is to drive."

Meanwhile, employees should continue to put their names on waiting lists, although the wait could be several years. "You never know what's going to happen in the future," remarked Ms. Cook. "But at this point, it seems safe to say that the parking situation in Boston as well as at the MGH will not vastly improve over the next few years. The hospital, however, is committed to continue searching for alternative parking availability."

Campaign (continued from page 3)

Boston in the Colonial Revival style. Even though denied protection by the Boston Landmarks Commission, to the surrounding community the building seemed worth saving.

"The real merit of the house," said Jim Gage, MGH Planning Department Projects Manager, who oversaw the move and renovation of the building, "is that it is charming relative to its context--surrounded by large institutional buildings."

So on one Sunday morning in May of 1982, the Little Red House moved again. The two relocations have been hard, loosening plaster and necessitating a significant restoration project almost three years in duration. On the outside, the house has been cleaned, its red mortar repointed, gutters and trim replaced, and the grounds newly landscaped.

Inside, the original plan has been returned. Two parlors with fireplaces will be used for reception and conference functions. The building now houses the office of the Campaign Director and the Major Gifts Development Officer. Also, a chamber is available for hospital Trustees and Corporation officers.

The MGH archives have supplied photographs and oil portraits from the hospital's past to grace the walls. Among them are scenes of nineteenth-century treatment similar to those hanging near the Ether Dome. The kitchenette will display photographs of early MGH cooking. There are photos from a 1926 publicity campaign. And a pair of images give glimpses of the West End as it appeared about the time the Resident Physicians House was constructed.

"The idea is not to make a museum of it," said Mr. Gage, "but to give it a sense of history, as you might decorate a home."

Comfortably settled on its new foundation, the MGH's second-oldest building stands ready to create history, as well. "It's appropriate," commented Dr. Buchanan, "that the Little Red House be used for fund raising to help build the future of the hospital."

"Bring it Back" (continued from page 1)

pencils and black and red pens, the yearly cost amounts to $21,367.88!

These are just a few examples of high replacement costs. Why are they so high? What can be done to reduce the loss of instruments and other supplies? How can you help?

You may have come home one night, emptied your pockets, and found an item that you had used in work during the day. It happens to everyone, and despite all good intentions, these articles pile up at home and never get returned.

Starting on April 1 and continuing for the next two weeks, receptacles will be available on all inpatient units for the collection of accumulated items.

A subcommittee of the Patient and Personnel Welfare Committee is launching this hospitalwide campaign to retrieve this equipment and hopefully eliminate high replacement costs. Please help in this effort and "BRING IT BACK."

Holy Week Services

Holy Week and Easter services for patients and employees will be held in the MGH Chapel. The following is a schedule of services:

Holy/Maundy Thursday, April 4--
Protestant Communion Service at 12:15 p.m. Mass at 4:00 p.m.

Good Friday Service, April 5--
Ecumenical Good Friday Service at 12:15 p.m. Catholic Service at 4:00 p.m.

Holy Saturday, April 6--
Easter Vigil Mass at 7:00 p.m. (No 4:00 p.m. Mass)

Easter Sunday, April 7--
Easter Mass at 4:00 p.m.

The Valentine Day floral display outside the MGH Flower Shop was the first sign to many of us that spring was really on its way.

THE MGH HOT LINE

April 4, 1985

News Office, Bulfinch 1, Ext. 2206

Her Family Was the MGH

Louise Hatch, whose career in the MGH Department of Dietetics spanned 34 years, 30 of them as its Director, died on March 26 after a lengthy illness.

Miss Hatch came to the MGH as a dietitian in 1945 and was named Director of the Department four years later, a post she held until her retirement in 1979. When she stepped down, Miss Hatch remarked, "While there is no convenient time for anything, there is a logical time for change."

At her retirement, then MGH Director Dr. Charles A. Sanders paid tribute to the dietitian's personal and professional achievements, lauding her as "exemplary" and "in the finest MGH tradition."

Born and raised in New Bedford, Louise Hatch attended the Pratt Institute in Brooklyn, New York and Columbia University. She completed her dietetic internship at Beth Israel Hospital. She accepted her first staff appointment at Cornell University Medical Center.

A short time later she arrived at the MGH for what she thought was going to be "just a few years."

Among the events she once cited as being her most memorable she included the end of food rationing after World War II and the Polio outbreak in the 1950s.

She held several state offices and was honored in 1976 with the Marjorie Hulsizer Award, the highest honor bestowed to a member of the American Dietetic Association.

Miss Hatch left no immediate survivors. As one colleague put it, "The MGH was really her family."

New Service Started

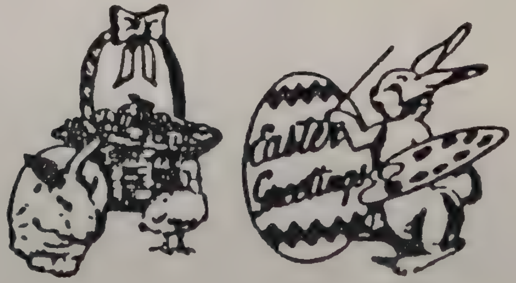
The Children's Service and the Arthritis Unit of the MGH have begun a children's rheumatology outpatient service. This service will be attended by residents from the Children's Service along with rheumatology fellows and will be under the direction of Drs. John Mills and Donald N. Medearis, Jr., and Leslie Fourt, R.N. Referrals will be seen the first and third Monday mornings of each month. The service is part of an area-wide program for the diagnosis and treatment of connective tissue disease in children.

Talamo Lecture Today

The MGH, New England Medical Center, and The Johns Hopkins Hospital are sponsoring the second Richard C. Talamo Lectureship, to be held today (April 4) at 5:00 p.m., in Merritt Auditorium, Tufts University School of Dentistry, seventh floor. The guest speaker will be Dr. John W. Littlefield, Chairman and Professor of Pediatrics, Johns Hopkins University School of Medicine and formerly of the MGH. His subject will be "Experimental Embryology: New Approaches."

Lindemann Lecture

The eighth annual Lindemann Memorial Lecture will be held on Tuesday, April 30, at 3:30 p.m. in the Revere Room of the Erich Lindemann Mental Health Center. Dr. Sandra Fox, Director, Good Grief Program at the Judge Baker Guidance Center, will discuss "Good Grief: Helping Groups of Children and Adolescents When a Friend Dies."



Course Offerings

The MGH Institute of Health Professions is sponsoring the following graduate courses open to Special Students:

April 30-June 21

Cardiopulmonary Anatomy, Physiology & Pathophysiology

Cognitive and Behavioral Concepts in Health Assessment & Treatment

Ethnicity & Health Care

Health & Social Policy

April 30-August 9

Biomedical Instrumentation for Study of Human Movement

Ethical Issues in Health Care

Introductory Statistics

Pediatric Issues in Health Care

Working with Groups

Current Topics in Research in Dietetics

Clinical Decision Analysis

Intensive Care Management in Physical Therapy

Manual Therapy Techniques II--Spine

Tuition Aid is available under the usual guidelines, and Loan Funds are available for MGH employees. Tuition is $245/credit. For more information, call Nancy Bridgeman at Ext. 8010, or send the form below to Special Student Admissions, Bartlett 5.

Please send me information on Special Student Admissions:

Name ______________________
Profession ______________________
Dept. and Address ______________________
____
Course(s) ______________________

Around MGH

A new booklet has been published on the subject of Tracheostomy Tubes (small breathing tubes). Entitled, "A Guide For Parents In The Home Care Of The Child With A Tracheostomy Tube," the booklet was written by Mary McLaughlin, head nurse, and the staff of Burnham 6. Among the subjects covered are a description of a Tracheostomy, the differences between nasal breathing and Trach Tube breathing, how to maintain suction, changing the Trach Tube, and safety factors. Ellie Hackett of the Ladies' Visiting Committee assisted in editing the publication. The LVC paid for the cost of printing.

NAMES in the NEWS

Dr. William C. Wood, Director of the MGH Cancer Center, appeared recently on WNEV-TV (Channel 7) to talk about lumpectomies in treating breast cancer.

Dr. Arthur J. Sober, an MGH Dermatologist, was interviewed recently by WBZ-TV (Channel 4) on the subject of risk factors associated with melanoma.

Dr. David D. Ho and Dr. Martin S. Hirsch, both from the Infectious Disease Unit, were interviewed recently by Channels 4 and 5 (WBZ-TV and WCVB-TV) about their study which showed that interferon is effective in fighting in the test tube the virus believed to cause AIDS. They stressed, however, that patient trials have not yet been completed to determine if interferon works on people with AIDS.

Dr. Arnold Weiss, a consultant in pediatric dentistry in the Children's Service at the MGH, was quoted in a story published recently in the BOSTON SUNDAY GLOBE on the subject of caring for children's teeth.

MGH Employee Capital Fund Drive

We're building our future

We're Under Way !

The MGH Employee Capital Fund Drive is officially under way.

Since last spring, nearly 100 employees on several committees have contributed their expertise, time, and and energy toward enabling the hospital to provide a modern, healthful environment for our patients and a more efficient and spacious working enviornment for all of us.

On page 2 several of the committees involved in the Fund Drive will tell you more about their activities and how you can participate.

> You are all invited to join us in planning the activities.
>
> Please contact the committee chairman with your ideas and suggestions.

Maeve Blackman, Director of the Volunteer Department, is Chairman of the Employee Capital Fund Drive.

Chairpersons of the committees are:

FAIR COMMITTEE--Joe Stukas, Pathology; Pat McGurty, Training and Development

SPORTS AND PICNIC--Joe Malone, Plumbing; Bruce Rossi, Paint Shop

WALK FOR HEALTH--Martha Lynch, Dietetics

COOKBOOK--Emily Hajar, Blood Transfusion Service

AUCTION COMMITTEE--Jack Pender, Office of General Council; Martin Magovsky, Ambulatory Care Business Office

DIRECT FUND DRIVE--Gail Grootemaat, Admitting

Campaign Activities 1985-1986

April 10,1985
- KICKOFF
- DIRECT APPEAL April–June

May 18,
- INTERNATIONAL FAIR

September 7,
- PICNIC

Fall,
- WALK FOR HEALTH

November,
- COOKBOOK ON SALE

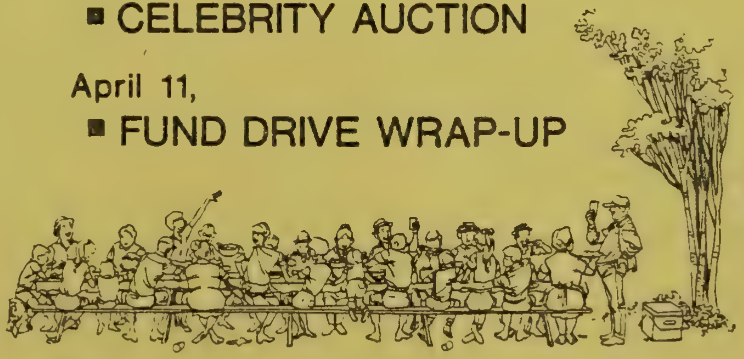
***

Winter,1986
- SPORTS NIGHT

February,
- EMPLOYEE AUCTION

April,
- CELEBRITY AUCTION

April 11,
- FUND DRIVE WRAP-UP



THE AUCTION COMMITTEE

The Auction Committee is busy planning two events: 1. IN-HOUSE AUCTION. This event will be for employees only and is planned for early in 1986. It will be held in the Ambulatory Care Center Lobby. We would appreciate your ideas and suggestions regarding which items you think you and your fellow employees would like to bid on. 2. A CELEBRITY AUCTION This event is planned for the spring of 1986. As it will be for employees, their families, friends, and invited guests as well as the general public, we are looking for a room that can accomodate about 1000 guests. When the time and place are confirmed, Dr. Thomas Durant will begin contacting local celebrities to enlist their aid in auctioning special items. Our Cochairmen are Jack Pender (Legal Dept X2127) and Marty Magovsky (Ambulatory Business Office X2690). Please contact one of them if you have articles you would like to donate for either auction or if you know of a good potential donor of such articles. We also would welcome anyone who would like to join the committee.

SPORTS & PICNIC COMMITTEE

The Sports and Family Day Committee is planning its special events for you. Family Day, a major event in the Fund Drive, will be held on Saturday, September 7, 1985 at the Charlesbank Fields and Lee Pool Area on Storrow Drive, from noon to 6:00 p.m. Another major activity will be a hockey game at Bright Arena, Harvard University, between the Boston Bruins Old Timers and the M.G.H. All-Stars. Chairman of this committee is Joe Malone (X2421).

MGH COOKBOOK

The MGH Cookbook Committee invites you to become involved in our effort to publish the most exciting, most unique cookbook ever. In our desire to make the MGH Cookbook a solid best-seller, we ask you to send a favorite recipe today, via House Mail, to "MGH Cookbook Box." Be sure to include your name and the department where you work as all recipes published will be credited in the book. Sponsors are providing the needed nourishment for this fund raising endeavor, and sponsor names will also be listed in this publication. Please make your donation of $1.00 or more.

INTERNATIONAL FAIR

SATURDAY MAY 18, 1985

BAYSIDE 11AM - 10PM

EXPOSITION CENTER

Entertainment
Boutiques
Cultural Exhibit
Celebrities

Crafts

PRIZES ...and more PRIZES...
-New automobile
-Trips to Hawaii and Bermuda
-Home computer
-Shopping spree
-Video equipment

MGH Exhibit

Food

Games

BOOTHS AVAILABLE

WANTED: Employees who are interested in earning some extra money by selling their art work, homemade crafts. Other merchandising ideas will be happily considered.

CONTACT: Dolores Merlino X2241 page
Rita Cummings X3120

JOIN A GROUP - OR START A GROUP

We're coming together in unique ways - sharing the richness and diversity of our cultural heritage. Just to mention a few of the exhibits/entertainment underway:

-West Indian (including a steel band)
-Italian (How's your Bocci game?)
-Greek (Get out your dancing shoes)
-Irish (In Boston, everyone's a little Irish)
-German (A beer garden, of course)

CONTACT: Cheryl Linebaugh X3131
Pat McGurty X2216/2230

JOIN THE FUN....

THERE'S ROOM FOR EVERYONE!

THE MGH HOTLINE

April 11, 1[illegible]

News Office, Bulfinch 1, Ext. 2206

Send in The Clowns

DON'T FORGET "THE CIRCUS" COMES TO TOWN TODAY (APRIL 11) FROM 2:30 TO 5:30 ON THE BULFINCH PATIO, AS THE MGH EMPLOYEES KICK OFF OUR YEAR-LONG CAPITAL FUND DRIVE.

Direct Appeal

Beginning today (April 11), all employees will be able to contribute directly to our future. Representatives from your own departments will be contacting you about contributing to the Employees Capital Fund Drive. All contributors will have their names inscribed on a wall, dedicated for this purpose, at the entrance of one of the new inpatient towers. This is just one way you can choose to participate during the first three months of the year-long campaign.

On the Move

The patients and staff on Bigelow 13 have moved to their permanent location on Gray 5. The unit can be reached by telephone extensions 6103, 6104, and 6105.

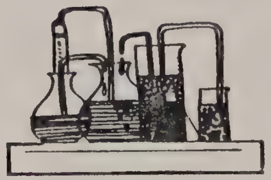
MENU UPDATE

A little bit of Italy is coming to the ACC Cafeteria with the arrival of the calazone today (April 11). This delicious stuffed pizza is made at our own MGH Bake Shop and is filled with Italian sausage, pepperoni, genoa salami, provolone cheese, red & green pepper, onions, and mushrooms. Look for them every Thursday, and come welcome the calazone to the ACC Cafeteria.

Are You Running?

If you're running in next week's Boston Marathon, the HOT LINE wants to hear from you. Please call or write the News Office (Bulfinch 1, Ext. 2206) with your name and running time so that we can publish a list of all who participate.

Lab Week



All MGH employees are invited to help celebrate National Medical Laboratory Week from April 15-19. Tours will be conducted of selected labs throughout the hospital. The following labs will be participating:

April 16--Hematology

April 17--Bacteriology

April 18--Immunology and Immunopathology

April 19--Blood Bank

Each lab will be open from 9 a.m. to 3 p.m.

This year's campaign theme is "The Medical Laboratory--In Pursuit of Answers." Arrangements of spring flowers in assorted laboratory glassware will be offered by the MGH Flower Shop. To place orders, please call Ext. 4500. Also in recognition of the week all clinical laboratory personnel will receive carnations to wear. Please join us in celebrating the week. Also stop by the Medical Lab Booth at the MGH International Fair on May 18.

Medal Winners

Dr. Kurt J. Isselbacher, Chief of the Gastrointestinal Unit, will be receiving the Friedenwald Medal of the American Gastroenterological Association (AGA) at its annual meeting next month in New York City. This is the highest honor that the Association can bestow. It was established in 1941 and given annually to a physician or scientist in recognition of outstanding and major contributions to the field of gastroenterology. In 1983 Dr. Isselbacher also received the Distinguished Achievement Award from the AGA.

Dr. Juan M. Taveras, Chief of Radiology, has just received two gold medals--one from the American College of Radiology and the other from the Association of University Radiologists. Both are for "distinguished and extraordinary service" to the radiology profession. The American College of Radiology award will be presented to Dr. Taveras in Montreal on September 10, while the Association award will be presented on May 16, in Nashville, Tennessee.

Around MGH

Sally Millar, Clinical Nurse Leader, Intensive Care Nursing Service, was the editor-in-chief of a new book entitled, "AACN Procedure Manual for Critical Care," published by W. B. Saunders. MGH contributors to the book were Penny Ford, Carolyn Tamer, and Michael Vislosky.

Dr. Ann Thor, a Medical Staff Fellow at the National Cancer Institute, has received the fifth Benjamin Castleman Award as the pathologist under the age of 40 who published the best scientific paper on human pathology in 1984. The $1,000 award was presented at the annual meeting of the International Academy of Pathology, United States Canadian Division. It was established in 1981 by former students and colleagues of the late Dr. Castleman, who was Chief of Pathology at the MGH from 1953 to 1974 and served for nearly a year as Acting General Director of the MGH.

NAMES in the NEWS

Dr. Randall Zusman, Director of the MGH Hypertension Unit, testified recently before the U.S. House Subcommittee on Health and the Environment in Washington. Representing the American Federation for Clinical Research, Dr. Zusman spoke in support of full funding for biomedical research this year. In addition, Dr. Joseph B. Martin, Chief of Neurology, wrote an op-ed piece for the BOSTON GLOBE recently also focusing on proposed cutbacks in federal research dollars.

Dr. J. Robert Buchanan, General Director, was the guest on WEEI's public affairs program "BAY STATE FORUM" on Sunday, March 31.

Dr. Martin B. Keller and Dr. Alan J. Gelenberg of the Department of Psychiatry were guests recently on the WBZ-TV (Channel 4) program "People Are Talking." They discussed depression.

Dr. David Herzog, Director of the Eating Disorders Unit, was interviewed recently by WBUR Radio about serum of ipecac, used by some bulimia patients to induce vomiting.

THE MGH HOTLINE

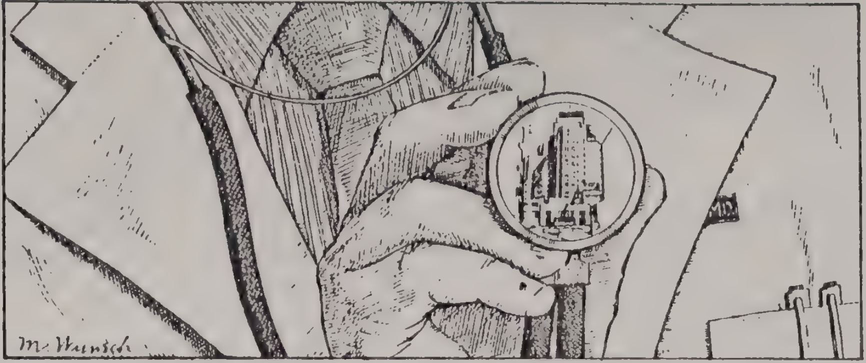
April 18, 1985

News Office, Bulfinch 1, Ext. 2206

EDITOR'S NOTE-- The HOT LINE is pleased to reprint the following article published in the April 1985 issue of the BOSTON OBSERVER. It was written by award-winning author James Carroll, a former priest and until 1974, a chaplain at Boston University. He has written several books about contemporary spirituality. His latest novel is PRINCE OF PEACE, published by Little, Brown. Mr. Carroll resides in Boston.

Saluting the General

One man's appreciation of a famous hospital that still cares. Chasing down the Virgin and staring down the Angel of Death.



Because I was a chaplain, the mad girl's roommate came running to me. "She claims she's the Virgin Mary," the roommate said. "She's wrapped herself in sheets and is acting really weird." I went immediately to the girl's room in the high-rise BU dormitory. And there she was, ensconced on a throne of pillows in the corner of her bed, a pretty blond freshman draped, sure enough, in a white sheet, but looking more like Venus than any Saint Mary I knew of. "Only white," she said when I asked, "because white is the color of purity."

I was no psychiatrist, but it was quickly obvious that the girl was in the middle of what I think they call a schizophrenic episode. She needed help and fast. I convinced her to come with me, but she refused to wear anything but her pristine linen. It was winter and so I wrapped her in two more sheets and, with her roommate, led her out to my car.

But where to take her? It was late in the day. I was new to BU and to Boston. The kid was babbling on in the most bizarre fashion, and I had no confidence that I could maintain my authority with her. Then I remembered what my colleague had told me in his offhand introduction to Boston. "Mass. General," he'd said. "The best hospital in the world. They handle everything." I could get there in five minutes and I did.

The guard directed us to the psychiatric walk-in unit, and as I led that troubled young girl through the bustling lobby of the White Building — only white for her — she finally panicked and broke away from me. Her roommate froze. The girl's sheets fell as she bolted back out through the doors, naked. I caught up with her halfway across the parking lot. It was so cold she didn't resist when I covered her with my black priest's coat. She fell against me, crying.

At the psychiatric unit a white-coated doctor took the girl into another room while a nurse found out from the roommate how to reach her parents. I waited in the crowded vestibule with the bundle of her sheets, worried for her, but also aware of the contrast her white drapery made against my clerical black.

The doctor soon came out. What did I expect? Smugness? Detachment? Superiority? How do the doctors at the best hospital in the world behave? Why was I braced for a show of anything but what I saw? The field of his concentration had been completely taken over by his concern for the girl. Yes, she was seriously disturbed. And yes, she had to be taken care of immediately. The doctor told me that he had just spoken to her parents in a distant state, and they had referred him to the psychiatrist who had treated her before she'd come to Boston. The best thing would be for the girl to fly home at once. Her psychiatrist was already arranging to meet the airplane.

Airplane? But who would take her? I felt his eyes on *me*. I had meetings, appointments, duties. I was a busy man....

Before I could give voice to any of the less than generous first reactions this apparent demand stirred in me, and before I could overrule them, the doctor said, "I've arranged it. There's a plane in a half hour. I'll fly home with her."

"You?" But you're a doctor! You're even busier than I am!

"Thanks a lot, Father," he said. "She's lucky she had you when she needed you." And then he turned to the secretary to rearrange his schedule. The girl had his absolute attention now and would have it for as long as she needed it. I was chastened and amazed and I thought, No, she's lucky she has you.

In Boston we take our hospitals for granted. It is commonplace to describe several of them as among the very best in the world. Their excellence is a function, obviously, of their association with three great medical schools. At the center of the medical constellation is Massachusetts General Hospital, the parent institution — Harvard Medical School derived from the hospital, not vice-versa — of the whole Boston system.

The General was founded in 1811, and it has always had three purposes: taking care of the sick, teaching the people who do that, and trying to discover the causes and cures of sickness. The latter two objectives — teaching and research — are what have made Mass. General famous. They have resulted, on the one hand, in the medical school, and, on the other, in some of the great breakthroughs in medicine. In 1846 doctors at MGH pioneered the use of anesthesia that made modern surgery possible. They were the first to solve the problems

(continued on page 2)

Saluting the General

(continued from page 1)

associated with bladder stones (1878), abdominal surgery (1886), lead poisoning (1926), and endocrine disorders (1929). Their use of radioactive iodine (1937) was a crucial step in the development of nuclear medicine. They were the first to reattach a person's severed arm (1962), and they taught the world how to freeze blood (1964). Only a couple of years ago, they invented artificial skin, which will make all the difference for burn victims.

But the mere recitation of a litany of such wonders, and even the knowledge that today some of the brightest minds in the world are at Mass. General — acutely focused on solving yet more problems, yet worse ones — can leave us only vaguely moved. We are accustomed to the hosannas that regularly greet the work of Harvard wizards. In Boston, one could almost say, we take their accomplishments for granted.

That's why I began this reflection with an anecdote that has nothing to do with teaching or research, the things that made Mass. General famous. What we don't take for granted at all anymore, anywhere, is the simple act of human caring. Who would have dared hope that at this mega-hospital, with its staff of a thousand grant-obsessed geniuses, and its labs chock-full of high-tech miracle machines, doctors would remember what it is all for? When a kid is on the far edge of her sanity you drop everything, even the schedule, to get her what she needs.

A year ago my wife's brother who lives in Colorado had a serious health crisis. He had always been a robust, athletic man, an avid mountain climber and first-class skier. But for some time a strange paralysis had been slowly depriving him of the full use of his limbs. Doctors in Denver gave him conflicting diagnoses, including one that blamed the problem on mercury poisoning from the fillings in his teeth. He had the fillings removed, but the condition worsened. My wife and I became alarmed and we encouraged him to come to Boston. "Let them check you out at Mass. General," we said. "It's the best hospital in the world."

He came, was diagnosed as suffering from impaired nerves in his spinal column, and was operated on twice Now he is nearly recovered. My close observation of his experience at Mass. General is what has prompted this salute. I was not surprised that doctors there were able to treat his illness, but I was surprised at how well they treated him.

I shouldn't have been. One of the two doctors who operated on him, removing a bone spur from the back side of his neck, though entering from the front, was Peter Black, a neurosurgeon, an associate professor at the medical school, and a leading researcher in the field of pituitary tumors. He also holds a PhD in ethics from Georgetown University. Obviously, he is one of those extraordinarily gifted people whom one is not surprised to find associated with the General. But I've known Peter from another side for many years. He's a neighbor of mine, and I've long appreciated his warm humanity. I've admired his diligence as a father and his good-humored enthusiasm as a husband. The surprise is that qualities we assume to be divergent — technical expertise and heartfelt sensitivity — could be combined in one person. Hasn't our world been divided into engineers and humanists, technocrats and poets, scientists and philosophers? That division rarely bothers us. Who needs physical dexterity from a favorite poet? Who needs compassion from an IBM service person? Or a knack for pipe fitting from a tax accountant?

But doctors are different. What we need from them is everything. If a man is going to mess with the nerves in your spinal column, you want him to have a better mind than Noam Chomsky's and better hands than Doug Flutie's. And if that same man has to talk to you about the possibility that you'll come out of the operation a quadraplegic — or the possibility that you won't come out of it at all — you want him to be better than Rollo May at hearing your fear and better than Elizabeth Kubler-Ross at helping you through it.

Flaubert said that soldiers, artists, and priests deal with death every day. Finally death is our subject here, and no one deals with it more than doctors and nurses. Death, they know, is only the other side of life, and that is why its great questions — When does life begin? When does it end? — are particularly theirs. We need so much from doctors now, partly because so many other great institutions of society, especially those of the soldiers, artists, and priests, have faltered. Doctors falter too, of course. Every time we read of another doctor or hospital sacrificing the essence of the vocation — caring for the sick person — to the merciless gods of science or celebrity or commerce, we shudder because we know that, in larger measure than we want, doctors are what's left between us and death. They are what the artists and priests once were exclusively — the custodians, indeed champions, of human life.

My experience of the General is limited. I've had only a few encounters with it over the years, but they've been important ones. As a chaplain I had several occasions to get help for students there. In addition to my brother-in-law, my wife has been operated on there and so have several close friends. Everyone I know who has been an MGH patient has received excellent care from the entire staff. Over the years I've made the acquaintance of many Mass. General doctors, and I've come to know several well enough to see confirmed my impression that as a group they do combine the technical expertise we want with the unusual human sensitivity we need. I'm thinking now, in particular, of Dr. Richard Pingree, director of the medical walk-in unit, and Dr. Edward Campion, chief of the geriatric unit.

Still what does any of this really qualify me to say? Not much, perhaps. But no one sees more than a small slice of the reality of a large, complicated institution like this hospital. And no one ever fully appreciates what a momentous, transcendent, and finally — for it *is* death we're talking about — impossible task these people have taken on for us. It seemed to me important, in this skeptical and pervasively disappointed time, to say that, as I have seen it, something precious is happening at the General, something rare, and something that, sooner or later, every one of us will want desperately. ▬

ILLUSTRATION ON PAGE ONE BY MARJORY WUNSCH

April 25, 1985

THE MGH HOT LINE

News Office, Bulfinch 1, Ext. 2206

Issues Addressed at Meeting

The second in a series of "Town Meetings" held by MGH General Director Dr. J. Robert Buchanan on March 12 produced the following questions and his answers: (Those sentences underlined signify new information received after the "Town Meeting.")

We lost our right to free prescriptions if we retire past the age of 65. Is any further loss of benefits comtemplated for employees who choose to stay on past 65?

There is no loss of benefits being contemplated for employees over the age of 65. The Pension Plan will not be amended or changed that would in any way lower the current benefit amount to retirees or employees going out on retirement.

There has been an increase in the number of long-term employees laid off in the last year and a half. Many of these employees are minorities, and many are in the Dietary Department. Will this practice of firing long-term employees continue?

Contrary to what you may think, there has not been an increase in the number of discharges of long-term employees in the last couple of years. The issue of job performance and productivity has, however, received more attention over the last two years mainly due to the ever tightening fiscal constraints we have to operate under. The hospital records show the following information relative to terminations:

In terms of length of service, the 231 discharges break down as follows:

Under 1-year service--117 people or 51%

6 years' to 10 years' service--86 people or 37%

(continued on page 5)

Boston Bruins wives Cathy Peeters (far left) and Jenny Blum (second from left) were obviously just as happy to be giving $17,000 to the MGH Children's Service as Dr. Donald N. Medearis, Jr. and Mrs. R. Morton Claflin were to be receiving it.

The Capital Campaign Update

The Boston Bruins may not be number one in the standings this season, but they definitely are first in the hearts of those associated with the MGH Children's Service.

For the second year in a row, the Bruins-MGH team has proved to be a winning combination. And the Children's Service is the beneficiary.

March 21 was MGH Night at the Boston Garden. And before the Bruins handed out some checks on the ice, their wives presented an important check off the ice...in the amount of $17,000 to the Children's Service. The money represents this year's proceeds from the sale of the Bruins' calendar. Accepting the check from Cathy Peeters, wife of goaltender Pete Peeters, and Jenny Blum, wife of defenseman John Blum, were Mrs. R. Morton Claflin, an MGH Trustee, and Dr. Donald N. Medearis, Jr., Chief of the Children's Service.

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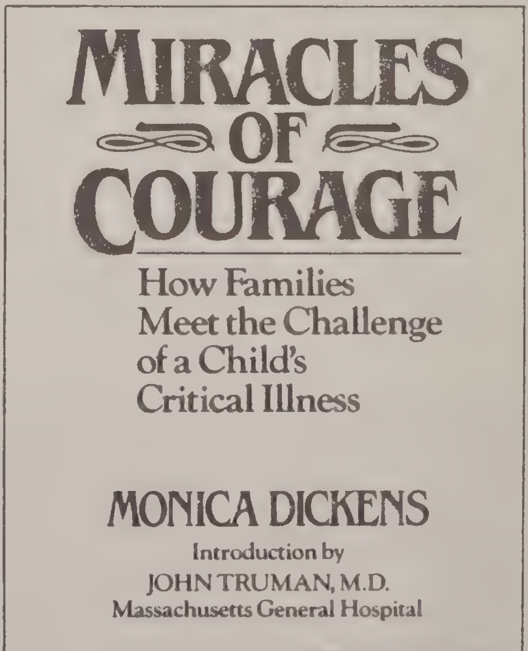
Dr. Carter Rowe (left) accepting donations to the MGH from Bruins President Paul Mooney

MGH Setting for New Book



MIRACLES
OF
COURAGE

How Families
Meet the Challenge
of a Child's
Critical Illness

MONICA DICKENS

Introduction by
JOHN TRUMAN, M.D.
Massachusetts General Hospital

The book is called MIRACLES OF COURAGE. The "courage" comes from families of children with leukemia and other childhood cancers. The MGH, in large part, is where these "miracles" take place.

Written by Monica Dickens, the great granddaughter of Charles Dickens, the book describes the experiences and emotions of parents

(continued on page 2)

Father Gerard Pelletier Celebrates Jubilee Tonight

Father Gerard E. Pelletier, S.M., a member of the MGH Pastoral Service, tonight (April 25) celebrates his silver jubilee as a priest.

In honor of the occasion, a special Mass of Thanksgiving will be held tonight at 7 o'clock in the Chapel.

In 1960 Gerard Pelletier was ordained as a member of the Society of Mary at the National Shrine of the Immaculate Conception in Washington D.C. His first assignment as a priest was at the MGH, where he replaced the Roman Catholic Chaplains during the holidays.

Father Gerard Pelletier conducting services in the MGH Chapel

He later substituted for the regularly assigned chaplains when the need arose. In 1980 Father Pelletier was named Coordinator of the Roman Catholic team who serve as "volunteers" in the Department of Pastoral Services.

Under his leadership, the Roman Catholic team at the MGH has increased to four priests whose full-time assignment by the Archdiocese of Boston is to serve the hospital community.

Through the years, the priest has also worked in parishes in Newark, New Jersey, and in Van Buren, Maine, his home town.

But the MGH is definitely his home now. "I have been very happy here," said Father Pelletier. "I hope to be at the MGH for as long as my health permits it."

New Kidney, New Hope

"We are returning to Iceland with a brand new child; only her face is familiar."

Those were the words of Arni Hjaltason talking about his 2 1/2-year-old daughter. Last November, Asta Hjaltason, too weak to even stand, arrived at the MGH from her home in Reykjavik, Iceland, for an emergency kidney transplant.

On March 28, Asta returned to Iceland to what doctors believe will be a bright future and a normal life with few, if any, restrictions.

Asta is the third child in the last two years flown to the MGH as part of an "Icelandic connection," an informal lifeline the hospital has extended to the tiny country situated in the middle of the North Atlantic. All three children suffered from congenital abnormalities which ultimately resulted in kidney transplant. They are believed to be the only Icelandic children to require kidney transplants in at least the last five years.

The Icelandic connection came about as a result of occasional, informal consultation between an MGH-trained Icelandic pediatrician and Dr. John T. Herrin, Chief of Pediatric Nephrology at the MGH. "By telephone or letter, we followed each of the three children through the course of their care in Iceland until it was clear that transplantation was the only solution," said Dr. Herrin. "St. Joseph's Hospital in Reykjavik conducted compatibility tests and other preparation for the children and donors." In each case, parents were the kidney donors.

During the past year the connection between the countries has been further strengthened by Dr. Magnus Bodvarsson, an Icelandic internist, who is a fellow in pediatric nephrology (kidney disease)

(continued on page 3)

Things are really looking up for young Asta Hjaltason following her kidney transplant at the MGH. At right is Jane Austin, head nurse in the Transplant Unit.

Going Home for the First Time

It was a long awaited homecoming for an 18-month-old girl who was discharged on April 16 from Spaulding Rehabilitation Hospital (SRH) after spending every day of her young life there and at Massachusetts General Hospital.

It's a story of how medical and rehabilitative techniques were combined in a new way resulting in this happy ending while hopefully providing new beginnings for other similarly ill children in need of both critical care and intensive rehabilitation in the future. In this instance, the collaborative effort was made possible by Harvard Community Health Plan, which paid for the patient's care.

Jendi Hunt was born on October 9, 1983 at Beth Israel Hospital with gastroschisis, in which her intestines lay uncovered outside her body. Within hours of her birth, the infant was transferred to the MGH where she underwent a series of more than a dozen operations over a period of approximately a month to correct the problem.

"It was one of the most severe cases of gastroschisis I had ever seen," said Dr. Samuel Kim, a pediatric surgeon who performed the series of operations. "We scheduled a series of operations to enclose her intestines in a special temporary sac while at the same time exerting a certain amount of pressure to enlarge the normal but very underdeveloped abdomen by stretching the abdominal wall."

During this process, which meant returning to the operating room every 48 to 72 hours over the next month, she was fed through major veins. Also, as a result of the increased pressure within her abdomen and chronic lung disease, she was placed on a pediatric ventilator to aid her breathing. After a few weeks using a tube down her windpipe (endotracheal intubation), a hole in her windpipe (tracheostomy) was created to help with the breathing process.

Dr. Kim added that in a normal gastroschisis, surgeons are usually

(continued on page 3)

Dr. Thomas Herman of the Department of Radiology explains X rays to local school children who visited the MGH last month during Children and Hospitals Week.

Book (continued from page 1)

whose children have leukemia. The setting is the Pediatric Hematology-Oncology Unit at the MGH, where these children are seen by Dr. John T. Truman, Chief of the unit, and his staff.

Dr. Truman wrote the introduction to the book, which has just been published by Dodd, Mead & Company. Said Dr. Truman, "This is a book of praise and celebration. It honors the bravery, endurance, and good humor that mankind is capable of summoning in the face of adversity. It honors children who are stricken by dread diseases and dreadful treatments, but who continue in school and continue to love life. It honors parents who rise to heroic stature in seeing that their children receive every medical advantage and every measure of loving support as they make their journey....This book also honors science. I view science as the ultimate achievement of the human intellect, and science has responded nobly to the plight of children with cancer."

Monica Dickens was given permission to be an observer in the Pediatric Hematology-Oncology Unit, to talk with the medical staff, and follow the stories of the young patients and their parents in and out of the hospital.

But the parents aren't the only ones whose emotions are captured in this story. "No day passes that a lump does not come to my throat nor a tear to my eye," wrote Dr. Truman. "Can you imagine my emotions as I stand ready to give a long spinal needle to a 16-year-old who has given me a plate of brownies? Or, having just finished a painful bone marrow test on a three-year-old, I am given a big kiss? Can you imagine telling a young couple that their only child has leukemia and then receiving their thanks for being the bearer of such news?"

Of the many children we meet in MIRACLES OF COURAGE, some are cured, some are still being treated, and some have died. But the book depicts the bravery and endurance with which these families meet disaster, and survive. "How do ordinary people become giants?" asked Ms. Dickens. "Not by pain itself...But what they have done with the pain."

"I'm lucky," Dr. Truman remarked at the very end of the book. "In this job, I see people at the worst time of their lives, but I see them at their best."

Thus, demonstrating the true miracles of courage.

Campaign (continued from page 1)

In addition, Bruins President Paul Mooney presented Dr. Carter R. Rowe, an MGH Orthopedic surgeon long associated with the team, with two $5,000 checks--one for the Children's Service and the other for the hospital's Sports Medicine Clinic.

But these presentations to the MGH marked only the beginning of the evening's activities, especially for some special fans who attended the game.

Five MGH Pediatric patients were invited to the game as guests of former Bruins captain Johnny Bucyk and were seated in a private skyview box high above the action. They were accompanied by Burnham 4 nurse Karen Kerrigan and Physical Therapist Candi Daniele.

And after the game, in which the Bruins and St. Louis Blues played to a 1-1 tie, the children got to meet many of their favorite players, who autographed everything from jerseys to leg casts.

Meanwhile, two players, who have been on the injured list for most of the year, also made a big contribution to the MGH.

Barry Pederson and Mike Gillis attended a hockey jamboree at Methuen High School on March 31. The MGH hockey team was also there, playing a team from the Boston Police Department. Although the MGH lost on a late goal--2 to 1--the hospital's Children's Service once again was the big winner, with $1,500 being donated to the unit from the game's proceeds.

Pete Peeters

After the game, many of the Bruins met with the young MGH patients to sign autographs. Among these players were:

Brian Curran

Terry O'Reilly

Butch Goring

Ken Linseman

Frank Simonetti

Dave Donnelly

Kidney (continued from page 2)

at the MGH, working with Dr. Herrin. Dr. Bodvarsson and his family expect to return to Reykjavik in late summer.

Dr. Herrin himself plans to visit Iceland for the first time in a few weeks in part to look in on his former patients and also to become better acquainted with the country with which he has had so much recent contact.

When Asta and her parents arrived in Boston last November, she was suffering from renal tubular acidosis (an accumulation of acid), growth failure, and high blood pressure. After a few days of dialysis, Asta received one of her father's kidneys.

Dr. A. Benedict Cosimi, Chief, Clinical Transplant Surgery, and Dr. Francis L. Delmonico, Staff Transplant Surgeon, performed Asta's transplant.

"We are grateful to all for everything that has been done for Asta and for us," said Vilborg Hjaltason, Asta's mother. "Both in Iceland and in Boston, so many people helped us through this very difficult time."

Added Mr. Hjaltason, "We came here with a child who had been sick all of her life. We look forward to going home with a normal, healthy little girl."

Home (continued from page 2)

able to stretch the abdominal wall and reduce the size of the intestines so that the abdominal wall over the intestine can be closed in about two weeks. However, in Jendi's case, this was impossible. Therefore, the remaining abdominal wall defect over her intestine had to be covered using her abdominal skin. This avoided further respiratory compromise to her lungs and permitted her ultimately to be taken off the ventilator. In the future, she will need to return to the MGH to have her large abdominal hernia closed.

Jendi was three and a half months old when her parents could hold her for the first time. "That was the most difficult part," said her father. "All we could do was hold her hand. But, by the way Jendi grasped me and looked at me before the first operation, I knew she was trying to explain, 'I'll be seeing you.'"

Obviously, the baby's condition had a profound impact on her eating and developmental growth. "She had to be fed a hyperalimentation diet of total parenteral nutrition through an IV tube for several months," explained Dr. John H. Fugate of the MGH's Children's Service, one of young Jendi's attending physicians. "But before she left the MGH for Spaulding, she was being introduced to regular formulas and was being weaned off the ventilator, although she was still on a tube running from her nose to her stomach."

As her physical condition stabilized, members of the MGH's Children's Service, Physical Therapy Department, Burnham Child Development Team, and Speech and Language Department became initially involved in Jendi's growth development during her last few months at the MGH. Since her transfer on September 25, 1984, to Spaulding, a major MGH affiliate, specialists there continued this process as Jendi became SRH's very first ventilator patient.

Nutritional Highlights

by the Department of Dietetics

May is National High Blood Pressure Month. High blood pressure (or hypertension) is one of the nation's major health problems. Approximately 60 million Americans have some degree of high blood pressure.

"The long-term effects of the disease," said Dr. Randall Zusman, Director of the MGH's Hypertension Unit, "include increased risk of death from heart attack, stroke, and kidney failure. High blood pressure usually cannot be cured, but it CAN be controlled. Good control can minimize the long-term effects of the disease."

Nutrition can play an important role in controlling high blood pressure. Prevention and management of hypertension by nonpharmacologic means has been increasingly advocated in recent years. One area of intervention is weight loss. Although the exact mechanism by which weight loss affects blood pressure is not fully understood, it is well known that weight loss can result in significant improvements in blood pressure.

Some individuals, particularly those who are young and have mild hypertension, can lower blood pressure to acceptable levels simply by losing weight, exercising, and restricting sodium intake. The most important part of high blood pressure control is continued compliance with recommended treatments.

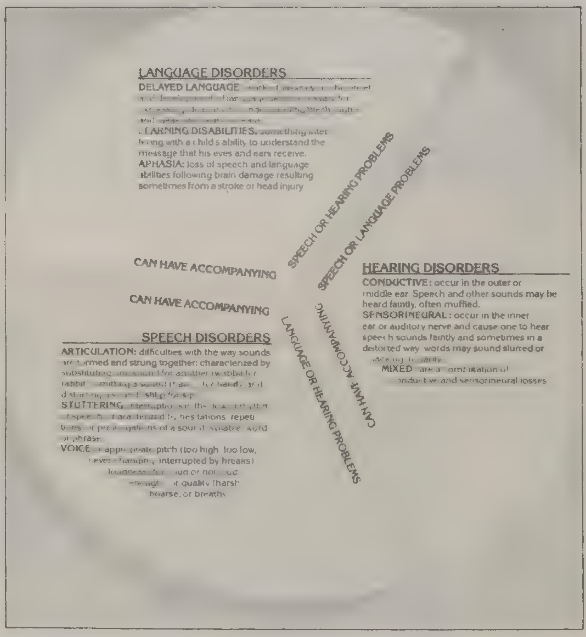
Making the necessary changes in diet and eating habits may not be easy, but the evidence indicates that the benefits are well worth the effort. A nutritionist can help the hypertensive inidividual plan realistic and achieveable goals for dietary change--changes that will promote weight loss or maintenance of an appropriate weight, reduce habitual sodium intake, and still allow for a varied and nutritious diet.

Do your part for National High Blood Pressure Month. 1) Have your blood pressure checked if you haven't done so recently. MGH employees can go to the Hypertension Unit office on ACC 3A (Room 382) to have their blood pressure checked free of charge. 2) Eliminate a few of the extras in your diet or reduce the size of your portions to cut your total calorie intake. 3) Don't add salt to your food before tasting it. 4) Try to cut down on the salt you use in cooking. Salt in most recipes can safely be cut by half (one-third for yeast baked goods). 5) Get more exercise. Take that walk along the Charles during your lunch break.

The United Way recently presented the MGH with plaques for outstanding achievement in the last campaign. (From left to right) Lawrence E. Martin, Associate General Director; Dr. J. Robert Buchanan, General Director; Richard Daggett, Chairman of the 1984 MGH campaign; Dr. Thomas C. Peebles, Chairman of the Physicians' Campaign; and Amanda Annis of the United Way.

May is Better Speech and Hearing Month

Speaking, hearing, and understanding are essential to human communication. A disorder in one or more of these abilities can interfere with a person's capacity to communicate. One out of every ten people has a speech, hearing, or language problem. Here are some of the common characteristics of communication disorder:


LANGUAGE DISORDERS
DELAYED LANGUAGE
LEARNING DISABILITIES: something interfering with a child's ability to understand the message that his eyes and ears receive.
APHASIA: loss of speech and language abilities following brain damage resulting sometimes from a stroke or head injury
SPEECH OR HEARING PROBLEMS
SPEECH OR LANGUAGE PROBLEMS
CAN HAVE ACCOMPANYING
CAN HAVE ACCOMPANYING
CAN HAVE ACCOMPANYING
LANGUAGE OR HEARING PROBLEMS
HEARING DISORDERS
CONDUCTIVE: occur in the outer or middle ear. Speech and other sounds may be heard faintly, often muffled.
SENSORINEURAL: occur in the inner ear or auditory nerve and cause one to hear speech sounds faintly and sometimes in a distorted way. words may sound slurred or
MIXED
SPEECH DISORDERS
ARTICULATION: difficulties with the way sounds are formed and strung together: characterized by
STUTTERING
VOICE
hoarse, or breathy

Professionals who identify, evaluate, and treat communication disorders in individuals have preparation in the fields of speech-language pathology and audiology.

A SPEECH-LANGUAGE PATHOLOGIST is a professional trained in the study of human communication, its normal development, and its disorders. By evaluating the speech and language skills of children and adults, the speech-language pathologist determines if communication problems exist and decides the best way to treat them.

For more than 50 years, May has been designated as National Better Speech and Hearing Month. This year the Speech-Language Pathology Units at the MGH, MGH's Bunker Hill Health Center, the Revere Health Associates, and the Chelsea Memorial Health Center will be conducting special programs throughout May to increase community awareness of speech, language, and hearing disorders.

During the month, brochures, posters, and displays will be distributed and placed throughout the hospital and health centers to give MGH visits and staff a better understanding of communicative disorders, as well as current information on diagnosis, treatment, research, and technology.

A schedule of events will be published in a future HOT LINE.

Information and assistance are available throughout the year at the following MGH Speech-Language Pathology Units:

MGH....................	726-2762
Bunker Hill Health Ctr...	242-5748
Chelsea Mem. Health Ctr..	884-8300 (Ext. 345)
Revere Health Associates	284-0064

Ann Cahill Retires

Ann Cahill (right) proudly displaying one of the many gifts she received at her recent retirement party. At left is Agnes Rockett, Director of the Operating Room Nursing Service. For 40 years Ms. Cahill served the MGH in a number of capacities, including her most recent position as Clinical Nurse Leader for Quality Assurance in the Operating Rooms.

All the activities during Radiology Week were a big success, especially a reception held for the staff and guests.

Meeting (continued from page 1)

11 years' to 20 years' service--13 people or 5.6%
Over 20 years' service--1 person or 0.4%

The above figures equate to about 100 people per year, or about 1% of our total work force. The administration of this hospital is committed to ensuring that fair and equitable treatment is given to all employees. I feel very strongly that no one has been discharged from the MGH without having first gone through an extensive corrective discipline process. The exception to this obviously is when an employee commits an act of serious misconduct. All employees going through the corrective discipline process have significant time to change their behavior before being discharged.

There has not been an increase in the number of discharges of long-term employees....

Why don't we change to an earned-time policy? Many employees have accrued a great deal of sick time which they will lose when they leave the institution. Employees should be paid for that sick time on leaving.

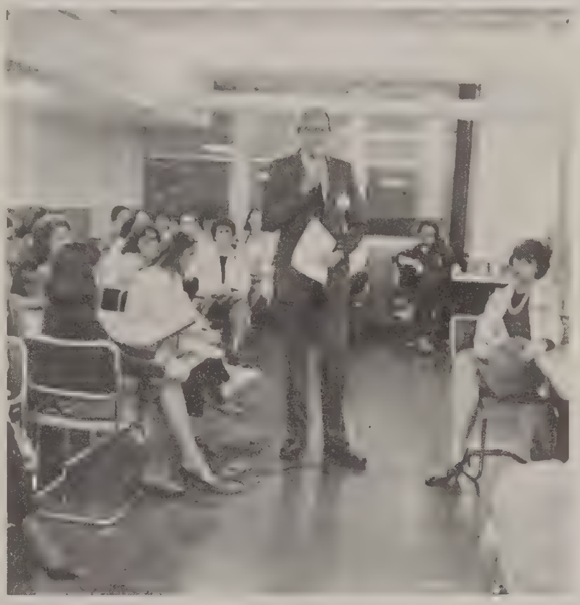
The issue of whether or not the hospital should go to an earned-time concept is one that has been discussed. The issue of sick time and the payment of accrued time to people when they leave are not only too costly to the hospital but were not designed as a benefit in the first place. The hospital does pay out any unused vacation due any employee who leaves. This alone represents a great deal of money that must be set aside. We simply cannot afford to reserve enough money to pay any unused sick time.

There have been a number of hospital breakins, many of them inside jobs. The hospital has a $10,000 deductible policy, so that we are not reimbursed for stolen items up to that amount. I want to purchase my own insurance but have been told by Research Administration that that is not allowed.

The hospital is acutely aware of the problems facing its staff with regard to property losses. As recently as the fall of 1984, a study was performed, via questionnaires, to all of the Special Fund Groups, to identify: a) The financial impact of the hospital's present $10,000 property policy deductible on these groups and, b) The frequency and severity of the losses that have occurred over the last three years. Information obtained from that study has been formulated, and various solutions to the financial and loss control problems are presently being explored and developed for hospital review. Among various other technical problems preventing individual cost centers from purchasing their own insurance, the U.S. Department of Health and Human Services, which oversees governmental grants, prohibits the use of grant funds for the direct purchase of insurance. It is for this reason, among others, that the Research Administration Office has denied Special Fund Groups purchasing their own insurance. Unfortunately, this insurance would be very expensive, and it comes at a time when cost constraints are very great. So it may well be impossible to change the insurance program now. However, there are some other measures which probably can be implemented to reduce losses. We are actively pursuing a workable solution to the problem raised, and as any new developments occur, we will pass them on to you.

Environmental Services has reduced its work force. Why?

The question regarding reduction in the staffing levels of Environmental Services is one which needs to be answered in context. First, there have been reductions, but these have not been focused at the level of the direct work force. They have, more accurately, been at the management and supervisory level and in the office staff. There has also been a shift of working hours in Environmental Services with many functions which had been assigned to nights converted to the more active evening and day shifts. All personnel occupying those positions were offered positions on the new shifts. There was also a concurrent move to shift personnel from on-call rosters to more permanent full-time status. In regard to the matter of the outside study of our cleaning service, a national firm was retained which was not in the business of providing cleaning services or cleaning supplies. This was done for the purpose of having an unbiased and expert evaluation of our performance. The consultant's report has been received, and its thrust is the recommendation of fewer staff positions being required to clean the hospital. The administration has not accepted this report since the firm has not been able to demonstrate it has a complete knowledge of the complexities and service demands of this hospital. The administration is currently at work with the consultant to determine the basis for its recommendations.



Dr. Buchanan at the March 12 Town Meeting

How much does it cost in overtime to cover people who indiscriminately use their sick time? Why is there a limit on the amount of sick time we can accrue?

I'm not sure there is any way to put a dollar value to the question of how much does it cost in overtime to cover people who indiscriminately use their sick time. The limit of 1040 hours for sick time accrual was originally established to coincide with the beginning of Long-Term Disability Payments. As you know, each employee has the option of signing up for Long-Term Disability which is a form of financial protection should you become seriously ill or injured. The concept of accruing sick days was simply put in place as an insurance for employees so that if they became ill or injured, they would have some continuation of pay. Over the years, everyone has forgotten that sick days were simply a method of financial insurance and started thinking of them as a benefit owed to them. That type of thinking is simply not correct.

Why can't we get our checks on Wednesday night anymore?

Joe McCue will answer that in a letter to all employees.

I am concerned about the lack of security in the ACC Building on Saturdays. There are a lot of strange people wandering in the halls.

The Security Department conducts several random patrols through the ACC Building during the hours that the floors are open and conducts scheduled patrols throughout the secured areas periodically both day and night. The Department will also dispatch a Security Officer to any floor which the Honeywell System indicates that a door has failed to secure. Additionally, if any employee calls Security, extension 2121, and reports that a suspicious or unauthorized individual is in the area, a Security Officer is immediately dispatched to identify the individual and take whatever other action may be necessary.

Why does the aerobics program cost $3.00 each session? It should be offered as a free benefit to employees.

There is a charge for the aerobics program since we have instructors present to lead the programs. The Human Resources Department made arrangements for the space in Ruth Sleeper Hall to be made available for use as an employee exercise room. The Ladies Visiting Committee generously donated some money so as to be able to not only fix up the room, but also to put shower facilities in place. A decision was made prior to the room being opened that if we could locate trained personnel in the hospital, we should have any sponsored program run by qualified people for the following reasons:

1) The instructors should be aware of all safety factors involving any physical activity.
2) All participants must make applications where a physical assessment screen is done by the Coordinator and the Instructors.
3) We felt it was very important for someone to be present in a leadership role as the room will hold 16 to 20 maximum, and without some control over entry, there was a lot of concern over what could happen in a crowded room.
4) Based on a survey we conducted, the $3.00 charge per session is by far the lowest price charged for this type of exercise program. The money is used to pay instructors and also to purchase more exercise equipment.

What consideration is being given to having a hospitalwide No-Smoking policy?

Many discussions have been held regarding a hospitalwide No-Smoking ing policy. There are many problems and obstacles involved in trying to deal with this problem. In an institution of this size, the enforcement alone would be very hard to do. I prefer at this point increased education and awareness about the dangers of smoking. The hospital can also look at further restricting the areas where smoking is allowed.

You should have a Question-and-Answer section in the HOT LINE so we can send questions in for you to answer.

The idea of having some kind of question-and-answer section in the HOT LINE is a good one. I have asked Tom Rothwell and Martin Bander to come up with the format for such a column in the HOT LINE. Please look for further information on this subject in a future HOT LINE.

The prices charged to the cost cen-

(continued on page 6)

Part of the new Faneuil Art Gallery which opened on March 19 on the first level of the Wang ACC Building

A New Art Gallery Opens in the ACC

Continuing a long tradition of displaying artwork for the benefit of all, the MGH has recently opened an art gallery.

The Irene G. and Phillip F. Faneuil Art Gallery was officially dedicated on March 19.

Situated on the first level of the Wang ACC Building, the gallery was established as a gift from Mrs. Faneuil in memory of her husband and is open to employees, convalescing patients, and the general public.

Works by contemporary Boston and East Coast artists will be featured in two-month exhibitions, six of which are planned throughout the year. Local museums, galleries, and private collectors will loan works to the Fanueil Gallery. Occasionally, shows may include pieces created or collected by MGH employees as well as art borrowed from the hospital's collection.

The inaugural show, entitled "A Room With A View," opened on March 20 and will run through May 20. Selected paintings by Carol Anthony, Linda Etcoff, William Ciccariello, Joel Janowitz, Michael Mazur, John McNamara, and Langdon Quin depict, both literally and metaphorically, a "view" beyond one's immediate surroundings. Paintings range from realistic to abstract.

Maria Friedrich, a private art dealer and curator, is the curator of the Faneuil Art Gallery. She was formerly affiliated with the Museum of Fine Arts in Boston, the Danforth Museum in Framingham, and galleries in the Boston area.

"Mrs. Faneuil worked closely with me to develop this first show," said Ms. Friedrich. Mrs. Faneuil has been, as her husband was, a patient and a friend of the MGH for many years. Given the known therapeutic and restful qualities of art, she hopes the gallery will promote wellness in addition to providing a challenging and enjoyable experience for patients and visitors.

Gallery hours are 9:00 a.m. to 6:00 p.m., weekdays, and 9:00 a.m. to 12:00 noon on Saturdays.

Meeting (continued from page 5)

ters for items from Materials Management should be published.

There is a great reluctance by Purchasing and Materials Management to reveal pricing information. The ability to obtain and keep good vendor pricing is dependent upon our ability to keep them confidential. Therefore, as a matter of practice, we do not publish pricing. However, Purchasing or Materials Management is always ready to reveal specific item pricing on an ad hoc basis to anyone with a need to know.

Why don't we have a Day Care Center?

The issue of a Day Care Center is also not a new one. It has been discussed and evaluated on an annual basis for at least the last four years. I do not forsee the hospital being in a position to have any kind of Day Care Center in the forseeable future. For your information, the hospital costed out establishing a Day Care Center three years ago and at that time the cost of establishing and running a center large enough to accommodate 100 children was over $600,000. The issue of how much do you charge people for the service, who decides who gets in, and where we would physically put a center were just some of the questions not addressed.

According to hospital policy, all employees have to reduce their vacation accrual to 1 x their yearly allotted quota. I have nurses on my floor who need to reduce the amount of vacation time, but I can't let them go because I don't have enough coverage. Will you consider allowing them to take a lump sum payment for vacation time not used if I can justify not letting them use their vacation?

The policy on reducing the vacation accrual was one that had to be made. The issue you raise, however, is a very pertinent one, and I feel very strongly that some circumstances will require that we look at some unused vacation on a case-by-case basis.

Newport Has Class

Relax in scenic Newport, Rhode Island, while you acquire new clinical skills. Expand your knowledge. Interact formally and informally with faculty and colleagues.

From June 17-30, the Institute of Health Professions and the MGH are cosponsoring the third annual summer continuing education program for health care professionals: MGH — NEWPORT-CE 1985.

This year's program includes courses on:

Alzheimer's Disease
Bereavement
Computers
Eating Disorders
Efficiency and Effectiveness
Ethics
Feldenkrais Method
Language Acquisition
Oncology Update
The Paris Approach to Extremity Joint Dysfunction
Swallowing Disorders
Video and Audio Recording
Women's Health

This year's program has been advertised nationally and internationally so that a broad range of health care professionals will again be involved as participants. Faculty are drawn from specialists at the Institute, the MGH community, and across the country.

Courses are held on the spacious campus of Salve Regina College, located along the ocean and adjoining some of the famous Newport mansions. Courses vary from two to five days in length with classes scheduled mornings and evenings. Afternoons are left free to relax and explore scenic and historic Newport during the most desirable time of the year. Complimentary wine and cheese parties are provided several times during the two-week period.

CE Units for health professionals are available. Tuition varies depending on the length of the course. Housing is available in a restored mansion dormitory on campus. The room and board package is a reasonable $30.00 per day per person double occupancy. Mastercard and VISA are accepted.

To register or for more information on any of these courses, contact: Julie Atwood Wheelden, Director, MGH-NEWPORT-CE, MGH Institute, Massachusetts General Hospital, Bartlett 5 NAU, Boston, Ma. 02114, or phone (617) 726-8010. Proposals for MGH-NEWPORT-CE 1986 are now being accepted.

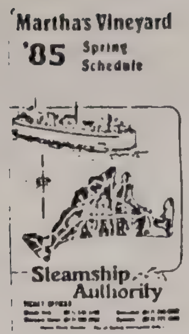
Scenic Newport, Rhode Island is an inviting setting for those who want to expand their knowledge while having fun.

THE MGH HOT LINE

May 2, 1985

News Office, Bulfinch 1, Ext. 2206

Sail to the Islands



Nantucket
'85 Spring Schedule
Steamship Authority

Discount tickets for Martha's Vineyard and Nantucket are now available in Personnel Records. These tickets can be picked up by all MGH employees and are valid from April 15 to October 15. For more information, stop by Personnel Records on Bulfinch 2.

Fair Notes

The International Fair Committee of the Employee Fund Drive is seeking volunteers to film or tape at the May 18 Fair. If you have a movie camera and would like to donate your expertise, please call the Television Department at Ext. 8121. Volunteers are also needed to sell chances for the prize drawings. For more information, please call Pat McGurty at Ext. 2216.

Activities for Better Speech and Hearing Month

May is Better Speech and Hearing Month. The following are the activities scheduled:

Week of May 13--

* Posters and handouts in the ACC and White Building Lobbies

* Free hearing/speech/voice screenings on Tuesday, May 14, 12-2 p.m. in ACC 637. Bring your hospital card.

* Annual lecture sponsored by the Language Disorders Unit, Saturday, June 1 at 10:00 a.m. in the Walcott Rooms. "The Origins of the Human Infant: A Biolinguistic Odessey" by Dr. John L. Locke.

International Fair--

Saturday, May 18, the MGH Speech-Language Pathology Department will present an exhibit "Communication Skills & Disorders." Come visit our booth!

Bunker Hill Health Center: Week of May 20--

* Posters and handouts throughout the health center

* Free hearing/speech/voice screening for staff on May 22, 23, 24, from 12-1 p.m. in the Speech-Language Pathology Department on the second floor. Bring your hospital card.

Chelsea Memorial Health Care Center: Week of May 27--

* Posters and handouts throughout the Health Center

* Free hearing/speech/voice screenings on Wednesday, May 29 from 12-2 p.m. on the third floor, Speech-Language Pathology Department

Revere Health Associates: To be announced

Many Thanks

The Cookbook Committee of the Employee Fund Drive would like to thank all those employees who so generously donated cakes, cookies, and candy for the spring bake sale. The spirit and gifts were truly impressive and most appreciated.

Oops!

In the "Town Meeting" story appearing in the April 25 HOT LINE, a line was omitted concerning the number of discharges of employees. The story should have read that with 1 to 5 years' service, there were 86 people discharged or 37%, and with 6 to 10 years' service, there were 14 people discharged or 6% of those dismissed.

Swim for Heart

The American Heart Association is sponsoring its eighth annual "Swim for Heart" event on Saturday, May 11, from 7:00 a.m. to 5:00 p.m., at Boston College. All MGH swimmers interested in raising funds for the A-H-A are invited. Last year alone, about $25,000 was raised by nearly 200 swimmers.

Need a File Cabinet?

Used file cabinets are now available through Materials Management. All cabinets are in good shape, with most having five drawers. If you are interested, please call Rick LaCivita at Ext. 2436.

Bereavement Group

Once again, the Social Service Department is offering a bereavement group for people who have lost a close family member. The group will be held weekly for eight sessions. The goal is to help people through their grief by providing support and the sharing of mutual issues. If you are interested or would like more information, please call Mrs. Elsa Ramin, LICSW, at Ext. 2623.

Announcing...

If you are a musician interested in playing serious music with others from the Boston medical community, the Longwood Chamber Orchestra may be for you. Formed in October, 1984, the Orchestra just completed two successful concerts and has recently accepted an invitation to perform at the Hatch Shell this summer. Rehearsals are every Tuesday from 6:00 to 8:00 p.m. in the Howland Auditorium at the New England Deaconess Hospital School of Nursing. If you are interested in joining, please contact Donna Nickerson-Reti at 732-6987 (page operator), Page #1363.

NAMES in the NEWS

Dr. Martin S. Hirsch of the Infectious Disease Unit was a live guest recently on the ABC-TV news program "NightLine." He was one of three experts who was invited on the show to talk about AIDS.

Dr. Joseph B. Martin, Chief of Neurology, and Dr. James F. Gusella of the Genetics Unit, were interviewed recently by WGBH-TV (Channel 2) on Huntington's Disease research.

Retirement Party

A retirement party for Jane MacIver of the Treasurer's Office will be held on Tuesday, May 7, from 3-5 p.m., in the Walcott Room. All are invited.

A LETTER OF THANKS

Former patients frequently write the MGH in appreciation of the care they received at the hospital. Here is one such letter:

I am writing to you on the 45th anniversary of my surgery in your hospital. On February 16, 1939 I was the first female and the second person to be successfully operated on for bleeding ulcers. I was given 5 years to live, and I am happy to say the surgery was more than successful as I just celebrated my 81st birthday.

I appreciate Mass. General Hospital for being available and having the facilities to save my life.

Thank you again,
Lucy P. Muise
Waltham, Ma.

THE MGH HOT LINE

May 9, 1985

News Office, Bulfinch 1, Ext. 2206

Renovations at *Bunker Hill Health Center*

The MGH Bunker Hill Health Center (BHHC) is about to get a new look. Beginning this month and continuing through the summer, the first and second floors of the health center in Charlestown are being renovated. The purpose of the facelift is to create a more comfortable setting for patients, as well as a more efficient facility for employees. Highlights of the project include moving the Accounting and Registration offices to the first floor, consolidating all the Dental Services on the second floor, and moving all Adult Specialty Services next to Adult Medicine on the first floor so that these two departments can exchange information quickly and easily. Because the health center is committed to keeping the disruption of services and inconvenience to patients to a minimum, the work will take place in carefully planned phases. "Construction should in no way detract from the quality of care that patients are accustomed to receiving at the MGH Bunker Hill Health Center," said Peggy Carolan, BHHC Manager.

Book Sale

The Warren Library's annual Book Sale will be held on Thursday, May 23, from 10:00 a.m. to 4:00 p.m. The Library is accepting donations of books or fine magazines for this sale. Please bring your donations to the Library, in the basement of the Bulfinch Building, weekdays from 9:00 a.m. to 4:30 p.m.

A New Record

Alexander Henderson, a former MGH employee who has returned to the hospital over the last several years to perform Christmas carols, has a record album out. It's called "It is No Secret," and it was produced with the London Symphony Orchestra. The album is available in the General Store for $7.98. It is also available in cassette. Mr. Henderson is a graduate with distinction from the New England Conservatory of Music and has received critical acclaim for his voice.

Back to Basics

The Office of Training and Development will be offering a very basic math course followed by a very basic English course, all beginning in June. For more information, please call Ext. 2216.

Test a New Drug

The MGH is looking for volunteers to participate in a study to test the effectiveness of a new antiviral drug, acyclovir, on shingles (herpes zoster). The study is limited to those between the ages of 50 and 80, who have suffered prolonged pain lasting more than two months. Although acyclovir wil not cure shingles, it has reduced the pain and rash associated with extended bouts of shingles when administered intravenously in limited trials. MGH researchers will test the effectiveness of oral doses of the antiviral drug in reducing pain over a six-month period. If you are interested in taking part in the MGH study, or if you would like more information, please call T. Flynn, Infectious Disease Unit, at Ext. 3812.

IN THE HOSPITAL

The MGH News Office has won an award for the hospital's 1983 Annual Report. The "Award of Excellence" was presented by the New England Hospital Public Relations Association "in recognition of significant professional achievement."

The Bulfinch Building is included in a new book entitled Built in the U.S.A.: American Buildings from Airports to Zoos, published by the Preservation Press.

Edward M. Medeiros, Associate Director of Fiscal Affairs, has been elected to the Healthcare Financial Management Association's (HFMA) national Matrix from Region I. The Matrix serves in an advisory capacity to the HFMA Board of Directors considering issues of importance in the healthcare industry and making recommendations.

Dr. Edward M. Scolnick, who served his internship and residency at the MGH, has been elected President of the Merck Sharp & Dohme Research Laboratories Division of Merck & Co., Inc. He was previously Senior Vice-President for Research at the firm. Prior to joining Merck in 1982, Dr. Scolnick was with the National Institutes of Health.

Jacqueline D. Bastille, Director of the Health Science Libraries at the MGH, was recently elected to serve on the Board of Directors of the YWCA.

Two clinical nurse leaders on the Neuro Nursing Service were invited to read papers at the annual meeting of the American Association for Neuroscience Nurses, held last month. Joanne Baggerly's paper was on "Epidural Catheters for Pain Management." And Noreen Leahy's paper was entitled, "Nursing Implications for Intra-arterial Cisplatin Infusion."

NAMES in the NEWS

The MGH's nursing and physician staff on Baker 3 were complimented recently by radio personality Bill Marlowe on his program on WMRE. Mr. Marlowe commented on the benefits of Primary Nursing and paid special tribute to his primary nurse, Marilyn Vancini.

Dr. Jerrold F. Rosenbaum, an MGH psychiatrist, was interviewed recently by WVBF Radio on the subject of stress.

Leading newspapers in Brazil featured prominently the visit of Dr. Warren M. Zapol to that country in the wake of the critical illness and subsequent death of Brazilian President-elect Tancredo Neves. Dr. Zapol, a member of the MGH Department of Anesthesia, went to São Paulo as an advisor to the medical team caring for the prominent Brazilian.

The MGH Cardiovascular Health Center was featured on a recent segment of "Chronicle," telecast on WCVB-TV (Channel 5). The program dealt with aerobic exercise.

Beauty Tips

From time to time, the HOT LINE will be publishing some beauty tips being offered by the MGH Beauty Shop on Phillips House 1. Here is one such tip:

Removing residue from hair caused by the buildup of hair sprays, conditioners, and over-conditioning shampoos.

1 teaspoon of baking soda
8 oz. warm water

After shampooing, pour through hair, comb, and rinse.

May 16, 1985

THE MGH HOT LINE

News Office, Bulfinch 1, Ext. 2206

The clowns added a lot to the festive atmosphere of the Employee Capital Fund Drive Kick-Off held under the tent on the Bulfinch Patio.

A Successful Kick-Off

It was a big crowd under the big top as an estimated 3,000 employees joined in the official kick-off of the Employee Capital Fund Drive on April 11.

The theme was that of a circus complete with popcorn, peanuts, cotton candy and, of course, hot dogs. Lots of hot dogs. In fact, some 4,000 were consumed in the course of less than three hours!

And what circus would be complete without clowns. Twenty enthusiastic MGH employees dressed in a variety of clown outfits to entertain the crowd.

Ringmaster Dr. George Baker, Associate General Director, kept the program running smoothly, introducing featured speakers such as Mrs. R. Morton Claflin of the Board of Trustees, General Director Dr. J. Robert Buchanan, and Maeve Blackman, Director of the Volunteer Department and Chairman of the Employee Fund Drive.

As a special treat, six bonus days were drawn from the names of employees attending the party. Four of the bonus days were drawn during the middle of the event, and the other two were awarded at the end.

The winners were:

Carolyn Hinkle, G.I. Unit
Susan Smith, Emergency Radiology
Gloria Mok, General Clinical Research Center
Agnes Francis, Dietetics
Gerard Bernier, Environmental Services
Connie Leite, Personnel

The Kick-Off Committee would like to thank all the employees who donated their time and services in helping to make the party such a huge success. (See photos on page 6.)

Meet Me at the Fair This Saturday

You don't have to go to Tokyo to learn how to make a Japanese flower arrangement. Nor do you have to visit the Middle East to be shown how to write your name in Arabic. And neither do you have to travel to Italy to be taught the game of bocci.

Yes, you can learn all this and a lot more without ever leaving Boston. All you have to do is come to the MGH's International Fair on Saturday, May 18, from 11:30 a.m. to 11:00 p.m. at the Bayside Expo Center. We'll bring the world to you.

The Nippon Electronic Corporation (NEC) of Boxborough has made a substantial donation to the MGH International Fair. Details of the contribution are on page 4.

The Fair is the first major event in a year-long employee-sponsored campaign aimed at raising funds for the construction of new patient care buildings to replace outmoded facilities.

In the planning stage for more than a year, the day-long Fair features 135 booths, displays, demonstrations and dance, representing all areas of the MGH. The event officially begins at 11:30 with the release of a thousand balloons in the Bayside parking lot.

(continued on page 5)

Appealing to You In a Direct Way

One of the components of the Employee Capital Fund Drive is the Direct Appeal campaign. The following are some questions recently asked of Maeve Blackman, Director of the Volunteer Department and Chairman of the Employee Fund Drive, and of Gail Grootemaat, Assistant Director of Admitting and Chairman of the Direct Appeal campaign:

You're calling the main money-raising arm of the Employee Fund Drive the "Direct Appeal." What do you mean by that?

Ms. Grootemaat: It means people talking to people. Our goal is to ask, person-by person, every one of the MGH's 8,000-plus employees to contribute. You see, the purpose of the Direct Appeal is not just to raise money. We also want to deepen the employees' sense of community and sense of commitment to the hospital.

That's why you've set a goal of 100 percent employee participation in

(continued on page 3)

A Ride Today Down Memory Lane

If you happen to be walking in the vicinity of the MGH sometime after 10 o'clock this morning (May 16), you will be able to witness a part of hospital history along the way.

The original MGH ambulance--the one first used by the hospital in 1873--will be making its way here again, by horse, of course, with award-winning equestrian Charles Cheston at the reins. Dr. Earle W. Wilkins, Jr., will also be going along for the ride.

It's all part of the activities in advance of the MGH's International Fair, to be held this Saturday at the Bayside Expo Center.

The ambulance begins its trip at

(continued on page 5)

The MGH ambulance traveling the streets of Boston in the late 1800s

Health Associates Plan Activities

Employees of the MGH Chelsea Memorial Health Center get together to plan activities for the Capital Fund Drive.

Not all the activity for the MGH Employee Capital Fund Drive has been taking place in Boston. Employees are also working hard "Building Our Future" at the MGH Community Health Associates (MGH Bunker Hill Health Center, MGH Chelsea Memorial Health Center, MGH Revere Health Associates, and MGH Logan Health Associates).

"It's really a matter of pride with us," said Karen Murphy-Lind, Group Leader of the Campaign at the MGH Bunker Hill Health Center. "We're very proud to be members of the MGH and want to do as much as we can to help the hospital."

To that end, these MGH employees are busy planning their own fund raising activities.

The Chelsea group, which also includes employees from Revere and Logan, held an "Italian Festival" on Friday May 3, featuring a variety of mouth-watering delights all made by the employees.

"It was the first time we had organized something like this," explained Chelsea Group Leader Mary Kehoe in describing the luncheon event. "For many of us, it was a real labor of love."

The next day, Saturday, May 4, the group from Charlestown held a car wash in the parking lot of the Bunker Hill Health Center. In addition, on Friday, May 10, the Charlestown employees sponsored a "Bake & Taste Sale." This event featured prize drawings for a Mother's Day cake, a floral centerpiece, and a spring hat made up of dried flowers. Samples of food items were also sold, along with the recipes to make them. The food and the recipes were donated by the employees.

But this is just the start of the Community Health Associates' involvement in the campaign. Other events being planned in Chelsea include a cookout with the Bunker Hill staff on July 27, a flea market on September 12, 13, and 14, a Halloween party in October, and a Christmas luncheon in December.

The employees in Charlestown are planning a variety of activities for later in the year, as well.

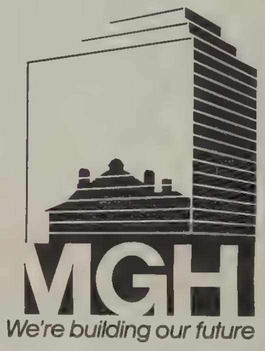
In addition, Charlestown, Chelsea, Revere, and Logan will have a special booth at Saturday's International Fair, which will include historical photographs and artifacts from those neighborhoods, along with a slide show.

Robert Tonner, Administrative Director of the MGH Community Health Associates, represents the health centers on the Fund Drive Steering Committee. Debra Murphy is captain for the Direct Appeal campaign. In Chelsea the group leader is Mary Kehoe. Other members are Lynn Agostino, Lorraine Capistran, Helen Hazelton, Jim Juliano, Eileen McAdams, Ray Osborne, Ginny Petrino, Rose Phillips, Pearl Scrivano, and Irene Tkaczuk.

The Bunker Hill group is headed by Karen Murphy-Lind, the group leader. Other members are Sandra Bock, Mal Brassil, Peggy Carolan, Betty Hennessey, Vinnie Izzi, Connie Mancini, Debbie Marshall, Robert McClurkin, David Molle, Liz Pattillo, Margie Smith, Joanne Testa, and Gussie Trainor.

The Revere group leader is Barbara Kelley and the team leader is Betty Gordon. At Logan the group leader is Maryann Koloski and the team leader is Jean Delaney.

Some members of the MGH Bunker Hill Health Center couldn't help but admire the car which will be won by a lucky person in a prize drawing at the International Fair on May 18.



This illustration, developed for the Employee Capital Fund Drive by Robert Galla of Medical Art, symbolizes what the campaign is all about.

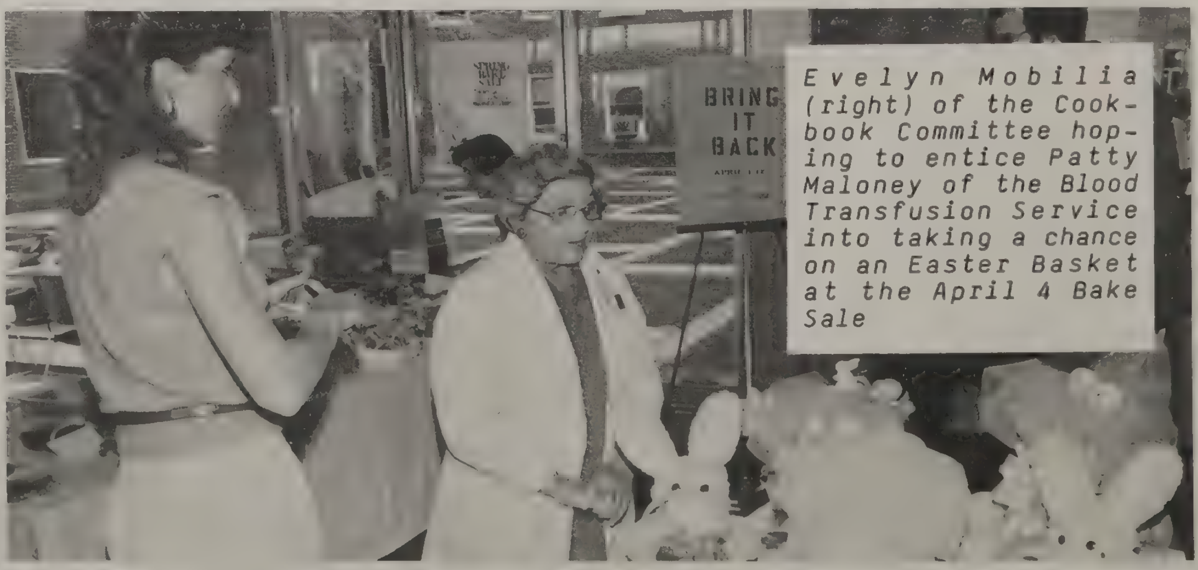
"Bread" Rises at Spring Bake

Once again, the Cookbook Committee for the Employee Capital Fund Drive has made a lot of dough selling bread and other baked goods at its spring sale. The Bake Sale, held on April 4 in the Warren Building Lobby, raised more than $1,100!

The theme of the sale was Easter. And special thanks go to the Cafe Roma for donating three Easter baskets and to Rosemary Jaromin from the Hematology Lab, who showed off her creative talent by making two bunny baskets.

The winners of the Easter baskets were:

Hilda Sequira, Medical Records
Pat McGurty, Training and Development
Lowell Landry, Metal Shop
Marie Smith, Information Desks
Ellen Paquette, Pediatric Intensive Care Unit



Evelyn Mobilia (right) of the Cookbook Committee hoping to entice Patty Maloney of the Blood Transfusion Service into taking a chance on an Easter Basket at the April 4 Bake Sale

Dr. J. Robert Buchanan, General Director, recently speaking to members of the Direct Appeal Committee. Seated at far left is Committee Chairman Gail Grootemaat.

Appeal (continued from page 1)

the campaign instead of a specific dollar figure?

Ms. Grootemaat: We don't expect everyone to contribute. But we do intend to ask everyone to. It's important that everyone's choice whether to contribute be confidential. We will in no way put pressure on anyone. We're trying to make it easy and comfortable for employees to participate.

Mrs. Blackman: You see, they could in fact put their card in the envelope and seal it and hand it back without commenting whether there is a pledge inside. The person who talked to them doesn't need to know at all.

How will you know whether everyone has been asked?

Ms. Grootemaat: The pledge cards are our tool. We've organized in a pyramid structure. You have myself as chair and then 12 captains for the Direct Appeal. Each of these people is responsible for 500 employees. We took the employees and divided them into what seemed to be workable groups. Our goal is that in the end no one person will have to solicit more than 10 employees. We hope to do the whole campaign in three months.

If you plan for each solicitor to ask only 10 people. you need upwards of 700 volunteers to canvass the whole MGH.

Ms. Grootemaat: Yes. We are hoping to have that.

When did you start asking for volunteers?

Ms. Grootemaat: I formed the committee in July or August. The major effort has been, first, deciding on the organizational structure and then starting to talk to people. That takes time. People needed time to think about it because it has been a major commitment of time.

How much time?

Ms. Grootemaat: I couldn't even begin to think about it. You need to do work at home. You need to take your lunch hours. All our meetings are at 7:30 in the morning--we're not interrupting the work day. The whole campaign is a totally voluntary effort from the employees of the hospital. Our jobs come first.

How did you choose your captains and other volunteers?

Ms. Grootemaat: In those departments where I didn't know people, I went to department heads and talked briefly about the campaign. I asked their support and asked them to give the names of people who had been in the hospital for some time. We wanted people who had a commitment, felt positive about the hospital, were well organized, and were well respected by their peers.

How did you convince someone to join in?

Ms. Grootemaat: Basically, I talked about why I was doing it. In order to volunteer you have to have some strong feelings about the institution and what it has done for you.

And what are your feelings?

Ms. Grootemaat: I have been here 12 years and have worked up on the patient units, in the Admitting Office, and have had contact with a variety of areas. I find the people wonderful to work with. They're responsible, they're professional, they care about what they're doing. I also think the institution as a whole has been very responsive to the needs of the employees. The hospital has done all it can to protect the benefits and interests of the employees. Lastly and certainly not least, the reputation of the MGH is outstanding. Particularly now, working in the Admitting Office, my having to tell people they are going into the Baker Building is an embarrassment. I do not think that the Mass. General should be embarrassed about its physical plant.

Mrs. Blackman, you're responsible not only for the solicitation but for all the activities of the Fund Drive. It sounds like a tremendous job.

Mrs. Blackman: My major task is to keep the players enthusiastic but also functioning within the framework of the bigger picture. If we handle the Employee Capital Fund Drive inappropriately, we can betray what Steve Kauffman (MGH Director of Operations) has so aptly called the employees' sacred trust. That is, everything we do is aimed at preserving the ability of a great many people to work in teams toward the common goal of aiding our patients.

Ms. Grootemaat: Think of this campaign and the extra efforts that are going into it. You have people going out and getting Bayside Expo to donate the space for the Fair. That takes a lot of guts and a lot of commitment.

Mrs. Blackman: Just being given the park land along the Charles across from the hospital for Family Day, September 7, has taken three visits to the M.D.C. head offices. Joe Malone was so convincing that the M.D.C. has actually organized a special concert at the Hatch Shell for the end of the day. It's past the regular season, but it was their idea. Or take the International Fair. Mary Lahey, who is organizing the MGH exhibit, has a leaf book full of large sheets with audio-visual equipment, screens, and different things needed for the medical booths. And the health centers are organizing their own activities. They are very enthusiastic, which is remarkable because they don't see us very often. But what they say is that their patients come here when they're really sick. And the staff doesn't want to think of their patients in Baker or their children in the Burnham Building.

The enthusiasm of your volunteers must be heartening. But most are new to fund raising. Do you help them prepare to ask for money?

Ms. Grootemaat: It is not easy to ask other people, particularly friends, for money. We've had several role-playing meetings to help people become more comfortable and to show approaches that we thought would work. I think everybody gained a lot of enthusiasm just by walking into the room and seeing 40 people from a variety of areas of the hospital all together for the same purpose. The enthusiasm is infectious.

Mrs. Blackman: That is a really positive aspect of this whole campaign. We are going to look back and enjoy the fact that we all worked together.

Ms. Grootemaat: That's half the purpose right there.

Mrs. Blackman: Yes, absolutely.

Ms. Grootemaat: It's not just to raise money. It is to promote a sense of camaraderie among the employees.

The money raised by the employees will go toward the construction of new inpatient towers to replace the Baker Building (seen here), the Vincent-Burnham Building, and the Phillips House.

NEC Contributes to Fair

The MGH's International Fair Committee received a big boost recently with a donation of $5,000 plus equipment from the Nippon Electronic Corporation (NEC) of Boxborough.

Mr. Eiji Kuge, Executive Vice-President and Chief Operating Officer of NEC, and Mr. Minori Yamagato, NEC Treasurer, made the donation at an April 18 luncheon held in the Walcott Room. Also attending were Mr. Sadakadu Tanaguchi, Consul General of Japan (Boston Office), and Dr. Muneyasu Urano of Radiation Medicine.

Accepting the contribution was Dr. J. Robert Buchanan, General Director, and Winthrop Huyghue, III, Chairman of the Subcommittee on Fund Raising for the Fair.

Members of the MGH Board of Trustees who attended were Mr. John E. Lawrence and Mrs. R. Morton Claflin.

NEC will also be having an exhibit at the Fair entitled, "Japanese Tradition and High Technology."

Members of the MGH attended a luncheon honoring executives of NEC for their contribution to the Employee Capital Fund Drive.

Bunny Hopping

On April 4, Tom Jackson worked his tail off for the MGH. But he loved every minute of it.

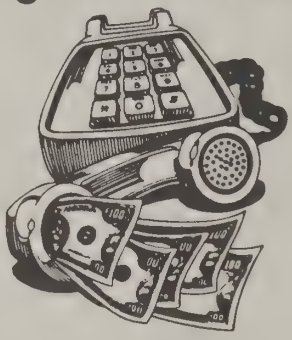
Mr. Jackson, an MGH volunteer, dressed in a rabbit costume for several hours on that Thursday before Easter to promote the International Fair.

With rabbit-like quickness, Mr. Jackson went from department to department, meeting hundreds of employees along the way.

The volunteer brought smiles to the faces of many employees, some of whom are pictured below.

At the Fair, Mr. Jackson will take on a new identity, that of a smurf. And he expects his appearance this Saturday will be just as popular.

Dialing for Dollars



The Employee Capital Fund Drive Phonathon was a smashing $ucce$$ thanks to the hard work of the committee members and the enthusiastic efforts of the employees and volunteers.

A surprising amount of fund raising and marketing talent was discovered among those who participated during the four-week campaign.

Donna Muffaletto Campbell, coordinator of the Phonathon, gave special credit to the department managers and supervisors, who made it possible for their employees to become involved in the fund raising effort.

Winthrop Huyghue, III, showing Dr. J. Robert Buchanan (right) how the money collected from the Phonathon is adding up

As of May 1, more than $2[illegible]00 had been raised, with contributions still coming in.

Magician Bob Fellows, seen here performing for the children on the Burnham Building floors in 1981, will be one of the featured attractions at Saturday's International Fair.

Fair (continued from page 1)

"The Fair is an opportunity for the employees to share their cultural heritages," explained Dr. J. Robert Buchanan, MGH General Director. "We are a diverse group of people, and we serve a diverse group of people. The MGH is not only a community hospital but truly an international institution."

At the MGH, at least 47 different languages are spoken by employees. In one research laboratory alone, the technicians speak 11 different languages.

"The Fair, in effect, provides us with the opportunity to celebrate our richness and diversity," said Pat McGurty, Chairman of the event. "And it also gives us a chance to reach out to the diverse community that we serve."

And at the Fair, the cultures of the world will also be reaching out to us. Greek, Irish, Polish, Swedish, Baltic, Haitian, and Ukranian folk dances will be performed throughout the day, along with an oompah band at the German Beer Garden. A West Indian steel band and a theatre/dance group will also perform.

The evening will feature a show by magician and former MGH patient Bob Fellows. There will also be dancing to the Herb Pomeroy Big Band, along with demonstrations of 30s and 40s dancing by the Bob Thomas Swing Dance Company.

In all, 38 MGH departments will be represented at exhibits showing the latest advances in health care. Personnel from the Department of Dietetics will be doing a nutritional screening, and other employees will be conducting free screenings for blood pressure, osteoporosis, hearing, and pulmonary functions.

You can also have your fortune told, your handwriting analyzed, or your image colored.

And if you like crafts, there will be more than 50 different booths selling a variety of handmade items. There will even be authentic Cabbage Patch dolls available for any donation of $100 or more.

Members of the Boston Bruins will be there as will Ronald McDonald, Captain Bob Cottle, and Dr. Timothy Johnson.

And if you don't get a chance to see the original MGH ambulance coming down Cambridge Street today (see accompanying story), it, too, will be at the Fair.

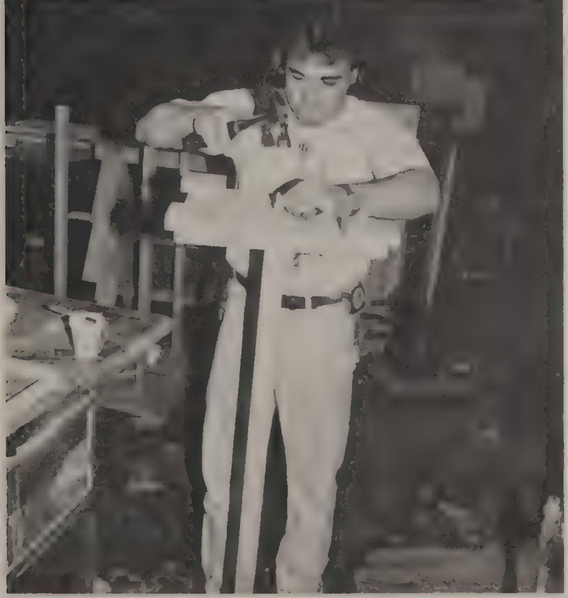
And don't forget about your chance to win a Lincoln Town Car, vacations for two in Bermuda and San Diego, an Apple [illegible]e computer, and a $1,000 shopping spree at Filene's. The prize drawing will take place that night.

Admission for MGH employees with ID is $2.00. Parking is free.

"The Fair really expresses what we are as a hospital staff," remarked Ms. McGurty. "It's a way for everyone to become involved--not just the employees as a community, but also the people we serve."

Catch a sneak preview of Bob Fellows' magic tomorrow (May 17), at noon, in the Wang ACC Lobby.

Fair Game



Arthur Ford of the Carpentry Shop constructing part of an exhibit to be used at the Fair

Ambulance (continued from page 1)

10 a.m. from Charles River Park off Blossom Street, down Blossom to Cambridge Street, to North Grove, to Parkman, and up to the area of the Bulfinch Lawn. There, it will be met by members of the Ladies' Visiting Committee dressed as nurses from that era.

The ambulance will be going to the Fair this Saturday but will be returned to the MGH on Monday to stay in the Wang ACC Lobby.

The MGH ambulance was actually the second one ever used by a hospital in the United States. The first was in New York City three years earlier, in 1870.

Accompanied by a medical officer, this ambulance was dispatched to any point north of Dover and Berkeley Streets in Boston when someone was either involved in an accident or taken ill suddenly.

It served the hospital for 15 years, later replaced by vehicles using electricity, steam, and ultimately gasoline.

Most hospitals nowadays don't have their own ambulance service. Instead they rely on private companies or, in Boston, the city's Department of Health and Hospitals.

But today, for a short time at least, an era gone by will actually be going by.

Stepping Out

Peggy Gould demonstrates a traditional Irish dance during a St. Patrick's Day celebration promoting the International Fair.

Schedule of Events at International Fair

11:30-12:00	Ancient Egyptian Arabic Order of the Noble Mystic Shrine Temple #13
12:00-12:30	Ukranian American Youth Association
12:30-1:00	Green School of Irish Dancers
1:00-1:30	Scottish Country Dance Association
1:30-2:00	Ukranian American Youth Association
2:00-2:30	Pinewood Morris Men
2:30-3:00	Krakowik Polish Dancers
3:00-3:30	Birka Scandinavian Dancers and Musicians
3:30-4:00	Break
4:00-4:30	Lithuanian Folk Dance Group of Boston
4:30-5:00	Dancers of the Pontian Society, Panagia Soumela, Boston
5:00-5:30	Encantos Focoloricos De Cambridge (Portuguese Dance Group)
5:30-6:00	Branches Pan Grooves Steel Band
6:00-6:30	Macadonian Society of Sts. Constantine & Helen Church of Cambridge
6:30-7:00	Haitian Community Development Theatre Group
7:00-7:30	"The Amazing Fellows" (Magician Bob Fellows)
7:30-11:00	Herb Pomeroy Orchestra Bob Thomas Swing Dance Group

German Beer Garden:	Heidelberg Band	2:00-6:00
Italian Exhibit:	Accordianist Robert Brown	2:00-5:00
West Indian Exhibit	Haitian Community Development Theatre Group Branches Pan Grooves Steel Band	

Picture This:

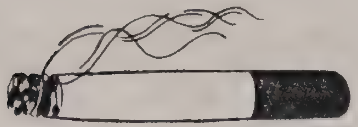
Thousands of employees coming together in a circus-like atmosphere to help celebrate the beginning of a year-long campaign to build our future. If you were unable to join us, here are some glimpses of what you missed. And if you were there, you may be here.

THE MGH HOTLINE

May 23, 1985

News Office, Bulfinch 1, Ext. 2206

There's Help If You Want to Quit



The MGH's Cardiovascular Health Center is sponsoring a Smokers' Quit Program, using behavior modification and innovative smoking cessation techniques. Classes, which are led by a psychiatrist and a registered nurse, begin on Thursday, May 30, from 7:15 p.m. to 8:45 p.m. For more information, please call Ext. 1843.

Microcomputer Meeting

The next meeting of the MGH Microcomputer Users Group will be held on Wednesday, May 29, at 6:00 p.m. in the Anesthesia Conference Room, Gray 3A. The guest speaker will be Michael Berkowitz of Adaptable Laboratory Software, who will demonstrate software that allows direct acquisition and analysis of data from laboratory instruments by the computer. All members of the MGH are invited.

The Warren Library Book Sale is today (May 23) from 10:00 a.m. to 4:00 p.m. in the Warren Building Lobby.

Tennis Anyone?

A six-week spring Tennis League will be starting on Thursday, May 30, at the Charles River Park Tennis Club. (Players should be rated between 4.0-5.0 according to the National Tennis Rating Program.) Teams will consist of at least six players. Matches will include two singles and two doubles. The cost is $30 per person. For more information, please call Carl or Merrilee at 742-8922.

And Speaking of Tennis...

Dr. Steven R. Levisohn, Medicine, and Dr. Harvey B. Simon, Infectious Disease, have coauthored a book entitled Tennis, Medicine, Conditioning, Sports Medicine, and Total Fitness for Every Player. The C.V. Mosby Co. of St. Louis is the publisher of the new release. The MGH physicians have been writing a regular column for Tennis Magazine for the last six years.

Marathon Runners

Several members of the MGH ran in this year's Boston Marathon. The following people responded to a request to contact the News Office regarding their participation in the race:

John Bump, Dietetics, 3:11

Dr. Gary Stone, Pathology, 3:14

Mark Kochanowski, McLean, 3:25

Wayne Davis, McLean, 3:29

Willie Markert, Pathology, 3:37

Dr. Jordan Garber, Psychiatry, 3:39

Dr. Reb McMichael, Psychiatry, 3:50

Dr. Jonathan F. Borus, Psychiatry, 3:52

Walter Johnson, McLean, 3:54

Edmund Flynn, McLean, 4:12

Dr. Phelps Robinson, McLean, 5:19

Dr. Francis deMarneffe, McLean, 5:39

Allie McGuinness, Ortho. Res., "finished"

IN THE HOSPITAL

Seven Intravenous Nurses from the MGH recently passed the first credentialing examination for Intravenous Therapy Nurses. They are Mary Alexander, Deborah Benvenuto, Frances Donovan, Donna Murphy, Susan Pauley, Edna Riley, and Jane Weir.

Dr. Deanna Pearlmutter, Chairman Of the Psychiatric and GU/GYN Nursing Services, and Thomas Kelly, Director of Management Services, represented the MGH at the Hospital Materials Management and Nursing Management Congress and Exposition in Washington, D.C. The Psychiatric Nursing Service also presented an all-day conference last month at the Royal Sonesta Hotel in Cambridge. The conference was entitled "Staying Sane: Managing the Difficult Patient in the Medical-Surgical Setting."

Linda Delahanty, M.S., R.D. of the Department of Dietetics recently presented Grand Rounds at Braintree Hospital. She discussed the role of nutrition in managing the geriatric patient. Ms. Delahanty also gave a seminar on Nutrition Care in Hospital and Long-Term Care Facilities. This was for the Health Standards and Quality Bureau, Division of Survey Procedures and Training.

Dr. Henning Pontoppidan of the Department of Anesthesia has been presented the Chadwick Medal, the highest honor given by the Massachusetts Thoracic Society. The medal is for "meritorious contributions in the study and treatment of tuberculosis and other thoracic diseases."

Dr. David J. Kuter of the Hematology/Oncology Unit in the Department of Medicine was among 45 cancer specialists nationwide to receive the first American Cancer Society Career Development Awards to help physicians advance their work in cancer research.

NAMES in the NEWS

Dr. Charles E. Huggins, Director of the Blood Transfusion Service, was recently interviewed by WBZ-TV (Channel 4) on the subject of blood transfusions and AIDS.

Dr. Bertram Zarins, an Orthopaedic Surgeon, was interviewed about sports medicine for the WCVB-TV (Channel 5) program "Chronicle."

Dr. Christine L. Oliver, Co-director of the Occupational Health Clinic, appeared recently on WMUR-TV in Manchester, New Hampshire to discuss the hazards of asbestos.

Dr. Kurt J. Bloch, Chief of the Allergy Unit, appeared recently on WBZ-TV (Channel 4) talking about hay fever.

Dr. Carol Compton of the Department of Pathology was interviewed recently by WTTP Radio on animal research.

Beauty Tips

Another Beauty Tip from the MGH Beauty Shop on Phillips House 1:

DEEP PORE CLEANER: Place a small amount of deep cleansing cream in palm of hands. Mix a few drops of hydrogen peroxide (3% volume) to make paste. Apply to affected areas for two-to-three minutes. Wipe away. May be reapplied. Follow with mild astringent (witch hazel).

THE MGH HOTLINE

May 30, 1985

News Office, Bulfinch 1, Ext. 2206

New Exhibit

"A Sense of Place," an exhibition featuring nine Boston-based artists, is now being shown at the Irene G. and Phillip F. Faneuil Gallery in the Wang ACC Building. The exhibition, which runs through July 22, includes paintings by Elizabeth Awalt, Ruth Bauer, Alfonse Borysewicz, Michael Kessler, Anne Neely, George Nick, David Patterson, Linda Pochesci, and Richard Sheehan. The gallery, established earlier this year by Irene Faneuil in memory of her husband Phillip, is open to employees, patients, and the general public. "A Sense of Place" is the second exhibition hosted by the gallery. Works by contemporary Boston and East Coast artists are featured in two-month exhibitions, which are made up of works loaned by local museums, galleries, and private collectors.

Batter Up!

The crack of bat at ball you may be hearing from the banks of the Charles River on Friday evenings signifies the start of another season in the MGH Maintenance Softball League. Once again, five teams are in competition vying to be champions, while last year's winners, the Electric Shop, are hoping for a repeat performance. Periodically throughout the summer, the HOT LINE will bring you up to date on the latest standings and statistics.

You Have a Right to Know

The purpose of the Massachusetts Right-to-Know Law is to protect the public health by providing and encouraging the greatest possible transmission of health and safety information about toxic and hazardous substances. The MGH is committed to providing the most up-to-date information on hazardous substances to employees, patients, and visitors. This information is primarily directed to people working with, or having exposure to, the chemicals on the Hazardous Substance List. An inventory of chemicals is being conducted throughout the MGH. Identification of the materials on hand and confirmation that all containers are properly labeled are the first steps in compliance with the legislation. Upon notification that hazardous substances are located or used in a given location, the Safety Department will provide a Material Safety Data Sheet (MSDS) for each substance. Training sessions are also given to all employees using hazardous substances. Department heads who wish to have the Safety Department assist in any special training should contact the Safety Department (Ext. 2425) for scheduling.

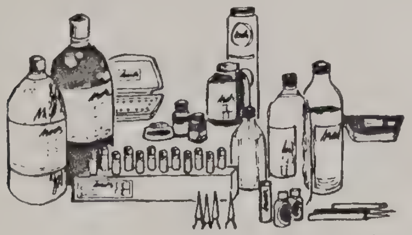
Something New for You

The Wang ACC Cafeteria is now offering the Quiche Puff! What's a Quiche Puff, you ask? It's a smooth, creamy mixture of eggs, cheese, and cream with broccoli, or mushrooms, or spinach, along with seasonings. The taste is supreme. The Quiche Puff will be selling for $1.80, and if you choose to have it with a salad, it's $2.15. So come on over tomorrow (May 31), and treat yourself to a Quiche Puff.

Volunteers Needed

The MGH Hypertension Unit has recently shown that some medications used to treat high blood pressure improve heart function, while others may have a detrimental effect on the heart. In order to extend their studies, the Hypertension Unit is looking for patients to participate in its evaluation program. If you are interested in participating, please contact Dr. Randall Zusman at Ext. 7790.

The Diabetes Research Center is looking for volunteers for a Diabetes Study supported by the National Institutes of Health. Candidates must be between the ages of 13 and 39 and have had insulin-dependent diabetes for 1-15 years. If you are interested, please call Chris Gauthier-Kelley, R.N., or Anna Melloni, R.N., weekdays from 8 a.m. to 4 p.m. at Ext. 1847.



IN THE HOSPITAL

Dr. Michael A. Jenike, a member of the Department of Psychiatry, is the editor of the HANDBOOK OF GERIATRIC PSYCHOPHARMACOLOGY. The foreword was written by Dr. Thomas P. Hackett, Chief of Psychiatry at the MGH.

Dr. Edward W. Webster of the Department of Radiology was recently named to a 15-member panel to advise the Veterans Administration on the health effects of dioxin and radiation exposure.

Helen Doherty, R.D., Director of the Department of Dietetics, and Mary Kay Fox, R.D., Manager of the Ambulatory Nutrition Services, recently presented a seminar at the New England Food Service and Lodging Exposition in Boston. They spoke about increasing profits with nutrition.

Susan Barraclough, R.D., Manager of Nonpatient Food Service, presented a seminar session entitled "Marketing Food Service" at the Massachusetts Dietetic Association's annual meeting.

NAMES in the NEWS

Dr. G. William Dec, Cardiologist with the Cardiovascular Health Center, was recently interviewed on WFNX Radio about cardiovascular training and aerobic fitness.

Nadine Braunstein, R.D., Carolyn Crimmins, R.D., and Dr. Wayne Peters were recently featured on a segment with Dr. Robert Norman, Medical Director of the Neighborhood Network News. This Boston cable program focused on the Cholesterol Lowering Nutrition Series offered by the Cardiovascular Health Center.

Chaplain Arlyne Grant of the Department of Pastoral Services was a guest recently on the WBZ-TV (Channel 4) program "Show of Faith." The topic of the program was "Theological and Ethical Issues of Organ Transplants."

Dr. Wm. John Powell, Jr., an MGH Cardiologist, was interviewed recently by WGBH Radio on animal research.

THE MGH HOTLINE

June 13, 1985

News Office, Bulfinch 1, Ext. 2206

Building Undergoes Work

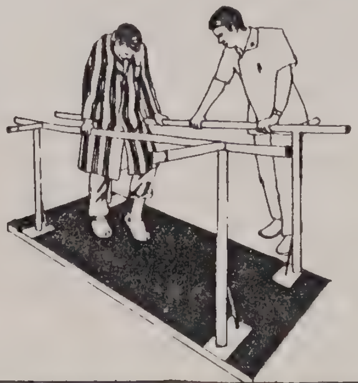
The 34-year-old Edwards Research Building is getting a much needed face-lift. The building has developed serious deficiencies in recent years including inadequate electrical wiring, air conditioning, water leakage, and, most important of all, a structural problem which requires refacing the outside walls. Most of the interior work has been completed, and the exterior work which includes new windows is now in progress. Funds for this renovation were included in the Series "C" Bonds issued by the hospital in November of 1983. The work is under the direction of Mr. William L. Clemons, consultant for the project.

New Director

Richard Crane has been named the MGH's new Director of Communications. Over the past 20 years he has been involved in many aspects of hospital information services. He has been at the MGH since 1979, most recently as Manager of Computer Operations and Services. Mr. Crane has a B.S. from Northeastern University and an M.B.A. from Babson College.

Physical Therapy Week

The week of June 17-21 has been designated as National Physical Therapy Week. On Thursday, June 20, the MGH Physical Therapy Department will feature an information booth in the Wang ACC Lobby and will hold an open house in the P.T. gym on Level 1. The booth will be staffed from 11 a.m. to 3 p.m., and the open house will be held from 3-4:30 p.m. Refreshments will be served. Meanwhile, a number of Physical Therapy staff members will be attending the American Physical Therapy Association's national conference in New Orleans during the week of June 17. They include Polly Cerasoli, Marie Winston, Lisa Giallonardo, Bette Ann Harris, and Maureen Holden. All will either be representing Massachusetts as delegates or presenting research papers.



NO SMOKING Section Enlarged

The NO SMOKING section of the General Cafteria has been expanded by more than 100 seats, making the Cafeteria now 75% nonsmoking. This increase in the NO SMOKING area is the result of a growing number of employees who have quit the habit. Other major NO SMOKING areas of the MGH include:

All hospital corridors and hallways, including the basement and sub-basement

All elevators

All patient care areas

All food service cafeteria lines

(continued on page 2)

Beware of "The Bulfinch Boot"

New bicycle stands have been placed in the first level of the Parkman Street Garage. As of June 15, bikes will only be allowed in either this area or in the bike storage area off Parkman Street. The Security Office warns that any bicycles parked in other areas around the hospital creating safety hazards will receive "the Bulfinch Boot," and the owners will have to go to the Security Office to get their bikes released.

New PET Scanner in Use at the MGH

A state-of-the-art device that provides three-dimensional images of the brain at work has been installed at the MGH. The only one in New England, the PET (positron emission tomography) scanner shows the brain functioning in the way that the CT (computed tomography) scanner shows structure. Valuable new information about stroke, brain tumor, and other neurological disorders is expected to result.

Pioneered in a large part at the MGH in the 1950s, positron imaging is a painless procedure that employs a radioactive tracer chemical to track the function of tissue. Like CT, PET shows detailed images of a cross section of human tissue by converting data into computerized "pictures." Unlike CT, which tells "what is there" by reproducing the structure (or anatomy) of tissues, PET tells "what is going on there" by creating three-dimensional images of the physiology of the body, including blood flow and metabolic processes.

The hospital's new scanner, which was developed in Sweden, has very high sensitivity and spatial resolution. Doctors are now able to look at physiology more precisely in smaller regions of the brain than has ever been possible. This expands PET's usefulness from exploring diseases such as stroke and tumor to investigating disorders such as Huntington's disease and Alzheimer's disease. PET studies can also be accomplished more rapidly than in the past, therefore requiring a lower dose of radioactivity.

No Smoking

(continued from page 1)

In addition, smoking is restricted in lobbies, dining rooms, and patient lounges. The MGH Safety Manual states that "Smoking areas will be specifically posted. All other places are to be regarded as "NO SMOKING" even though the NO SMOKING signs may be some distance away."

Volunteers

The Reproductive Endocrine Unit of the MGH is looking for healthy women interested in participating in research studies investigating the endocrinology of the normal menstrual cycle. Women between the ages of 18 and 35, who are not currently taking oral contraceptives, who have a history of regular menstrual cycles, and who have a normal weight for their height, are invited to participate. Remuneration is $200. If you are interested, please call Donna Beardsworth at Ext. 5525.

MGH in the Media

Mary Kay Fox, Manager of the Ambulatory Nutrition Services, appeared recently on the WNEV-TV (Channel 7) program "Morning Live" to talk about various nutritional fads.

Dr. Richard Blumberg of the Infectious Disease Unit appeared recently on Channel 5's "Good Day Show" talking about AIDS.

Dr. Eleanor Hanna, Director of the West End Group Practice, was interviewed recently for the series, "Here's to Your Health," telecast on WNEV-TV (Channel 7). She talked about alcoholism.

Around MGH

Rita D. Zielstorff, RN, MS, Assistant Director of the Laboratory of Computer Science, recently received the Outstanding Alumna award from the Boston University School of Nursing Alumni Association. Ms. Zielstorff was honored for her contributions from the field of computer technology to nursing.

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THE MGH HOTLINE

June 13, 1985

News Office, Bulfinch 1, Ext. 2206

Building Undergoes Work

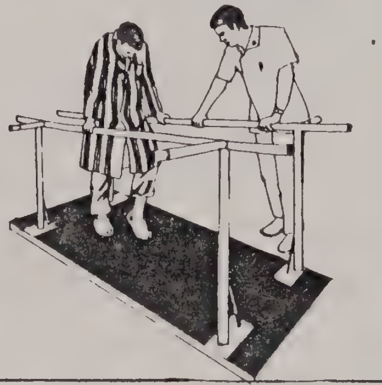
The 34-year-old Edwards Research Building is getting a much needed face-lift. The building has developed serious deficiencies in recent years including inadequate electrical wiring, air conditioning, water leakage, and, most important of all, a structural problem which requires refacing the outside walls. Most of the interior work has been completed, and the exterior work which includes new windows is now in progress. Funds for this renovation were included in the Series "C" Bonds issued by the hospital in November of 1983. The work is under the direction of Mr. William L. Clemons, consultant for the project.

New Director

Richard Crane has been named the MGH's new Director of Communications. Over the past 20 years he has been involved in many aspects of hospital information services. He has been at the MGH since 1979, most recently as Manager of Computer Operations and Services. Mr. Crane has a B.S. from Northeastern University and an M.B.A. from Babson College.

Physical Therapy Week

The week of June 17-21 has been designated as National Physical Therapy Week. On Thursday, June 20, the MGH Physical Therapy Department will feature an information booth in the Wang ACC Lobby and will hold an open house in the P.T. gym on Level 1. The booth will be staffed from 11 a.m. to 3 p.m., and the open house will be held from 3-4:30 p.m. Refreshments will be served. Meanwhile, a number of Physical Therapy staff members will be attending the American Physical Therapy Association's national conference in New Orleans during the week of June 17. They include Polly Cerasoli, Marie Winston, Lisa Giallonardo, Bette Ann Harris, and Maureen Holden. All will either be representing Massachusetts as delegates or presenting research papers.



NO SMOKING Section Enlarged

The NO SMOKING section of the General Cafteria has been expanded by more than 100 seats, making the Cafeteria now 75% nonsmoking. This increase in the NO SMOKING area is the result of a growing number of employees who have quit the habit. Other major NO SMOKING areas of the MGH include:

All hospital corridors and hallways, including the basement and sub-basement

All elevators

All patient care areas

All food service cafeteria lines

(continued on page 2)

Beware of "The Bulfinch Boot"

New bicycle stands have been placed in the first level of the Parkman Street Garage. As of June 15, bikes will only be allowed in either this area or in the bike storage area off Parkman Street. The Security Office warns that any bicycles parked in other areas around the hospital creating safety hazards will receive "the Bulfinch Boot," and the owners will have to go to the Security Office to get their bikes released.

New PET Scanner in Use at the MGH

A state-of-the-art device that provides three-dimensional images of the brain at work has been installed at the MGH. The only one in New England, the PET (positron emission tomography) scanner shows the brain functioning in the way that the CT (computed tomography) scanner shows structure. Valuable new information about stroke, brain tumor, and other neurological disorders is expected to result.

Pioneered in a large part at the MGH in the 1950s, positron imaging is a painless procedure that employs a radioactive tracer chemical to track the function of tissue. Like CT, PET shows detailed images of a cross section of human tissue by converting data into computerized "pictures." Unlike CT, which tells "what is there" by reproducing the structure (or anatomy) of tissues, PET tells "what is going on there" by creating three-dimensional images of the physiology of the body, including blood flow and metabolic processes.

The hospital's new scanner, which was developed in Sweden, has very high sensitivity and spatial resolution. Doctors are now able to look at physiology more precisely in smaller regions of the brain than has ever been possible. This expands PET's usefulness from exploring diseases such as stroke and tumor to investigating disorders such as Huntington's disease and Alzheimer's disease. PET studies can also be accomplished more rapidly than in the past, therefore requiring a lower dose of radioactivity.

No Smoking

(continued from page 1)

In addition, smoking is restricted in lobbies, dining rooms, and patient lounges. The MGH Safety Manual states that "Smoking areas will be specifically posted. All other places are to be regarded as "NO SMOKING" even though the NO SMOKING signs may be some distance away."

Volunteers

The Reproductive Endocrine Unit of the MGH is looking for healthy women interested in participating in research studies investigating the endocrinology of the normal menstrual cycle. Women between the ages of 18 and 35, who are not currently taking oral contraceptives, who have a history of regular menstrual cycles, and who have a normal weight for their height, are invited to participate. Remuneration is $200. If you are interested, please call Donna Beardsworth at Ext. 5525.

MGH in the Media

Mary Kay Fox, Manager of the Ambulatory Nutrition Services, appeared recently on the WNEV-TV (Channel 7) program "Morning Live" to talk about various nutritional fads.

Dr. Richard Blumberg of the Infectious Disease Unit appeared recently on Channel 5's "Good Day Show" talking about AIDS.

Dr. Eleanor Hanna, Director of the West End Group Practice, was interviewed recently for the series, "Here's to Your Health," telecast on WNEV-TV (Channel 7). She talked about alcoholism.

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June 20, 1985

THE MGH HOT LINE

News Office, Bulfinch 1, Ext. 2206

BAYSIDE
SOUTH ENTRANCE

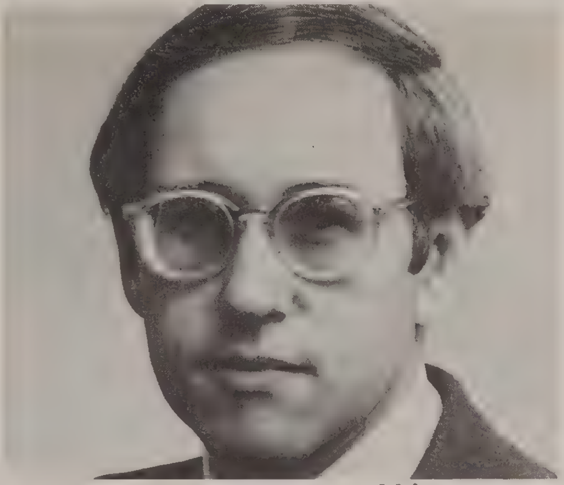
The International Fair officially began with the release of balloons outside the Bayside Expo Center. Stories and photos from the May 18 event are on pages 4 and 5.

Stephen Collier Named Institute President

Dr. Stephen N. Collier has been named the new President of the MGH Institute of Health Professions, thus culminating a nationwide search of nearly one year.

Dr. Collier, who has been Professor and Associate Dean of the School of Community and Allied Health at the University of Alabama in Birmingham since 1980, succeeds Dr. Julian Haynes, who left the MGH last year to take a position with the American Dietetic Association. Dr. Collier officially assumes his new post of President and John Hilton Knowles Professor of Health Policy in July.

A Psychology major at Emory University, where he received his B.A. degree, Stephen Collier earned both his M.A. degree and Ph.D from Georgia State University. Early in his career he worked as a respiratory therapist at Emory University Hospital. He has also served as Chairman of the Department of Respiratory Therapy at Georgia State University and Associate Director for Health Programs at the Southern Regional Education Board, a 14-state higher education compact organization.



Dr. Stephen N. Collier

At the University of Alabama he had an impressive record of achievement in directing resource development, academic affairs, professional relations, and accreditation activities for the school. He also earned high praise for his accomplishments as a teacher, academic leader, and planner.

(continued on page 6)

Graduation Tomorrow

The fifth graduation of the MGH Institute of Health Professions will be held tomorrow (Friday, June 21) at 5:30 p.m., on the Bulfinch Lawn.

Dr. J. Robert Buchanan, General Director and Acting Provost of the Institute, will present Master of Science degrees to graduates in Dietetics, Physical Therpy, and this year for the first time, in Nursing. Certificates will also be awarded in Social Work in Health Care.

Donna Diers, Professor and former Dean of the Yale University School of Nursing, will deliver the commencement address.

The Capital Campaign Update

In a dramatic gesture that its theatrical namesake would surely have applauded, the Vincent Memorial Hospital has pledged $1 million to The Capital Campaign--and $1 million in addition as it's matched. Total potential: $3 million!

The pledge and challenge came in a unanimous vote of Vincent trustees at their April meeting.

"The MGH Capital Campaign has our wholehearted support," said Henry W. Minot, Jr., Chairman of the Vincent Board of Trustees. "As trustees of the Vincent, we've seen at first hand the pressing need to upgrade the MGH physical facilities. We are more than pleased to be able to show our support by our contribution and to encourage others through our challenge. We look forward to a long continuation of the happy association of the two hospitals over the past 40 years."

The Vincent challenge promises the core funding to rebuild the gynecological inpatient facilities of the MGH. Now housed on floors 2 and 3 of the Vincent-Burnham Building, these units are among the most crowded and archaic in the hospital. For example, a gynecological floor of 27 beds currently offers only two bathrooms and one shower. A private room measures less than 8 by 12 feet. Yet, at the time of the building's construction in the

(continued on page 8)

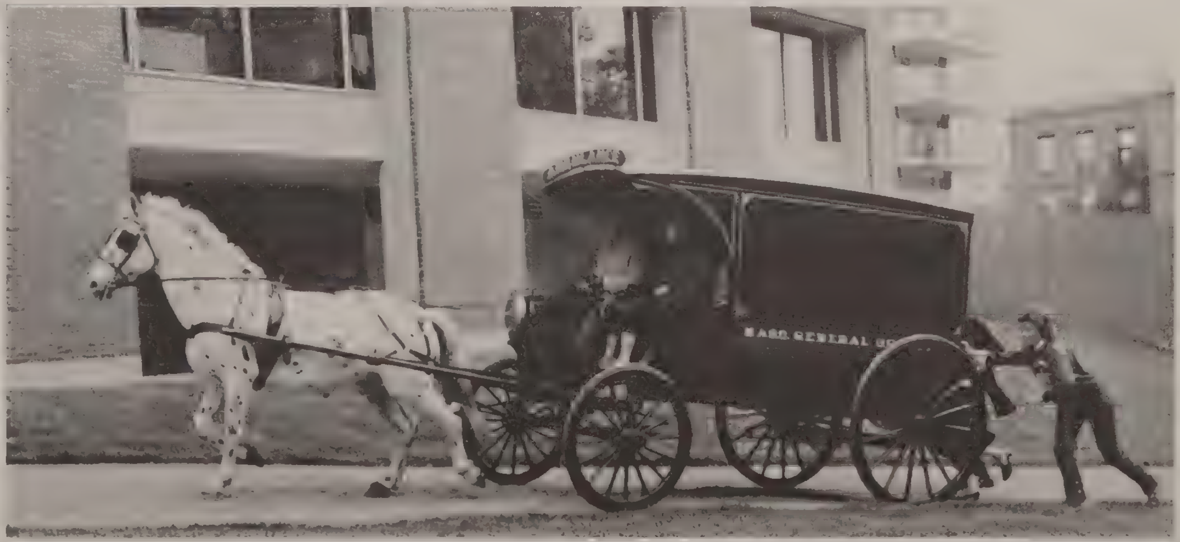
A Look to the Future...

The MGH has entered a new partnership in critical care with the launching of Boston Med Flight, an advanced life support helicopter transport system. Boston Med Flight will rapidly and safely extend the medical services of the MGH to health, emergency, safety, and rescue professionals in New England.

A flying intensive care unit, the helicopter will transport critically ill and injured patients from community hospitals or the scene of an accident to Boston's tertiary care centers. When time is of the essence, Boston Med Flight can also transport lifesaving medical equipment, medications, blood products, or organs for transplantation to wherever they are needed.

(continued on page 3)

And a Final Look Back



The original MGH ambulance as it makes one last trip around the hospital before going into permanent retirement in the Wang ACC Building Lobby

A Place in the Heart

What was a dream several years ago has now become a reality.

On April 23, Halcyon Place officially opened its doors to families of critically ill children hospitalized at the MGH.

Situated at 27 Commonwealth Avenue, within walking distance of the hospital, Halcyon Place serves to alleviate the housing worries of families who cannot find or afford to stay in hotels while their children are patients at the MGH.

The 27-bed facility operates as a separate nonprofit organization run by a dedicated group of parents who once found themselves in similar situations.

Both Sheila Brown and Barbara Dillon became well aware of the need for a supportive respite away from the pediatric floors while their sons were cancer patients at the MGH five years ago. Their sons died, but the effort to start Halcyon Place was born.

With the support of Dr. John T. Truman and Dr. Allan Goldblatt of the MGH Children's Service, Mrs. Brown and Mrs. Dillon recruited other parents. Finally last year, with the assistance of Raymond Cattle Company, 27 Commonwealth Avenue became available.

Halcyon Place is supervised by a full-time house manager. Those staying there pay a nominal fee to cover some of the operating expenses, with the remainder raised through private donations. Kitchen facilities are available. Parents can relax in the library or living room while their children enjoy the teen or tot rooms.

In all, 27 beds are available in 11 spacious bedrooms.

"Halcyon Place provides a home away from home," said Anne Sheetz, Director of Pediatric Nursing. "It offers an attractive alternative to the cost of hotels and other facilities."

Former Patient Climbs to Top

Sarah Doherty has done it again!

Ms. Doherty, the former MGH patient who was featured in the October 25, 1984 HOT LINE for climbing Mount Ranier on one leg, has reached new heights. This time she has climbed the highest mountain in North America, Mount McKinley in Alaska.

Ms. Doherty reached the peak of the 20,320-foot mountain on May 19. She was among a team of four climbers to make the trip.

An occupational therapist who now lives in Seattle, Ms. Doherty was 13 years old when she had to have her right leg and part of her pelvis amputated after being struck by a car in Taunton where she lived.

It was while she was a patient at the MGH that she worked with Recreation Therapist Muffy Lutzin, who introduced her to skiing and mountain climbing.

For the Volunteer, Serving Is Its Own Reward

Eighteen volunteers and the Emergency Ward staff were honored at Volunteer Recognition Day held on April 22 in the Wang ACC Cafeteria.

Raymond Sinibaldi and Eleanor Hackett each received the Jessie Harding Award for outstanding volunteer service to the hospital.

In making the presentation to Mr. Sinibaldi, Mr. Francis H. Burr, Chairman of the MGH Board of Trustees said, "As a former patient in this hospital, you have expressed a special empathy for the patients you visit. You have translated their needs as well as their words and brought a sense of well-being with your presence. Your service to the Warren Library has been outstanding. While seeming only to deliver music and books, you have taken that opportunity and made each patient special with a grace and sensitivity that is unique. We are honored by your service to this institution."

Sandra Jutras (left), an E.W. nurse, and Klara Sztucinski, Supervisor, Emergency Services

Raymond Sinibaldi (left) with Mr. Francis Burr, Chairman of the MGH Board of Trustees

To Eleanor Hackett, Mr. Burr said, "Your primary concern has been and is always that patients be treated as honored guests within our walls, and those who accompany them be treated with sensitivity and respect. To this end, you have constantly expanded both the time you give and the areas in which you serve. It is in people like you, who demonstrate the strength of personal involvement and responsibility, that the hope of the future lies."

This year's Trustees' Award was given to the Emergency Ward staff for developing quality performance from their volunteers through good communication, supervision, and feedback.

"The Emergency Ward team has been working very hard to improve the ambience of the E.W. and therefore the quality of service provided," said Maeve Blackman, Director of the Volunteer Department. "Whatever they are doing is working, and there is a spin-off effect on the volunteers who are working there."

In addition, the following volunteers received Picture Awards: Bunny Baker, Rosemarie Buonopane, Helen Camusi, Gwen desCognets, Vincent Giannusa, Julie Glowacki, Joan Goldbaltt, Genevieve Harrigan, Ira Kantrowitz, Millie Lajoie, Jean Mulvaney, Lucy Nargozian, Inez Rotman, MaryAnn Slowick, Sandia Smalley, and Electra Thompson.

Dr. J. Robert Buchanan, General Director, addressed the volunteers and their visitors as did Mrs. Blackman.

Eleanor Hackett expressing words of thanks for the Jessie Harding Award. Looking on are Mr. Burr and Maeve Blackman, Director of the Volunteer Department.

UNICEF Honors MGH Foster Grandparents

The MGH Foster Grandparents Program, an endeavor combining companionship with compassion, has been honored this year by the Greater Boston Committee for UNICEF.

At an Awards Dinner held on May 3, the MGH program was among 11 persons and organizations cited for meritorious recognition. The MGH Foster Grandparents are Ann Kane, Helen Ferris, and Mary Nolan.

Begun in 1979, the Program is aimed at fulfilling a child's nurtural needs while doctors, nurses, and other specialists attend to the child's physical needs. Through daily activities such as holding, cuddling, or playing with a young patient, these special grandparents furnish a service as vital to the growth and development of a child as medical attention itself.

The United Nations Children's Fund annually honors those who have made significant contributions to the lives of children in the Greater Boston area.

"Megaluck" Employee Becomes Megabucks Winner

If you're Agnes Flaherty, you don't need to have a rabbit's foot or a four-leaf clover around. Luck just seems to follow you wherever you go.

Take the night of April 17, for example. After leaving work at the MGH, where she is Central Sterile Reprocessing Manager, Ms. Flaherty stopped by a variety store near her Dorchester home to play the Massachusetts Lottery's Megabucks game.

"When I was picking my usual numbers, which I randomly selected a few months ago," recalled Ms. Flaherty, "I had this flash that I was going to win. Maybe it was just positive thinking, but I really felt it was going to be my night."

As it turned out, "Luck be a Lady Tonight" should have been Agnes Flaherty's song. Before the night was over, lots of luck turned into lots of bucks!

But before the ecstasy, there was a little agony that came into play. Ms. Flaherty explained how it all happened.

"A couple of hours before the drawing, I told my brother and nephew that I thought I was going to win. But I was so tired that night that I fell asleep early. I was sound asleep when my brother called, and all I can remember him saying was 'Aggie, I think you hit it. I think you hit all six numbers.'"

A short time later, Ms. Flaherty's nephew came over with the first edition of the morning paper. Sure enough, the numbers 5-8-10-20-29-33 were all there. But there was also a notation stating that there were no megabucks winners.

"I couldn't believe it," said Ms. Flaherty. "I kept on looking at my ticket thinking I'd find some kind of error. And I kept on reading that sentence in the paper. It didn't make sense."

But that didn't stop her from trying to sort it all out...all night! By 8:30 the next morning when the Lottery Commission opened, she got her explanation. There was a problem with the computer that night. It indicated there were no winners when in fact there were four. And Agnes Flaherty was one of them.

A few hours later, Ms. Flaherty was at Lottery Commission headquarters in Braintree to pick up the first of 20 checks for $19,018.69, after taxes. She had won nearly a half a million dollars.

And it was on January 2 of this year that the numbers 5-9-7-6 from the Daily Numbers Game added up to some other numbers for Agnes Flaherty--$27,000.

"I used some of that money to take a couple of my relatives to Ireland," she explained. "But I really have no specific plans for this money. I know one thing though. It's not going to change me a bit. I've been here at the MGH for 27 years, and I love what I'm doing."

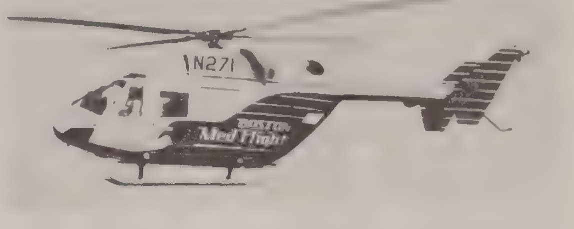
She will even continue to play the lottery, hoping to win again. "It may sound funny, but I play because I enjoy it," she said. "To me, money isn't all that important. But being comfortable with the life I lead is. I like my job, I like the people I work with, and I feel very comfortable with my life."

For which Agnes Flaherty considers herself very lucky indeed.

Copter (continued from page 1)

Boston Med Flight is operated by New England Life Flight (NELF), a private, nonprofit organization. In addition to the MGH, other hospitals involved are University Hospital at Boston University Medical Center, Boston City Hospital, New England Medical Center, Beth Israel Hospital, Brigham and Women's Hospital, Children's Hospital, and the Massachusetts Eye and Ear Infirmary.

Each flight will be attended by a medical crew consisting of a flight nurse and paramedic trained in in-flight care and safety. These professionals will have the expertise and training to care for almost any medical need. In addition to multi-system trauma, the crew is equipped to treat patients with multiple emergency conditions including head injuries, burns, spinal cord injuries, amputated extremities, and infants requiring medical or surgical intervention.



The Boston Med Flight helicopter

"Boston Med Flight marks a new era in the cooperative efforts of Boston's tertiary care hospitals," said Dr. Earle Wilkins, Jr., NELF Board President and Chief of Emergency Services at the MGH. "Together these institutions can ensure that true comprehensive medical care is available to the citizens of Massachusetts and surrounding states."

Dr. Wilkins added that with many trauma victims taken to community hospitals, the helicopter and its sponsoring hospitals can supplement this network of care with rapid and safe access to regional trauma centers, including the MGH-MEEI facility. "With the addition of Boston Med Flight," he concluded, "prehospital care has finally come of age in New England."

The Girls of Summer A Hit Again In Their Second Season

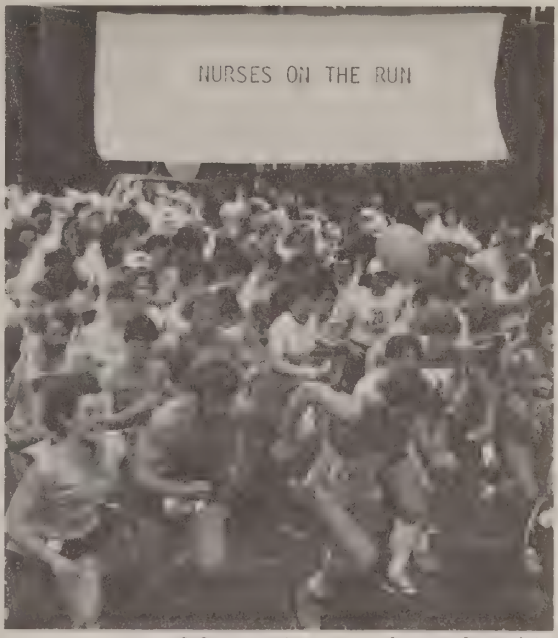
The MGH Women's Softball team is off to another sucessful start in its second year in the Boston Parks and Recreation Central League. As of June 7, the team had won its first five games behind the strong starting pitching of Joy Higgins and a powerful offense which has scored over 13 runs in each game.

Members of the squad are Nancy Schaeffer and Joy Higgins, nurses for the Surgical Associates, Jeannette McWilliams, Unit Manager for Internal Medicine Associates, Sue Fleming, a clinics nurse, Liz Gomes and Judy Sacco from the Surgical Day Care Center, Mary Donovan and Eleanor Dolan from Radiation Therapy, Judy Lenz, a medical oncology nurse, Pam Hooley, the unit transcriber on Bigelow 6, Laurie Lynch, a nurse in the Burn Center, Chris Newberry, a nurse in the Bigelow Building, and Emily Medford, a Baker 5 South nurse.

The team is coached by John Hergenrother. The assistant coach is John Rumson. Both are from Nuclear Medicine. The manager is Susan Drake, a Hematology-Oncology research technologist.

All games are played at Town Field in Dorchester at 6 p.m., and fans are encouraged to come cheer the MGH team in its quest for the Mayor's Cup.

The remaining games are on June 26, July 2, July 16, July 22, July 30, and July 31.



They're off and running in the Nurses Run Road Race held on April 28. At right are Kris Nelson (277) and Christie Kuo (276) from the MGH heading for the finish line. Below are all the MGH runners. (Photos by Joe Fortunato)

With cameras close behind to capture the moment, an MGH "patient" is taken from the ambulance up the Bulfinch Building stairs, recreating what was a familiar scene in the 1870s.

Fair Well

At long last, the day had arrived!

After many months of planning and hard work, the International Fair was a reality. The rain held off, and the "great balloon send off" was allowed to take place, officially opening the event.

Despite the heavy rain later on, things were indeed bright within. Nearly 3,000 people paid admission to enjoy the cultural exhibits and entertainment, the craft booths, and the MGH exhibits.

Ronald McDonald came and sent 170 children (of all ages) off with prized photos in their possession. Captain Bob Cottle delighted everyone with his caricatures, and even Brother Blue was there to tell a story or two.

Dancers in colorful costumes moved to the music in the German Beer Garden and on the main stage. And Bob Fellows was truly the "Amazing Fellows" as he levitated a volunteer from the audience.

At the end of the evening as the cleanup began, the Bayside personnel reported that they had found the MGH employees to be one of the best groups they've worked with.

Everyone had a great time and proudly generated a sizable contribution to the Employee Capital Fund Drive.

A Very Big Thank-You

The International Fair Committee would like to take this opportunity to publicly thank each and every one of you in the MGH community who helped to make May 18 a memorable and successful day. Once again, we would not have been able to bring this event together without your time, talent, support, and enthusiasm. From Balloon Detail to the Last Dance--we really did it! We all have good reason to be proud of ourselves.

The Committee passes on to you the many compliments we've received over the last month--"delightful," "informative," "fun," "wonderful," "entertaining," and especially "thanks to the MGH employees."

Sincerely,
The International Fair Committee

Patricia A. McGurty, Chairperson
Donna Muffoletto Campbell, Ambul. Care Administration
Rita Cummings, Nursing
Dick Demers, Paint Shop
Helen Doherty, Dietetics
Tony Giarrusso, Maintenance
Herbert H. Henderson, Chem. Lab.
Helen L. Holbrook, Children's Serv.
Winthrop Hughyue, III, Environ. Services
Maureen Kelley, Volunteer Dept.
Thomas Kelly, Administration
Nancy L. Kessner, Warren Library
Diane Kuebler, Cytopathology Lab.
Mary Lahey, Administration
Cheryl Linebaugh, Nursing
Dolores M. Merlino, Nursing
Carolyn Thayer, Admitting

It Was More Than a Fair Day for the Winners

Rich Horgan of Everett drove to the MGH International Fair in his 1964 Dodge. A few hours later, he was the proud owner of a 1985 Lincoln Town Car.

One of the prize drawing winners, Mr. Horgan attended the Fair with his girl friend Marie Sordillo, a medical secretary in the MGH's Cox Cancer Center.

"He bought six tickets soon after we had arrived," explained Ms. Sordillo. "He really wanted to leave just before the drawing, but we didn't want to fight our way through the crowd that had formed in front of the stage."

When the winner of the car was announced, Ms. Sordillo knew she had heard Rich Horgan's name. But Mr. Horgan wasn't so sure. "I kept on saying to him, 'That's you, that's you.' Finally he believed me."

A student at Northeastern University, Mr. Horgan couldn't sleep that entire night after his name was drawn. "He told me all he thought about was the car," said Ms. Sordillo. "His birthday was a few days after the Fair, so it was really an unexpected present."

The winner of the San Diego trip was Maureen Howe of Dorchester, the Bermuda trip winner was Judi Savonew of Marshfield, the $1,000 Filene's Shopping Spree went to Matthew McGilvery, who works part time in the Department of Dietetics, and the home computer was won by Dick Demers of the MGH Paint Shop.

Mr. McGilvery's mother Lucille, who works in the Blood Transfusion Service, said her son has no particular items in mind, but she added, "If he'd like to buy his mother a nice Oriental rug or a mink coat, I certainly wouldn't mind."

And for Dick Demers, the home computer turned out to be a home project. When he got the equipment to his house, he immediately read the directions, looked at the computer, and then put the directions back in the box. "I think I'm going to send my wife to school," he said with a smile.

Rich Horgan (third from left) was the center of attention after winning the Lincoln Town Car at the International Fair. With him on stage are members of the Fair Committee. (Left to right) Rita Cummings, Diane Kuebler, Winthrop Hughyue, III, Pat McGurty, Cheryl Linebaugh, and Herb Henderson.

Direct Appeal Update

The Employee Capital Campaign Direct Appeal is off to a great start! Most of the pledge cards have been given out, although not all. So far, we've heard from over 1,000 employees and raised close to $100,000.

Because one of the goals is to make sure that everyone is contacted, please return the pledge card whether or not you decide to give. It's our way of knowing that this goal has been met. If you have not been given your card, or have any questions, contact one of the employees listed below. Your contribution is confidential. Let's double the response by the end of the month.

Nat Butler, Social Service, 2605
John Donovan, Mat. Mgt., 2279
Mary Farrell, Amb. Care, 2680
Evelyn Gaynor, Envt. Serv., 2445
Clara Grant, Dietetics, 8032
Gail Grootemaat, Admitting, 3386
Bill Jay, Clinical Adm., 3209
Martha Kail, Radiology, 3033
Otto Kaltofen, Finance, 2133
Debbie Murphy, Chelsea, 884-8300
Bruce Rossi, Maintenance, 2420
Bob Sawicki, Chem. Lab, 3636
Maryanne Spicer, Admin., 5109
Jan Swanson, Personnel, 2045
Jennie Woods, Envt. Serv., 2445

Some Glimpses of the International Fair

MGH
MGH
ATTENTION
MGH
MGH

Lucille Boyd (left foreground) receiving congratulations from Martha Lynch, R.D., at graduation ceremonies for Nutrition Assistants. In background are (from left to right) graduates Lizzie Couvertier and Alicia Brown, Education Coordinator Kathy Creedon, and Director of Dietetics Helen Doherty.

Certificates Presented To 52 Nutrition Assistants At Graduation Ceremony

Members of the first graduating class of Nutrition Assistants were presented certificates at ceremonies on May 21 in the Walcott Room.

The 52 employees also received college credits from Bunker Hill Community College with the successful completion of the course in "Basic Skills in Clinical Nutrition."

The course was developed by Kathy Creedon, M.S., R.D., Education Coordinator; Martha Lynch, M.S., R.D., Manager, Nutrition Service, Baker-Phillips House; and Susan Laramee, M.S., R.D., Manager, Nutrition Service, Bigelow-White, Vincent-Burnham. It was an intensive program reviewing the present rationale for various diet modification, patient interviewing skills, and evaluation techniques for menu compliance with diet prescription and nutritional adequacy.

Each Nutrition Assistant is teamed with a Clinical Dietitian for the best patient care and application of the most current nutritional care practices.

In offering her congratulations to the class, Helen T. Doherty, R.D, Director of the Department of Dietetics, remarked that the students exceeded all expectations in understanding and applying the principles they were taught. The keynote address was delivered by Dr. J. Robert Buchanan, General Director.

The new Nutrition Assistants are Adrienne Armstrong, Kathy Ashby, Dorothy Bakon, Elsie Barnfield, Theresa Benkis, Courtney Bennett, Lynnett Bernard, Gladys Berry, Betty Blaides, Sharon Boyce, Lucille Boyd, Alicia Brown, Kathleen Carbone, Barbara Campbell, Cecile Cazeau, Joanna Coutain, Lizzie Couvertier, Susan Cowan, Gwendolyn Dunbar, Denise D'Entremont, Ahzella DeCosta, Rose Marie Geiger, Margaret Gould, Jacqueline Gross, Carolyn Headley, Francine Hobbs, Yvonne Hobbs, Susie Jenkins, Agnes Johnson, Aggie King, Gwynn Kingsberry, Dulcie Lewis, Ellen Lords, Ola Mitchell, Anetta Pierre, Karen Ravagno, Dorothy Roberson, Beatrice Sauls, Caroletta Shaw, Fern Springstead, Peggy Sweatman, Ludean Smith, Mildred Taylor, Cheryl Thomas, Xenia Toney, Tommie White, Marcia Wilkins, Dorothy Wilson, Linda Wright, Geraldine Wright, Sophie Zaites, and Brenda Zollarcoffer.

President (continued from page 1)

Dr. Collier has a wide range of professional interests, reflected by active participation in professional organizations, presentations across the country, and his award this year of an Education Policy Fellowship at the Institute for Educational Leadership in Washington, D.C.

The appointment of Stephen Collier completes almost a year of work by a search committee headed by Dr. Henry Mankin, Chief of Orthopaedic Surgery at the MGH. Also serving on the committee were E. Lorraine Baugh, an MGH Trustee; Elizabeth M. Grady, Director of the Institute's Graduate Program in Nursing; Leonard Marcus, Chairman of the Institute Faculty, and Julie Atwood Wheelden, Director of the MGH Speech-Language Pathology Department and Director of the Joint Hospital-Institute Continuing Education Program.

Formed in June of 1984, the committee advertised nationally and invited nominations from leaders in the nursing and allied health education community. By September, the committee had received more than 200 applications. The panel recommended Dr. Collier's appointment at the March meeting of the Trustees' Institute Committee, which in turn recommended the appointment to the full Board of Trustees.

The Institute of Health Professions offers master's degree programs in dietetics for registered dietitians, physical therapy for experienced therapists, and nursing for nonnurse college graduates. A social Work in Health Care Program offers specialization in health care for social workers at the post-master's level. The Institute offers interdisciplinary education combined with clinical experience in practice and research.

Nutritional Highlights

by the Department of Dietetics

Recently fish has received a lot of attention in the media. Research indicates that people who include fish as a regular part of their diet have a lower rate of heart disease. This relationship was first noted in Greenland Eskimos. Their usual diet contains substantial amounts of fish and, as a group, they have a surprisingly low incidence of heart disease.

It appears that the protective factor is a specific type of polyunsaturated oil found in fish. These oils, which are structurally different from polyunsaturated vegetable oils, are technically known as omega-3 fatty acids--eicosapentanoic acid (EPA) and docosahexanoic acid (DHA).

Omega-3 fatty acids can decrease the tendency of blood platelet cells to clump together. This diminishes the chances of forming a blood clot that may block blood flow and lead to a heart attack or stroke. Researchers have also demonstrated that diets high in omega-3 fatty acids decrease levels of triglycerides (a type of fat) and cholesterol in the blood.

All fish and shellfish contain some omega-3 fatty acids, but oilier, fattier fish are the richest sources. Fish highest in fat include salmon, mackerel, herring, anchovies, mullet, canned sardines, smelt, rainbow trout, and catfish. Sea trout, ocean perch, red snapper, halibut, and swordfish also contain appreciable amounts of fat. Flounder and sole tend to be lower in fat. Although most shellfish are low in total fat content, they are high in omega-3 fatty acids.

So adding more fish and shellfish to your diet is a good idea for a number of reasons. In addition to the possible benefits of omega-3 fatty acids, seafood is naturally low in calories, saturated fat, and cholesterol. You don't want to go overboard, however, since we don't know the long-term effects of ingesting large quantities of fish oil.

Adding a 4-6 ounce portion of fish several times a week is a reasonable and moderate approach. Remember that you will still need to use low-fat dairy products and decrease your use of fatty red meats, butter, sauces, egg yolks, and fats in general if you want to eat a diet that according to accumulating evidence will provide maximum benefit to your heart.

The portrait of Dr. Rita M. Kelley, a cancer specialist at the MGH until her death in 1981, has been moved to a permanent home outside the Cox 2 Conference Room. Admiring the painting are (left to right) Dr. Howard Ulfelder, Deputy to the General Director for Cancer Affairs; Dr. John T. Potts, Jr., Chief of Medical Services; and Mrs. R. Morton Claflin, an MGH Trustee.

NURSE RECOGNITION DAY

AID FOR CHOKING

Lending a helping hand to the renovation of White 6 are (left to right) Jane Harker, R.N., head nurse; Diane Stanley, L.P.N.; Mel Polio, R.N., head nurse; Elizabeth Hines, Department of Environmental Services; Mildred Taylor, Department of Dietetics; and Sister Dorothy Donovan, R.N., Surgical Nursing Service.

White 6 Condition Report: *Improving*

With hard hats on head and sledge hammers in hand, six members of the staff of White 6 returned to that floor last month for one last look around.

Renovations were about to begin on White 6, which these employees called home for a combined total of 50 years. But if there was any hint of sentimentality to the occasion, it was well hidden by these White 6 six.

"I don't think we're going to miss this place very much," remarked Sister Dorothy Donovan, R.N. of the Surgical Nursing Service. "The physical limitations here often made our work much harder."

Accompanying Sister Donovan were head nurses Jane Harker and Mel Polio, Diane Stanley, L.P.N., Mildred Taylor from the Department of Dietetics, and Elizabeth Hines from the Department of Environmental Services.

It will be difficult to recognize the floor once reconstruction is completed.

"It will certainly be a change for the better," remarked Sister Donovan.

Campaign (continued from page 1)

1940s, such accommodations met contemporary standards of care.

A committee of Vincent supporters will soon begin to devise a plan for meeting the $1 million challenge.

Founded in 1890 as a memorial to Mrs. James R. Vincent, a renowned actress, the Vincent Hospital excelled as an early center of medical care for women. In 1940 the MGH invited the Vincent Memorial to become its gynecological unit, with the Vincent retaining its own trustees, Board of Managers, endowment, and staff. Beds were made available at the MGH during World War II, and in 1947 the Vincent-Burnham Building of the MGH provided permanent quarters for the Vincent Hospital with a capacity of 53 patients.

Since then, the advancements in research and treatment pioneered at the MGH by Vincent physicians have included surgery for uterine cancer, development of the Pap Smear test for cancer of the cervix, linking DES administered to mothers to subsequent cancer in their daughters, and studies of infertility and precocious puberty.

Call TAD if You Need a Temp.

The MGH has entered into a contract agreement with TAD Temporaries to provide temporary clerical support to the MGH at a discounted rate.

In making the announcement, Richard J. O'Brien, Director of Purchasing at the MGH, said, "As specialists in corporate contracts, TAD has the resources and experience to expedite clerical temporary support arrangements in a cost effective manner. Their staff is capable of producing an immediate response to MGH needs and is sensitive to the requirements of the MGH personnel."

TAD Temporaries was selected after an in-depth evaluation of 13 area temporary clerical support agencies.

TAD has nine offices in the Boston area. It will provide the MGH with an account executive, an on-site quality-control administrator, tie lines to the hospital, 24-hour-a-day service, guaranteed lowest prices, one-hour response time, and a free release program.

Enjoying their lunch on the Bulfinch Lawn are (from left to right) Betty Davis, Marty McNulty, Lynn Bisbee, Clovina Goodman, and Susanne Trabucco, all members of the Gynecology Unit on Wang ACC 2.

A Special Delivery at the Phillips House

In case you haven't heard the news, there's a new addition to the MGH family...four new additions to be more precise.

It's very rare that there are any births at the MGH, considering that the hospital has no Obstetrical Department. And it's even more unusual, if not a first, to have quadruplets born here. But that's exactly what happened several weeks ago at the Phillips House.

And the location was no accident. Apparently the parents had planned to have their offspring there all along. It was obvious that they made preparations well in advance for the big day.

No one seems to know for sure when the blessed event actually occurred since the parents, like many Phillips House patients, wanted anonymity. In fact, the mother and father seemed to just fly off anytime someone approached.

But if one were to quietly walk up to the large evergreen next to the Phillips House entrance and look very closely, he or she might have been able to take a peek at the babies...the baby robins, that is.

The children have probably left the nest by now, off to have children of their own. So perhaps someday, we'll see them back here again. Although next time they may prefer a more private room.

Baby robins looking for their mother (see insert) after they were born outside the Phillips House

THE MGH HOT LINE
June 27, 1985
News Office, Bulfinch 1, Ext. 2206

Dr. Austen Elected President Of A-S-A

Dr. W. Gerald Austen, Chief of Surgery at the MGH, has been elected President of The American Surgical Association. Dr. Austen, who is also the Edward D. Churchill Professor of Surgery at Harvard Medical School, was named to the one-year term at the Association's annual meeting held in April in New Orleans.

The American Surgical Association is considered to be the most distinguished surgical organization in the world. Its purpose is to promote exemplary surgical patient care, education, and research.

And Dr. Austen has just been elected Chairman of the General Executive Committee, the highest medical body of the MGH. He begins his term on July 1.

Recognized for his surgical accomplishments by numerous appointments and honors, Dr. Austen has served as President of the American Heart Association, the Massachusetts Heart Association, the Association for Academic Surgery, and the Society of University Surgeons, and presently serves as a Regent of the American College of Surgeons.

A Day With Your Family

This year your summer fun doesn't have to end on Labor Day weekend. Circle Saturday, September 7 on your calendar. That's when a Family Day Picnic will be held across from the MGH on the banks of the Charles. There will be food, swimming, and sporting events to be enjoyed by you and your family. Sponsored by the Employee Capital Fund Drive, Family Day replaces the MGH Night at the Museum of Science. And it is hoped that you will like this event as much as you did the museum. Many more details will be published in future issues of the HOT LINE. But remember the date--Saturday, September 7. Your last summer outing may just be your best.

The next "Town Meeting" will be held Wednesday, July 10, at 4 p.m., in the General Cafeteria.

Patio Sale

The Department of Dietetics is sponsoring a Patio Sale on Friday, June 28, from 9:00 a.m. to 4:00 p.m. in the Patio Room adjacent to the General Cafeteria. China, vases, lamps, and other flea market bargains will be available.

Recipe Authors Come Forward

The MGH Cookbook Committee of the Employee Capital Fund Drive has received some recipes without the name of the contributor. If one of them is your recipe, please identify yourself by calling the Volunteer Office at Ext. 8540. Although every effort will be made to acknowledge the contributing employee, if this is not possible the recipe will still be included.

RECIPES

Spicy Crab Dip
Marinated Chicken Wings
Green Pea Salad Elegante
Beef Cutlet
Stuffed Mushroom Cap Appetizers
Shrimp Halikarnasse
Brownies ("Never Fail")
Dutch Apple Pie

IN THE HOSPITAL

Dr. Robert T. McCluskey, Chief of the Department of Pathology, has been awarded the Solomon A. Berson Medical Alumni Achievement Award from the New York University Medical Center. The award honors those alumni who embody the best in medical sciences.

Dr. Warren M. Zapol of the Department of Anesthesia has been named a Fellow of the Council of the American Association for the Advancement of Science (AAAS). A Fellow of the Association is "A member whose efforts on behalf of the advancement of science or its applications are scientifically or socially distinguished." The AAAS is the leading general scientific organization in the United States, having some 136,000 individual members.

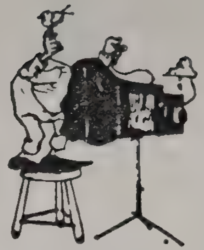
Susan Resler, R.D. and Mary Farkas, M.S., R.D., both from the Department of Dietetics, recently presented poster sessions at the annual state convention of the American Dietetic Association. Ms. Resler's was entitled, "Twenty-five Hydroxyvitamin D Levels of Hospitalized Patients," while Ms. Farkas' subject was "Alcohol-Related Nutrition Pathophysiology."

Dr. J. Robert Buchanan, General Director, recently was awarded an honorary Doctor of Science degree from Amherst College at the school's 164th commencement.

George Putnam, an MGH Trustee, and Dr. Barbara Hendrick Sanford, a cancer researcher formerly of the MGH, have received honorary degrees from Bates College. Mr. Putnam received a Doctor of Laws degree, while Dr. Sanford was awarded a Doctor of Science degree. She is now Director of the Jackson Laboratory in Bar Harbor, Maine.

AIDS Support Group

A six-week pilot program for family and friends of AIDS patients will begin at the MGH on Wednesday, July 10. This AIDS Family Support Group will be facilitated by Ann Locke, R.N., M.S., C.S., and Rosalie Tyrell, R.N., M.S., C.S., Psychiatric Clinical Nurse Specialists. The pilot group will meet from 3-4 p.m. in the Gold Room on the first floor of the Phillips House. Fliers have been distributed on all patient care units. Health care personnel working directly with AIDS patients and their families are encouraged to refer potential group participants to this open meeting. If the pilot program proves successful, the AIDS Family Group will continue on a regular basis. For more information, please call Ext. 1740.



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The MGH was the major setting for a two-part story on organ transplants, telecast earlier this month on WBZ-TV (Channel 4). Jane Saracene, who underwent a liver transplant at the MGH, was interviewed for the program, and her surgery was also filmed.

Volunteers Needed for Study

Volunteers are needed for a 24-hour MGH study investigating thyroid hormone levels. Volunteers must be women between the ages of 20 and 65 and in good health. Remuneration is $100. If you are interested, please call either Sharon or Ruth in the Thyroid Unit, Ext. 3897.

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THE MGH HOT LINE

July 11, 1985

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Benefits Update

The Benefits Office is pleased to announce that, effective July 1, Union Mutual TSAs will earn 12% interest guaranteed through December 31, 1985 on all deposits made to your account since October 1, 1981. Participants will receive notice of the rate change in their next quarterly statement due out next month.

Lost and Found

It was all in a day's work for some members of the MGH who helped a lost girl find her parents.

It was shortly before 8 a.m. on June 19 when Jim Smith of the Refrigeration Shop and Peter Antonelli, an Operating Engineer, first thought they were being followed as they left the General Cafeteria. When they got to Medical Records, they were sure. There, standing behind them, was a confused and very frightened young girl, probably 10 or 12 years old.

"She didn't say anything," recalled Mr. Smith, "but she looked like she was in some kind of trouble. So we asked her if she was lost, and she nodded her head yes. I think because I was wearing a blue uniform, she must have thought I was a policeman."

(continued on page 2)

Language Classes

ENGLISH AS A SECOND LANGUAGE: Come to a Training and Development Open House, July 11, 6-8 p.m., Bulfinch 2 Conference Room for information on 12-week courses. Classes begin on July 15. SPANISH: A special 6-week intensive course begins July 16, 5-7:30 p.m. For more information, call Ext. 2216.

The HOT LINE extends best wishes to the following employees who recently retired:

Frank T. McCarthy, Pathology, 35 years

Ann M. Cahill, O.R. Nursing, 30 years

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Lost and [illegible]und (continued from page 1)

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Runner[illegible]to Meet

As part of the "Road Runner" club's rejuvenation process, a series of meetings has been scheduled. The next one will be on Thursday, July 18, from 12-1 p.m., in the LCS Conference Room on Clinics 2. Learn to run healthier, smarter, faster, and better than ever before. For more information, contact Joshua Winslow at Ext. 5169.

Golf & Polo

Watch the world's leading lady golfers in New England's only LPGA tournament. Enjoy the exciting $225,000 Boston Five Classic held at the Sheraton Tara Hotel & Resort at Ferncroft, Danvers and Middleton July 17-21.

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THE MGH HOT LINE

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"Family Day" Set For Sept. 7

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A road race will begin at 10 a.m. with a five-mile run along the river. Entry fee for the race is $5.00, and this includes admission to "Family Day." The first 300 runners will also receive MGH T-shirts. More than 100 employees have already signed up.

In the afternoon, members of the administration will challenge players from the MGH Softball

(continued on page 2)

The Capital Campaign Update

Four years and three months after launching The Capital Campaign in February of 1981, the MGH renewal effort has reached the halfway point. To date, contributions and pledges total $84,512,800 toward a final goal of $169 million.

"Thanks must go to our dedicated volunteers, to the people of New England, and to others around the world who have responded so generously," said John L. Cooper, co-chairman of The Capital Campaign. "This hospital seeks to continue to provide the highest quality health care in the decades to come. Clearly, our efforts are appreciated and respected by the people we serve."

The $84.5-million total represents the largest sum ever committed to the MGH in so short a period, and one of the most ambitious capital drives ever undertaken by a U.S.

(continued on page 2)

Some of this year's graduates of the Institute of Health Professions following ceremonies on the Bulfinch Patio. More photos are on page 6.

First Nursing Students Receive Degrees

Graduation Held for Institute's Class of 1985

The first class of nurses from the MGH Institute of Health Professions were among 47 students participating in graduation ceremonies held on June 21 on the Bulfinch Patio.

The students from the nursing program were the first nursing graduates from the MGH since the hospital closed its School of Nursing diploma program in 1981. Graduates of the Institute's nursing program received Master of Science in Nursing degrees.

Other graduates were awarded Master of Science degrees in Dietetics and Physical Therapy. Graduate Certificates in Social Work in Health Care were also presented.

All of this year's nursing graduates passed the Massachusetts licensure examination and became registered last year. Their program combined basic professional preparation for nursing with graduate level study in a clinical specialty including cardiopulmonary, pediatrics, women's health, gerontology, oncology, and psychiatry.

Delivering the commencement address was Donna Diers, R.N., M.S.N., Professor, Yale University School of Nursing. Dr. J. Robert Buchanan, MGH General Director and for the past year Acting Provost of the Institute, conferred the degrees and certificates, and Dr. F. Sargent Cheever made the presentation of the degrees and certificates on behalf of the Trustees Institute Committee.

They're All Quitters

This is the story of some employees who have quit. They acknowledge that it was something they had been thinking about for a long time. So they put their minds to it and did it. Now, they say, it has changed their lives.

You'll continue to see Bob Crivello, Theresa Hayes, Lynn Neville and Jeanne Benoit at their MGH jobs. But what you won't see is their cigarettes. They've quit the habit.

For Mr. Crivello, the end came following a stroke in May of 1984. For Miss Hayes, the decision was made after a series of distressing headaches. And Ms. Neville and Ms. Benoit did it after attending classes sponsored by the MGH Cancer Control Office.

But they all emphasize that, despite popular belief, it's not easy to be a quitter.

"Many people initially give up smoking for the wrong reasons," explained Lynn Neville, Chief Technologist in Hematology, who had smoked for 20 years. She had quit once in 1978 only to go back to cigarettes eight months later. "I found that I was doing it for everyone except me. This time, I quit for myself. I made the decision that I wanted to quit more than I wanted to smoke."

The decision for Mr. Crivello, a member of the Photography Lab, was actually made for him. "After my stroke last year, I knew that if I wanted to live, which I do, I would

(continued on page 5)

Fifty-five Year Old Man Celebrates 20th "Birthday"

In 1965 when he was told he had no more than three months to live, Antonio Soares spent much of his time simply counting the days. Now, 20 years later, the Cambridge resident is counting his blessings.

Thanks to a kidney donated by his brother and the skill of surgeons at the MGH, Mr. Soares is leading a normal, healthy life. He is also giving new hope to others in need of similar transplants.

Antonio Soares is the longest living patient to have undergone a kidney transplant at the MGH. And to mark the 20th anniversary of the operation, his surgeon Dr. Paul S. Russell, Chief of Transplantation, held a party last month in his patient's honor.

"Whenever someone asks me how long a patient can live with a transplanted kidney, I use Tony as my yardstick," said Dr. Russell. "When we first started doing kidney transplants in the 1960s, we told patients that their lifespan might be

(continued on page 4)

Dr. Paul Russell (center) with Mr. Soares (right) and Otto Kaltofen, who will also celebrate 20 years with a new kidney later this year

Historic Clinic Moves Into New Quarters

The renowned "Ward 4" of the MGH, which has long pioneered clinical research in metabolic diseases, has a new home. On June 12, the 10-bed unit, now known as the Mallinckrodt General Clinical Research Center, moved from the first floor of the Bulfinch Building to the newly renovated twelfth floor of the White Building.

Established 60 years ago with funds from the Rockefeller Foundation, Ward 4 has always been dedicated to the proposition that the research of today is the treatment of tomorrow. Each bed in the center, which is now supported by the National Institutes of Health (NIH), Division of Research Resources, is reserved for patients with some type of metabolic illness which remains a medical challenge. Therefore, research is being undertaken in such areas as diabetes, infertility, premature or delayed puberty, osteoporosis, abnormalities of calcium metabolism, Alzheimer's disease, depression, thyroid disease, and hypertension, among others. Outpatient research is also conducted in the center.

"This unit provides a place to carry out studies that can't be conveniently handled in a regular hospital ward," explained Dr. Robert Neer, Director of the Center. "That necessitates both a small number of beds and a high nurse-to-patient ratio, as well as strict control of environment and diet and synchronization of multiple tests and other procedures."

A typical two-bed patient room in the old Ward 4 on Bulfinch 1...

Known to medical science simply as "Ward 4," the center was one of the first clinical research units in the U.S. Despite the ward's small size and unimposing appearance, research carried out there unlocked countless medical mysteries. In addition, the roster of physicians associated with the unit throughout its history reads like a "who's who in medicine." Names like Howard Means, Walter Bauer, Joseph Aub, Fuller Albright, and Oliver Cope, among others.

The first clinical investigation, headed by Dr. Joseph C. Aub, involved the study of lead poisoning. Studies followed on calcium because of certain similarities to lead. In the ensuing years many problems involving diseases of the skeleton, kidneys, and parathyroid glands were clarified. Diagnoses became more precise, and new methods of treatment evolved.

In 1949 Ward 4 was renamed Mallinckrodt--Ward 4 in honor of its staunch supporter, Edward Mallinckrodt, Jr. The Mallinckrodt family, Foundation, and Chemical Works (of which Edward Mallinckrodt was board chairman) continue to support clinical research at the MGH. According to Dr. Neer, the Mallinckrodts' generous contribution, along with funds from the NIH and the MGH Capital Campaign, made the center's long-needed relocation possible.

And a typical new inpatient room on White 12

Family Day (continued from page 1)

League in a softball game on the MDC diamond.

The day's events will also include swimming at the MDC pool, tennis at the adjacent courts, as well as a pie eating contest, egg throws, and other games for kids, young and old.

The big appetites resulting from all these activities will be satisfied with submarine sandwiches, potato chips, watermelon, and soda, all of which will be included in your admission price. In addition, a limited amount of beer will be served to adults on a controlled basis.

"We hope to see the whole MGH employee family on 'Family Day' sharing the spirit of good old-fashioned fun," said Joe Malone of the Plumbing Shop, chairman of the event. "We're going to try to do everything we can to make sure that everyone has a good time."

Other employees involved in the planning are Bruce Rossi, Paint Shop; Kevin Harrington, Wage and Salary; George MacNeil, Biomedical Engineering; Martie Smith, Benefits; Alyson Hall, Benefits; Karen McCollem, OPD Billing; Pat Aulson, Molecular Biology; and Dr. Peter Mueller, Radiology.

Keep 'Em Coming!

We've heard from many of you, doubling responses in the last month. Nearly $150,000 has been raised to date.

Remember, this is your ONLY opportunity to contribute to the Employee Capital Fund Drive's Direct Appeal. We will not be asking again next year.

Please return your pledge cards to your department's contact person or to Gail Grootemaat, c/o Admitting Services, Gray 1.

Campaign (continued from page 1)

hospital. The midpoint comes less than 18 months after the Campaign successfully met and surpassed an interim goal of $65 million in December, 1983.

During the early part of 1984, the MGH reviewed Campaign goals, assessing them against community need for health care facilities in the future. This review resulted in a concentration on the total modernization of all MGH inpatient rooms and a revised total goal for the Campaign.

New priorities in the $169 million goal now include three-quarters of the funding necessary to construct a proposed inpatient tower having approximately 400 beds, or $84.8 million; other patient care facilities for trauma care, intraoperative-radiation therapy, and cardiac catherization, $13.2 million; and increased endowment for the MGH Institute of Health Professions, $6 million.

Among the key pledges in the Campaign have been those of Arthur O. and Gullan M. Wellman, whose 1981 pledge of $15 million helped create the new Wellman Research Building, and of Dr. and Mrs. An Wang, whose $4 million pledge in support of outpatient facilities was honored this spring in ceremonies naming the Wang Ambulatory Care Center.

So far, the Campaign has received 19 pledges of $1 million or more, 9 pledges of between $500,000 and $1 million, and 86 pledges of $100,000 to $500,000. In the course of the Campaign, more than 100,000 contributions have come in, with individual gifts ranging from $2 on up.

The halfway point officially came on May 28 with a $3,000 check from the Houghton Mifflin Company of Boston. The publishing firm is a long-time supporter of the MGH, having contributed a total of $22,400 during the Campaign. Houghton Mifflin's most recent gift is a new contribution over and above a three-year Campaign pledge completed last year.

"I am pleased," said W. Michael Bodden, Chairman of the Houghton Mifflin Contributions Committee, "by the success you are having in raising the money necessary to maintain a great institution."

Of course, reaching the midpoint in the Campaign also means there is $84.5 million yet to go. "Tremendous effort by a dedicated corps of volunteers has brought us to this significant success," remarked Mr. Cooper. "But our achievement should be seen as a plateau, not a peak. The road onward is still uphill."

The Champs

With Helen Doherty, Director of Dietetics, (front row center) are members of the White Kitchen Warriors, 1985 champions of the MGH Basketball League.

Who's Hot and Who's Not at Softball Mid Season

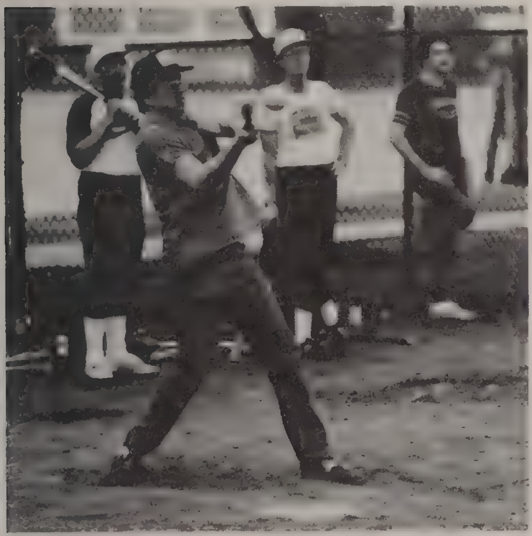
After going into the deep freeze last season, the HVAC team (formerly the Refrigeration Shop) has cooled off the other teams this year to go on top in the MGH Softball League.

As of July 8, HVAC, under new coach Ronnie Heittman, is sporting a record of 7-0. They are followed by the Paint Shop at 3-4, the Electric Shop, last year's champs, at 2-3, and the team from Personnel with a record of 2-4. Bringing up the rear is the Doctors team at 2-5.

The top four teams go on to the playoffs, which begin the end of August.

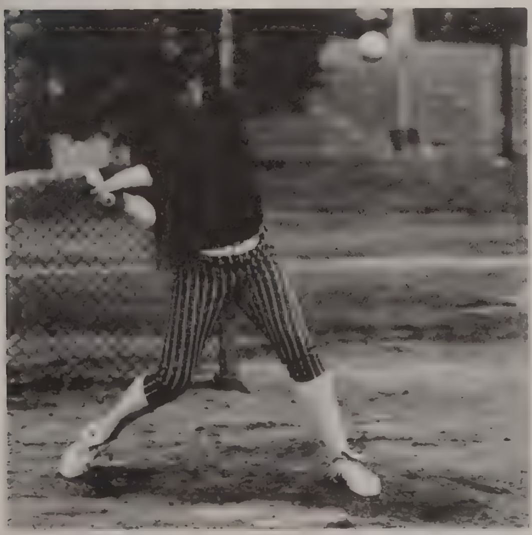
Pictured below are a few of the league's players in action. (Photographs by Joe Fortunato)

Joe Palmarozzo, Personnel team

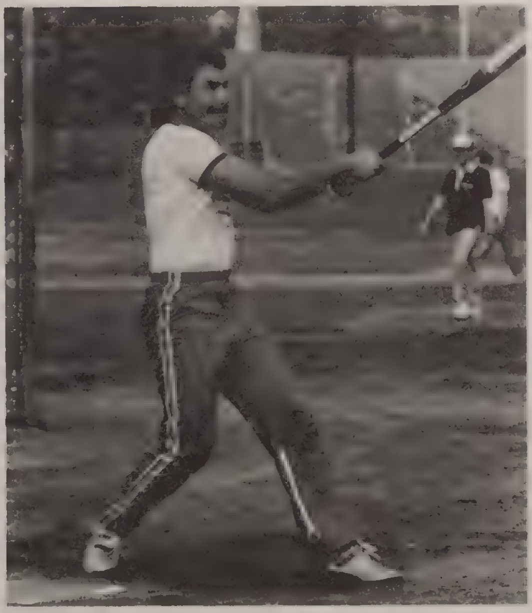


Chuck Perry, Paint Shop

Dave Morin, Paint Shop



Jimmy Wilson, HVAC



Orazio Martinello, Electric Shop

Nutritional Highlights

by the Department of Dietetics

Last year at this time we published an article on the controversies surrounding the newest alternative sweetner, aspartame (brand name NutraSweet) and advised you to "stay tuned" for future developments. Here is a summary of the major issues one year later:

Aspartame continues to be approved by the Food and Drug Administration as well as health regulatory agencies in 33 other countries worldwide. Early consumer complaints relating aspartame ingestion to problems such as headache, dizziness, GI distress, and mood swings have been dismissed.

An investigation conducted by the Center for Disease Control found that the symptoms reported were general and mild in nature and did not occur in a consistent pattern that could definitively relate the onset of these common complaints to ingestion of aspartame-containing products. (The investigators did not, however, rule out the possibility that some individuals may be truly sensitive to aspartame.)

Concerns that aspartame in soft drinks stored for extended periods of time at high temperatures may break down to yield toxic levels of methyl alcohol (methanol) have also been allayed. While it is true that aspartame does break down to methanol, the amount produced is similar to that found naturally in many foods. A 12-ounce can of diet soda yields approximately 42 mg. of methanol, compared to 47 mg. in 8 ounces of tomato juice, 20 mg. in a medium banana, or 60 mg. in 2 ounces of hard liquor.

The one area of concern that remains somewhat controversial is the question of whether aspartame can cause detrimental changes in brain chemistry and function, particularly in developing fetuses and very young children. The central focus of the ongoing debate is the amino acid phenylalanine, a key component of aspartame. Excessive blood levels of phenylalanine can cause permanent brain damage in infants and children suffering from an inherited metabolic abnormality known as phenylketonuria (PKU).

Several studies have shown that at expected maximum levels of consumption (about 10 cans of diet soda for the average female), blood phenylalanine levels are similar to those produced after eating a normal meal. Even at excessive levels of consumption (about 60 cans of soda consumed at one time), blood levels of phenylalanine were below those at which toxic effects (brain damage) can be expected to occur.

Nonetheless, some scientists and consumer groups continue to question the safety of aspartame-sweetened products for pregnant women, infants, and children. A key point in their argument is the fact that children, because of their smaller body size, can consume the maximum expected level of aspartame much more easily than adults. A preschool child weighing 40 lbs. would reach the maximum level of expected aspartame consumption with two (12 oz.) glasses of powdered fruit drink mix and one (1/2 cup) serving of NutraSweet pudding.

In summary, aspartame appears to be a safe acceptable artificial sweetener that has neither the bitter aftertaste nor minimal cancer risk associated with saccharin. In using aspartame-containing products, however, it would be wise to remember the rule of moderation, particularly for young children and pregnant women.

Kidney (continued from page 1)

about three years. Obviously, that is not true anymore."

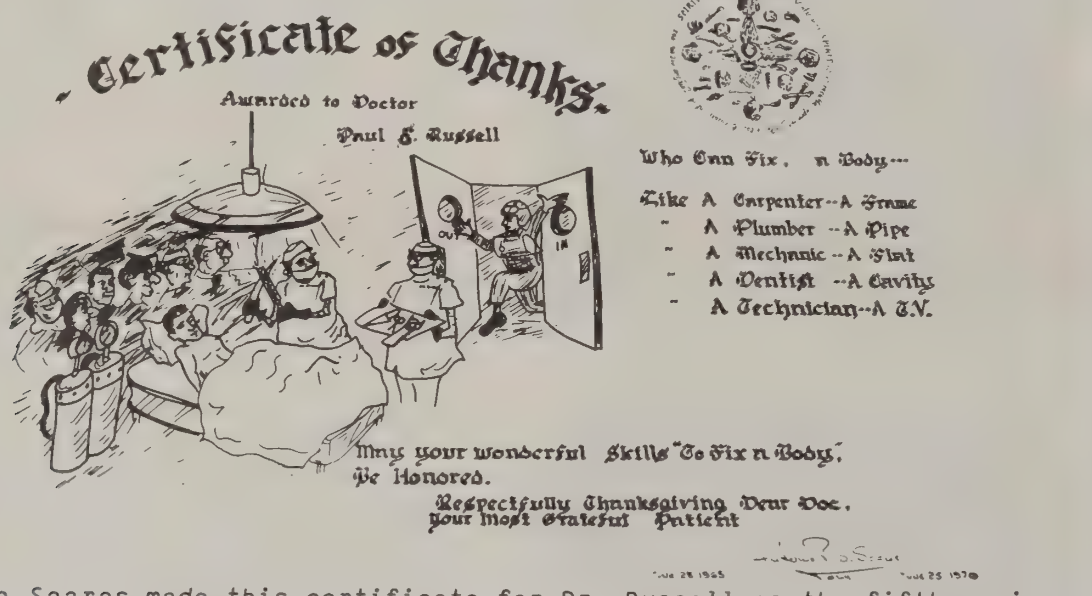
But Mr. Soares still remembers that original prediction. "Yes, right after my surgery Dr. Russell told me that," he recalled. "At that time, I was just grateful to be alive. But I must confess that when 1968 arrived, I did have thoughts that it might be my last year."

But it wasn't. And every June 25, the anniversary of the operation, Mr. Soares, now 55, calls Dr. Russell just to thank him for "my new life."

Since that kidney transplant, only the seventeenth ever performed at the MGH, Mr. Soares, an engineer at Honeywell for the past 25 years, has been in good health, although he's careful about what he eats to avoid making the kidney work any harder than it has to. But it was a far different story prior to his surgery.

"He had suffered kidney disease for about five years before the transplant," related Dr. Russell. "There was no alternative but to perform a transplant."

At that point, the search to find a compatible donor began. After testing members of his family, it was determined that Mr. Soares' youngest brother Carlos was the most suitable donor for this operation, which was still in its infancy. The transplant was performed immediately. The patient was told it was a 50-50 chance the operation would be a success.



Certificate of Thanks.

Awarded to Doctor

Paul S. Russell

Who Can Fix, a Body---

Like A Carpenter--A Frame
" A Plumber --A Pipe
" A Mechanic --A Flat
" A Dentist --A Cavity
" A Technician--A T.V.

May your wonderful Skills "To Fix a Body,"
Be Honored.

Respectfully Thanksgiving Dear Doc,
Your most Grateful Patient

June 25 1965 June 25 1970

Antonio Soares made this certificate for Dr. Russell on the fifth anniversary of Mr. Soares kidney transplant.

In addition to Dr. Russell and Carlos, Mr. Soares credits his wife for giving him the will to live. "I really don't think I would have made it without her, and of course, without God," he said.

The Cambridge resident added that not only did he get a new kidney on that June day 20 years ago, but he acquired a new perspective as well. "When you come so close to death, you obviously have a greater appreciation for life," he said, "so I do whatever I can to help others, especially those in a similar position."

This includes helping to found the "Transkidon Club," which is short for Transplant Kidney and Donors. This group helps to raise money for the MGH Transplant Unit by holding auctions, bake sales, and yard sales. Some members, such as Mr. Soares, also take the time to visit patients who are preparing to undergo kidney transplants. But one such visit, which Mr. Soares made shortly after his own operation, still stands out in his mind.

"I walked into the Transplant Unit, which at that time was on White 12," he recalled, "and all I really told this one patient was how well I thought he looked. It gave him such a big boost to hear that. His mood seemed to change immediately."

That patient was Otto Kaltofen, a General Accountant in the Chief Accountant's Office of the MGH, who in November will celebrate his 20th year with a new kidney. "I'll never forget what Tony did," said Mr. Kaltofen. "It was such a difficult time for both of us. We wanted so much to live but knew there was a good chance we wouldn't. But here we are together 20 years later. I guess you could say we've done all right, haven't we?"

Nurse Saves Life Using CPR

"It was one of the nicest feelings I've ever had. I'm sure I'll remember it for the rest of my life."

Carolyn Catinazzo isn't the only one who won't soon forget the events of May 23. Nathan Herbert won't forget that day either. Nor will he forget Ms. Catinazzo. After all, it was she who gave him a second shot at life...at the age of 87.

Carolyn Catinazzo

It was shortly after 1:30 p.m. on that Thursday when Mr. Herbert collapsed inside an elevator in the Wang ACC Building. Ms. Catinazzo, an LPN, had just left the Surgical Day Care area on ACC 2 to return to her GYN Associates office down the hall when she heard someone call out for help.

She rushed over, checked for pulse and breathing, made sure the airways were clear, and began cardiopulmonary resuscitation (CPR). Within seconds, Dr. Nanette Santoro, who happened to be close by, joined Ms. Catinazzo in CPR. Just as the MGH's Code Call Team arrived on the scene a few seconds later, Mr. Herbert began breathing on his own. Ms. Catinazzo, with the help of Dr. Santoro, had saved his life.

Mr. Herbert was taken to the Emergency Ward and later was admitted to the Bigelow 8 Intensive Care Unit. He was eventually transferred to White 8 and on May 31 was discharged from the hospital. Doctors had determined that Mr. Herbert, who wore a pacemaker, had suffered an arrythmia leading to his cardiac arrest.

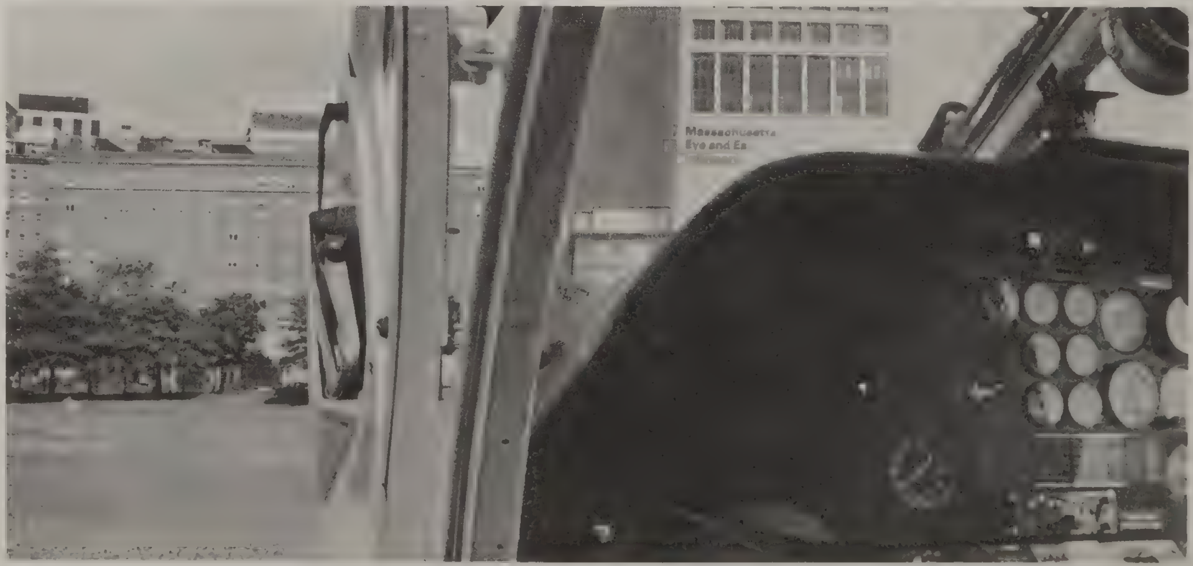
"It all happened so fast, I really didn't have time to think about it," recalled Ms. Catinazzo, who is the nurse for Dr. Masha Etkin. "You just act instinctively. It's either you or no one."

And for Nathan Herbert, it was Carolyn Catinazzo. "I'm surprised he even knew who I was," said the nurse. "When I visited him a short time later, he took one look at me and said, 'I know you. I saw you kissing me.' And later when I walked into his room, he told everyone that I was the nurse who saved his life. That made me feel good."

But Ms. Catinazzo, who's been at the MGH for six years--first on White 11 and then in the Admitting Office--believes there was nothing very heroic about what she did. But she did admit to "shaking a little" immediately following the incident and to being "on cloud nine" for several days afterward.

"Even though I've known CPR since nursing school," she explained, "I've never really had to use it except at a bedside in the hospital. But I think anyone in a similar situation would have done the same thing as I did. You just need to know CPR and be in the right place at the right time."

Fortunately for Nathan Herbert, Carolyn Catinazzo did and was.



A view of the MGH and Mass. Eye & Ear Infirmary from inside the new Med Flight helicopter, a flying intensive care unit transporting patients to eight area hospitals, including the MGH and MEEI (See June 20 HOT LINE.)

Retirements

Carleton (Nick) Goff of the Planning Office (right) found a lot to laugh about at his recent retirement party in celebration of 40 years of service to the MGH. Telling the story is Operations Director Stephen Kauffman.

Jane MacIver of the Treasurer's Office meeting friends and colleagues at her recent retirement party in the Walcott Room. At right is Peter Blatchford, Deputy Treasurer.

Baker 3 Nurse Wins "Father of the Year"

It was no ordinary Father's Day this year for Robert Dysard, a nurse on Baker 3. But then again. Mr. Dysard is no ordinary father.

For the past three years, Mr. Dysard has raised his daughters Christine, eight years old, and Kathleen, who is six, by himself while working full time at the MGH.

And if he never knew how much his children love him, he certainly does now. His daughter Christine wrote a letter about her father to the Malden Evening News which resulted in his being named "Father of the Year" by the Everett edition of that newspaper.

"I'm still in a state of shock," remarked Mr. Dysard, who has been an L.P.N. on the Neuromedicine-Neurosurgery floor for the past three and a half years. "I knew my daughter was sending a letter to the paper, but I never really expected to win anything."

Christine's letter was selected from among hundreds sent to the paper by children in Everett. In part, she wrote that her father "has a very hard job. He has had to be both mother and father to us [since] our mom left us a few years ago....Besides working full time, he cooks, cleans, does laundry, and still makes time for us."

And finding time, according to Mr. Dysard, can definitely be a problem. "I work a day-evening rotation and every third weekend," he explained, "so we have to plan things around my work. But my head nurse--Anne Kennedy--has been very good in scheduling me. And the four-day work week also helps."

When he cannot be with the girls because of his schedule, Mr. Dysard has baby sitters caring for them. He also is fortunate in having back-up people available in the event a baby sitter may not be able to work. He also has a sister who lives close by.

When he and his daughters are together, Mr. Dysard makes sure they actually do something together, whether it be going on a trip or just going for a walk.

The nurse admitted, however, that it is not easy caring for many patients every day and then going home to care for his own children without any help. "But I think having a background in nursing has helped," he said. "I knew what was involved in taking care of people, and I've been able to apply that to taking care of my own children."

He added that his daughters have been a big help doing things for themselves and taking responsibility for some of the cleaning, especially their own rooms.

And the divorced father of two is well aware of his responsibility to them. "My daughters have had a lot of losses in their lives," he said, "and I guess they haven't had too many things they've been able to rely on."

But now Christine and Kathleen Dysard do--having an award-winning dad.

Baker 3 nurse Robert Dysard with daughters Christine (left) and Kathleen

Quit (continued from page 1)

have to live without cigarettes," he said.

While not suffering anything as debilitating as a stroke, Mr. Crivello's Photo Lab colleague Theresa Hayes did experience headaches... many of them. "I used to go to sleep with headaches almost every night," she related. "I was up to almost three packs a day. I knew I had to do something, so I quit 'cold turkey.' It was the Sunday after Thanksgiving in 1983. I had already smoked two packs earlier that day, and I was in a Chinese restaurant that night when I started to get another one of my headaches. I left a whole pack of cigarettes there, right on the table. It was the best thing I ever did."

For more than two and a half years, Ms. Benoit, who works in Wage and Salary, thought she was successful in her effort. But something happened last February to make her cast some doubt on that opinion. "I was in a room with someone who was smoking," she said, "and the cigarette was suddenly very appealing. I just had to have one."

So she did. In fact, she's had five cigarettes over the last few months. What she knows is that she desperately wanted them. What she doesn't know is why.

"I wish I did," she lamented while staring at the "I QUIT" sticker on her desk. "I honestly don't know what did it. I just had this overwhelming desire for a cigarette. I know I don't want to smoke. I don't want to go through that withdrawal and expense all over again, not to mention what it might do to my health. So I'm trying to reapply some of the things I learned in the group and hope that this is only a temporary setback."

Ms. Neville has also been tempted from time to time to have a cigarette. But she has a special formula, suggested in her class, to get her out of the mood very quickly. "You take the ashes from a cigarette," she explained. "You put them in a glass jar. And then you look into the jar and think that what you see could be your lungs."

The former smokers interviewed all remarked how much better they feel since they've quit. They say that they have more lung capacity and an improved sense of smell and taste. But they add that this can produce another problem, as well. "Some people think if they quit smoking, they'll get fat," remarked Ms. Hayes. "But a lot of that extra weight may come about because instead of cutting short their meals to have a cigarette, they now have the time to finish them."

In addition to feeling better physically, some believe there is a change for the better psychologically. "I used to keep a pack in my shirt pocket and another in my pants pocket just in case I ever ran out," acknowledged Mr. Crivello. "I was so worried that I'd be without them. I remember once I was out on a lake fishing when I ran out of cigarettes. I stopped what I was doing just to go back to shore to get another pack. I just didn't realize what a slave I was to the habit. I'm so much more relaxed now."

And although he once quit for eight years, Mr. Crivello vows that this time, it's for good. "There's no way I'm going to smoke again and jeopardize my health," he said. However, Ms. Hayes is a bit more philosophical. "I just remember that I'm only one cigarette away from starting all over again."

Supervisors Complete Course

Members of the MGH supervisory group with their instructors

Fourteen members of the MGH supervisory group were awarded certificates on June 26 following their completion of the Zenger-Miller Supervision Training Program.

Kurt Westerman, Director, Benefits and Training and Development, presented the certificates and congratulated the group on being the first to complete the program. It will be offered to approximately 300 supervisors in the coming year.

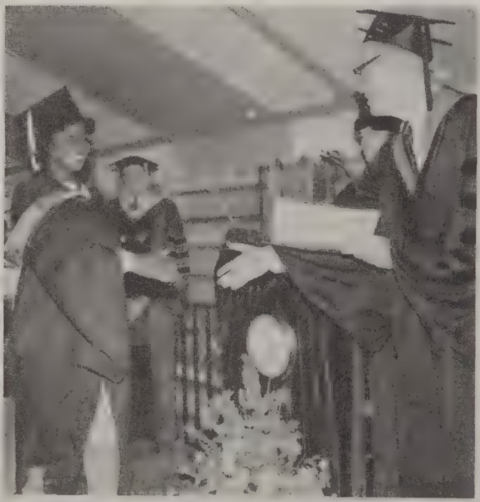
Mr. Westerman also told the group that it was the goal of the Training and Development Department to train every supervisor at the MGH who desired such training sometime in the next three years. Six members of the MGH have been certified to offer the supervisory training program. They are Ed Coakley, R.N., Joan Garity, R.N., Ed.D., Staff Education Department; Maria Greco, Ph.D., and Patricia McGurty, Training and Development, Harold Weiss, Clinical Administration, and Winthrop Huyghue, III, Environmental Services. It is hoped that additional staff will be certified to offer the program in the near future.

The following employees were awarded certificates: George Barrett, R.Ph., Supervisor, Sterile Products, Pharmacy; Carol Cronin, R.Ph., Assistant Director of Pharmacy; Barbara Friedman, Supervisor, Pediatric Pulmonary Lab; Alma Leigh Fulmer, ECG Lab Supervisor; James J. Giglio, Assistant Supervisor, Plumbing; Mary Louise Kelley, Training Supervisor, Environmental Services; Lisa J. Mars, Development Officer, Resources and Development; Pauline McCarthy, Executive Secretary, Social Service; Fernando Miranda, Assistant Supervisor, Radiology Film Library; Lois F. Parker, R.Ph., Satellite Pharmacy Supervisor; Mickey Reed, R.Ph., Acting Supervisor, Inpatient Pharmacy; Philip E. Waithe, Jr., R.N., Supervisor, Blood Transfusion Service; Kathy Woodman, Coordinator, Volunteer Department; and Terry Wrobel, Systems Analyst, Ambulatory Care Business Office.

The program, which is based on the Behavior Modeling method of instruction, focused on the following topics: Basic Principles, Giving Recognition, Setting Job Standards, Improving Employee Performance, Correcting Problem Behavior, and The Performance Appraisal Interview.

Participants have been asked to suggest additional topics that they would like covered in future training programs. Follow-up sessions are tentatively planned for later this year. Information on upcoming programs can be obtained by calling extension 2230.

It was a big day for the 47 students and their families participating in graduation ceremonies of the Institute of Health Professions. Here are some scenes from before, during, and after the graduation.



July 18, 1985

THE MGH HOT LINE

News Office, Bulfinch 1, Ext. 2206

"Family Day" Set For Sept. 7

It promises to be a day of fun and games as the planning continues for MGH "Family Day" on Saturday, September 7, across from the hospital on the banks of the Charles. (The rain date is Sunday, September 8.)

Tickets are now on sale in Room 215 of the Bulfinch Building (across from the Bulfinch 2 Conference Room) on Mondays, Wednesdays, and Fridays from 2-4 p.m. The price is $2 for adults and $1 for children, with the money going for food and to defray MDC expenses.

A road race will begin at 10 a.m. with a five-mile run along the river. Entry fee for the race is $5.00, and this includes admission to "Family Day." The first 300 runners will also receive MGH T-shirts. More than 100 employees have already signed up.

In the afternoon, members of the administration will challenge players from the MGH Softball

(continued on page 2)

The Capital Campaign Update

Four years and three months after launching The Capital Campaign in February of 1981, the MGH renewal effort has reached the halfway point. To date, contributions and pledges total $84,512,800 toward a final goal of $169 million.

"Thanks must go to our dedicated volunteers, to the people of New England, and to others around the world who have responded so generously," said John L. Cooper, co-chairman of The Capital Campaign. "This hospital seeks to continue to provide the highest quality health care in the decades to come. Clearly, our efforts are appreciated and respected by the people we serve."

The $84.5-million total represents the largest sum ever committed to the MGH in so short a period, and one of the most ambitious capital drives ever undertaken by a U.S.

(continued on page 2)

Some of this year's graduates of the Institute of Health Professions following ceremonies on the Bulfinch Patio. More photos are on page 6.

First Nursing Students Receive Degrees

Graduation Held for Institute's Class of 1985

The first class of nurses from the MGH Institute of Health Professions were among 47 students participating in graduation ceremonies held on June 21 on the Bulfinch Patio.

The students from the nursing program were the first nursing graduates from the MGH since the hospital closed its School of Nursing diploma program in 1981. Graduates of the Institute's nursing program received Master of Science in Nursing degrees.

Other graduates were awarded Master of Science degrees in Dietetics and Physical Therapy. Graduate Certificates in Social Work in Health Care were also presented.

All of this year's nursing graduates passed the Massachusetts licensure examination and became registered last year. Their program combined basic professional preparation for nursing with graduate level study in a clinical specialty including cardiopulmonary, pediatrics, women's health, gerontology, oncology, and psychiatry.

Delivering the commencement address was Donna Diers, R.N., M.S.N., Professor, Yale University School of Nursing. Dr. J. Robert Buchanan, MGH General Director and for the past year Acting Provost of the Institute, conferred the degrees and certificates, and Dr. F. Sargent Cheever made the presentation of the degrees and certificates on behalf of the Trustees Institute Committee.

They're All Quitters

This is the story of some employees who have quit. They acknowledge that it was something they had been thinking about for a long time. So they put their minds to it and did it. Now, they say, it has changed their lives.

You'll continue to see Bob Crivello, Theresa Hayes, Lynn Neville and Jeanne Benoit at their MGH jobs. But what you won't see is their cigarettes. They've quit the habit.

For Mr. Crivello, the end came following a stroke in May of 1984. For Miss Hayes, the decision was made after a series of distressing headaches. And Ms. Neville and Ms. Benoit did it after attending classes sponsored by the MGH Cancer Control Office.

But they all emphasize that, despite popular belief, it's not easy to be a quitter.

"Many people initially give up smoking for the wrong reasons," explained Lynn Neville, Chief Technologist in Hematology, who had smoked for 20 years. She had quit once in 1978 only to go back to cigarettes eight months later. "I found that I was doing it for everyone except me. This time, I quit for myself. I made the decision that I wanted to quit more than I wanted to smoke."

The decision for Mr. Crivello, a member of the Photography Lab, was actually made for him. "After my stroke last year, I knew that if I wanted to live, which I do, I would

(continued on page 5)

Fifty-five Year Old Man Celebrates 20th "Birthday"

In 1965 when he was told he had no more than three months to live, Antonio Soares spent much of his time simply counting the days. Now, 20 years later, the Cambridge resident is counting his blessings.

Thanks to a kidney donated by his brother and the skill of surgeons at the MGH, Mr. Soares is leading a normal, healthy life. He is also giving new hope to others in need of similar transplants.

Antonio Soares is the longest living patient to have undergone a kidney transplant at the MGH. And to mark the 20th anniversary of the operation, his surgeon Dr. Paul S. Russell, Chief of Transplantation, held a party last month in his patient's honor.

"Whenever someone asks me how long a patient can live with a transplanted kidney, I use Tony as my yardstick," said Dr. Russell. "When we first started doing kidney transplants in the 1960s, we told patients that their lifespan might be

(continued on page 4)

Dr. Paul Russell (center) with Mr. Soares (right) and Otto Kaltofen, who will also celebrate 20 years with a new kidney later this year

Historic Clinic Moves Into New Quarters

The renowned "Ward 4" of the MGH, which has long pioneered clinical research in metabolic diseases, has a new home. On June 12, the 10-bed unit, now known as the Mallinckrodt General Clinical Research Center, moved from the first floor of the Bulfinch Building to the newly renovated twelfth floor of the White Building.

Established 60 years ago with funds from the Rockefeller Foundation, Ward 4 has always been dedicated to the proposition that the research of today is the treatment of tomorrow. Each bed in the center, which is now supported by the National Institutes of Health (NIH), Division of Research Resources, is reserved for patients with some type of metabolic illness which remains a medical challenge. Therefore, research is being undertaken in such areas as diabetes, infertility, premature or delayed puberty, osteoporosis, abnormalities of calcium metabolism, Alzheimer's disease, depression, thyroid disease, and hypertension, among others. Outpatient research is also conducted in the center.

"This unit provides a place to carry out studies that can't be conveniently handled in a regular hospital ward," explained Dr. Robert Neer, Director of the Center. "That necessitates both a small number of beds and a high nurse-to-patient ratio, as well as strict control of environment and diet and synchronization of multiple tests and other procedures."

Known to medical science simply as "Ward 4," the center was one of the first clinical research units in the U.S. Despite the ward's small size and unimposing appearance, research carried out there unlocked countless medical mysteries. In addition, the roster of physicians associated with the unit throughout its history reads like a "who's who in medicine." Names like Howard Means, Walter Bauer, Joseph Aub, Fuller Albright, and Oliver Cope, among others.

The first clinical investigation, headed by Dr. Joseph C. Aub, involved the study of lead poisoning. Studies followed on calcium because of certain similarities to lead. In the ensuing years many problems involving diseases of the skeleton, kidneys, and parathyroid glands were clarified. Diagnoses became more precise, and new methods of treatment evolved.

In 1949 Ward 4 was renamed Mallinckrodt--Ward 4 in honor of its staunch supporter, Edward Mallinckrodt, Jr. The Mallinckrodt family, Foundation, and Chemical Works (of which Edward Mallinckrodt was board chairman) continue to support clinical research at the MGH. According to Dr. Neer, the Mallinckrodts' generous contribution, along with funds from the NIH and the MGH Capital Campaign, made the center's long-needed relocation possible.

A typical two-bed patient room in the old Ward 4 on Bulfinch 1...

And a typical new inpatient room on White 12

Family Day (continued from page 1)

League in a softball game on the MDC diamond.

The day's events will also include swimming at the MDC pool, tennis at the adjacent courts, as well as a pie eating contest, egg throws, and other games for kids, young and old.

The big appetites resulting from all these activities will be satisfied with submarine sandwiches, potato chips, watermelon, and soda, all of which will be included in your admission price. In addition, a limited amount of beer will be served to adults on a controlled basis.

"We hope to see the whole MGH employee family on 'Family Day' sharing the spirit of good old-fashioned fun," said Joe Malone of the Plumbing Shop, chairman of the event. "We're going to try to do everything we can to make sure that everyone has a good time."

Other employees involved in the planning are Bruce Rossi, Paint Shop; Kevin Harrington, Wage and Salary; George MacNeil, Biomedical Engineering; Martie Smith, Benefits; Alyson Hall, Benefits; Karen McCollem, OPD Billing; Pat Aulson, Molecular Biology; and Dr. Peter Mueller, Radiology.

Keep 'Em Coming!

We've heard from many of you, doubling responses in the last month. Nearly $150,000 has been raised to date.

Remember, this is your ONLY opportunity to contribute to the Employee Capital Fund Drive's Direct Appeal. We will not be asking again next year.

Please return your pledge cards to your department's contact person or to Gail Grootemaat, c/o Admitting Services, Gray 1.

Campaign (continued from page 1)

hospital. The midpoint comes less than 18 months after the Campaign successfully met and surpassed an interim goal of $65 million in December, 1983.

During the early part of 1984, the MGH reviewed Campaign goals, assessing them against community need for health care facilities in the future. This review resulted in a concentration on the total modernization of all MGH inpatient rooms and a revised total goal for the Campaign.

New priorities in the $169 million goal now include three-quarters of the funding necessary to construct a proposed inpatient tower having approximately 400 beds, or $84.8 million; other patient care facilities for trauma care, intraoperative-radiation therapy, and cardiac catherization, $13.2 million; and increased endowment for the MGH Institute of Health Professions, $6 million.

Among the key pledges in the Campaign have been those of Arthur O. and Gullan M. Wellman, whose 1981 pledge of $15 million helped create the new Wellman Research Building, and of Dr. and Mrs. An Wang, whose $4 million pledge in support of outpatient facilities was honored this spring in ceremonies naming the Wang Ambulatory Care Center.

So far, the Campaign has received 19 pledges of $1 million or more, 9 pledges of between $500,000 and $1 million, and 86 pledges of $100,000 to $500,000. In the course of the Campaign, more than 100,000 contributions have come in, with individual gifts ranging from $2 on up.

The halfway point officially came on May 28 with a $3,000 check from the Houghton Mifflin Company of Boston. The publishing firm is a long-time supporter of the MGH, having contributed a total of $22,400 during the Campaign. Houghton Mifflin's most recent gift is a new contribution over and above a three-year Campaign pledge completed last year.

"I am pleased," said W. Michael Bodden, Chairman of the Houghton Mifflin Contributions Committee, "by the success you are having in raising the money necessary to maintain a great institution."

Of course, reaching the midpoint in the Campaign also means there is $84.5 million yet to go. "Tremendous effort by a dedicated corps of volunteers has brought us to this significant success," remarked Mr. Cooper. "But our achievement should be seen as a plateau, not a peak. The road onward is still uphill."

The Champs

With Helen Doherty, Director of Dietetics, (front row center) are members of the White Kitchen Warriors, 1985 champions of the MGH Basketball League.

Who's Hot and Who's Not at Softball Mid Season

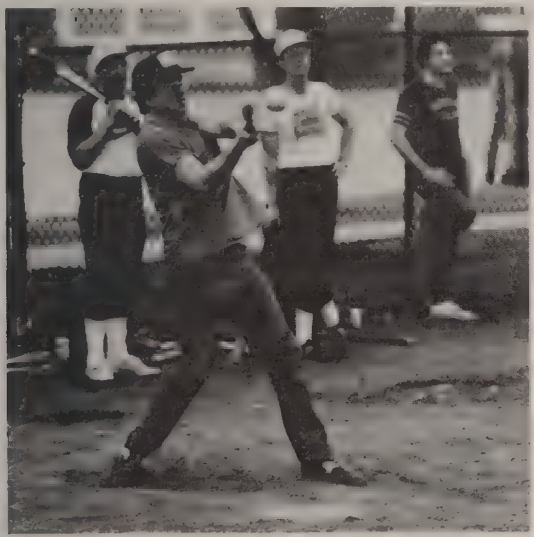
After going into the deep freeze last season, the HVAC team (formerly the Refrigeration Shop) has cooled off the other teams this year to go on top in the MGH Softball League.

As of July 8, HVAC, under new coach Ronnie Heittman, is sporting a record of 7-0. They are followed by the Paint Shop at 3-4, the Electric Shop, last year's champs, at 2-3, and the team from Personnel with a record of 2-4. Bringing up the rear is the Doctors team at 2-5.

The top four teams go on to the playoffs, which begin the end of August.

Pictured below are a few of the league's players in action. (Photographs by Joe Fortunato)

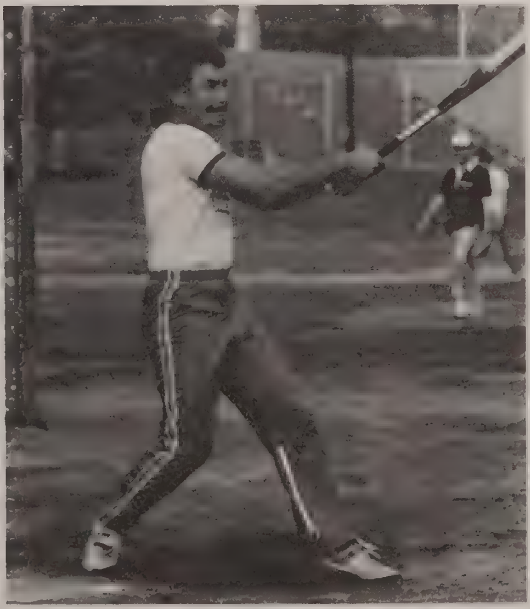
Joe Palmarozzo, Personnel team



Chuck Perry, Paint Shop

Dave Morin, Paint Shop

Jimmy Wilson, HVAC



Orazio Martinello, Electric Shop

Nutritional Highlights

by the Department of Dietetics

Last year at this time we published an article on the controversies surrounding the newest alternative sweetner, aspartame (brand name NutraSweet) and advised you to "stay tuned" for future developments. Here is a summary of the major issues one year later:

Aspartame continues to be approved by the Food and Drug Administration as well as health regulatory agencies in 33 other countries worldwide. Early consumer complaints relating aspartame ingestion to problems such as headache, dizziness, GI distress, and mood swings have been dismissed.

An investigation conducted by the Center for Disease Control found that the symptoms reported were general and mild in nature and did not occur in a consistent pattern that could definitively relate the onset of these common complaints to ingestion of aspartame-containing products. (The investigators did not, however, rule out the possibility that some individuals may be truly sensitive to aspartame.)

Concerns that aspartame in soft drinks stored for extended periods of time at high temperatures may break down to yield toxic levels of methyl alcohol (methanol) have also been allayed. While it is true that aspartame does break down to methanol, the amount produced is similar to that found naturally in many foods. A 12-ounce can of diet soda yields approximately 42 mg. of methanol, compared to 47 mg. in 8 ounces of tomato juice, 20 mg. in a medium banana, or 60 mg. in 2 ounces of hard liquor.

The one area of concern that remains somewhat controversial is the question of whether aspartame can cause detrimental changes in brain chemistry and function, particularly in developing fetuses and very young children. The central focus of the ongoing debate is the amino acid phenylalanine, a key component of aspartame. Excessive blood levels of phenylalanine can cause permanent brain damage in infants and children suffering from an inherited metabolic abnormality known as phenylketonuria (PKU).

Several studies have shown that at expected maximum levels of consumption (about 10 cans of diet soda for the average female), blood phenylalanine levels are similar to those produced after eating a normal meal. Even at excessive levels of consumption (about 60 cans of soda consumed at one time), blood levels of phenylalanine were below those at which toxic effects (brain damage) can be expected to occur.

Nonetheless, some scientists and consumer groups continue to question the safety of aspartame-sweetened products for pregnant women, infants, and children. A key point in their argument is the fact that children, because of their smaller body size, can consume the maximum expected level of aspartame much more easily than adults. A preschool child weighing 40 lbs. would reach the maximum level of expected aspartame consumption with two (12 oz.) glasses of powdered fruit drink mix and one (1/2 cup) serving of NutraSweet pudding.

In summary, aspartame appears to be a safe acceptable artificial sweetener that has neither the bitter aftertaste nor minimal cancer risk associated with saccharin. In using aspartame-containing products, however, it would be wise to remember the rule of moderation, particularly for young children and pregnant women.

Kidney (continued from page 1)

about three years. Obviously, that is not true anymore."

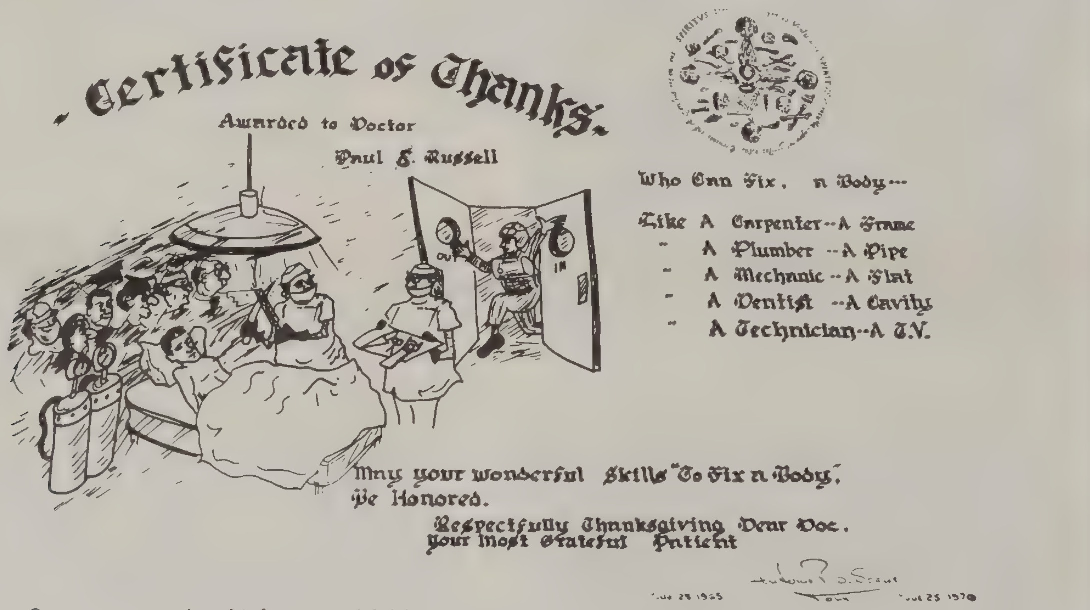
But Mr. Soares still remembers that original prediction. "Yes, right after my surgery Dr. Russell told me that," he recalled. "At that time, I was just grateful to be alive. But I must confess that when 1968 arrived, I did have thoughts that it might be my last year."

But it wasn't. And every June 25, the anniversary of the operation, Mr. Soares, now 55, calls Dr. Russell just to thank him for "my new life."

Since that kidney transplant, only the seventeenth ever performed at the MGH, Mr. Soares, an engineer at Honeywell for the past 25 years, has been in good health, although he's careful about what he eats to avoid making the kidney work any harder than it has to. But it was a far different story prior to his surgery.

"He had suffered kidney disease for about five years before the transplant," related Dr. Russell. "There was no alternative but to perform a transplant."

At that point, the search to find a compatible donor began. After testing members of his family, it was determined that Mr. Soares' youngest brother Carlos was the most suitable donor for this operation, which was still in its infancy. The transplant was performed immediately. The patient was told it was a 50-50 chance the operation would be a success.



Certificate of Thanks.
Awarded to Doctor
Paul S. Russell

Who Can Fix, a Body---

Like A Carpenter--A Frame
" A Plumber --A Pipe
" A Mechanic --A Flat
" A Dentist --A Cavity
" A Technician--A T.V.

May your wonderful Skills "To Fix a Body",
Be Honored.
Respectfully Thanksgiving Dear Doc.
Your Most Grateful Patient

June 25 1965 June 25 1970

Antonio Soares made this certificate for Dr. Russell on the fifth anniversary of Mr. Soares kidney transplant.

In addition to Dr. Russell and Carlos, Mr. Soares credits his wife for giving him the will to live. "I really don't think I would have made it without her, and of course, without God," he said.

The Cambridge resident added that not only did he get a new kidney on that June day 20 years ago, but he acquired a new perspective as well. "When you come so close to death, you obviously have a greater appreciation for life," he said, "so I do whatever I can to help others, especially those in a similar position."

This includes helping to found the "Transkidon Club," which is short for Transplant Kidney and Donors. This group helps to raise money for the MGH Transplant Unit by holding auctions, bake sales, and yard sales. Some members, such as Mr. Soares, also take the time to visit patients who are preparing to undergo kidney transplants. But one such visit, which Mr. Soares made shortly after his own operation, still stands out in his mind.

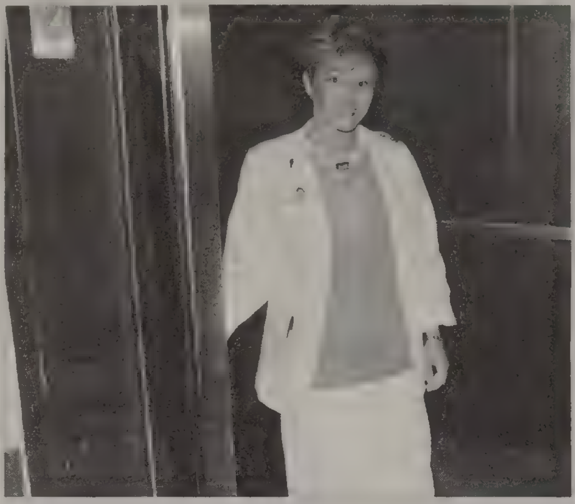
"I walked into the Transplant Unit, which at that time was on White 12," he recalled, "and all I really told this one patient was how well I thought he looked. It gave him such a big boost to hear that. His mood seemed to change immediately."

That patient was Otto Kaltofen, a General Accountant in the Chief Accountant's Office of the MGH, who in November will celebrate his 20th year with a new kidney. "I'll never forget what Tony did," said Mr. Kaltofen. "It was such a difficult time for both of us. We wanted so much to live but knew there was a good chance we wouldn't. But here we are together 20 years later. I guess you could say we've done all right, haven't we?"

Nurse Saves Life Using CPR

"It was one of the nicest feelings I've ever had. I'm sure I'll remember it for the rest of my life."

Carolyn Catinazzo isn't the only one who won't soon forget the events of May 23. Nathan Herbert won't forget that day either. Nor will he forget Ms. Catinazzo. After all, it was she who gave him a second shot at life...at the age of 87.



Carolyn Catinazzo

It was shortly after 1:30 p.m. on that Thursday when Mr. Herbert collapsed inside an elevator in the Wang ACC Building. Ms. Catinazzo, an LPN, had just left the Surgical Day Care area on ACC 2 to return to her GYN Associates office down the hall when she heard someone call out for help.

She rushed over, checked for pulse and breathing, made sure the airways were clear, and began cardiopulmonary resuscitation (CPR). Within seconds, Dr. Nanette Santoro, who happened to be close by, joined Ms. Catinazzo in CPR. Just as the MGH's Code Call Team arrived on the scene a few seconds later, Mr. Herbert began breathing on his own. Ms. Catinazzo, with the help of Dr. Santoro, had saved his life.

Mr. Herbert was taken to the Emergency Ward and later was admitted to the Bigelow 8 Intensive Care Unit. He was eventually transferred to White 8 and on May 31 was discharged from the hospital. Doctors had determined that Mr. Herbert, who wore a pacemaker, had suffered an arrythmia leading to his cardiac arrest.

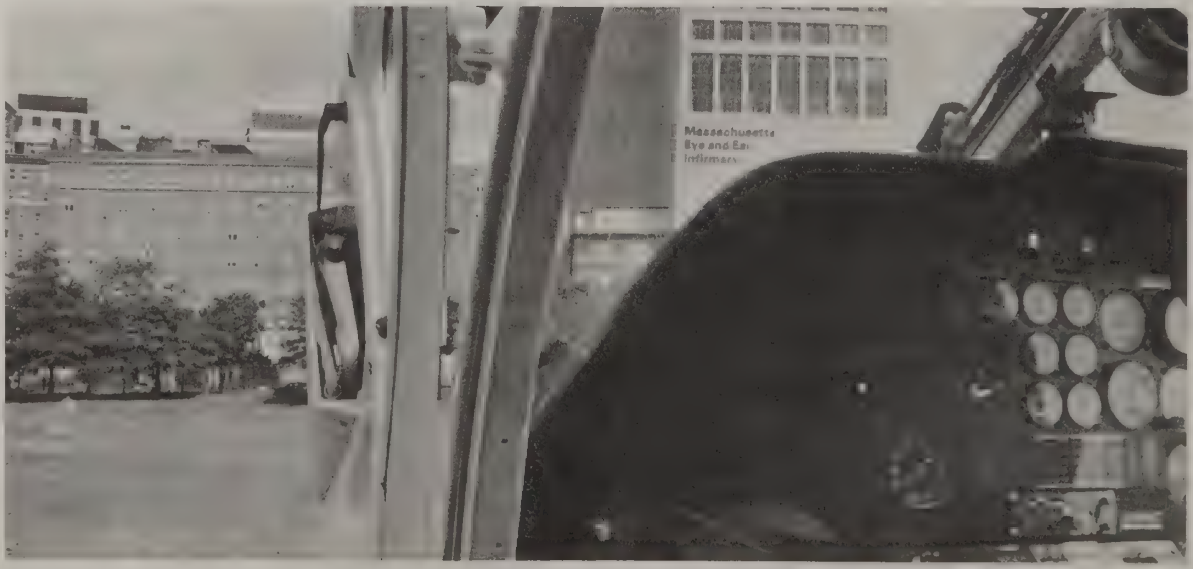
"It all happened so fast, I really didn't have time to think about it," recalled Ms. Catinazzo, who is the nurse for Dr. Masha Etkin. "You just act instinctively. It's either you or no one."

And for Nathan Herbert, it was Carolyn Catinazzo. "I'm surprised he even knew who I was," said the nurse. "When I visited him a short time later, he took one look at me and said, 'I know you. I saw you kissing me.' And later when I walked into his room, he told everyone that I was the nurse who saved his life. That made me feel good."

But Ms. Catinazzo, who's been at the MGH for six years--first on White 11 and then in the Admitting Office--believes there was nothing very heroic about what she did. But she did admit to "shaking a little" immediately following the incident and to being "on cloud nine" for several days afterward.

"Even though I've known CPR since nursing school," she explained, "I've never really had to use it except at a bedside in the hospital. But I think anyone in a similar situation would have done the same thing as I did. You just need to know CPR and be in the right place at the right time."

Fortunately for Nathan Herbert, Carolyn Catinazzo did and was.



A view of the MGH and Mass. Eye & Ear Infirmary from inside the new Med Flight helicopter, a flying intensive care unit transporting patients to eight area hospitals, including the MGH and MEEI (See June 20 HOT LINE.)

Retirements

Carleton (Nick) Goff of the Planning Office (right) found a lot to laugh about at his recent retirement party in celebration of 40 years of service to the MGH. Telling the story is Operations Director Stephen Kauffman.

Jane MacIver of the Treasurer's Office meeting friends and colleagues at her recent retirement party in the Walcott Room. At right is Peter Blatchford, Deputy Treasurer.

Baker 3 Nurse Wins "Father of the Year"

It was no ordinary Father's Day this year for Robert Dysard, a nurse on Baker 3. But then again. Mr. Dysard is no ordinary father.

For the past three years, Mr. Dysard has raised his daughters Christine, eight years old, and Kathleen, who is six, by himself while working full time at the MGH.

And if he never knew how much his children love him, he certainly does now. His daughter Christine wrote a letter about her father to the Malden Evening News which resulted in his being named "Father of the Year" by the Everett edition of that newspaper.

"I'm still in a state of shock," remarked Mr. Dysard, who has been an L.P.N. on the Neuromedicine-Neurosurgery floor for the past three and a half years. "I knew my daughter was sending a letter to the paper, but I never really expected to win anything."

Christine's letter was selected from among hundreds sent to the paper by children in Everett. In part, she wrote that her father "has a very hard job. He has had to be both mother and father to us [since] our mom left us a few years ago....Besides working full time, he cooks, cleans, does laundry, and still makes time for us."

And finding time, according to Mr. Dysard, can definitely be a problem. "I work a day-evening rotation and every third weekend," he explained, "so we have to plan things around my work. But my head nurse--Anne Kennedy--has been very good in scheduling me. And the four-day work week also helps."

When he cannot be with the girls because of his schedule, Mr. Dysard has baby sitters caring for them. He also is fortunate in having back-up people available in the event a baby sitter may not be able to work. He also has a sister who lives close by.

When he and his daughters are together, Mr. Dysard makes sure they actually do something together, whether it be going on a trip or just going for a walk.

The nurse admitted, however, that it is not easy caring for many patients every day and then going home to care for his own children without any help. "But I think having a background in nursing has helped," he said. "I knew what was involved in taking care of people, and I've been able to apply that to taking care of my own children."

He added that his daughters have been a big help doing things for themselves and taking responsibility for some of the cleaning, especially their own rooms.

And the divorced father of two is well aware of his responsibility to them. "My daughters have had a lot of losses in their lives," he said, "and I guess they haven't had too many things they've been able to rely on."

But now Christine and Kathleen Dysard do--having an award-winning dad.

Baker 3 nurse Robert Dysard with daughters Christine (left) and Kathleen

Quit (continued from page 1)

have to live without cigarettes," he said.

While not suffering anything as debilitating as a stroke, Mr. Crivello's Photo Lab colleague Theresa Hayes did experience headaches... many of them. "I used to go to sleep with headaches almost every night," she related. "I was up to almost three packs a day. I knew I had to do something, so I quit 'cold turkey.' It was the Sunday after Thanksgiving in 1983. I had already smoked two packs earlier that day, and I was in a Chinese restaurant that night when I started to get another one of my headaches. I left a whole pack of cigarettes there, right on the table. It was the best thing I ever did."

For more than two and a half years, Ms. Benoit, who works in Wage and Salary, thought she was successful in her effort. But something happened last February to make her cast some doubt on that opinion. "I was in a room with someone who was smoking," she said, "and the cigarette was suddenly very appealing. I just had to have one."

So she did. In fact, she's had five cigarettes over the last few months. What she knows is that she desperately wanted them. What she doesn't know is why.

"I wish I did," she lamented while staring at the "I QUIT" sticker on her desk. "I honestly don't know what did it. I just had this overwhelming desire for a cigarette. I know I don't want to smoke. I don't want to go through that withdrawal and expense all over again, not to mention what it might do to my health. So I'm trying to reapply some of the things I learned in the group and hope that this is only a temporary setback."

Ms. Neville has also been tempted from time to time to have a cigarette. But she has a special formula, suggested in her class, to get her out of the mood very quickly. "You take the ashes from a cigarette," she explained. "You put them in a glass jar. And then you look into the jar and think that what you see could be your lungs."

The former smokers interviewed all remarked how much better they feel since they've quit. They say that they have more lung capacity and an improved sense of smell and taste. But they add that this can produce another problem, as well. "Some people think if they quit smoking, they'll get fat," remarked Ms. Hayes. "But a lot of that extra weight may come about because instead of cutting short their meals to have a cigarette, they now have the time to finish them."

In addition to feeling better physically, some believe there is a change for the better psychologically. "I used to keep a pack in my shirt pocket and another in my pants pocket just in case I ever ran out," acknowledged Mr. Crivello. "I was so worried that I'd be without them. I remember once I was out on a lake fishing when I ran out of cigarettes. I stopped what I was doing just to go back to shore to get another pack. I just didn't realize what a slave I was to the habit. I'm so much more relaxed now."

And although he once quit for eight years, Mr. Crivello vows that this time, it's for good. "There's no way I'm going to smoke again and jeopardize my health," he said. However, Ms. Hayes is a bit more philosophical. "I just remember that I'm only one cigarette away from starting all over again."

Supervisors Complete Course

Members of the MGH supervisory group with their instructors

Fourteen members of the MGH supervisory group were awarded certificates on June 26 following their completion of the Zenger-Miller Supervision Training Program.

Kurt Westerman, Director, Benefits and Training and Development, presented the certificates and congratulated the group on being the first to complete the program. It will be offered to approximately 300 supervisors in the coming year.

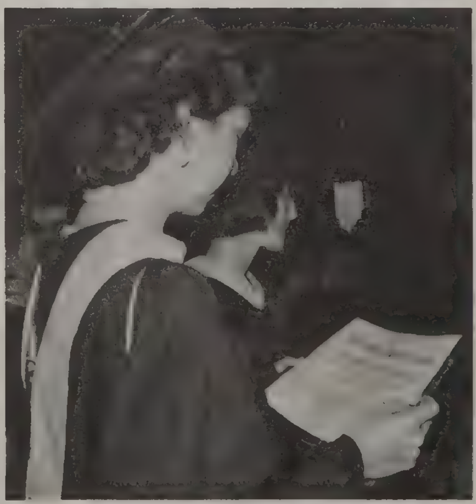
Mr. Westerman also told the group that it was the goal of the Training and Development Department to train every supervisor at the MGH who desired such training sometime in the next three years. Six members of the MGH have been certified to offer the supervisory training program. They are Ed Coakley, R.N., Joan Garity, R.N., Ed.D., Staff Education Department; Maria Greco, Ph.D., and Patricia McGurty, Training and Development, Harold Weiss, Clinical Administration, and Winthrop Huyghue, III, Environmental Services. It is hoped that additional staff will be certified to offer the program in the near future.

The following employees were awarded certificates: George Barrett, R.Ph., Supervisor, Sterile Products, Pharmacy; Carol Cronin, R.Ph., Assistant Director of Pharmacy; Barbara Friedman, Supervisor, Pediatric Pulmonary Lab; Alma Leigh Fulmer, ECG Lab Supervisor; James J. Giglio, Assistant Supervisor, Plumbing; Mary Louise Kelley, Training Supervisor, Environmental Services; Lisa J. Mars, Development Officer, Resources and Development; Pauline McCarthy, Executive Secretary, Social Service; Fernando Miranda, Assistant Supervisor, Radiology Film Library; Lois F. Parker, R.Ph., Satellite Pharmacy Supervisor; Mickey Reed, R.Ph., Acting Supervisor, Inpatient Pharmacy; Philip E. Waithe, Jr., R.N., Supervisor, Blood Transfusion Service; Kathy Woodman, Coordinator, Volunteer Department; and Terry Wrobel, Systems Analyst, Ambulatory Care Business Office.

The program, which is based on the Behavior Modeling method of instruction, focused on the following topics: Basic Principles, Giving Recognition, Setting Job Standards, Improving Employee Performance, Correcting Problem Behavior, and The Performance Appraisal Interview.

Participants have been asked to suggest additional topics that they would like covered in future training programs. Follow-up sessions are tentatively planned for later this year. Information on upcoming programs can be obtained by calling extension 2230.

It was a big day for the 47 students and their families participating in graduation ceremonies of the Institute of Health Professions. Here are some scenes from before, during, and after the graduation.



THE MGH HOTLINE

July 25, 1[illegible]

News Office, Bulfinch 1, Ext. 2206

Want to be A Candidate?

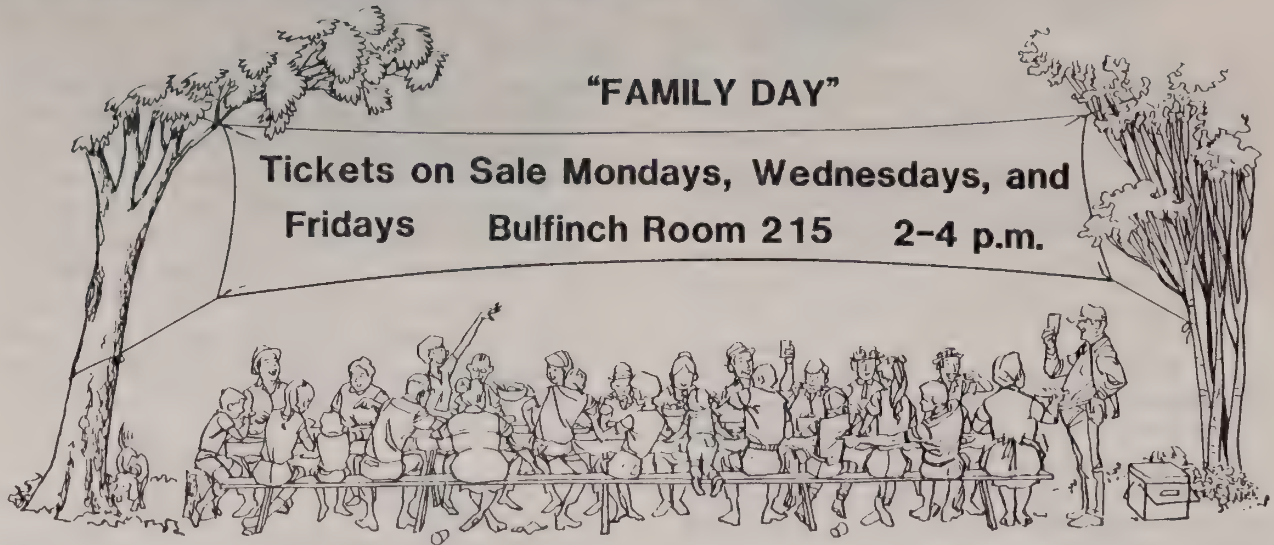
To serve as a Director of the Harvard University Employees Credit Union is an opportunity open to all members. If you are interested in running in the annual election taking place in November, you may contact any of the members of the Nominating Committee, who can provide you with an application:

Dorothy Bruno (495-9219)
John Donovan (726-2279)
Frank Lawton (495-4685)
Donald McNamara (495-3630)
Marshal Silverman (495-4300)

Applications can also be picked up at the Holyoke Center office in Cambridge, or may be requested by calling 495-4460. A decision concerning the candidates will be made by August in order to allow publication of the candidate list in October.

It Will Bowl You Over

The MGH Bowling League begins its 36th season on Thursday, September 5. All employees are invited to join the competition and fun. If you would like to participate, please call Kathy at Ext. 1795.



"FAMILY DAY"

Tickets on Sale Mondays, Wednesdays, and Fridays Bulfinch Room 215 2-4 p.m.

Doctors Honored

Dr. Robert G. Ojemann, Visiting Surgeon at the MGH, is the new President-elect of the American Association of Neurological Surgeons. He will become President of the AANS in April of 1986. Dr. Ojemann has written extensively on cerebrovascular disease and on surgical management of brain tumors. He has been Chairman of the American Board of Neurological Surgery.

Dr. Thomas P. Stossel, Chief of Hematology-Oncology, has been elected President of the American Society for Clinical Investigation, an association of leading clinical researchers.

Dr. Oliver Cope, senior surgeon, and Dr. Chiu-an Wang, Chief of the Endocrine Surgery Unit, were honored at the Sixth Annual Meeting of the American Association of Endocrine Surgeons in Toronto, Canada. Dr. Cope was presented with the First Meritorious Achievement Award in Endocrine Surgery. And Dr. Wang was installed as the sixth president of the Association. Both Drs. Cope and Wang have many interests in endocrine surgery, particularly in the field of parathyroid and thyroid disorders.

NAMES in the NEWS

Dr. Richard D. Granstein, an MGH Dermatologist, appeared recently on WNEV-TV (Channel 7) talking about minoxidil, a drug used in an attempt to restore hair in bald men.

Dr. Madhukar A. Pathak, an MGH Dermatologist, was interviewed recently by WPZI-TV (Channel 6) in Philadelphia about biotan and suntanning pills. He was also interviewed by WBZ-TV (Channel 4) concerning suntan lotions.

The Pediatric Hematology-Oncology unit, under the direction of Dr. John T. Truman, was the subject of a story recently by Independent Network News.

The MGH-Harvard Cardiovascular Health Center staff has written an article entitled, "Preventive Cardiology and Cardiac Rehabilitation,"published in the May 1985 issue of Cardiology Clinics. Under the editorial direction of Dr. Gregory Curfman and Dr. Alexander Leaf, this volume represents a unified approach to heart disease prevention.

IN THE HOSPITAL

Anne Sheetz, R.N., Chairman of Pediatric Nursing, presented the results of a nursing research study at the national convention of the Association of Children's Health meeting in Boston. The study, which was completed by Ms. Sheetz and Gellestrina DiMaggio, was entitled, "Concerns of Mothers Caring for Home Monitored Infants."

Winthrop Huyghue, III of the Department of Environmental Services, Fred Stott, a consultant to Resources and Development, and Judy Paige of the Ladies' Visiting Committee, recently presented a workshop at Tufts University. It was entitled, "The Fear of Fund Raising," and was presented there at the National Conference for Volunteers and Religious Professionals.

Sylvia Harnedy, a nurse on Phillips House 3, has received her B.S.N. degree from the Massachusetts College of Pharmacy, the first graduating class of nurses at the school.

Joan B. Fitzmaur[illegible]e, R.N., Assistant Professor at the MGH Institute of Health Professions and a cardiovascular clinical nurse specialist, was keynote speaker at the Second Northeast Regional Nursing Diagnosis Conference, sponsored by the Connecticut Nurses Association. She spoke about "The Concepts and Process of Research: Application to Nursing Diagnosis."

Colleen Kigin, M.S., R.P.T., Director of Chest Physical Therapy at the MGH and Assistant Professor at the Institute of Health Professions, has received the annual merit award of the American Physical Therapy Association's Cardiopulmonary Section.

Beauty Tips

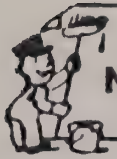
Here's another beauty tip from the MGH Beauty Shop on Phillips House 1:

WITCH HAZEL--Wonderful for damp cleaning the hair. Drys quickly. Helps to remove dandruff and also a great astringent for dry skin. Used for centuries because of its anti-irritant properties. Extract of Hamamelelis. A winter blooming shrub.

THE MGH HOT LINE

August 1, 198

News Office, Bulfinch 1, Ext. 2206



New Art Exhibit

"Games People Play," an exhibition featuring paintings and works on paper by nine artists, has opened at the Irene G. and Phillip F. Faneuil Gallery on the first level of the Wang ACC Building. This exhibition will run through October 6.

Each of the works, selected by curator Maria Friedrich, depicts the playing of a game, either as a solitary pursuit or in the company of family and friends.

The artists displaying their works in this exhibition are Martha McCoullough, Emily Young, Al Rizzi, Oliver Jackson, Robert Freeman, Aaron Fink, Nick Lawrence, Candace Walters, and Patrick Webb.

"Games People Play" is the third exhibition hosted by the gallery since its opening in March. Established by Irene Faneuil in memory of her husband Phillip, the gallery is open to MGH employees, patients, and the general public.

Something to Help You Write Now

Do you hate to write reports, memos, proposals, anything that means putting words on paper? Do you have trouble getting started on your writing assignments? Trouble finding the right words?

If so, then there may be a quick solution for you. Starting August 28, for four, three-hour evening sessions, the MGH will present a writing skills workshop that is open to all employees. This workshop has been presented at the hospital several times over the past three years with outstanding results.

The instructor is Jim Delay, formerly White House correspondent for Life Magazine, now President of Syntax: The Word Company, corporate communications consultant for ABC. He has written and reported on science, medicine, politics, education, business, and entertainment.

Class size will be limited to 25 students, with each of the four sessions running from 5:15 to 8:30 p.m. Tuition is $160, of which $150 can be reimbursed. College credit is available, and the workshop has been approved by the Massachusetts Nurses Association for 13.5 CEUs. If you would like to sign up, please contact Pat McGurty, Training and Development, Bulfinch 2, at Ext. 2230.

A Benefit For Halcyon Place

The National Digital Chairman's Cup to benefit the MGH's Halcyon Place will be held on Sunday, August 18, at 2 p.m., at the Myopia Polo Grounds in Hamilton. Halcyon Place was established earlier this year to give parents a place to stay while their children are hospitalized or undergoing treatment at the MGH. The price of tickets will cover the polo game and a private reception. For ticket information, please contact Sally Cave on Burnham 4, Ext. 2912. Meanwhile, if you would like to volunteer your time at Halcyon Place, please call Delores Billings at Halcyon Place (27 Commonwealth Avenue, Boston), 267-4242.

DON'T FORGET!

"FAMILY DAY"

SEPTEMBER 7

If You Overeat

The MGH meeting of Overeaters Anonymous is held on Thursday evenings from 5:30-6:00 in the Wang ACC Cafeteria. And a new O.A. group has just been formed and meets on Fridays from 12:30-1:30 p.m. at the Massachusetts Eye and Ear Infirmary's private dining room A on the seventh floor. This is a "crunch lunch" meeting at which people can eat during the meeting. O.A. is an anonymous fellowship of people whose lives have been made unmanageable by overeating or by other eating disorders. The only requirement for joining is a desire to stop eating compulsively. There are no dues or fees. For more information, please call Judi at Ext. 8608 or Dotty at 109-2145.

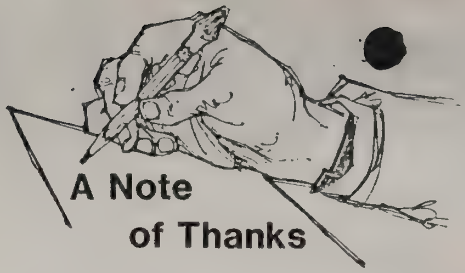
Volunteers Needed

Nonsmoking males between the ages of 19 and 45 are needed for a study on the effect of acetazolamide on exercise performance, ventilatory control, and arterial blood gases. Volunteers will be paid $200. For more information, contact Dr. Douglas C. Johnson or Dr. Peter Barkin, Pulmonary Unit, Bulfinch 1, Ext. 3734.

MGH in [illegible]e Media

While President Reagan was hospitalized outside Washington for removal of a polyp, later determined to be cancerous, several members of the MGH Cancer Center were interviewed by the local media about the operation. Dr. Andrew L. Warshaw of the Department of Surgery was interviewed on July 12 by WBZ-TV (Channel 4), WNEV-TV (Channel 7) live; and by United Press International. That same day Dr. Robert H. Schapiro of the Gastrointestinal Unit was interviewed by WEEI Radio. And on July 15, three MGH physicians appeared live at the top of the 6 o'clock news on the three major Boston TV stations. Dr. Ronald A. Malt was interviewed in front of the White Building by WBZ-TV, Dr. William C. Wood appeared on WCVB-TV (Channel 5), and Dr. George L. Nardi was a guest of WNEV-TV. In addition, Dr. Daniel K. Podolsky of the G.I. Unit was interviewed by WEEI. And Dr. Malt was quoted on page 1 in the July 14 BOSTON SUNDAY GLOBE, and Dr. Daniel S. Ellis was quoted in the BOSTON HERALD on July 18.

Meanwhile, the news media, both local and national, have followed with great interest the surgery of Stephen Fallon of Waltham, who was attending the Live-Aid concert in Philadelphia when it was announced that a new kidney was waiting for him. Mr. Fallon underwent a transplant the next day at the MGH and was discharged on July 22.



A Note of Thanks

A member of the staff at the MGH's Logan Medical Station has come in for some high praise from one of the patients she cared for recently. And we thought we would share the letter June Carroll, R.N., N.P. received.

Dear Nurse June:

If there were an Academy Award for Best Bedside Manner Exhibited by a Nurse, you would be in the main spotlight every year.

I was feeling absolutely miserable when I walked into your infirmary last Tuesday, June 11, 1985. You treated me with the concern and care that made me feel like you really, truly cared. Boy, was I pleasantly surprised.

I'm now pretty much back to normal--I even successfully completed my trip to Syracuse.

Once again, Nurse June, thank you. Don't ever lose that personal touch. You're one in a million.

Sincerely,
Gary Thompson
Manager, Truck Product Training
Nissan Motor Corporation

THE MGH HOTLINE

August 8, 1985

News Office, Bulfinch 1, Ext. 2206

Family Day Plans

If you're looking for a good way to wrap-up your summer fun, then plan on coming to the MGH "Family Day" on Saturday, September 7, along the banks of the Charles River across from the hospital. The day promises to get off to a fast start with the running of a five-mile road race along the river. And don't forget, the first 300 runners will receive T-shirts along with free admission to the rest of the day's activities. Among these activities will be swimming, tennis, a pie-eating contest, and other games for kids, young and old. Admission price is $2.00 for adults and $1.00 for children. The price includes submarine sandwiches, potato chips, watermelon, and soda. A limited amount of beer will also be available to adults on a controlled basis. So make your plans now for "Family Day." Tickets are on sale Mondays, Wednesdays, and Fridays from 2-4 p.m. in Room 215 (second floor) of the Bulfinch Building.

BACK-TO-SCHOOL

At the Institute

Interested in taking a course? Testing the waters to see if graduate school is for you? The MGH Institute of Health Professions is sponsoring a number of courses open to Special Students during the fall term (September 5 - December 13).

Late Afternoon and Evening Courses:

Anatomy Related to Orthopaedics (3 credits)

Introduction to Clinical Teaching (3 credits)

Neuroanatomy (3 credits)

Physiologic Response to Stress (3 credits)

Women Across the Life Cycle (3 credits)

Clinical Nutrition (3 credits)

Foundations of Clinical Assessment in Physical Therapy (3 credits)

Daytime Courses:

Biophysical Science (6 credits)

Clinical Psychopathology and Behavior (3 credits)

Clinical Research (3 credits)

Health Policy: Issues and Trends (1 credit)

Introductory Statistics (3 credits)

Issues in Health, Illness, and Disease (2 credits)

Life Cycle Development: Psychological, Social, and Physiological Aspects (3 credits)

Normal Nutrition (1 credit)

Pharmacological Intervention and Arrhythmia Interpretation in the Cardiopulmonary Patient (1-3 credits)

Tuition is $255 per credit, and all courses are eligible for MGH Tuition Aid. Loan funds are also available to MGH employees who qualify for Tuition Aid. To register and for more information on these courses, please contact Special Student Admissions at Ext. 3140.

IN THE HOSPITAL

NAMES in the NEWS

Dr. Martin S. Hirsch and Dr. Robert Schooley of the Infectious Disease Unit have been interviewed recently by several news organizations on the subject of AIDS. Dr. Hirsch was interviewed by the ABC-TV program "20/20" and also appeared on WBZ-TV (Channel 4). In addition, he was quoted in a story appearing in The New York Times. Dr. Schooley, meanwhile, has appeared on WNEV-TV (Channel 7) and WLVI-TV (Channel 56), and was a guest on WRKO Radio.

Study Needs Volunteers

The Reproductive Endocrine Unit is looking for normal male and female volunteers between the ages of 18 and 40 to participate in a research study. Participants should be on no medication, and women must have normal menstrual cycles (27-32 days). Remuneration is $100. For more information, contact Jayne Dorfman at Ext. 5526.

Explore Educational Options
Thursday, August 22
8:30-11:00 a.m.
Patio Room
For information, call Ext. 2230.

Julie A. Wheelden, Director of the Speech-Language Pathology Department, has been elected a Fellow of the American Speech-Language-Hearing Association. Election to ASHA is one of the highest honors this professional organization can bestow. Ms. Wheelden was honored for her clinical service to the profession, her administrative services, as well as her contributions to ASHA. There are presently only 703 ASHA Fellows from a total membership of more than 42,000.

Dr. Richard J. Kitz, Chief of Anesthesia, has been elected to the Institute of Medicine, only the second anesthesiologist ever named to that body. The first was Dr. Henrik Ben Dixon, formerly of the MGH. The Institute's members are engaged in a broad range of studies on health-policy issues.

Gary Giarrusso of O.R. Equipment Engineering was among 33 participants at a Technology in Medicine User's Meeting on June 25. This annual event brought together Engineering and Materials Management personnel from hospitals throughout southern New England for educational presentations on the management of health care technology.

Dr. William H. Sweet, senior neurosurgeon, was presented the Medical Alumni Award for Distinguished Service by the Medical Alumni Association of the University of Chicago. The award was presented in recognition of Dr. Sweet's "contributions of distinction to medicine and society."

Meryl Cohen, M.S., R.P.T., Supervisor, Cardiac Rehabilitation Physical Therapy, and a member of the Cardiovascular Health Center, was recently board certified in Cardiopulmonary Physical Therapy. This is the first specialty area in physical therapy to complete the certification process, and Ms. Cohen is one of the first nationally to pass the exam.

Three members of the MGH Arthritis Unit were honored recently with the Carol Nachman Prize for Rheumatology in ceremonies held in West Germany. Dr. Stephen M. Krane, Chief of the Arthritis Unit, shared the prize with Drs. Edward Amento, Steven R. Goldring. Also sharing the prize was Dr. Jean-Michel Dayer, a former member of the MGH and now on the staff of the University of Geneva.

THE MGH HOTLINE

August 29, 1985

News Office, Bulfinch 1, Ext. 2206

Family Day Canceled

Due to low ticket sales, the MGH Family Day outing, scheduled for Saturday, September 7, has been canceled. Refunds will be made to those employees who have already bought tickets. The Family Day Committee regrets any inconvenience this has caused. The road race, however, is still scheduled that day since more than 200 runners have already signed up to participate. For information on refunds or the race, contact Joe Malone at Ext. 2421.

Announcements

The Employee Fitness Room in the basement of Ruth Sleeper Hall will reopen for all classes on Tuesday, September 3. It had been closed for the past few weeks following flood damage.

Materials Management is making available, for hospital use only, many items of used furniture. If your office needs chairs, tables, desks, cabinets, etc., please contact Doug Parrish at Ext. 8209.

Eating What You Like And Liking What You Eat

COTTAGE CHEESE

If you're interested in food, health, and an enjoyable learning experience, then "EATING FOR THE HEALTH OF IT" is for you. In this popular eight-week program, you'll receive up-to-date information on how nutrition can affect your health. You'll also receive practical tips on how you can change your current diet to take advantage of these health benefits. Best of all, you'll have a unique opportunity to really see how it all fits together by observing weekly cooking demonstrations and enjoying complete evening meals that are not only healthful but also delicious and easy to prepare. Classes begin on September 5. Enrollment is limited, so call the Nutrition Service today at Ext. 2779 to reserve a space. And come dine with us!

Come to the Meeting

The Benefits Office would like to remind all employees that there is still time to attend an informational meeting on Master Health Plus, the new Blue Cross and Blue Shield health insurance plan being offered free beginning October 1 to eligible employees.

Master Health Plus meetings are being held today and tomorrow (Thursday and Friday) in Walcott Room 1 and also in the Mass. Eye and Ear Infirmary Auditorium today, tomorrow, and Tuesday through Thursday of next week.

Representatives from Blue Cross and Blue Shield will be on hand to answer questions and help employees enroll in the new plan. Employees who wish to enroll during the meeting should bring the dates of birth of their spouse and children. For more information and exact times of the meetings, please refer to the letter sent recently by Dr. Buchanan, or call the Benefits Office at Ext. 8133.

Walk for Health

The next big event planned for the Employee Capital Fund Drive is the WALK FOR HEALTH, scheduled for Saturday, October 19. This event will feature a scenic 10-mile walk around the Charles River, plus prizes, celebrities, and lots of fun.

HOW IT WORKS

Walkers will be issued Walk Cards which they can use to sign up as many sponsors as possible. Sponsors will be asked to pledge on a per mile basis, (i.e. 50¢ per mile, $5.00 for 10 miles). Walkers will have their Walk Cards stamped and verified at checkpoints located every two miles. After the Walk, each participant will collect from each sponsor and then turn the money in to the Volunteer Office. Prizes will be awarded to the top three fund raisers.

WHAT YOU CAN DO

WALK. Come out and enjoy the October sunshine, some healthy exercise, and good company. Compete for prizes.
SPONSOR A WALKER. If you can't walk, sponsor a friend.
VOLUNTEER. There are lots of jobs to be filled for Walk Day, including people to set up and clean up.

Whatever you choose to do, it should be a fun day. So mark your calendars for October 19 (rain date--October 26), and come walk for health! For more information, call Ext. 8540.

Course Offering

A Basic Radiation Protection Course for Laboratory and Hospital Personnel will begin on Wednesday, September 11, from 3-5 p.m., in Room 320 of Ruth Sleeper Hall. This course provides basic information about radiation safety, nuclear physics, radiation biology, nuclear instrumentation, and dosimetry. Part 1 is made up of four two-hour lectures intended for those desiring a general introduction to the field and satisfies MGH Radiation Safety Committee requirements. Two homework assignments are required. Parts 1 and 2 are eight two-hour lectures designed for those desiring a permit. It includes more advanced material and satifies the Nuclear Regulatory Commission requirements in Radiation Safety. Seven homework assignments and a final exam are required. To register, please call Dr. Frank P. Castronovo, Jr. in the Radiation Safety Office at Ext. 8328.

NAMES in the NEWS

Dr. Bert Zarins, an Orthopaedic surgeon, was interviewed by WNEV-TV (Channel 7) regarding an operation performed on New England Patriots receiver Gerard Phelan.

Dr. Martin S. Hirsch of the Infectious Disease Unit has appeared on the nationally telecast CBS Morning News on the subject of AIDS.

Social Service Notes

Living with cancer is not an easy thing to do. New fears, questions, and needs arise which change a person's life. To help cancer patients deal with such problems, the American Cancer Society has developed an educational program called "Living with Cancer." In a group setting, each person shares his or her own experiences. Every situation is different, but by sharing information and feelings, all participants will learn something they can apply to themselves. The program, which is open to cancer patients, their families, and their friends, consists of five two-hour sessions that are held weekly for five consecutive weeks. The next program in Boston begins on October 1 at the MGH Cancer Center. The deadline for registration is September 16. For more information, please contact Jane Calhoun, LICSW, at Ext. 8673.

The Social Service Department will be offering a Bereavement Group for people who have lost a close family member. The goal is to facilitate the grieving process through support and the sharing of mutual issues. The group will meet weekly for eight sessions beginning in the fall. If you're interested, please call Mrs. Elsa Ramin, LICSW, at Ext. 2623.

THE MGH HOTLINE

September 5, 1

News Office, Bulfinch 1, Ext. 2206

Memorial Service

A memorial service will be held at noon, in the Old South Church, Boston, on Saturday, September 14, for Edna S. Lepper. The former Director of Nursing at the MGH died on August 19 after a long illness. She was 83.

Miss Lepper was Director of Nursing from 1966 to 1968. Prior to that she served as Associate Director of Nursing. Seeing the need for easing the administrative burdens of nurses so they could spend more time with patients, Miss Lepper is credited with starting the MGH's Unit Coordinator Program and the hospital's Dispatch Service. Before her retirement in 1968 she was also clinical professor of nursing administration at Boston University.

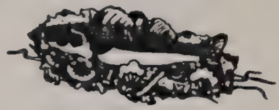
She was the first nurse to be appointed to the committee on professional practices of the American Hospital Association and the first nurse named to the U.S. Public Health Service Committee on Hospitals and Clinics.

A native of Attleboro, Miss Lepper was a graduate of the MGH School of Nursing and later earned her bachelor's degree from Columbia University.

Support Groups

Understanding that the care of an elderly person can be both demanding and rewarding, the Social Service Department is sponsoring a support/discussion group for people who are caring for or anticipating the care of an elderly person. The group will meet for eight weeks beginning in September. If you would like to participate or would like more information, please call Debbie Hughes, LICSW, at Ext. 5506.

Group leaders of the four-year-old MGH Oncology Support Group wish to extend an invitation to cancer patients and their families from all areas of the hospital. This group, which is designed to address the emotional impact of cancer, meets weekly on Mondays from 4:15 to 5:00 p.m. in the Baker 5 Lounge. It is facilitated by members of the Oncology Nursing staff and a social worker and is supervised by a Psychiatric Clinical Nurse Specialist. If you would like more information, please call Ext. 3256.



What's Cooking?

The MGH Cookbook is now at the printers, and it's expected that the book will be going on sale by the end of November, just in time for Christmas. Nearly 600 recipes, all submitted by MGH employees, will be published.

REMINDER! ABOUT HOT LINE

Just a reminder to employees that the deadline for articles to be submitted for use in THE HOT LINE is the Thursday before it is to be published. For the monthly, long HOT LINE, the deadline is generally two and a half weeks prior to publication. For more information on deadlines and publication dates, please call the News Office at Ext. 2206.

MGH in the Media

The MGH was the setting for a news conference on Saturday, August 10 to announce the creation of a special office in the state Department of Public Health to deal with issues related to AIDS. In making the announcement, Governor Michael Dukakis said that a new series of state grants would be made available for ongoing AIDS research. Public education and support service would also be provided for victims of the disease. Joining the Governor at the news conference was Dr. Martin S. Hirsch of the Infectious Disease Unit, who was interviewed by local television stations.

Dr. Francis L. Delmonico of the Transplantation team and Stephen Fallon, a kidney transplantation patient, appeared live nationally from the MGH on the ABC-TV program "Good Morning America." Mr. Fallon was also interviewed by the ABC Radio Network for a series on transplantation.

Dr. J. Robert Buchanan, General Director, appeared recently on WBZ-TV (Channel 4) and WCVB-TV (Channel 5) regarding the fiscal problems facing the MGH.

Dr. David Herzog, Director of the Eating Disorders Unit, was interviewed recently on that subject by the Cable News Network.

Dr. Wm. John Powell, Jr. of the Department of Cardiology was a guest on the WNEV-TV (Channel 7) program "Morning Live" to talk about animal research.

Dr. Carolyn Compton of the Department of Pathology is scheduled to appear on the Channel 5 program "The Good Day Show" on Thursday, September 12, to talk about animal research.

Dr. Jessica Fewkes, an MGH dermatologist, recently appeared live on the WBZ-TV (Channel 4) program "Live on 4" to talk about skin cancer. And on another day she was interviewed for that station's 6 o'clock news on the same subject.

Around MGH

Susan Laramee, R.D., M.S., Manager of Patient Food Services, presented a poster session at the annual state convention of the American Dietetic Association entitled "Selection and Monitoring of Calorically Dense Formulas for the Critically Ill Infant."

Beauty Tips

Here's another beauty tip from the MGH Beauty Shop on Phillips 1:

NATURAL HENNA FOR BLONDES--If the natural color of your hair is blonde and you desire golden highlights and super conditioning then:

Mix 1/4 cup white vinegar with the juice of one lemon. Apply to clean dry hair for 10 minutes. May be reapplied until desired results are obtained. (Second timing should be 5 minutes.)

August 22, 1985

THE MGH HOT LINE

News Office, Bulfinch 1, Ext. 2206

Looking for Some Old-Fashioned Fun?

Then come to the MGH "Family Day" on Saturday, September 7, across from the hospital, along the banks of the Charles River. The above photo is believed to have been taken at a similar MGH family outing in 1935.

"Water" Way to Start the Day!

When the telephone rang around 2:30 a.m., Ron Silverio knew it wouldn't be good news. A short time later when the Assistant Director of Environmental Services arrived at the MGH, his suspicions were confirmed.

While the city of Boston officially recorded more than four and a half inches of rainfall the morning of August 1, many parts of the MGH also had that same amount...on the floor.

"Practically every building in the hospital was affected by the rain," said Mr. Silverio. "We called in all our supervisors, and they were here by 3 o'clock that morning to direct the cleanup."

One of the major areas of flooding was in the lower level of the Wang ACC Building, where water collected in the lobby, the cafeteria, and the ACC Shop. Those areas remained closed for the day, as all the carpeting had to be removed.

Flooding also occurred in the Warren Lobby, the OPD Lobby, and the basements of the Phillips House, the Vincent-Burnham Building, Ruth Sleeper Hall, Bartlett Hall, and the Cox Building. The parking garages also experienced water problems.

"I was told that at one point the rain was coming down so hard," related Mr. Silverio, "the water was actually coming from the patio of the Warren Building, through the lobby, and out the front door to Charles Street."

Water was also reported in off-campus locations such as the Computer Center in Charles River Plaza and the offices at 2 Emerson Place.

Maintenance Manager Tony Giarrusso said that the hospital storm drains simply couldn't handle the amount of rain coming down. "There was

(continued on page 3)

Offices to Relocate

Several MGH departments will be on the move over the next few weeks as they begin relocating to 20 Charles Street, the former student residence building of the MGH School of Nursing.

Many of those departments involved have been occupying rental space at Charles River Plaza. They include Resources and Development, the Treasurer's Office, Purchasing, and Medical Art. Also included in the move are Management Engineering, now situated in Whittier Place, and most of the offices of the Institute of Health Professions, now housed on the fourth and fifth floors of Bartlett Hall and on the first floor of Ruth Sleeper Hall. Classrooms will remain in Ruth Sleeper Hall.

"The move will be done in several

(continued on page 3)

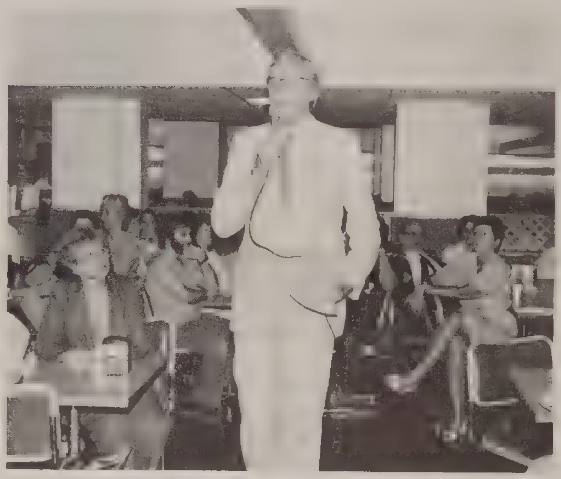
Financial Questions Dominate "Town Meeting"

The third "Town Meeting" was held on Wednesday, July 10 in the General Cafeteria. The following are the questions asked of Dr. J. Robert Buchanan, General Director, and his answers:

1) If we are trying to save money, why are we buying parking spaces for some staff at Charles River Park? Who are these spaces reserved for?

The parking spaces purchased represent an investment by the institution, an investment we think is a good one at a time when parking spaces in Boston are so dear. These spaces will be leased to members of the Professional Staff at market rates, and we expect to recoup our investment in this way. This investment has the additional benefit of providing parking for individuals

(continued on page 4)



Dr. Buchanan answering employees' questions at the July 10 Town Meeting

First Ever MGH Foot Replant a Success

A Columbia, Maine man is back home now after surgeons at the MGH successfully replanted his foot in the first lower limb replantation ever attempted at the hospital.

Bruce Ristow underwent 14 hours of surgery on May 31 after having been flown to the MGH via Bar Harbor Airlines from Maine Coast Memorial Hospital in Ellsworth.

The right foot was severed at the ankle when a lawnmower blade broke off.

Although MGH surgeons have per-

(continued on page 3)

Bruce Ristow shows his replanted right foot to photographers. Standing at left is Dr. Jesse B. Jupiter, who headed the replant team.

A Tragic Union But a Happy Reunion

Cruel fate brought them together 30 years ago this summer. But on this past July 14, it was the bond of friendship and love that resulted in their coming together again.

In July and August of 1955, these five people, along with about 80 others, were patients at the MGH, all victims of the devastating polio epidemic.

For some, their stay on the ninth floor of the White Building was relatively short, a matter of days and weeks. But for most of the others, including the five who gathered at the Quincy home of Sybil Mattson, their confinement was measured in terms of years. From 1955 to 1957, White 9 was their home and iron lungs and respirators, the air they breathed.

So it was amid this backdrop of discouragement and courage that Sybil Mattson, Rose Newcomb Twiggs, Jack Sheehan, Beverly Anderson, and Flo Willis came together again, as they have every 10 years since 1955.

The reunion was organized by Ms. Willis, a patient at the MGH for more than two years, and an employee of the hospital for the past 27 years.

"We were all strangers when we first met," remarked Ms. Willis, who was just 16 when she contracted polio. "But in a short time we became as close as we were to members of our own families."

In addition to the patients, others who participated in this "family reunion" included many of the people who cared for them on White 9 during those difficult months and years, such as Nell Eaton, a nursing supervisor in the unit, and nurses Dorothy Faulkes, who with her husband made the trip from Wisconsin, Shirley Hamara, Olive Willis, and George Chappell, who now works in the Blood Transfusion Service.

"They had to work so hard just to keep us alive," recalled Ms. Willis, whose father James was a former head of Central Supply. "We were all so sick we probably didn't realize at first just how much they did for us. But we do now."

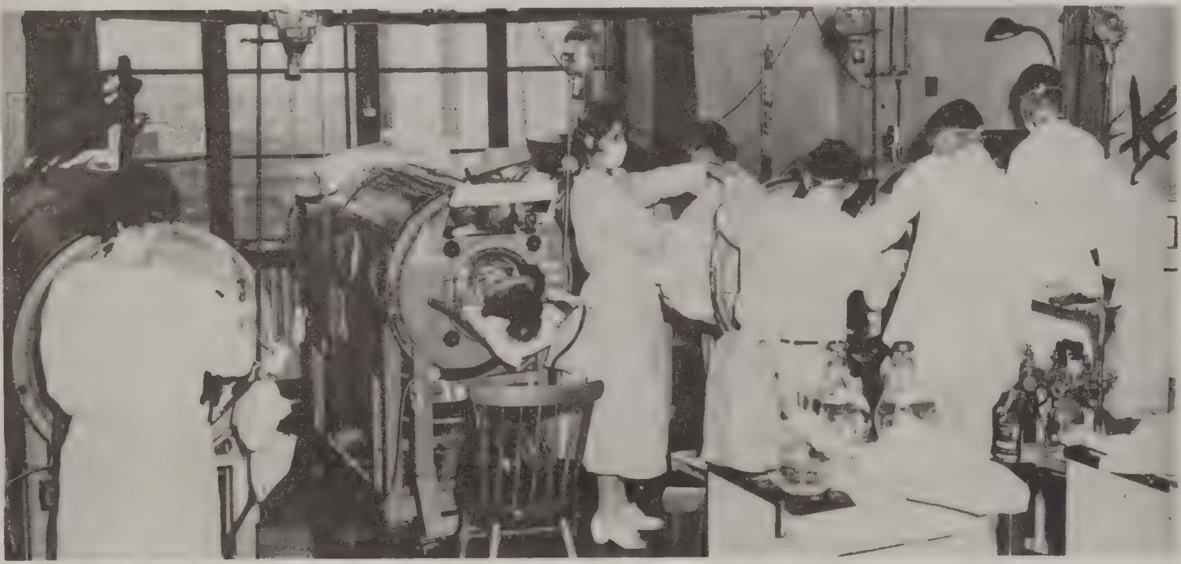
It was not surprising then that when it came time for Ms. Willis to be discharged late in 1957, she resisted. "I panicked, and I started to cry," she said. "It was as if I was leaving home even though I was actually going home."

But for Rose Twiggs, the day of her discharge was a bit different. She and nurse Faulkes went across the street to the Harvard Gardens and, in Ms. Twiggs' words, "got drunk as a skunk."

"We remember so many things," added Ms. Willis, who is an Administrative Assistant in the Department of Radiology. "I don't think the five of us would have done as well as we did without the support of so many people. There were many bad times, but there were good times, too. We always seemed to find something to laugh about."

And speaking of good times, the next reunion, which had been scheduled for 1995, will now take place five years from now.

"We decided to break tradition," said Ms. Willis. "I guess after all we've been through, it's kind of hard for us to wait for anything, especially the chance to see each other again."



A common scene during the height of the polio epidemic--MGH staff caring for patients in iron lungs. Incidentally, the patient in the iron lung most visible is Flo Willis.

Former White 9 patients, their families, and some of those who worked on that floor meet again under more pleasant circumstances 30 years later.

Nutritional Highlights

by the Department of Dietetics

It seems like everyone is talking about physical fitness these days. Ever increasing numbers of people are catching the fitness bug and enjoying both the physical and psychological benefits of regular exercise. Once people begin exercising, they often have concerns or questions about diet. There are a lot of misconceptions about how diet influences athletic performance.

This is the first of a two-part series on some of the myths about diet to help clarify the relationship between nutrition and exercise.

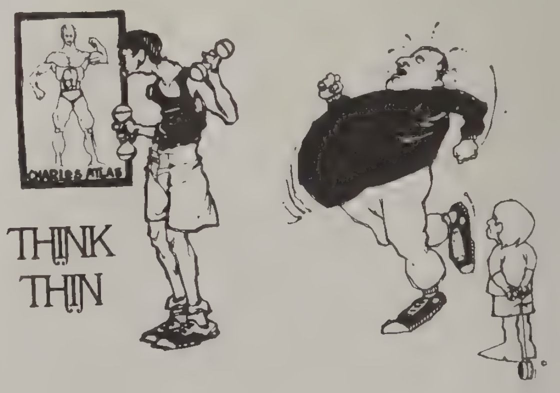
DO EXERCISERS NEED A HIGH PROTEIN DIET?

The answer is no. Extra protein is not useful in building extra muscle mass or increasing strength and endurance. A good training program is more important than extra protein in achieving these goals.

Muscle tissue is only about 22% protein anyway. The rest is mostly water. The average American gets more than enough protein to meet his or her needs. Extra protein is not converted to muscle tissue or stored for later muscle building. It is converted to energy and stored as fat. Excess protein is not only an expensive source of calories, but it may also put undue stress on the kidneys since they must excrete a waste product (urea) that is formed when the body converts protein to use it for energy or store it as fat.

CARBOHYDRATES: THE PREFERRED ENERGY SOURCE

Regular exercise may not increase your need for protein, but it does increase your need for calories. Unless you are trying to lose weight, you will want to meet this additional need for calories in order to maintain your body weight, strength, and endurance.



The best food source for these additional calories is carbohydrates. During exercise your muscles burn glycogen (carbohydrate stored in muscles) for fuel. Regular exercise and a diet high in carbohydrates increases the amount of glycogen that your muscles will store. This does not happen overnight. However, it is your regular diet--not what you eat the night before or in the morning--that influences your muscle glycogen.

Carbohydrates should be complex carbohydrates (starches) rather than simple carbohydrates (sugars). The best source for these carbohydrates is whole grain breads and cereals, pasta, rice, potatoes, vegetables, and fruits. These foods also supply you with additional amounts of important vitamins and minerals, as well as dietary fiber.

NEXT: SUGAR, SALT TABLETS, AND VITAMINS

Water (continued from page 1)

just too much water for the drains to function properly," he said. "They were all backing up."

Mr. Giarrusso added that water also got into the electrical vaults in the Gray and Warren Buildings, necessitating some members of the Electric Shop to be called in during the early morning hours. Despite the flooding problems, however, there was never any loss of electricity in any part of the hospital, and no patient floors were affected in any way.

Environmental Services had help from other units in the cleanup effort. And members of the Maintenance Departments were kept busy assessing the damage throughout the hospital.

Since the ACC Cafeteria was closed, members of the Department of Dietetics were pressed into service to provide about 2,500 extra meals in the General Cafeteria. "There was some water overnight in the White Kitchen area," said Helen Doherty, Director of Dietetics, "but we were able to get out all our meals on time, although we did some fast improvising. It worked out pretty well for us, all things considered."

But it may still be a long time before many of us view the events of August 1 as being, pardon the expression, merely "water under the bridge."

Quick work by Environmental Service personnel prevented chairs from being water damaged in the basement of the Phillips House.

Lesley Kaufman of the MGH Shops showing some of the damage to pictures in the ACC Shop caused by the August 1 rainfall and subsequent flooding.

Relocate (continued from page 1)

stages," explained Jim Guiry of the Planning Office. "It will begin the end of next week and will be completed by the middle of October."

The first department to be moved will be Management Engineering on August 30, followed by Purchasing on September 3, Medical Art on September 9, Resources and Development on September 10, the Treasurer's Office on September 16, and finally the Institute beginning on September 30. This will include every office now in Bartlett Hall except for Student Services. This office will be moved to Ruth Sleeper Hall.

Once moved to the newly renovated building at 20 Charles Street, the departments can be found on the following floors:

Second floor--Institute President's Office and Mgt. Engineering
Third floor--Purchasing
Fourth floor--Institute
Fifth floor--Institute
Sixth floor--Institute and Medical Art
Seventh floor--Resources and Development
Eighth floor--Resources and Development and Treasurer's office

The telephone extensions for all these offices will be the same.

A shuttle service will be provided later in the fall between the MGH's main campus and 20 Charles Street. Details will be announced at a later date.

Employees will be allowed to enter and exit the building only from the River Street side, not from Charles Street. A security guard will be on duty at that entrance during normal business hours.

The MGH had used the building at 20 Charles Street (formerly the Hotel Lincolnshire) since 1959 as a student dormitory for the School of Nursing. It was vacated in 1981 when the school graduated its last class of students.

The new home for several MGH offices

Foot (continued from page 1)

formed replantations of partially severed feet and legs, successful lower extremity replants are rare. "The surgical skill required is no different from that of an arm or hand; it has to do with the foot's function," said Dr. Jesse B. Jupiter, the orthopedic surgeon who headed the replant team. "Unlike a hand, normal sensation is not as important in a foot for lower limb function. As long as the knee joint works well, a prosthesis remains a good alternative."

An additional problem with lower extremity replants is that often the injury is caused by a motor vehicle accident, which tends to damage large areas of the limb. When damaged tissue is removed, the replanted limb would typically be several inches shorter than it was originally, rendering it functionally useless.

Because Mr. Ristow's wound was a sharp cut directly through the ankle joint, less than an inch of tissue was sacrificed. A built-up shoe should easily compensate for that loss.

"It may take six months to a year or more for the sensation to return to Mr. Ristow's foot," said Dr. Jupiter. "However, nerve regeneration is usually better the farther the injury is from the spinal cord. Although we can't be certain, we are optimistic that Mr. Ristow will have positive results."

Two teams of surgeons replanted the 33-year-old industrial art teacher's foot. In addition to Dr. Jupiter, the teams included Drs. Thomas E. Trumble, Christian J. Bour, and Margaret M. Landy.

Doctors believe Mr. Ristow's fused ankle will cause only a minimum of difficulty, particularly when climbing stairs or walking in soft soil, i.e., those movements that the ankle normally performs. "We also will not know for some time how much sensation he will ultimately have in his foot," added Dr. Jupiter. "Although his rehabilitation with a replant will take longer than it would have with an amputation and a prosthesis, very rarely have we seen an injury that was so amenable to a successful replant."

Stories and photos from parties honoring Miss Tina DiMaggio and Dr. Earle Wilkins will appear in next month's HOT LINE.

Meeting (continued from page 1)

who otherwise would park in the front garages, which we want to make more available to our patients.

2) I am concerned that we are transporting bodies on conventional stretchers on elevators with visitors and patients. Can we purchase morgue stretchers for this purpose?

I would certainly hope that that could be arranged. I favor it also.

3) Will construction of the new buildings continue despite the fact that employees are going to be laid off?

Funding for the new buildings is separate from operational funds. One cannot be substituted for the other. If the MGH is to continue to provide quality patient care, it is important that the new buildings be constructed on schedule. If the buildings were not constructed, this would have no effect on the operating deficit.

4) In the newspaper, you said a resident was worth three of other personnel. I assume you meant nurses when you made that comment. If so, why did you say it?

I was not referring to nursing staff. I was alluding to the fact that residents are expected to handle a variety of tasks rather than being specialists in one particular area.

5) Can we do something to improve the lighting in the buildings? The lights in the nursing area of the Baker and White floors are terrible.

I believe that part of the renovations in the White Building will bring many improvements in the nursing station area, including better lighting. I know that areas of the Baker Building are also in need of repair.

6) Some nurses were given substantial raises this year. How will that impact decisions on salary increases in October?

The raises given to staff nurses were in response to market conditions and the need to continue to attract good nurses to our institution. Salary increases will be considered in the fall for all staff, since we continue to be aware of the need to remain competitive.

7) I recommend you make the new buildings more accessible to the handicapped. Patients in wheelchairs have a great deal of trouble negotiating the ACC and other parts of the hospital.

I believe all our buildings conform to state guidelines for access to the handicapped. This will also be true for the new buildings. I suggest that any employee who notices an individual having trouble negotiating access to one of our buildings should stop and render assistance.

One of the employees asking a question of Dr. Buchanan

8) In which departments will the layoffs occur?

Details about where the layoffs will occur have not been formalized, so we cannot give you that information today. We have decided that employees will be notified by September 1 if they are to be laid off.

9) Why don't you ask the employees for suggestions about where we can cut back on expenses?

We are always appreciative of suggestions from the employees about ways to improve the institution. I am especially grateful for any suggestions that you may have to control or cut costs. Please feel free to write me, and be sure to sign your name so I can respond.

10) Will early retirement be an option rather than laying off employees?

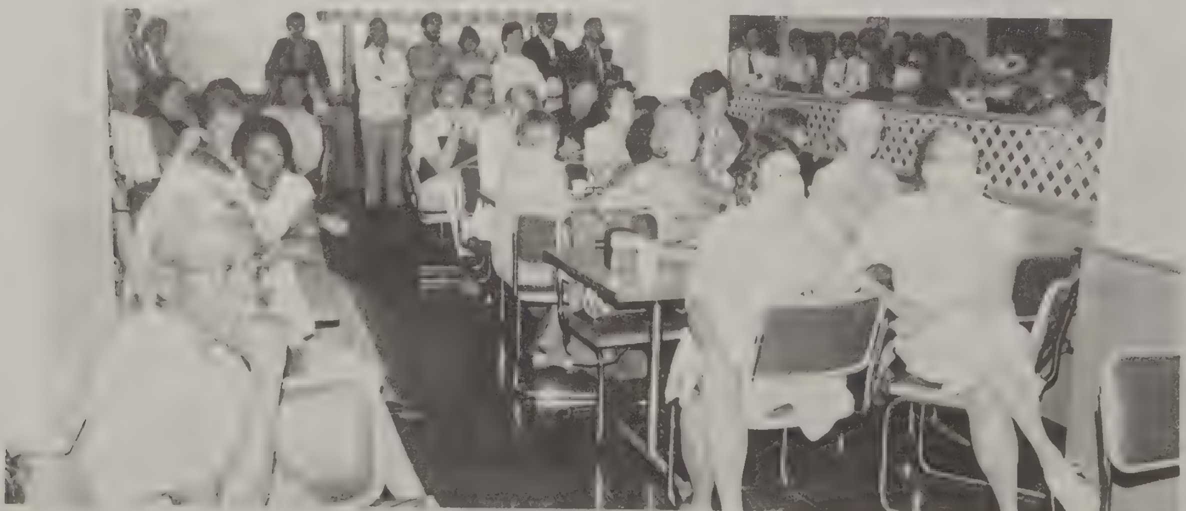
Early retirement is an option we are exploring to reduce the level of the deficit. It will not be used instead of layoffs.

11) Are any attempts being made to clean up the warehouse?

Mr. Tom Kelly, Mr. Larry Martin, and others are working on this problem. I understand they are going through the warehouse in the very near future to get rid of some of the debris that has accumulated over the years.

12) Who is in charge of cleaning up Fruit Street? It is a disgrace.

That is the responsibility of the City of Boston, but they have assistance from our grounds crew here at the hospital. Our groundskeepers do an excellent job, but because of the flow of traffic through the White entrance area, it is impossible to keep it clean. I am also concerned about the lack of lighting by the wall of the Charles Street Jail and have asked to have that augmented.



Employees listening closely to the questions and answers

13) I am a nurse in the Emergency Room, and I know this is one of the primary access areas of the hospital. I am concerned about the length of time it takes a patient to get admitted through the E.W. One of the reasons for the delay is the double workup. I know also that it can take from 1-5 hours to be admitted through Gray Admitting. I believe that patients get discouraged by the long waits and may not return.

I am also concerned about access problems, and I know that the hospitals are facing increasing competition from each other and from other health care providers, such as HMOs. I think it is imperative that we address the problems for the long waits in those areas and determine if they are appropriate.

> ***"I am especially grateful for any suggestions...to control or cut costs...."***

14) I heard that the Chelsea E.W. was going to close. Is that true?

There are currently no plans to close the Chelsea E.W.

15) One of the previous questions alluded to long waits for inpatients trying to get admitted. I am concerned about the long waits for ambulatory patients--waiting for an appointment, waiting for tests, waiting to be seen by a physician. We have a large potential patient population in the Government Center/financial areas, and we should be thinking of ways to attract them.

I agree with you. This is something the GEC and Administration has been working hard on, and a number of recommendations have been made. We are exploring relationships with various patient groups, and they will need to be able to get into the system on a timely basis for those relationships to succeed.

16) Why isn't direct deposit available for more than one bank?

Although direct deposit is not available, we do have available throughout the hospital money machines from several banks. Your paycheck may be deposited directly into those machines without having to leave the campus.

17) I hope the building will include clear signs showing the location of various areas of the hospital. The current signs are inadequate.

I believe the configuration of the new buildings will relieve the access problems we currently have. I will pass along your suggestion for better signs to our planners.

September 19, 1985

THE MGH HOT LINE

News Office, Bulfinch 1, Ext. 2206

Evelyn Bonander Named New Social Service Director

"I want some advice, and I feel sure that if you are not the best person to give it you can tell me who is."

Ironically, this is the first sentence of a letter Dr. Richard Cabot wrote to three members of the MGH in 1905 suggesting that the hospital create a new unit that would give advice to patients or else tell them who the best person would be to help them with their questions or problems.

In October of that year, the MGH became the first hospital in the world to have a Department of Social Service.

Today, 80 years later, the primary objective of Social Service is the same--to help people make the best decisions. But according to Evelyn Bonander, the new Director of the Social Service, this is often not quite as simple as it may sound, especially in 1985.

"We now live in a world of cost containment and DRGs," said Ms. Bonander, "so the solutions to problems are more complex. But what hasn't changed is that the patient still comes first."

Ms. Bonander comes to the MGH from Barnes Hospital and Washington University Medical School in St. Louis, where she served as Director of the Social Work programs at both institutions for the past 13 years. She was also the 1984 President of the National Society for Hospital Social Work Directors, after having served as chairperson of various committees within that organization for several years.

Evelyn Bonander

Among her achievements at Barnes was the creation of support groups that enabled patients to participate more fully in their own health care decisions. These groups would later go into the community to provide outreach to potential patients. Two of these were the breast cancer support group and the postburn support group.

"But it was the social workers and the patients who deserve all the credit for this," added Ms. Bonander. "They saw the need for this type of program and did something about it."

The new Director of Social Service

(continued on page 3)

Ether Day to be Observed On Friday, October 11

Approximately 800 employees will be receiving service pins this year as the MGH observes Ether Day on Friday, October 11.

The ceremony will be held in the ACC Cafeteria at 3:00 p.m., with a reception immediately following in the Walcott Room.

October 16, 1846 marks the date of the first public demonstration of the use of anesthesia in a surgical procedure. This milestone in the development of modern surgery occurred in the amphitheatre of the dome of the Bulfinch Building, which was used as the operating room of the MGH from 1821-1867.

Prior to October 11, an Ether Day program will be posted on the Employee Information Bulletin Board across from the General Store. This will include the names of all service pin recipients. You will be able to recognize these recipients on Ether Day by the red carnation they will be wearing, presented to them that morning by their department supervisors.

If you have any questions regarding this year's ceremony, please call Marion Dello Russo at Ext. 2214.

Putting Your Best Feet Forward

On Saturday, October 19, hundreds of MGH employees and supporters will gather on the Bulfinch Lawn to participate in the "Walk for Health." After registration and opening ceremonies, the walk will begin promptly at 10 a.m. A number of local celebrities have expressed interest in the walk and are expected to be on hand.

HOW THE WALK WORKS

From the Bulfinch Lawn, walkers will cross to the Charles River and begin at 10-mile course, which will finish where it began, on the Bulfinch Lawn. Walkers will be issued Walk Cards which they can use to sign up as many sponsors as possible. Sponsors will be asked to pledge on a per mile basis (i.e. 50¢ per mile = $5.00 for 10 miles). Walkers will have their Walk Cards stamped and verified at checkpoints located every two miles. After the walk, the money raised will be turned into the Volunteer Office. Prizes will be awarded to the top three fund raisers.

PRIZES

First Prize--$500
Second Prize--2 pairs of athletic shoes (2 winners)
Third Prize--Dinner for two at a local restaurant

WALK LOGISTICS

Registration for the walk will take

(continued on page 3)

MGH Researchers Study Seals to Help Divers

Divers who descend to great depths run the risk of developing the bends (decompression sickness), an extremely painful and sometimes fatal result of surfacing too rapidly.

In an effort to determine how divers might avoid this affliction, an international team of researchers, headed by Dr. Warren M. Zapol, an anesthesiologist at the MGH, traveled to ice-encrusted Antarctica to study how Weddell seals, the world's champion seal diver, can descend to 1,500 feet and surface rapidly without any ill effects.

The data obtained from these preliminary studies, funded by the National Science Foundation, may someday point to a way of guarding against the bends and other lung problems in humans. The investigators' findings were published in the August 9, 1985, issue of Science.

The international team has been conducting research on Weddell seals at McMurdo Station, Antarctica, for several years. Their investigations are helping them to better understand how human lungs work. In addition to Dr. Zapol, other team members from the MGH are Drs. Roger D. Hill and Robert C. Schneider, both from the Department of Anesthesia.

Describing the bends, Dr. Zapol said, "During a scuba dive of 100 feet or deeper, the high pressure causes nitrogen gas to dissolve in our blood. The problem can occur if the diver rises rapidly to the surface and the water pressure lessens. At that point the dissolved nitrogen can form bubbles in the blood and tissues, resulting in excruciating pain, stroke, or even death. It's like soda bubbles after the cap is popped."

Nitrogen makes up approximately 80 percent of the air we breathe. It is an important gas in that it dilutes oxygen, which we need to fuel

(continued on page 3)

One of the seals studied in Antarctica

A Changing of the Guard

Fifteen students were honored at a "Change Party Luncheon" held on August 13 for the Combined Dietetic Internship-Graduate Degree Program, cosponsored by the MGH Institute of Health Professions and the Department of Dietetics.

The students received pins for meeting the eligibility requirements of membership into the American Dietetic Association. They are also eligible to write the registration exam.

Guest speaker for the program was Dr. Elaine R. Monsen, R.D., Editor of the Journal of the American Dietetic Association and a former Dietetic intern at the MGH.

The highlight of the afternoon was the presentation of the third Louise Hatch Award to Susan E. Jones and Cathleen Ryan. This award is given to the student or students who have demonstrated consistently high standards of practice and outstanding professional promise. It is named for Louise Hatch, Director of the MGH Department of Dietetics from 1949 to 1979. She died this past March.

Presenting the Hatch Award was Athena Padis, R.D., Chairman of the Hatch Fund Committee and a former MGH Dietetic intern.

Dietetic interns Cathleen Ryan and Susan Jones (both seated) being congratulated by their colleagues and friends after receiving the Hatch Award

Members of the MGH's School of Radiologic Technology had much to smile about at their August 20 graduation ceremony.

These Graduates Don't Need Much Exposure

Graduation ceremonies were held on Tuesday, August 20 in the Robbins Room for the School of Radiologic Technology.

Each of the 10 graduates from the class of 1985 was presented with a pin and certificate by Dr. Majic Potsaid, Director of Education, Jack O'Connor, Director, and Christine Young, Educational Coordinator of the School of Radiologic Technology.

The ceremony culminated two years of classroom and clinical study at the MGH.

All of this year's graduates have secured positions in the field of radiology either at the MGH or elsewhere.

Ethel Abbott receiving congratulations from Jack O'Connor after being named Radiologic Technology's "Student of the Year."

Fall Courses from Training and Development

INTRODUCTION TO ANATOMY & PHYSIOLOGY: A 13-week program for individuals with little or no science background. Meets on Monday evenings, beginning Sept. 23. Tuition--$130 (reimbursable).

SPANISH FOR HEALTH CARE: All courses will focus on the use of Spanish in the health care setting while building general vocabulary and fluency. Classes begin the week of Sept. 30 and meet in the evenings. Tuition--$175 (reimbursable).

ENGLISH AS A SECOND LANGUAGE: Written and oral for foreign-born employees and professional visitors. Classes begin the week of October 7 and run 12 weeks. Tuition is reimbursable for MGH employees.

MGH Institute Takes On An International Look

Following a long MGH tradition of international exchange, the MGH Institute of Health Professions has begun admitting nonimmigrant alien students to its educational programs.

Since this authority was granted in December, 1983, the Institute has enrolled five such students: Lexana Vrieswyck (Aruba-Netherland Antilles), in the Dietetic program; and Mohammed Ebrahim (Bahrain), Saradaissy Granados (Colombia), Liv Inger Strand (Norway), and Akiteru Takagi (Japan) in the Graduate Program in Physical Therapy for experienced physical therapists.

Among the most recent arrivals to the MGH are Ms. Strand, Mr. Ebrahim, and Mr. Takagi.

Ms. Strand, who has been at the MGH for the past three terms, is returning to Bergen, Norway to resume her position on the faculty of The College of Physiotherapy. There, she will collect data for her thesis research and expects to return to the Institute in 1986 to complete her degree requirements.

Mr. Ebrahim earned his Bachelor of Science in Physical Therapy degree at the High Institute of Physical Therapy, Faculty of Medicine, Cairo University. Since 1981 he has been a physical therapist at Salmaniya Medical Centre, a 700-bed facility. He receives governmental support from the Ministry of Health as the first citizen of Bahrain to study for the degree of Master of Science in Physical Therapy.

Mr. Takagi is a physical therapist and faculty member at the Tokyo National Chest Hospital School of Rehabilitation. He came to the MGH on the recommendation of Dr. Yukio Mano, a neurologist and member of the American Congress of Physical Medicine and Rehabilitation, who visited the MGH last year on a "People to People" tour.

Annie Galbraith, who prior to her recent retirement was Assistant to the Provost for External Relations, gave special credit to the MGH Service League's Reception Center volunteers for helping the students to adjust to a new country and to Pat McGurty of Training and Development for helping them to prepare scientific papers in English.

Annie Galbraith (third from left) with Institute students (left to right) Akiteru Takagi, Mohammed Ebrahim, and Liv Inger Strand

Patient Donates Machine to Phillips 7

The generosity of a former MGH patient will be helping many present and future patients on Phillips House 7.

Some time ago when he was a patient on that floor, Dr. Herbert Hedberg saw the need for that area to have a new electrocardiograph. So he simply donated the money for a new one.

It's been so helpful to us," said Phillips House 7 head nurse Barbara Dunderdale, in describing the new machine. "It works so much better than the old one we had. We really appreciate Dr. Hedberg's thoughtfulness and generosity, and I'm sure the patients do as well."

Dr. Herbert Hedberg is the father of Dr. Stephen Hedberg, Senior Endoscopist at the MGH, who died last October 30.

Phillips 7 nurses Holley Bonisteel (left) and Betty Barrett put the new EKG machine to good use.

Soc. Service (continued from page 1)

believes it is the department's responsibility to enable all patients needing social work service to obtain it and to provide quality and timely care in a rapidly changing system.

"This is especially challenging now because of all the uncertainty in the health care field," said Ms. Bonander. "That's why it's so important for us to give patients a smooth access into the system, so they can take advantage of all the resources available to them from outpatient, inpatient, and long-term care."

But once they get into the system, explained Ms. Bonander, the patients may be in for a few surprises. "We've gone from an era of spending as much as we took in to having controls on what we can now spend. For the patients, the critical point comes when they need something and are told they can't have it, or that they must recuperate at home or elsewhere instead of in the hospital. If they have known it the other way, it's difficult for them to understand."

In many respects, Ms. Bonander says, a shortened length of stay is better for the patient. "But at the same time," she added, "it places more of a burden on extended care facilities and on the patient's family."

As a result of these changes, Ms. Bonander believes more attention has to be paid to patient and family education by professionals and by peers, who are going through the same experiences. "That's why I think support groups are so valuable," she said. "People can learn so much from each other, and we, as social workers, learn a great deal from patients. They can be our greatest teachers."

Describing social service as one of the most visible positions in a hospital setting, the new Director explained that the field was once seen only for helping the indigent and those who would never get well. "But today, I think most people view social workers and those aided by them in a different way," she said. "Health care is a great leveler. Illness doesn't care whether or not you're rich or poor. It can strike anyone. And most major decisions are made under difficult circumstances. That's where we can help the most."

Ms. Bonander said she feels honored to have this opportunity to come to the MGH and head a department with such a prominent reputation as Social Service has. "It's awesome yet humbling," she stated. "Eleanor Clark was a great leader. But I also know that we can't be satisfied with our past reputation. I'm hopeful that with a lot of help we can move forward."

The new Director, a graduate of Gustavus Adolphus College and Washington University, also pointed out that she does not feel as though she is replacing anyone. "I would just like to build on what's already here. I'm very impressed with the people I've met. They're so committed. The MGH really has a social commitment you don't find in many hospitals. It will be tough to maintain. But we'll do our best."

Social Service has come a long way from its early beginnings in a corner of the old Clinics Building.

Seals (continued from page 1)

our metabolism. In large quantities, however, nitrogen is toxic. Deep divers must therefore stop at decompression points during their ascent to gradually reduce the pressure in their blood.

Unlike humans who, upon diving, take a deep breath to fill their lungs, the seals exhale, collapsing their lungs to rid them of the buoyant nitrogen gas.

The researchers studied the seals in their natural surroundings by cutting a hole in the ice 10 miles offshore and constructing a portable laboratory over it. When the seal emerged in the laboratory hole after fishing, the researchers obtained their measurements. After a few days of testing, the seals were freed unharmed to return to their colonies.

The researchers plan to return to Antarctica this January to further study the seals and perhaps learn more about their fellow mammal, man.

Nutritional Highlights

by the Department of Dietetics

(Second in a two-part series)

Here are more of the questions frequently raised concerning the relationship between nutrition and exercise.

SUGAR FOR QUICK ENERGY?

It is true that sugars are quickly digested and absorbed into the bloodstream. But it is not true that this makes them a suitable choice for energy. When sugar is absorbed into your blood, it triggers the normal body response of insulin secretion from the pancreas. Insulin takes the sugar out of your blood and into your cells where it is used for energy. Exercise acts like insulin in that it speeds up the transport of sugar from your bloodstream to the cells in the working muscles. This combination may cause your blood sugar level to drop too far too rapidly. This may result in temporary hypoglycemia, which can cause you to be dizzy, tired, and uncoordinated, thus affecting your ability to exercise.

WHAT SHOULD I DRINK?

The answer is a resounding W-A-T-E-R! Water is essential for everyone, but particularly for exercisers. It is extremely important to be well hydrated before participating in any strenuous or sustained exercise. Much body water is lost through sweat and respiration.

Rehydration after exercise is equally important. Use water, fruit juices, or watery fruits (oranges, watermelon) to replace lost fluids. Special "sports drinks" are really not worth your while. Fresh fruits and juices often have greater amounts of electrolytes than these drinks do. They also cost less and contain no added sweeteners. Coffee, tea, or beer are also poor choices for rehydration since they may actually have a dehydrating effect on body tissues, causing the kidneys to excrete more water.

WHAT ABOUT SALT TABLETS?

Salt tablets are not needed by the average exerciser (no matter how much you sweat) and should never be used unless prescribed by a doctor. Since sweat is predominantly water, it is far more important to replace the fluids lost in sweat than the salt.

DO EXERCISERS NEED SPECIAL VITAMIN SUPPLEMENTS?

Vitamin and mineral supplements aren't necessary if the diet contains a wide variety of unprocessed or lightly processed foods. The additional calorie requirements of regular physical exercise allow the exerciser to consume larger quantities of food. If these extra calories are obtained from nutrient-dense sources, such as low-fat dairy products, low-fat meats, fish, poultry, whole grain and enriched breads and cereal products, and fresh fruits and vegetables, supplementation is unnecessary.

Walk (continued from page 1)

place at 9 a.m. The walk will begin an hour later. The Nashua Street parking lot will be open that day for participants. Refreshments and first aid will be provided along the route and at the end of the walk.

HOW TO GET INVOLVED

Look for the Walk for Health table in the White Lobby or call the Volunteer Office at Ext. 8540. However you choose to participate, either by walking or sponsoring someone who is, October 19 should be a fun day. (The rain date is Saturday, October 26.)

Tributes to Tina DiMaggio ...

"Caring," "compassionate," "a consummate professional," "highly respected," "loyal," and "a great lady."

These were just some of the words used to describe Gellestrina "Tina" DiMaggio, as colleagues and friends honored the long-time member of the Department of Nursing at a retirement party held on July 19 under the tent on the Bulfinch Lawn.

The party was a total MGH effort, with the food being prepared by the Department of Dietetics, the sound system supplied by members of the Electric Shop, and the entertainment courtesy of a band made up of employees and friends of the hospital.

But the spotlight was truly provided by Miss DiMaggio, who came to the MGH in 1968 to work with incoming Director of Nursing Mary Macdonald. In 1983 upon the retirement of Miss Macdonald, Miss DiMaggio became acting Director of Nursing and the next year was appointed Director of the department, as well as an Associate Director of the hospital.

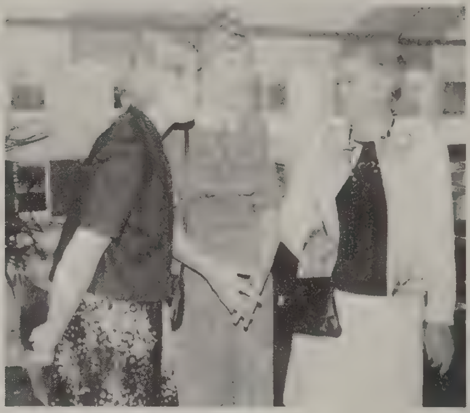
However, her new appointments came with the understanding that Miss DiMaggio wanted them to be temporary. So when Yvonne Munn was named as Nursing Director and Associate Director of the MGH last fall, it cleared the way for Miss DiMaggio to step down...and take off for Bombay, India.

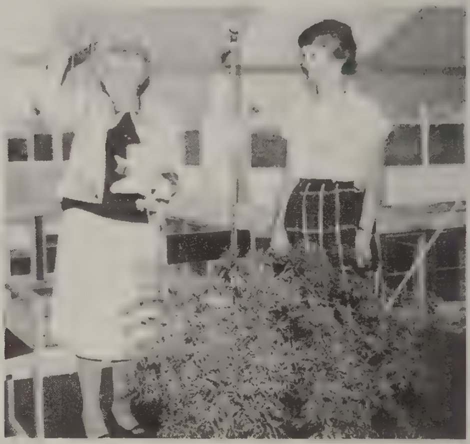
There, she will be emissary for the MGH to the Hinduja Foundation's National Hospital in Bombay. The MGH serves as a consultant to the Foundation, on a strictly nonprofit basis, in building, equipping, and staffing the hospital. Two and a half years ago, the Hinduja Foundation presented a $1-million gift to the MGH for the creation of the Hinduja Laboratory within the research facilities of Mass. General.

"I've had a great time at the MGH," remarked Miss DiMaggio. "I've made some wonderful friends and have so many fond memories. Now I'm looking forward to new experiences and challenges in another part of the world. But I'm going to miss everyone here."

And we'll certainly miss Tina DiMaggio, too.

Incidentally, the tent on the Bulfinch Lawn was put to good use after the party for Miss DiMaggio. Massachusetts Eye and Ear Infirmary, a separate institution but adjacent to the MGH, rented the MGH tent for a reception on July 23.





And Earle Wilkins

Members of Baker 10, the Respiratory Intensive Care Unit, and Thoracic Surgery joined forces recently to honor Dr. Earle W. Wilkins, Jr., who retired this summer from his clinical practice at the MGH.

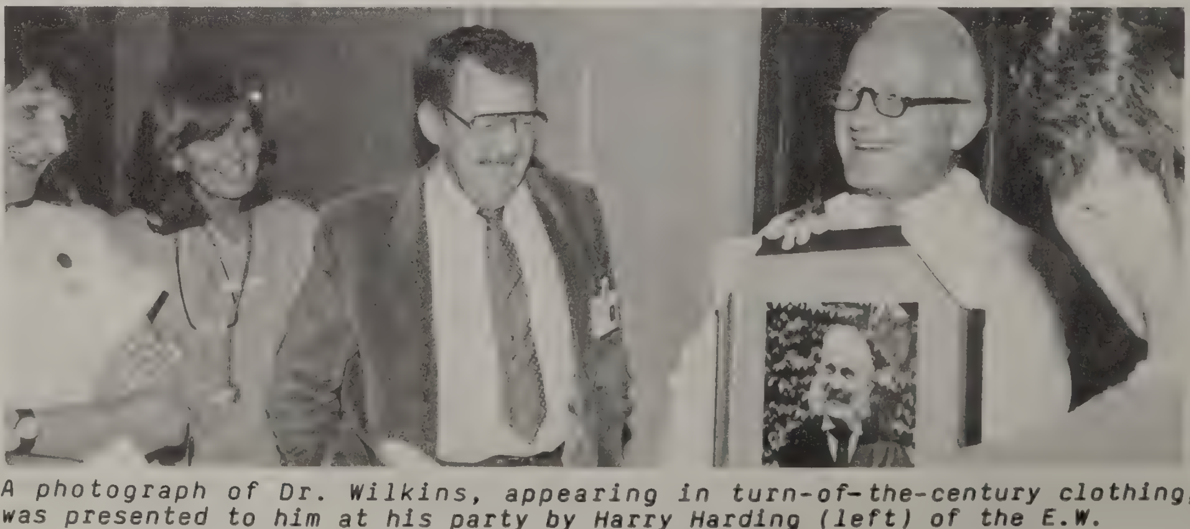
Dr. Wilkins will remain with the MGH as Chief of Emergency Services, a post he has held since 1969. He will also continue to serve as New England Life Flight Board President, the organization which operates Boston Med Flight.

At an afternoon reception held in the Sweet Room, colleagues and friends came by to wish Dr. Wilkins well in his future ventures. They also reminisced about his many past achievements at the MGH in a career that has spanned 41 years.

A graduate of Williams College and Harvard Medical School, Dr. Wilkins came to the MGH as an intern in 1944. He also served his residency here.

He is a member of many medical organizations including the Massachusetts Medical Society, the American Medical Association, American Association for Thoracic Surgery, and the American Trauma Society, just to name a few.

One role in which Dr. Wilkins may long be remembered is one that he actually played very recently--that of a physician, dressed in nineteenth century garb, riding in the original MGH ambulance during ceremonies at the hospital last May. A framed portrait of Dr. Wilkins, mutton chops and all, was presented to him at the reception.



A photograph of Dr. Wilkins, appearing in turn-of-the-century clothing, was presented to him at his party by Harry Harding (left) of the E.W.

THE MGH HOTLINE

October 3, 19

News Office, Bulfinch 1, Ext. 2206

Ether Day Approaching

On Ether Day, Friday, October 11, employees with 5, 10, 20, 30, 40, and 50 years of service will be honored for their long-term employment. These employees may be recognized on that day by the red carnation they will wear. Carnations will be available the morning of Ether Day beginning at 7:00 a.m. in Tom Rothwell's Office on Bulfinch 2 (directly across from the Benefits Office). Five- and ten-year pins will also be available at this time. A representative from each department should pick up these items. If any department needs these pins prior to the morning of October 11, please call Marion Dello Russo at Ext. 2214.

Volleyball Players Needed

The MGH Co-ed Volleyball League is seeking players for the winter season. Games will be played every Wednesday at 6:00 p.m. at the Charlestown YMCA near Boston Garden. For more information, please contact Donna Cutillo at Ext. 1880.

Thoughts for Food

The results of the food preference survey conducted this past March are now in. Of the 2,879 surveys distributed, 1,314 (46%) were returned. Women outnumbered men completing the survey by better than 2 to 1, and 62% of those responding were between the ages of 20 and 40. For more than half the respondents, the average amount of money spent on lunch ranged between $1 and $3. Soup, salad bar, and hot entrées were selected most frequently. Appearance of the food influenced food selections the most. Health concerns and price were cited as being less important. Newspaper columns about health, foods, and nutrition were the most utilized sources of nutrition information. Research-oriented journals, physicians, and dietitians were other popular sources. Those completing the survey also indicated they would like to have a made-to-order sandwich bar, which was added to the menu on weekends soon after the survey. Other popular choices were a potato bar, pasta bar, build-your-own burger bar, and a nutritional analysis of entrées.

Announcing...

A shuttle bus service is now available between the MGH and the hospital's building at 20 Charles Street. This yellow van runs continuously from the Jackson Tower to 15 River Street (behind 20 Charles Street) from 7:30 a.m. to 5:30 p.m.

Used furniture and household goods are urgently needed by the MGH Service League to lend to foreign professional visitors while they are working at the hospital. To arrange for donations to be picked up, please call the Reception Center at Ext. 2225, Monday through Friday, from 10 a.m. to 2 p.m.

A Children's Service Research Symposium in honor of Dr. John D. Crawford will be held on Friday, October 4, from 8:30-5:00, in the Shriners Burns Auditorium.

The new MGH directories are now available in the Communications Office (White 13).

A Program in Supervision

SUPERVISION, the skill-based supervisory training program which has already been completed by 40 supervisors at the MGH, will be offered throughout the fall. The program has been enthusiastically received by those supervisors who have attended as the following evaluative statements will illustrate.

"Supervision provides valuable tools to use in dealing with real situations. Self-confidence is increased as a result."

"As a new supervisor, the program has given me a solid foundation from which to expand my supervisory skills."

"The program provides insight and specific guidelines to enhance management capabilities."

This program, which is based on the behavior modeling method of instruction, covers six topics: The Basic Principles of Supervision, Giving Recognition, Correcting Problem Behavior, Improving Employee Performance, Setting Job Standards, The Performance Appraisal Interview.

The goal of the Training and Development Department is to offer this program to every supervisor at the MGH. The underlying philosophy is increased productivity through a self-confident and satisfied work force. The program enables managers and supervisors to acquire those skills necessary to implement this philosophy.

Those needing more information can contact Maria Greco, Ph.D., Coordinator of Management Education, at Ext. 2230. The following is a schedule of sessions for the fall. Attendance at each segment of a session is required:

Oct. 7, 9, 11	8:30-4:30
Oct. 21, 23, 25	8:30-4:30
Oct. 7, 15, 21, 28, and Nov. 4, 12	4:00-8:00
Nov. 7, 14, 21	8:30-4:30
Nov. 18, 20, 22	8:30-4:30
Dec. 2, 4, 6	8:30-4:30

NAMES in the NEWS

The MGH was featured in a recent segment on the WCVB-TV (Channel 5) program "Chronicle." The segment dealt with how the changing economic times have affected hospitals.

Dr. Martin S. Hirsch of the Infectious Disease Unit appeared recently on WBZ-TV (Channel 4) talking about AIDS. He was also interviewed for a story on that subject by US NEWS AND WORLD REPORT. In addition, Dr. Robert Schooley was interviewed on AIDS by WEEI.

Dr. Charles J. McCabe, Assistant Chief of Emergency Services, was interviewed by WCVB-TV (Channel 5) on the medical effects of extreme heat.

Dr. Bert Zarins, Director of the MGH Sports Medicine Clinic, was a recent guest on the WEEI program "Health Today," talking about sports injuries.

THE MGH HOTLINE

October 24, [illegible]85

News Office, Bulfinch 1, Ext. 2206

The Latest *Shuttle*butt

The MGH is now providing shuttle bus service in the morning from the G-S-A lot to the hospital. Shuttle buses will be running from 6:30 a.m. to 9:00 a.m., Monday through Friday. This service already has been available evenings between 6:00 and 9:00.

Taught from the Heart

For the past year and a half, patients with coronary artery disease or those who have had a heart attack have participated in a group teaching class every Tuesday afternoon from 2:30-3:30 in the White 8 lounge. These classes are given by unit teachers Mary McAdams, Birgit V. Pederson, and Cheryl Ventola, all from the Medical Nursing Service, in conjunction with the cardiac physical therapist and dietitians of the service. Families, friends, and primary nurses are invited to attend. If you are interested, please call Ms. McAdams, Page 5203; Ms. Pederson, Page 5201, or Ms. Ventola, Ext. 8048.

Bake Sale

A Halloween Bake Sale will be held next Thursday, October 31, beginning at 8 a.m., in the Warren Lobby. No tricks. Just lots of treats.

Eat Healthy

"Eating for the Health of It" will begin Thursday, October 31. Enrollment is limited, but there are still a few spaces available. Call the Nutrition Service today at Ext. 2779 to reserve a space. Remember that discounts are available for MGH employees and for two people from the same household who wish to take the course together. So, COME DINE WITH US, and join in this unique, enjoyable, (and delicious) learning experience!

Hoop News

The MGH Basketball League will soon begin its new season. The League is looking for new players and new teams. If you are interested in joining a team or forming your own team, please call League Commissioner Larry Washington at Ext. 8202.

Remember Your Numbers

You may find this hard to believe, but there are some employees who don't know their own hospital telephone extensions. The Communications Office reports that each day calls come into the main switchboard from employees wanting to be connected to their own office or unit. Because of this, the Communications Office would like to remind all those employed by the MGH to KNOW YOUR OWN NUMBER! Besides knowing your number, it would be a good idea to know other numbers you frequently call. Some of these are:

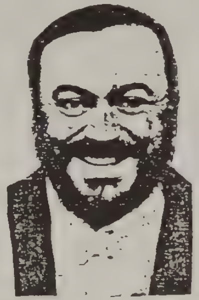
Benefits	Ext. 8133
Clinical Admin.	Ext. 3195
Credit Union	Ext. 1630
Environ. Serv.	Ext. 2445
Nursing Offices	(directory)
Page # (outside)	Ext. 2066
Staff Clinic	Ext. 2217

Keep these and other phone extensions with you when you're not at work. Also give direct dial numbers to your family and friends. And remember, MGH directories are still available in the Communications Office on White 13.

Of Heroes...And Hero-Worshipping

Richard Finn, a member of the Professional Billing Office, became an instant hero recently when he dove into the water off Winthrop and saved the life of a young boy who, along with two men, had been thrown overboard. Mr. Finn was alone in his kayak when he saw a small boat tipped over and three people in the water. Two of them managed to hang onto their boat, but the third was struggling to stay afloat in the water. Mr. Finn, who used to be in the Coast Guard, dove in and rescued the boy. Neither Mr. Finn nor the boy was hurt.

It was a dream come true for Gladys Reavis, a Unit Secretary on Baker 8. After all, it isn't every day that you get to meet your idol. But that's exactly what happened to Ms. Reavis a few weeks ago when she was introduced to Luciano Pavoratti. "I'm still on cloud 9," she exclaimed. "It was a beautiful experience. I'll never forget it for as long as I live." Ms. Reavis, who describes herself as "a young groupie," got to meet the singer back stage after a recent performance in Boston. "I told him what a pleasure it was to meet him, and he gave me his autograph." And she gave him something too...a kiss.



IN THE HOSPITAL

Dr. Elizabeth Clark Dooling, Director of the MGH Pediatric Neurology Clinic and the Pediatric Rehabilitation Unit, has received an honorary doctor of humanities degree from New England School of Law.

Lois J. Filocamo of the MGH Beauty Shop on Phillips 1 has successfully completed the 23rd Annual Advanced Cosmetology Conference held recently at the University of Connecticut. Ms. Filocamo received a 10-year plaque at the conference.

NAMES in the NEWS

Dr. David Ho of the Infectious Disease Unit appeared recently on ABC's World News Tonight and "Good Morning America" talking about AIDS.

Dr. Robert H. Schapiro, a gastroenterologist, appeared recently on Cable News Network talking about an endoscopic procedure involved in the removal of gallstones.

Pat Durning, head nurse in the Emergency Ward, appeared recently on WNEV-TV (Channel 7) in a story concerning preparation for the hurricane.

Dr. Martin B. Keller of the Department of Psychiatry was recently interviewed by WBZ-TV (Channel 4) on the subject of depression.

Seven Voice of America correspondents recently did interviews about the MGH to be broadcast in Portugal, China, Korea, Hungary, Bangladesh, Cambodia, Lithuania, Pakistan, and India.

October 31, 1985

THE MGH HOT LINE

News Office, Bulfinch 1, Ext. 2206

Former Trustee Donates Terrace to Employees

Several years back during the construction of the Wang ACC Building, some thought had been given to having an outdoor terrace built adjacent to the cafeteria. But because of fiscal restraints, the idea was abandoned.

Now, however, thanks to the generosity of a former trustee, a terrace outside that building is becoming a reality.

Construction began this fall on the new terrace donated to the MGH by Philip H. Theopold, in memory of his late wife Harriet E.R. Theopold.

Designed by David Hanitchak and Jim Gage of the Planning Office, the area will have tables and chairs to accommodate approximately 80 people. It is hoped that construction can be completed before the end of the year.

"The MGH is very grateful to Mr. Theopold for his very generous gift for the explicit purpose of building a terrace for the employees," said Mr. Lawrence E. Martin, Associate General Director. "I'm sure this terrace will be greatly appreciated by employees and visitors who wish to sit outdoors to eat or just relax."

Not a Glorious Day

Hurricane Gloria paid a visit to the MGH on September 27, bringing with her high winds and some heavy rain, which left so many drops on the windows that it was even difficult to make out the White Building. More photos from the hurricane appear on page 3.

Sweet 17 Party Held at Bunker Hill

The MGH Bunker Hill Health Center, you might say, is fast approaching adulthood. Yet it never had a birthday party...that is until now.

For the first time in the Center's 17 years (it opened in September, 1968), the staff held a party for itself, this year combining the birthday celebration with Employee Recognition Day.

The festivities included a luncheon, a few accounts of the early days of the center by senior staff members, and the presentation of service awards.

The primary purpose of the celebration was to recognize and thank the employees for their commitment to the Bunker Hill Health Center and to the Charlestown community as a resource for health care.

The official recognition awards were presented to staff for 3, 5, 10 and 15+ years of service. Some of the awards were historical prints of Charlestown symbolizing the uniqueness of the community.

Those honored were:

FIFTEEN YEARS AND MORE

Francis Boudreau
Eileen Buckley
Ann Godley

(continued on page 2)

Certified Registered Nurse Anesthetists like Ann Schwartz (right) are important members of the surgical team.

Nurse Anesthetists: Conscious of Their Vital Role

We all know that the first public demonstration of the use of ether anesthesia took place right here in the Ether Dome in 1846. But did you know that the word "anesthesia" was first used by Plato in 400 B.C.? Or that nurse anesthesia was the first specialty area in the nursing field? Or that the MGH had one of the very first schools for training nurse anesthetists in 1931?

If you didn't, you're not alone. But according to the nurse anesthetists at the MGH, there's no reason to remain in the dark about anesthesia and the highly trained professionals who administer it.

Earlier this month, "Nurse Anesthetist Week" was observed to recognize a valuable member of the health care team.

Actually, nurse anesthetists are not new. Certified Registered Nurse Anesthetists (CRNAs) have been a vital part of surgical and anesthe-

(continued on page 2)

Happy
HALLOWEEN

Tripping by Flight--Fantastic!

It was a trip they won't soon forget.

Nine children, all ambulatory patients at the MGH, last month were treated to a short vacation in Salt Lake City, Utah. They were guests of Western Airlines, which was launching its new nonstop service from Boston to Salt Lake City.

The children, ranging in age from 2 to 18 years, have been long-term patients at the MGH. Three are leukemia patients, all in remission; three have cystic fibrosis; two have cerebral palsy; and one is a 2-year-old girl who spent the first 18 months of her life at the MGH and Spaulding Rehabilitation Hospital, recovering from a dozen operations.

All but one child was accompanied by a parent. Three nurses and one physical therapist from the MGH Children's Service were also part of the group.

One of the highlights of the trip

(continued on page 3)

It's Never Too Late To Learn Your ABCDs

Isn't it nice to know that there are still times when you can find exactly what you are looking for right in your own backyard?

This is what's happening at the MGH, where employees are being trained to be medical secretaries and medical transcriptionists to fill much needed positions within the hospital.

It's all part of a program in cooperation with Action for Boston Community Development (ABCD). Ten nonsecretarial MGH employees recently completed the 20-week program, which included courses in Business English and Communications, Medical Terminology, Office Practice, Typing, Business Math, and Word Processing. Classes were held Monday, Wednesday, and Friday evenings at ABCD's skills training center.

"It was a long haul for the employees, especially those with family responsibilities," said Pat McGurty, Training Coordinator in the Office of Training and Development. "Going to class three evenings a week, about four hours a night, for 20 weeks after working all day takes a lot of motivation. And these students showed they had it."

Some of the newly trained secretaries and transcriptionists

Completion of the program has qualified these employees for much needed secretarial positions within the hospital that are two grades above their previous jobs.

But an increase in salary was only one of their motivations. "Many of the students wanted to upgrade their skills," explained Ms. McGurty. "They wanted more challenging and responsible work and the opportunity for advancement. In the end, they benefit, and so does the hospital."

So congratulations to those who have completed the program:

Edna Atchison, Alicia Brown, Michele Burke, Janice Colli, Denise D'Etremont, Sanguinette Gethers, Arlene Greene, Delia James, Joanne Venus-Williams, and Corrine Willis.

Bunker Hill (continued from page 1)

Jan Murphy-Hannah
Betty Hennessy
Lillian Irgens
Kathleen O'Shea
Tom Panowicz
Margaret Smith
Roger Sweet
Hank Sikkema

TEN YEARS

Ward Cromer
Adelaide Smith

FIVE YEARS

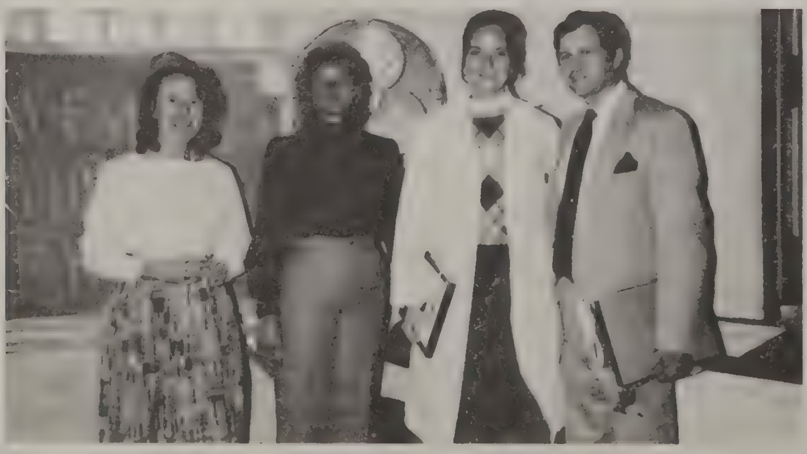
Peg Bradley
Tom Frank
Lorenzo Lewis
Connie Mancini
Ellen Schwartz
Joanne Testa

THREE YEARS

Donald Donovan
Muriel Gillick
Peter Greenspan
Asher Harel
Gerri Munden
Mark McCormick
Alcie Sullivan
Nan Wilkins

The party was so successful that the Health Center has established this as an annual event, to take place the third Tuesday of every September.

Pictured below were some of those honored at Bunker Hill.



Nurses (continued from page 1)

sia care teams for more than a century. A school for training nurse anesthetists was in operation at the MGH from 1931 until 1959, educating students from the United States and around the world.

"A Certified Registered Nurse Anesthetist," explained Kate Latta, who heads a group of 20 full- and part-time nurse anesthetists at the MGH, "is an experienced registered nurse who has graduated from an approved school of nurse anesthesia and has passed a national qualifying examination."

Working under the direction of an anesthesiologist, the nurse anesthetist reviews a patient's medical record and helps select an anesthetic plan. The nurse also conducts the induction and maintenance of anesthesia, supervised by the anesthesiologist. In addition, he or she monitors and supports life functions during surgery and provides observation and care in the immediate postoperative period.

Mrs. Latta estimated that there are 22,000 surgical procedures at the MGH each year involving either general or regional anesthesia. The MGH nurse anesthetists administer anesthesia to between 15% and 20% of these patients. "On some days," she said, "we can work on as many as six or seven procedures, while on others, a nurse can spend the entire day on just one operation, depending on how complicated it is."

For Patricia Embree, another nurse anesthetist, what happens prior to surgery can be just as important as what takes place in the O.R. "Before the operation, we try to meet every patient," she said. "In that way we can answer any questions the patient might have and provide as much reassurance as possible."

But the nurses say they derive their greatest satisfaction after surgery. That's when the patient wakes up and begins the road to recovery.

Singer Marie Osmond (left) signing autograph for Maura Gaffney, one of the nine children flown to Salt Lake City. Looking on is Rochelle Dauco, another MGH patient.

It certainly isn't difficult to tell that young Ed Grant and his father had a good time out west.

Trip (continued from page 1)

was a gondola ride at Snowbird Resort. The children also went on a picnic, where they met singer Marie Osmond, and were taken on a day of sightseeing in Salt Lake City.

During the two-day stay, the airline offered hosts to each child and parent. And these hosts introduced their visitors to everything from cowboy hats to the jacuzzi at the hotel.

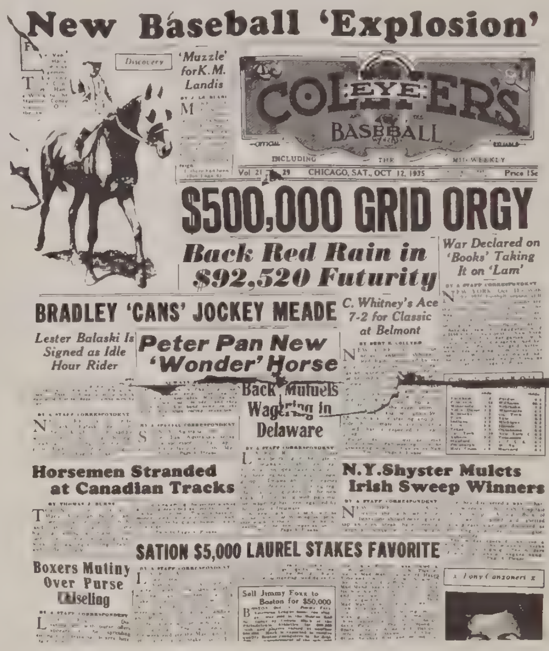
In all, it was an experience that certainly brought smiles to children who have not had many experiences to smile about in their short lives.

No Ordinary Paper Found In Baker 5 Bathroom

He certainly didn't realize it at the time, but someone who used the men's room in the East Wing of Baker 5 exactly 50 years ago this month left a little bit of history behind.

Workmen renovating that facility recently discovered the October 12, 1935 edition of Collyer's Eye and the Baseball World within one of the walls.

The tabloid newspaper reported on the major sports stories of that week, which included the sale of slugger Jimmy Foxx from the Philadelphia Athletics to the Boston Red Sox for $50,000, quite a sizeable sum for that era.



New Baseball 'Explosion'

'Muzzle' for K.M. Landis

COLLYER'S EYE AND THE BASEBALL WORLD

CHICAGO, SAT., OCT. 12, 1935

Price 15c

$500,000 GRID ORGY

Back Red Rain in $92,520 Futurity

War Declared on 'Books' Taking It on 'Lam'

BRADLEY 'CANS' JOCKEY MEADE

C. Whitney's Ace 7-2 for Classic at Belmont

Lester Balaski Is Signed as Idle Hour Rider

Peter Pan New 'Wonder' Horse

Back Mutuels Wagering in Delaware

Horsemen Stranded at Canadian Tracks

N.Y. Shyster Mulcts Irish Sweep Winners

SATION $5,000 LAUREL STAKES FAVORITE

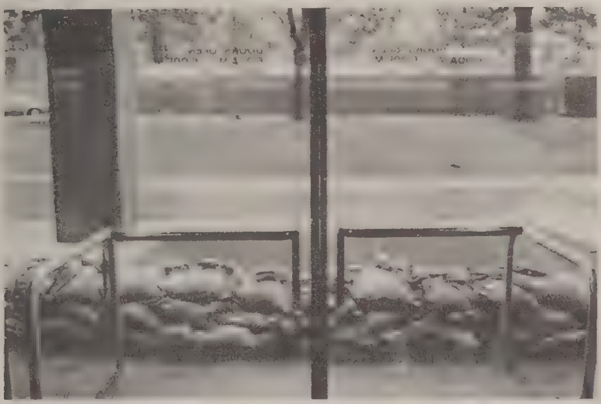
Boxers Mutiny Over Purse Chiseling

Sell Jimmy Foxx to Boston for $50,000

Tony Canzoneri

Some of the sporting news of the day, 50 years ago this month

Glimpses From Gloria

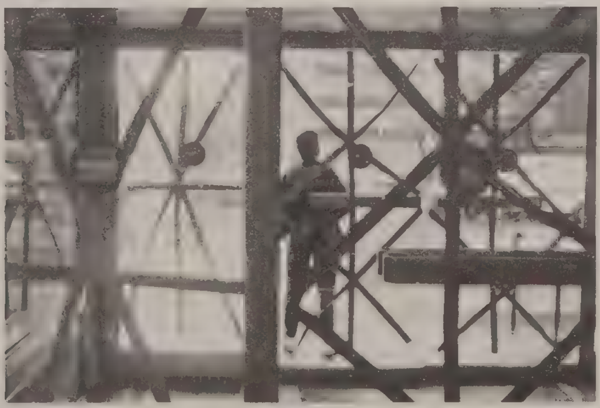


Sandbags were used to protect doors.

Many trees bent but did not break...

Although many branches did

There was not much we could do except work...



wait...

or just dream of better days

MASSACHUSETTS
GENERAL HOSPITAL

Ether Day Observance

1985

SERVICE PIN AWARDS – 1985

In recognition of service

FOR FIFTY YEARS

Mandel E. Cohen, M.D., *Neurology*
Richard Schatzki, M.D., *Radiology*

FOR FORTY YEARS

Glenn E. Behringer, M.D., *Surgery*

FOR THIRTY YEARS

Adelbert Ames, III, M.D., *Neurosurgery*
W. Gerald Austen M.D., *Surgery*
Guy J. Carrieri, *Budget & Cost Accounting*
Roberta Clayman, *Materials Management*
Herbert S. Cline, M.D., *Psychiatry*
Roman W. DeSanctis, M.D., *Medicine*
Robert E. Dixon, *Revenue Control*
Benjamin F. Gill, M.D., *Psychiatry*
Thomas P. Hackett, M.D., *Psychiatry*
Bette J. Hutchins, *Pathology*
Charles S. Keevil, Jr., M.D., *Medicine*
Raymond N. Kjellberg, M.D., *Neurosurgery*
Joseph P. Lentini, *Environmental Services*
Ronald A. Malt, M.D., *Surgery*
Walter Mann, M.D., *Psychiatry*
Tommy Mooncai, *Pharmacy*
Dorothy E. Norwood, *Anesthesia*
Edward C. Parkhurst, M.D., *Urology*
Mitchell T. Rabkin, M.D., *Medicine*
Robert H. Richie, Jr., M.D., *Pediatrics*
Daniel A. Salvucci, *Operating Rooms*
Allan I. Sandler, M.D., *Medicine*
Lucille M. Shurkus, *Operating Rooms*
John H. Sisson, M.D., *Medicine*
Ida F. Small, *Information*
Lionelle D. Wells, M.D., *Psychiatry*

FOR TWENTY YEARS

Anna M. Allard, *Nursing*
Evelyn Anderson, *Nursing*
Alicia R. Armstrong, *Staff Clinic*
Herbert Beard, *Hematology*
Marilyn J. Boynton, *Gastrointestinal Lab*
John H. Bradshaw, Jr., *Radiology*
Romaine R. Bruns, Ph.D, *Medicine*
Barbara J. Buckley, *Social Service*
Birgitte B. Bugge, *Carbohydrate Research*
Robert M. Burrows, *Lab of Computer Science*
Anthony R. Cataldo, *Computer Center*
Christie P. Christo, *Environmental Services*
Camille A. Clark, *Chemistry Lab*
John M. Cohen, M.D., *Pediatrics*
Ruth Corbett, *Medical Records*
Mary A. Daily, *Social Service*
David J. Daley, *Emergency Ward*
James J. Daly, M.D., *Pathology*
Carol A. Daru, *Anesthesia*
Barbara A. Davis, *Social Service*
Robert G. Delong, M.D., *Pediatrics/Neurology*
Ruth E. Dempsey, *Nursing*
Stephen P. Dretler, M.D., *Urology*
French Eatmon, *Environmental Services*
Jack E. Farnham, M.D., *Medicine*
John Fazio, *Maintenance*
Dana Fredrick, *Surgical Research*
Florence Fitzmaurice, *Ambulatory Care Bus. Off.*
Arthur J. Foubert, *Cardiovascular Research*
Kenneth Furuse, *Environmental Services*
Bennie Geffin, M.D., *Anesthesia*
Leonard M. Givens, *Computer Center*
Carol A. Glover, *Radiology*
Allan Goldblatt, M.D., *Pediatrics/Medicine*
Martha Garcia, *Nursing*
Linda L. Gralenski, *Radiology*
Reginald E. Greene, M.D., *Radiology*
Lillie M. Greenlee, *Environmental Services*
H. George Hamacher, *Chemistry Lab*
Jean M. Harper, *Nursing*
Elvia M. Howlett, *Dietetics*
George J. Hull, *Lab of Computer Science*
Joan B. Ingram, *Operating Rooms*
Ruby Jackson, *Pharmacy*
Leslie N. Johnson, *Endocrine Unit*
James V. Jones, *Environmental Services*
Charolotte A. Kayavas, *Cytogenetics Lab*
Robert R. LaCasse, *Fiscal Affairs*
Joseph D. Lameiras, *Fiscal Affairs*
William Maddox, *Medical Records*
Margaret L. Mattox, *Medical Records*
Charles G. Mixter, III, M.D., *Surgery*
Karen E. Mood, *Nursing*
George Moses, *Environmental Services*
Josephine Mullins, *Operating Rooms*
Blanche T. Myrick, *Neuro Medical Clinic*
Joanne O'Brien, *Social Service*
Kathleen T. O'Shea, M.D., *Dermatology*
George P. O'Sullivan, *Pharmacy*
Susan Pauley, *Blood Transfusion Service*
Lorna E. Picardo, *Admitting Office*
Michael Picardo, *Environmental Services*
Harriet T. Provine, *Infectious Disease Lab*
Mary L. Quinlan, *Nursing*
Gladys B. Reavis, *Clinical Administration*
Grace W. Rogers, *Materials Management*
Carmen A. Russo, *Dietetics*
Helen T. Ryan, *BHHC*
Mary R. Sanborn, *General Store*
Beatrice M. Sauls, *Dietetics*
William H. Shea, *EKG Lab/Cardiac*
Vivian E-An Shih, M.D., *Pediatrics/Neurology*
Samuel Silverman, M.D., *Psychiatry*
Leneth H. Simpson, *Clinical Administration*
Theresa M. Skinner, *Nursing*
Thomas W. Smith, M.D., *Medicine*
Denise J. Streider, M.D., *Medicine/Pediatrics*
Mary B. Sykes, *Nursing*
Dolores M. Trufant, *MGH Surgical Associates*
Ceasareo Villa, *Operating Rooms*
Inez A. Watkins, *Nursing*
Milton A. Weiner, M.D., *Radiology*
Charles H. Weingarten, M.D., *Medicine*
James G. Wepsic, M.D., *Neurosurgery*
Margarett Whittaker, *Radiology*
Rowena Wilder, *Pharmacy*
Henry J. Winn, Ph.D., *Surgery*
Leona Zacharias, Ph. D., *Gynecology*

FOR TEN YEARS

Meta I. Alleyne, *Dietetics*
Andrew R. Anderson, *Materials Management*
Christine D. Annese, *Nursing*
Gail A. Arbuthnot, *Patient Care*
Viola C. Ball, *Staff Clinic*
Rita K. Barry, *Medical Services*
Janette V. Bartley, *Radiation Medicine*
Gloria A. Batson, *Emergency Ward*
Maureen T. Beaulieu, *Amb. Care Nursing*
Maureen Bedle, *Operating Rooms*
Mary T. Biagioni, *Orthopedic Research*
Georgi Bland, *Kidney Dialysis*
Annetta L. Boisselle, *Nursing*
Carol A. Bovest, *Diabetes Unit*
James H. Braden, *Medical Records*
Harold G. Branch, *Environmental Services*
Donald H. Brandolini, *Orthotics/Prosthetics*
Catherine P. Breen, *Nursing*
Janet L. Brideau, *Nursing*
BettyAnn Britton, *Nursing*
Janice M. Brouillard, *Operating Rooms*
Evangelin G. Brown, *Amb. Care Bus. Office*
Leonard G. Brown, *Dietetics*
William H. Buckley, *Administration*
Nancy E. Burke, *Hematology*
Geralyn S. Burrell, *Clinical Administration*
Bruce M. Burstein, *O.R. Administration*
Linda J. Calisi, *Resources & Development*
Ruth J. Capernaros, *Communications*
Alfred P. Carrington, *Environmental Services*
Albert E. Carter, *Dietetics*
Anne M. Cassels-Turner, *Amb. Care Nursing*
Julianne Charbonneau, *Nursing*
Lawrence P. Chartrand, *Clinical Administration*
Mary M. Chatillon, *Reading Disabilities Unit*
Virginia R. Clark, *Anesthesia*
Priscilla H. Cleveland, *Environmental Services*
Jeannette G. Clough, *Nursing*
Daniel P. Cogliano, *General Medical Amb. Care*
Jeffrey P. Cohen, *Medical Records*
Janice E. Corbett, *Nursing*
Joan M. Corea, *Radiation Medicine*
Robin A. Costa, *Nursing*
Mavis L. Cox, *Environmental Services*
Myron H. Daniels, *News & Archives*
Laura Delgado, *Childrens Services*
Ann M. DeLisia, *Radiology*
Linda M. Dell'Olio, *Photochemotherapy Unit*
Christine J. DeLucia, *Nursing*
Adelaide D. DeMarco, *Kidney Dialysis*
Joan E. Demins, *Credit & Collections*
Joseph M. DeSilva, *Materials Management*
Debra A. DeSimone, *Cardiac Rehab. Program*
Colleen A. Diamont, *Nursing*
Anna R. DiGirolamo, *Administration*
Kathleen Donahue, *Amb. Care Nursing*
Francis Donovan, *Blood Transfusion Service*
Joanne A. Doucette, *Radiation Medicine*
Dianne M. Dowling, *Communications*
Denise M. Dreher, *Blood Transfusion Service*
James P. Driscoll, *Maintenance*
Bessie Dunbar, *Dietetics*
Edward P. Durham, *Environmental Services*
Kenneth J. Dzus, *Nursing*
Carol A. Elwell, *Medical Records*
Betty M. Emanuel, *Radiology*
Richard M. Enfanto, *Pharmacy*
Patricia A. English, *Respiratory Care*
Dianne A. Farley, *Amb. Care Nursing*
Ellen Feldman, *Social Service*
Mary A. Fischer, *Nursing*
Joan P. Folsom, *Nursing*
Ivett V. Foster, *Blood Transfusion Service*
Rafael Q. Fuentes, *Nursing*
Linda Gabbidon, *Nursing*
Peter F. Geraghty, *Environmental Services*
Gary A. Giarrusso, *O.R. Administration*
Beverly C. Gibbons, *Dietetics*
Eileen P. Gibney, *Developmental Biology*
Mary M. Gill, *Nursing*
Pedro Gonzalez, *Environmental Services*
Sheila M. Gordon, *Nursing*
Mary E. Gould, *Nursing*
Fulton Grant, *Dietetics*
Donna G. Gulbinas, *Blood Transfusion Service*
Howard J. Hanson, *Materials Management*
Kristy M. Hendricks, *Dietetics*
Trevor Henry, *O.R. Administration*
Gerard Henry, *Materials Management*
Gertrude Henry, *Urology*
Francine Hobbs, *Dietetics*
Yvonne Hobbs, *Dietetics*
Elizabeth Hogan, *Nursing*
Maryfran Hughes, *Amb. Care Nursing*
Katherine C. Hurxthal, *Amb. Care Nursing*
Sarah A. Hussey, *Nursing*
John L. Jacobs, *Radiology*
Marian C. Jeffries, *Nursing*
Harold Jenkins, *Environmental Services*
Maureen E. Jerz, *Bacteriology*
Janie L. Johnson, *Dietetics*
Joseph W. Johnston, *Security*
Annmarie J. Juliano, *Medical Records*
Alfred R. Kennedy, *Radiation Medicine*
Paul S. Kerstien, *Nursing*
Franklyn B. Kespert, *Accounting*
Marguerit L. Kilfoyle, *Operating Rooms*
Joseph P. Kratohvil, *Respiratory Care*
Robert P. Kroon, *Pathology*
Richard P. Lacivita, *Materials Management*
Linda A. Laurentano, *MGH Surgical Assoc.*
Hao C. Le, *Dietetics*
Janice C. Ledonne, *MGH Surgical Assoc.*
Connie Leite, *Personnel*
John Livermore, *Maintenance*
Grantley A. Lynch, *Dietetics*
Judith A. Lynch, *Social Service*
Stephanie M. Macaluso, *Nursing*
Jane P. Maisey, *Nursing*
Thomas F. Manganaro, *MGH Surgical Assoc.*
Carole J. Mankin, *Treadwell Library*
Helen M. Marcin, *O.R. Administration*
Virginia G. Mariano, *Credit & Collections*
Fernando L. Martinez, *Environmental Services*
John G. Matheson, *O.R. Administration*
Lori A. Mazzarelli, *Nursing*
Anne F. Mazzella, *ACC Radiology*
Mary C. McAdams, *Nursing*
Sally-Anne M. McColgan, *Childrens Services*
Michael McCollum, *Cardiac Procedure Service*
June A. McGrath, *Gynecology*
Maryellen McNamara, *Nursing*
Nancy M. Meacham, *Clinical Administration*
Edward Medeiros, *Materials Management*
Ann L. Mikoluk, *Thyroid Lab*
Diana Minasian, *Childrens Service*
Jan V. Montero, *Personnel*
Barbara E. Moscowitz, *Social Service*
Wendall E. Mosher, *Animal Care*
Debra A. Murphy, *CMHCC*
James Murphy, *Environmental Services*
Willie M. Nelson, *Dietetics*
Kristine Nelson, *Cardiac Rehab. Program*
Edward P. Neves, *Security*
Barbara W. Noble, *Nursing*
Rosemary A. Noren, *Surgery*
Nancy E. Novak, *Facilities Engineering*
Susan D. O'Brien, *Nursing*
Suzanne O. O'Connor, *Psychiatric Nursing*
Joseph M. Ogarro, *Dietetics*
Irene Oron, *Psychiatric Nursing*
Teofila R. Ostrea, *Endocrine Research*
Rosa A. Pareja, *Emergency Ward*
Joanne S. Perry, *General Medical Amb. Care*
Edward Perry, *Environmental Services*
Jean M. Phillips, *Nursing*
Michelle M. Picard, *Blood Transfusion Service*
Mary A. Pond, *Nursing*
Allen N. Powell, *Environmental Services*
Rosa H. Quintero, *Clinical Administration*
Abdul G. Rana, *Pharmacy*
Judith A. Randazzo, *Radiology*
Beverly A. Rankins, *Radiology*
Charles Reese, *Dietetics*
Alice G. Rekstad, *Cardiac Catheterization*
Emilia Ribas, *Environmental Services*
Beverly A. Rich, *Molecular Biology*
Samuel E. Roberts, *Information Desk*
Willie M. Roberts, *Operating Rooms*
Christopher C. Ross, *Radiology*
Christine T. Ruel, *Nursing*
Lee S. Salkovitz, *Clinical Administration*
Emily J. Sander, *Social Service*
Rocco Sansevero, *Maintenance*
Gail A. Savitski, *Radiology*
Charlene A. Scarpa, *Nursing*
Joanne M. Schiavo, *Neurosurgical Amb. Care*
Judith L. Schiff, *Nursing*
Carol A. Scola, *Medical Practice Evaluation Unit*
George S. Searles, *Maintenance*
Fredda B. Sendker, *Operating Rooms*
Susan E. Shadbegian, *Nursing*
Mary E. Sheehan, *Nursing*
Glenn Siegmann, *Pharmacy*
Carol L. Skierski, *Nursing*
Mary L. Slavin-Simmons, *Respiratory Care*
Bozena Smith, *Utilization Review*
Kimberly A. Smith, *Nursing*
Lester S. Spence, *Linen Control*
Burgess P. Standley, *Planning*
Nancy Stark, *Pathology*
Debra A. Stokes, *Amb. Care Nursing*
Lynne S. Swindler, *Amb. Care Nursing*
Bertha M. Thomas, *Linen Control*
Jesse J. Thompson, *Materials Management*
Joseph Turay, *Environmental Services*
Bonnie-Je Unger, *Anesthesia*
Solange M. Verdieu, *Dietetics*
Linda M. Walker, *MGH Surgical Assoc.*
Margaret M. Watters, *Operating Rooms*
Steven R. Weise, *Radiology*
Dale R. Wickberg, *T.V. Department*
Dorothy J. Wilson, *Dietetics*
Jeffrey S. Wright, *Dietetics*
George E. Yakes, *Central Supply Room*
Larry E. Young, *Clinical Administration*
William Y. Young, *Chemistry*
Constanti Zamis, *Dietetics*

FOR FIVE YEARS

Kristin K. Ahlman, *Gastrointestinal Research*
Paul D. Alexander, *Nursing*
George Alleyne, *Environmental Services*
Dianne Alpert, *Cardiac Lab*
Vincent T. Ambrosini, *Pediatric Microchem Lab*
Keith J. Anderson, *Operating Rooms*
Mary A. Anderson, *Neurology Research*
Robert B. Andrews, *Psychiatric Amb. Care*
Bruce A. Applewhite, *Dietetics*
Adele B. Ardolino, *Radiation Safety*
Grisel Arma, *General Medicine Amb. Care*
Deborah A. Asaro, *Nursing*
Gerald W. Ashby, *Dietetics*
Joyce F. Ashman, *Pulmonary Disease*
Loretta O. Auger, *Nursing*
Diane Bachiri, *Pulmonary Disease*
Frantz Balan, *Dietetics*
Karen A. Balnicki, *CHMCC*
Diane M. Baranowski, *Anesthesia*
Mary D. Barry, *Nursing*
Lesly Bastien, *Anesthesia*
Larry P. Beagle, *Physics Research*
Megan T. Bearce, *Nursing*
Donna E. Beardsworth, *Vincent Mem. Research Lab*
Corinne E. Beaulieu, *ACC Radiology*
Daniel A. Belair, *Operating Rooms*
Catherine Beliveau, *Operating Rooms*
Scott T. Belknap, *Pharmacy*
Phillip Bell, *Dietetics*
Marilyn R. Belmonte, *Hematology/Oncology*
Martha L. Benes, *Blood Transfusion Service*
Vera J. Benson, *MGH Surgical Assoc.*
Anne M. Bernier, *ACC Radiology*
Daniel J. Biagiotti, *Clinical Administration*
Dorothy Bienkowski, *Computer Center*
Patricia L. Biggs, *Nursing*
Rosemary Bill, *Nursing*
Dianne K. Bilotas, *Admitting*
Gregory A. Bird, *Nursing*
Lynn Bisbee, *Amb. Care Nursing*
Marlene K. Bolster, *Radiology*
Jack Bompane, *Maintenance*
Ann M. Booth, *Pediatric Microchem Lab*
Linda Botta, *Radiology*
Margaret N. Bradley, *BHHC*
Ronald Bradshaw, *Communications*
Diane E. Brindle, *Nursing*
Lynne C. Brown, *Nursing*
Eugene Brown, *Environmental Services*
Claire Byrnes, *Staff Clinic*
Carol A. Cain, *Clinical Administration*
Daniel R. Callinan, *Maintenance*
Cynthia A. Campbell, *MGH Surgical Assoc.*
Judith Campbell-Kodzis, *Amb. Lab Service*
Marion K. Campos, *Nursing*
Lisa A. Caramanica, *Blood Transfusion Service*
Mary Carey, *MGH Inst. of Hlth. Professions*
Karen A. Carpenter, *Amb. Care Nursing*
Philip Carrieri, *Clinical Administration*
Patricia M. Carroccino, *Thyroid Lab*
Michael Casamassima, *Security*
Dina Catani, *Clinical Administration*
Anne E. Cavalieri, *Nursing*
Rona M. Cavallaro, *MGH Surgical Assoc.*
Leona L. Certusi, *Communications*
Paul A. Chiarolanza, *Clinical Administration*
David P. Chicoine, *Clinical Administration*
Joanne L. Chisholm, *Dietetics*
Sarah W. Ciambrone, *Speech-Lang. Pathology*
Joan E. Clark, *Amb. Care Nursing*
Mary M. Clark, *Accounting*
Edith C. Clarke, *Clinical Administration*
Mary G. Clifford, *Ortho. Amb. Care*
Amelia Clucas, *Revere Health Center*
Sallie E. Cohn, *Nursing*
Philip S. Cole, *Nursing*
Linda J. Collings, *Radiology*
Derrick Combs, *Dietetics*
Donna M. Comolli, *Operating Rooms*
Teresa M. Condon, *Pedi Pulmonary Lab*
Michele Connolly, *Nursing*
Mary-Jean P. Conroy, *Nursing*
Patricia A. Cook, *Clinical Immunology Lab*
Ann M. Copell, *Credit & Collections*
Lloyd R. Corkum, *Respiratory Care*
Francesca A. Coscia, *Bacteriology Lab*
Elizabeth A. Covington, *Carbohydrate Research*
Sally H. Cowles, *Childrens Service*
Mark A. Coye, *Materials Management*
Bonnie L. Creinin, *Resource & Development*
Sarah Cromey, *Nursing*
Sandra Croteau, *Nursing*
Donna M. Crowley, *Nursing*
Lianne M. Csicsek, *Amb. Care Nursing*
Karen A. Cunniffe, *Clinical Administration*
Stephen J. Cunningham, *Security*
Paula G. Curren, *Nursing*
Bernard F. Damian, *Clinical Administration*
Candida A. Daniele, *Rehabilitation Medicine*
Dana H. Darnell, *Amb. Care Nursing*
Margaret J. Davidson, *Psychiatry*
Mary M. Dawley, *Anesthesia*
Julie O. Deems, *Nursing*
Sandra E. Deiulis, *General Medicine Amb. Care*
Margarita DeJesus, *CMHCC*
Mary T. Delapp, *Clinical Administration*
Maria J. Delgado, *Nursing*
Colette A. Dente, *Data Analysis*
Concetta A. DeRosa, *Cardiac Lab*
Nancy E. Desjardins, *Amb. Care Nursing*
Maureen E. Dever, *Nursing*
Anna DiBenedetto, *Environmental Services*
Helen A. DiGiammarino, *Pathology Lab*
Paul R. Dion, *Clinical Administration*
Eleanora G. DiTocco, *Kidney Dialysis*
Dennis Dixon, *Dietetics*
Eleanor V. Dolan, *Radiation Medicine*
Allan J. Dolinski, *Environmental Services*
Virginia A. Donahue, *Amb. Care Nursing*
Deidre A. Donoghue, *Orthopedics*
Anne M. Donovan, *Nursing*
Denise M. Dorgan, *Nursing*
Robert D. Doucas, *Clinical Administration*
Joan M. Dubiel, *Nursing*
Jennifer Z. Dubois, *Cytogenetics Lab*
Constance S. Dugan, *Neurosurgery Research*
Paul J. Dunn, *Environmental Services*
Marie E. Eames, *Operating Rooms*
Thomas J. Eggleston, *Radiation Medicine*
Roseann Eliseo, *MGH Surgical Assoc.*
Bruce K. Ellis, *Renal Research Unit*
Judith A. Eyman, *Blood Transfusion Service*
Elisabeth M. Faulkner, *Emergency Ward*
Theresa R. Federico, *Nursing*
Barbara Fee, *Nursing*
Emily Feinberg, *Respiratory Care*
Clarence Felder, *Dietetics*
Debra B. Feldman, *Kidney Dialysis*
Janice A. Filteau, *Nursing*
Marin Fine, *Psychiatric Nursing*
Lucy Fisher, *Blood Transfusion Service*
Paula M. Flaherty, *Nursing*
James G. Flood, *Chemistry Lab*
Amy E. Flynn, *Rehabilitation Medicine*
Laura Foner, *Amb. Care Administration*
Deborah A. Fournier, *Gastrointestinal*
Alicia E. Franco, *Personnel*
Christine M. Franzosa, *Chemistry Lab*
Agnese G. Froio, *Radiation Medicine*
Alma L. Fulmer, *Cardiac Lab*
Donna M. Furlong, *Nursing*
Ruth Gadson, *Dietetics*
Kathleen A. Gallant, *Pediatric Amb. Care*
Deborah A. Gately, *Operating Rooms*
Susan R. Gavaghan, *Nursing*
Ann M. Geary, *Nursing*
Robert C. Gehret, *Dermatology Amb. Care*
Karen L. Gendron, *Nursing*
Richard R. Gentry, *Radiation Medicine*
Linda Gerald, *Clinical Administration*
Cheryl A. Gerniglia, *Nursing*
Joanne E. Gessner, *Nursing*
Ellen B. Gibby, *MGH Surgical Assoc.*
Eugeta J. Gladden, *Dietetics*
Francis A. Gobbi, *Accounting*
Tara J. Golini, *Nursing*
Susan N. Goodrich, *Operating Rooms*
Holly A. Goolsby, *Neurology*
Susan B. Gordon, *Nursing*
Marie B. Gouin, *Nursing*
Cheryl Grannum, *Clinical Administration*
Kenneth A. Griffin, *Cardiovascular Research*
Karen E. Griffin, *Neurology Research*
Starford Guppy, *O.R. Administration*
Beth A. Hallowell, *Nursing*
Nazare V. Hamilton, *Clinical Administration*
John H. Handren, *MGH Surgical Assoc.*
Patsy F. Hankerson, *Dietetics*
Gene M. Hannigan, *Molecular Biology*
Juliette I. Hardiman, *Nursing*
Ernest Harleston, *Security*
Gerald A. Harrell, *Materials Management*
Sara A. Hartmann, *Nursing*
Elizabeth Hartnett, *Nursing*
Maryellen D. Harvey, *Blood Transfusion Service*
Jane A. Hatchfield, *Blood Transfusion Service*
Shirley T. Hawkins, *Medical Records*
Jonathan M. Hayward, *Clinical Administration*
Carolyn J. Headley, *Dietetics*
Barbara Hejnar-Lowe, *Med. Srv. Group Practice*
Maureen W. Hemingway, *Operating Rooms*
Diane E. Herald, *Nursing*
Rosa L. Herrington, *Radiology*
Debra J. Hill, *Operating Rooms*
Jacquelin M. Hill, *Medical Services*
Carol A. Hillson, *Anesthesia*
Ai Y. Ho, *Anesthesia*
Maureen A. Holden, *MGH Inst. of Hlth. Prof.*
Virginia C. Holloway, *Neurophysiology Lab*
Austin Holzer, *Admitting*
Louise M. Hotz, *Anesthesia Acute Care*
Jane E. Howley, *Nursing*
Michele G. Hughes, *Rehabilitation Medicine*
Anthony Iannuzzi, *Environmental Services*
Barbara T. Irby, *Pharmacy*
Michelle E. Jameson, *Nursing*
Dorinda A. Jaquith, *Psychiatric Amb. Care*
Annette K. Johns, *Cardiac Lab*
Karen S. Johnson, *Nursing*
Michael G. Johnson, *Maintenance*
Robert U. Johnson, *Central Supply Room*
Florence D. Johnson, *Dietetics*
Janette F. Jones, *Nursing*
Jill A. Jones, *Nursing*
Edmund F. Jones, *Credit & Collections*
Leissa M. Joyner, *Nursing*
Teresa Kadziewicz, *General Medical Amb. Care*
Lillian V. Kahn, *Nursing*
Alwyn F. Kalligheri, *Maintenance*
Lisa N. Karen, *Nursing*
Joan M. Keefe, *Hematology*
Gregory L. Kelley, *Biomedical Engineering*
Christine Kelley, *Dietetics*
Yvonne M. Kelly, *Psychiatric Amb. Care*
Beth Kemler, *MGH Inst. of Hlth. Prof.*
Catherine A. Kibbe, *Resources & Development*
Edward V. Kiddy, *Materials Management*
Susan M. Kilgo, *Nursing*
Phillip M. King, *Chaplain*
Robert E. King, *Cardiac Lab*
Katherine Kolton, *Nursing*
Janice S. Kopp, *Urology*
Therese R. Kordis, *Cardiovascular Research*
Steven L. Krudop, *Radiation Medicine*
David G. Kujanpaa, *Cardiac Catheterization*
Mary E. LaLond, *Children Medical Research*
Ruthanne R. Lamborghini, *Rehab. Medicine*
Helen Landers, *Nursing*
Ruth Lange, *Dermatology Research*
Suzanne L. Langford, *Nursing*
Lois J. Laprad, *Radiation Medicine*
Nancy A. Laroche, *Nursing*
Jessica M. Larson, *Pharmacy*
Maryellen Latas, *Radiology*
Debra T. Lavandier, *Administration*
Donna M. Lawrence, *Nursing*
Kathleen E. Lentz, *Neurophysiology Lab*
Judy A. Leoncello, *Psychiatric Amb. Care*
John A. Leone, *Environmental Services*
Anita M. Lewis, *Amb. Care Nursing*
Ruth D. Lindquist, *Nursing*
Ann M. Locke, *Psychiatric Nursing*
Susan W. Lodie, *Nursing*
Susan C. Loomis, *Nursing*
Beth A. Lynch, *Radiation Medicine*
Brian D. Lynch, *Clinical Administration*
Paul E. MacGarvey, *Pediatric Microchem. Lab*
Eleanor M. MacGlashing, *MGH Surgical Assoc.*
Joyce A. MacKinnon, *Radiology*
Edward F. Macinnis, *Maintenance*
Ann M. Magee, *Nursing*
Marie R. Magliozzi, *Rehabilitation Medicine*
Constance E. Mancini, *BHHC*
Michael A. Mancusi, *CMHCC*
Derek A. Manier, *Wellman Research Building*
Leonard J. Marcus, *MGH Inst. of Hlth. Prof.*
Eileen D. Marden, *Operating Rooms*
Linda R. Mariano, *Radiology*
Donna Markham, *Radiology*
Prudence D. Markos, *Rehabilitation Medicine*
Leslie A. Marks, *Operating Rooms*
Patricia A. Marotta, *ACC Radiology*
Patricia E. Marshall, *Neurology Research*
Jane E. Marshall, *Ultrasound Lab*
Margaret M. Martin, *Cytogenetics Lab*
Marilyn A. Martin, *Clinical Administration*
Thomas W. Martin, *Linen Control*
Edward J. Martins, *Maintenance*
Gina M. Masci, *Clinical Administration*
Kathleen A. Mason, *Endocrine Research*
Susan Mathews, *Hematology*
Sara E. Mattie, *Nursing*
Linda B. May, *Chemistry Lab*
Jeanne M. McAdam, *Anesthesia Research*
John H. McCall, *Cardiac Procedure Service*
Kathy A. McCarthy, *Radiation Medicine*
Patricia McCormack, *Operating Rooms*
Mark E. McDonough, *Security*
Kathleen McElhinney, *Nursing*
Sheila M. McGinty, *Radiology*
Norma A. McGrath, *Anesthesia*
Betsy A. McGreevy, *Nursing*
Ivonny M. McKanobb, *Clinical Administration*
Darryl McKay, *Dietetics*
Susan M. McKay, *Nursing*
Patricia M. McKenna, *CMHCC*
Margaret A. McMahon, *Neurophysiology Lab*
Julie A. McLaughlin, *Planning*
Ellen M. McPadden, *Nursing*
R. McShane-Gilmore, *Radiology*
Edward M. Medeiros, *Fiscal Affairs*
Deborah A. Messinger, *MGH Surgical Assoc.*
David W. Miller, *Radiology*
Collette A. Miller, *Nursing*
Elizabeth A. Miller, *Accounting*
Domenica M. Mogavero, *Bacteriology Lab*
Nancy J. Molnar, *Nursing*
Denise J. Montalto, *Rehabilitation Medicine*
Kathleen J. Moore, *Nursing*
Andrea K. Morgan, *Clinical Administration*
Angela A. Morris, *Clinical Administration*
Deidre M. Morrissey, *Nursing*
Kathleen A. Moynihan, *Nursing*
Daniel J. Moynihan, *Security*
Erik Muench, *Lab of Computer Science*
Marie A. Murphy, *Clinical Administration*
Lois A. Murphy, *Nursing*
Maureen A. Murphy, *Emergency Ward*
Jean M. Murphy, *Cardiac Lab*
Marita J. Murray, *Neurophysiology Lab*
Cynthia Murray, *Radiology*
Ann M. Myers, *Radiology*
Cosmo Nardella, *Chemistry Lab*
John F. Nathan, *Rehabilitation Medicine*
Brenda A. Neary, *Pathology Lab*
Paul M. Nee, *Medical Records*
Christine M. Newell, *Psychiatric Nursing*
Cynthia B. Newhook, *Cardiac Lab*
Anna E. Nicklas, *Orthopedics*
Eileen A. Nielsen, *Psychiatry*
Eileen N. Nielsen, *Social Service*
Catherine Niemi, *Radiology*
Emerson D. Niles, *Maintenance*
Bryan D. Niles, *Maintenance*
Karolyn R. Nolan, *Nursing*
James Norton, *Environmental Services*
Susan A. Noska, *Nursing*
Judy Nunes, *Hematology*
Karen A. O'Donnell, *Pathology Lab*
Joanne O'Loughlin, *Nursing*
Anne M. O'Leary, *Nursing*
John C. Orrell, *Purchasing*
Joseph Palmarozzo, *Environmental Services*
Edward P. Paluch, *Immunology*
Lorraine P. Palumbo, *Planning*
Anne L. Paone, *Amb. Care Nursing*
Peter Pappagianopoulos, *Materials Management*
Marie G. Pardovany, *Environmental Services*
Robert J. Park, *Dietetics*
Anthony M. Particelli, *Credit & Collections*
Joseph N. Pelosi, *O.R. Administration*
Christine Peters, *Pathology Lab*
Gayle M. Peterson, *Nursing*
Virginia M. Petrino, *CMHCC*
Sherrie A. Phillips, *Clinical Administration*
Jennifer Pickering, *Radiology*
James C. Piepenbrink, *Biomedical Engineering*
Louis W. Pierre, *Dietetics*
Dialma Poles, *Orthopedics Workshop*
Mary T. Pontbraind, *CMHCC*
Lionel Porter, *Radiology*
Ellen H. Poulos, *Psychiatry*
Susan W. Powell, *MGH Surgical Assoc.*
Ann L. Prestipino, *Administration*
Daniel V. Protasowicki, *Diabetes Unit*
Patricia L. Quigley, *Cardiac Rehab. Program*
Laurel E. Radwin, *Nursing*
Joseph B. Rajaratnam, *Pathology Lab*
Jayne E. Ramsey-Parker, *Operating Rooms*
Kenneth P. Raney, *Dietetics*
Nancy Redfern, *Nursing*
Elizabeth Remon, *Dietetics*
Deborah Rempis, *Logan Airport Station*
Robert M. Rice, *Materials Management*
David Riehn, *O.R. Administration*
Tanya L. Robbins, *Operating Rooms*
Homer Roberts, *O.R. Administration*
Iva E. Rose, *Materials Management*
Simon V. Rosenthal, *Cardiac*
Ronnie Rouse, *Materials Management*
Karen M. Rowell, *Bacteriology Lab*
Karen T. Ruest, *Blood Transfusion Service*
Joanne C. Runci, *Radiology*
Virginia L. Sanders, *Bacteriology Lab*
Rita-Ann C. Santangelo, *Nursing*
Jeanne A. Savage, *Blood Transfusion Service*
Nancy Schappler, *Nursing*
Diane I. Schmitt, *Operating Rooms*
Helaine M. Schupack, *Reading Disabilities Unit*
Janice M. Scullin, *Treadwell Library*
Maxine Service, *Dietetics*
Jayne O. Sexton, *Med. Prac. Evaluation Unit*
Elizabeth J. Seybolt, *Nursing*
Ralph J. Seymour, *Psychiatric Nursing*
Veronica A. Shaffer, *Radiology*
Deidre M. Shea, *Nursing*
Sonia A. Shea, *Nursing*
Kathleen Sheehan, *Nursing*
Phyllis R. Silverman, *MGH Inst. of Hlth. Prof.*
William Silvestri, *Security*
Susan I. Singer, *Anesthesia*
Elaine Slaton, *Operating Rooms*
Mary A. Smith, *Clinical Administration*
Janice D. Sorenson, *Nursing*
Gail Southard, *Admitting*
Michael G. Souza, *Management Engineering*
Stephen L. Spence, *Chemistry Lab*
Edward S. Sredzienski, *Pharmacy*
Debra L. Staples, *Cardiac Lab*
Bruce E. Straw, *Environmental Services*
Darlene J. Strickland, *Cardiac Lab*
Justin A. Sullivan, *Blood Transfusion Service*
Eileen M. Sullivan, *Social Service*
Theresa M. Sweeney, *Amb. Care Nursing*
Mark E. Taatjes, *Radiation Medicine*
Calvin B. Tabb, *Dietetics*
Kathy A. Tabor, *Radiology*
Joan E. Tafe, *Nursing*
Lucille E. Tanenbaum, *Blood Transfusion Servic*
Rudolph E. Tanzi, *Neurology Research*
Annalee Taylor-Cassidy, *Amb. Care Nursing*
Gael H. Tempesta, *Nursing*
Joanne D. Testa, *BHHC*
Margaret M. Thomas, *Nursing*
Linda L. Thompson, *Nursing*
Jon E. Thureson, *Materials Management*
Athena Tiglianidis, *Pharmacy*
Rosemary Tintoni, *Materials Management*
Linda G. Tirella, *Rehabilitation Medicine*
Diana L. Titus, *Nursing*
Widlene C. Toussaint, *Clinical Administration*
Jane L. Tremble, *Radiology*
Ilene B. Ungerleider, *Nursing*
Joanne J. Van De Valk, *Nursing*
Deborah A. Vannostrand, *Nursing*
Elba Velasquez, *Communications*
Joanne Venus-Williams, *Amb. Care*
Marilyn H. Vitale, *Nursing*
Janina K. Walach, *Dietetics*
Sonya Walker, *Social Service*
Judy A. Walsh, *Medical Oncology*
Larry L. Washington, *Materials Management*
Ronald J. Watt, *Lab of Computer Science*
Michael H. Weiner, *Urology*
Vashtine C. Weir, *Dietetics*
Paul F. Weiser, *Maintenance*
Eunice A. Weiss, *Nursing*
James P. Welch, *Anesthesia*
Leon C. Welch, *Communications*
Sally A. Welsh, *Cytopathology*
Timothy R. Wheelock, *Pathology Lab*
Bonitto D. White, *Dietetics*
Janice T. White, *Credit & Collections*
Virginia M. Whitehouse, *Emergency Ward*
Clarence L. Wiggins, *Cardiac Lab*
Timothy E. Williams, *Operating Rooms*
Jacqueline A. Williams, *Nursing*
Althea M. Williams, *Pathology Lab*
Leon C. Williams, *Dietetics*
Joanne M. Wimberly, *Dermatology*
Marion E. Winfrey, *Nursing*
Margaret S. Wong, *Nursing*
Jeffrey B. Wood, *Anesthesia*
Bonnie M. Wright, *Operating Rooms*
Joan M. Yankun, *Nursing*
James J. Yannarell, *Nursing*
Donna M. Yargeau, *Operating Rooms*
Steven H. Yawnick, *Radiology*
Marcella Yurcessen, *Resources & Development*
Joanne Zollarcoffer, *Radiology*

Program

Presiding
J. ROBERT BUCHANAN, M.D.,
General Director

Master of Ceremonies
THOMAS E. ROTHWELL,
Director of Human Resources

Speaker
FRANCIS H. BURR,
Chairman, Board of Trustees

Presentation of Awards

Twenty Year Reader

ROGER H. SWEET, M.D.
Director, M.G.H. Community
Health Associates

Fifty, Forty and
Thirty Year Reader

NANCY KESSNER
Librarian, Warren Library

Over the last several days, a great many people have been kind enough to say thank-you for the very nice Ether Day ceremony, as well as for the dinner honoring the 20, 30, 40, and 50 year recipients. It is much appreciated to hear from people who enjoyed themselves so much.

Like so many events that take place in the hospital, it takes the efforts of a great many people working together to ensure success. The one individual, however, who was solely responsible for coordinating the entire event was Ms. Marion Dello Russo of the Human Resources Department.

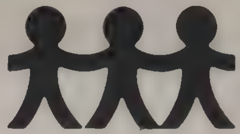
Congratulations, Marion, for putting together one of the best Ether Days this hospital has ever had.

THE MGH HOT'LINE

November 7, 19[illegible]

News Office, Bulfinch 1, Ext. 2206

UNITED WAY of Massachusetts Bay



This year marks the 50th anniversary of the United Way of Massachusetts Bay. On June 11, 1935, in the midst of the Great Depression, the foundation of the United Way was laid with the formation of the Community Federation of Boston. The first campaign raised $3.8 million for 115 local service groups.

Today, the United Way's 187 agencies help over a million people in more than 80 cities and towns in eastern Massachusetts. That's about one out of every three people. But the demand for human services continues to rise. That's why the United Way needs your support more than ever.

This week (November 4-8) has been designated as United Way Week at the MGH. And although the hospital's goal is the same as last year--$100,000, the focus, according to Campaign Chairman Richard Montgomery of Wage and Salary, is a bit different. "We're not asking people to give more," he explained, "but we're hoping that more people will give."

Mr. Montgomery noted that with LIVE AID and other causes, Americans this year have responded in record numbers to the needs of the less fortunate around the world. "Now, he said, "we have a chance to help those right in our own communities."

If you would like to donate, please complete the pledge card you received in your pay envelopes last week, and return the card to the campaign representative in your department. All cards must be turned in no later than November 15.

As a special bonus this year, every MGH employee who contributes is eligible to win 1,000 Megabucks tickets. The names of all contributors will be put into a barrel, with the drawing of one winner taking place on Tuesday, November 19, at noon, in the Wang ACC lobby. That lucky person will then be given 1,000 tickets (the numbers of his or her own choosing) to play in the Megabucks game. So you may not only feel like a million by donating to the United Way, but you'll have the chance to make a million, as well!

A Place to Cash In

The Bank of Boston Check Cashing Service on Clinics 1 (across from the Credit Union) will be open Thursdays and Fridays beginning today (Nov. 7) for the cashing of MGH payroll checks only. No other business transactions will be available from this location.

Shaping Up

Exercise classes for employees are still being offered Monday through Friday at noon, and Monday through Thursday at 5:30 p.m., in the basement of Ruth Sleeper Hall. Class cards can be purchased from Marion Dello Russo in the Office of Human Resources on Bulfinch 2, or a drop-in fee can be paid at the door. Class schedules are available from Ms. Dello Russo or at the Runner's Club bulletin board opposite the General Cafeteria. Classes beginning at 7 a.m. will also be offered if there is enough interest. If you have any questions or wish to apply, please call Kris Nelson at Ext. 1843.

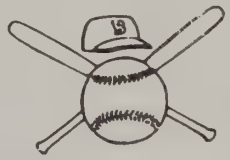
A Study On Diabetes

The MGH is seeking volunteers who have insulin-dependent diabetes to take part in a major clinical study involving 21 medical centers across North America. This international study is expected to impact the way diabetes is treated in the future. To qualify for participation in the seven-year study, a person must be between the ages of 13 and 39 and must have had insulin-dependent diabetes for at least one year but not more than 15 years. The person must not have any severe complications of diabetes, such as eye or kidney disease and also must not take any more than two insulin injections per day or use an insulin pump. The Diabetes Control and Complications Trial, or DCCT, is designed to compare the effectiveness of the precise control of blood sugar levels with the usual diabetes treatment in preventing or delaying the serious complications of this disease in people with insulin-dependent diabetes. Those interested in participating should contact Dr. David M. Nathan or Ms. Chris Gauthier-Kelley, R.N., at the Diabetes Research Center, Ext. 1847.

IN THE HOSPITAL

Dr. David M. Systrom of the Pulmonary Unit has been named the first Will Rogers Pulmonary Fellow at the MGH. As a Fellow, Dr. Systrom will continue his research on the role of specific neurotransmitters in the brain on central regulation and ventilation. He has also been involved with research on the limits of exercise tolerance in cardiopulmonary disorders. His sponsor is Dr. Homayoun Kazemi, Chief of the Pulmonary Unit. Sumner Redstone of Redstone Management/Northeast Theatre Corporation was instrumental in the creation of the Boston Fellowship.

A new book coauthored by Dr. John D. Stoeckle, Chief of Medical Clinics at the MGH, has just been published by the M.I.T. Press. The book is entitled, PLAIN PICTURES OF PLAIN DOCTORING. Collaborating with Dr. Stoeckle was George Abbott White, Keeper of the Matthiessen Room, Eliot House, Harvard University.



The Champs!

CONGRATULATIONS TO H-V-A-C (formerly the Refrigeration team), THE 1985 CHAMPIONS OF THE MGH SOFTBALL LEAGUE.

NAMES in the NEWS

After an absence of several years, "The Medical Journal" has returned to WEEI Radio. Hosted by newscaster Jim Pansullo, these daily mini-features are broadcast at 12:15 p.m., Monday through Friday. It was Mr. Pansullo's own medical history and subsequent treatment at the MGH that sparked his interest in medicine. The newscaster has received many awards including the Blakeslee National Award for a program he broadcast with Dr. Roman W. DeSanctis, Chief of Clinical Cardiology at the MGH, as well as a special citation from the Muscular Dystrophy Association for a program with Dr. Vincent Perlo on the subject of Myasthenia Gravis.

Dr. Edward J. Lammer of Pediatrics was interviewed recently by CBS-TV and Cable News Network regarding research he conducted at the Centers for Disease Control in Atlanta. This study showed that the drug accutane for the treatment of acne often leads to serious malformations in infants exposed during their mother's pregnancy.

THE MGH HOT LINE
November 14, 1985
News Office, Bulfinch 1, Ext. 2206

Additional Title For Stephen Kauffman

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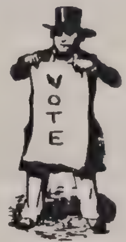
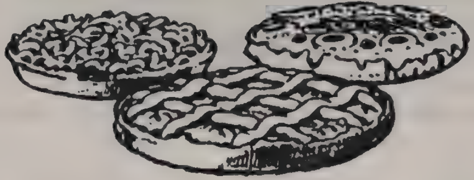


Cast Your Ballot In Credit Union Election

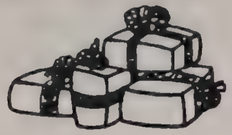
Members of the Harvard University Employees Credit Union are encouraged to cast their votes in the election of Directors. Among the candidates seeking office are two members of the MGH--Patricia Anne Bowler of the Department of Surgery and Ronald Kavanagh from Special Funds. The election will be held on Wednesday, November 20, from 12:30 p.m. to 6:00 p.m., in Harvard Law School's Roscoe Pound Building (second floor), at 1563 Mass. Avenue in Cambridge. A shuttle bus will be available from the Gray Lobby to take employees to Cambridge for the purpose of voting.

Another Sell Out



Once again, a bake sale to benefit the MGH Cookbook was a huge success! All the food was sold within a few hours. Thanks to all who baked, bought, or took a chance to win a prize. Incidentally, the winners were:

First prize (afghan)--Mr. Uliano of Methuen
Second prize (five pounds of pistacchios)--Pat Kelleher of Surgical Research
Third prize (basket of goodies)--Rob Kitfield of the Blood Transfusion Service



X-MAS X-TRAS

Start your Christmas shopping at the MGH. Come to a X-MAS X-TRAS Sale on Friday, November 15, beginning at 8 a.m., in the Warren Lobby. Many items will be available for you and your family. Proceeds to benefit the Employee Capital Fund Drive.

Support Group Dealing With Care of Elderly

The holiday season can be a stressful time for many people. This is especially true if you are someone who is caring for or anticipating the care of an elderly person. The Department of Social Service is offering a support/discussion group to help those of us attempting to juggle the emotional and practical issues involved in caring for the elderly during the holidays. If you would like to participate, or would like more information, please call Mrs. Deborah Hughes, L.I.C.S.W., at Ext. 5506.

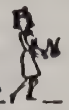
Swiss Skiing

How would you like to ski in Switzerland this winter? A film will be shown in the Ether Dome on Friday, November 22, (continuous showings from noon to 2 p.m.) promoting a one-week ski trip to Davos, Switzerland leaving Boston on March 6. For more information, please call Topaz Travel at Ext. 1804.

Volunteers Needed

Healthy female volunteers, ages 18 to 35 with normal menstrual cycles of 28 to 32 days, are needed immediately for an ongoing study. Remuneration is $100 per study with the opportunity for repeat studies. If interested, please call Anne Brown, R.N., at Ext. 5524, or Dr. Jan Hall, Ext. 8473.

IN THE HOSPITAL



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THE MGH HOT LINE

November 14, 1985

News Office, Bulfinch 1, Ext. 2206

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November 21, 1985

THE MGH HOT LINE

News Office, Bulfinch 1, Ext. 2206

At his Town Meeting last month, Dr. J. Robert Buchanan discussed subjects ranging from Hurricane Gloria to the availability of parking.

Town Meeting Produces Answers on Several Subjects

Several topics were raised at the last Town Meeting, held on Tuesday, October 8, on the Bulfinch Patio.

In his opening remarks, Dr. J. Robert Buchanan, General Director, said that of those employees who lost their jobs through cutbacks, only 14 had not found another job and that the hospital was working hard to find new jobs for all those affected. He added that the MGH might end the year with a modest surplus of one to two million dollars but warned that this figure could be reduced or eliminated by events taking place later in the fiscal year. In addition, he noted that the terrace being constructed outside the Wang ACC Building was made possible by a gift explicitly for that purpose by former Trustee Philip Theopold. And he said that talks were continuing on a legislative proposal that would allow the MGH to acquire the Charles Street Jail site in exchange for a portion of the hospital property on Nashua Street.

The following are the questions asked of Dr. Buchanan and his answers:

On the day that Hurricane Gloria was supposed to hit Massachusetts, I am surprised that employees were not asked to stay. That is always what had occurred in the past during an emergency.

Gloria was not our most glorious occasion. I think we made some mistakes that day, and that was one of them. I am extremely disap-

(continued on page 2)

Walk Talk

Boston Mayor Raymond Flynn giving support to those involved in the MGH's Walk for Health. Story and other photos appear on page 6.

Nurse Practitioners Honored

The year was 1961. Three members of the MGH--Dr. John Stoeckle, Ruth Farrissey, and Ann Swett--met to discuss what was becoming a growing problem in the Outpatient Department.

The situation was two-fold: It was more and more difficult for physicians, because of their busy schedules, to see a high number of patients in the clinics. And there was the feeling that nurses were being underutilized for their skills.

As it turned out, there was one solution to satisfy both problems. Thus, the position of nurse practitioner evolved.

Recently Governor Michael Dukakis signed a proclamation declaring the week of November 3-9 as Nurse Practitioner Week in the Commonwealth.

The MGH was actually the first hospital on the eastern seaboard to utilize nurse practitioners in an outpatient department.

"In those days, nurse practitioners

(continued on page 3)

MGH Cancer Center Celebrates Tenth Anniversary

More than 350 patients pass through its doors every day. They're young, they're old, some are rich, some are poor. They comprise all races and religions. Yet there is a common thread that unites these men and women. All have some form of cancer.

THE MGH CANCER CENTER

Not too long ago, cancer was taking the lives of 10,000 Massachusetts residents each year. Today, that figure has declined, thanks in large part to the technological and research advances being made against the disease.

At the forefront of this progress has been the MGH Cancer Center in the Cox Building. Where once these patients had arrived with despair, now they come with a sense of hope.

Celebrating its tenth anniversary this year, the MGH Cancer Center is the largest in New England. Its physicians see more than 3,500 new cancer patients each year, while another 7,500 return for follow-up care. The center has an extremely active radiation therapy program. Only the University of Texas M.D. Anderson Hospital and Tumor Clinic has a larger one.

The facility utilizes a multi-specialty approach to the care of cancer patients. It centralizes the offices, treatment areas, and research laboratories of specialists in such fields as medical oncology, surgical oncology, hematology, and radiation medicine.

(continued on page 4)

Patient Susie Tirino (left) being treated by adult nurse practitioners Gerri Wittrock and Paulette Thabault

The Goal of Ending Hunger Reaches New Heights

Dr. Paul Okunieff should be en route back to the United States this week after satisfying a thirst for adventure and a need to help the hungry.

Dr. Okunieff, the Chief Resident in Radiation Medicine, was among a group of 17 people who earlier this month traveled to Africa to climb that continent's highest mountain...Mount Kilimanjaro. The purpose--to help raise money to end world hunger.

"It is a challenge that I and the others have looked forward to accepting," said Dr. Okunieff prior to his departure. "We specifically wanted to set a high goal to show that it could be achieved."

And climbing to a height of 19,340 feet, most would agree, is a pretty high goal, especially for one whose experience has been limited to making it to the top of Mount Washington. "Although I just didn't climb Mount Washington," noted the resident, "I actually ran to the top. I guess it was good practice for Africa."

Dr. Paul Okunieff

Dr. Okunieff pointed out that the others are equally as inexperienced in climbing huge mountain ranges. That's why guides will be assisting at almost every step along the way to the summit. But the physician emphasized that he knows he'll have to rely on his own ability in order to succeed.

"I've been running very hard--between 4 and 13 miles--every day," he said. "I've also been working out with exercise equipment in order to increase my strength and stamina. I love hiking and climbing mountains. But I know that this will be the biggest challenge I've ever faced. I'm no hero, but I don't give up that easily, either."

The group will spend nine days climbing the mountain and two days going back down.

One of Dr. Okunieff's goals was met even before he departed. "My personal goal was to raise $500," he explained, "but so far, more than $1,000 has been pledged." He added that the group has raised nearly $50,000. And pledges are still being accepted even after the trip.

If all goes well and he makes it to the top, Dr. Okunieff has two specific things he wants to do...one usual and the other a bit unusual. "Naturally I want to have my picture taken to prove that I made it," he said. "And since I'm a big boomerang enthusiast, I'm planning to take my boomerang with me and test it out to see how it withstands the forces of nature. Hopefully, it will be all right."

And so too will he.

Employees got a taste of the autumn air while attending the October Town Meeting.

Town Meeting (continued from page 1)

pointed that department heads and supervisors were so ready to have employees leave early and that employees themselves did not volunteer to remain. On the other hand, the proclamation by the Governor and the "hype" by the media instilled a panic mentality among the population. In retrospect, we should have immediately followed the Governor's announcement with one of our own noting that if there were a disaster, the MGH would need to be fully staffed. During a disaster, there is no such thing as nonessential personnel in our hospital, since those who do not directly care for patients can assist with clerical tasks, transport, preparing food, and any of a hundred tasks that must be done to keep the hospital running. I am reviewing what happened on that day with other members of Administration, and you can be assured that when the next emergency occurs, we will handle it far differently.

How many nurses were laid off as part of the deficit reduction plan?

One on-call IV nurse and two nurses from the Staff Clinic are being laid off as a result of the deficit reduction plan. No nurse was forced to take an early retirement.

Why were the parking rates increased so much? Why not build a 2,700 space garage if there is this much demand for parking?

The hospital has created an artificial market for our parking, since our rates, even after the increases, are lower than any other in the area. One of the effects is that our garages are used by people coming to town who have no connection with the MGH: they park their cars here and do their business in Government Center. Another component of the artificial market was that our rates were so low that it was cheaper to drive to work than to take public transportation.

In light of the current pressure for parking spaces in the city, we regard our purchase of condominium parking spaces as an investment. It is an investment that has worked well so far, since the value of those spaces has already doubled since we purchased them.

We would dearly love to build a parking garage but currently do not have a space where this could be done. The Nashua Street property cannot be developed until the city and state decide what they want to do with the Central Artery. If we are able to negotiate that site, our experts tell us the rental of each space to offset construction and finance costs will be about $150 per month. We hope to be able to build that garage, but in the meantime, we want to raise rates to approach that level. Then those using our garages will understand the realities of today's market.

"During a disaster, there is no such thing as nonessential personnel in our hospital...."

You must realize that our garages are used by staff, patients, and visitors. I am concerned that in this competitive age our lack of parking may be a deterrant to people using the hospital for their care. We cannot forget that we are in the business of taking care of these people, and we must make the institution as accessible as possible to our patients.

Has anyone studied the value of bonus days as a way of encouraging employees not to abuse their sick time? Perhaps we need a greater incentive to persuade people to come to work.

I am probably old-fashioned, but I regard the right to work as a privilege, not a duty. I think we are fortunate to be able to have a job to come to, and I don't think we should have to do any more to persuade our employees to do what they should be doing.

Her Spirit Not Retired

The MGH spirit, it appears, lives on in the hearts of many people who have retired from the hospital.

One such person is Nora Lorden, who for many years was the backbone of the "Upper Store." She continued to work even after an aortic valve replacement operation.

However, because of failing eyesight, Ms. Lorden was forced to retire 10 years ago. But according to her surgeon and friend Dr. Gordon Scannell, "She accepts her disability with courage, and her loyalty to the MGH is undimmed. She certainly qualifies as part of the soul of this hospital."

Nora Lorden

HAPPY Thanksgiving

Holiday
Menu

On Thursday, November 28, the General Cafeteria will offer a traditional Thanksgiving menu consisting of:

Hot Mulled Cider	*50¢*
Roast Turkey/Giblet Gravy/Cranberry Sauce	*$1.45*
Bread Dressing	*40¢*
Beef Burgundy	*$1.40*
Rice	*40¢*
Whipped Potatoes	*40¢*
Candied Sweet Potatoes	*50¢*
Peas and Mushrooms	*45¢*
Mashed Butternut Squash	*45¢*
Garden Relishes	*no charge*
Pumpkin Pie	*50¢*
Mince Pie	*65¢*
Apple Pie	*50¢*

The Cafeteria will be open from 10:45 a.m. to 3:00 p.m. for lunch and 4:15 p.m. to 8:00 p.m. for dinner. Happy Holiday!

Practitioners (continued from page 1)

didn't have any special training," related Dr. Stoeckle, Chief of Medical Clinics at the MGH. "They were looking for new clinical challenges. And we were looking to provide nurses with more responsibilities in relieving doctors. These nurses were capable of new responsibilities from their on-the-job experience. So the staff started to refer patients to nurses for continuing care, beginning the work of nurse practitioners. It just seemed like a very logical idea given the circumstances."

Today, more than 10,000 nurse practitioners in the United States have become an integral part of the many social changes involved in health care. There are presently 30 nurse practitioners employed at the MGH, most of whom work in the clinics of the Wang Ambulatory Care Center and at the Chelsea, Bunker Hill, and Revere Health Centers. Some, such as Mary Ryan, also go outside the hospital to treat patients in settings like The Blackstone, a residence for the elderly on Blossom Street.

"Nurse Practitioners are very valuable to us...."

"Nurse practitioners are very valuable to us," said Dr. Stoeckle. "They enhance the care of many of our patients, especially those who are chronically ill. They are often more available and accessible than the physicians. And they also provide a system of social support in addition to the doctor."

When nurse practitioners first began at the MGH, they had no specialized training beyond what education they already had in nursing. Soon Dr. Ann Baker and Aina Apse, R.N., introduced a special training program for nurses to become practitioners, a program which continued at the MGH for 10 years.

Today, according to Kathi Tracy, Director of Ambulatory Nursing, nurse practitioners are required to complete certain educational requirements. "Now if registered nurses want to become nurse practitioners," she said, "they must complete a master's degree program and be certified in their area of practice."

Ms. Tracy explained that at the MGH, these specialized nurses care for patients in the ambulatory care units, at home, in nursing homes, and in elderly housing. They care for patients with acute and long-term illnesses, working closely with the physicians in health maintenance and prevention.

"And their counseling and teaching role is a particularly valuable aspect to the total care of the patient," added Ms. Tracy.

"And yet they are pretty autonomous," Dr. Stoeckle noted. "They consult with the physician, but they have opportunities to be independent, as well. And even though they haven't been here all that long, looking back I'd have to say I don't know how we did without them."

Marty McNulty (left), a nurse practitioner in Ambulatory Gynecology, with patient Charmaine Cudjoe

Nutritional Highlights

by the Department of Dietetics

Benjamin Franklin once said, "Eat to live; don't live to eat." That's good advice. But if witticisms aren't going to deter you from holiday binging, here are a few ideas to help you maintain your weight without sacrificing all the fun.

Cocktail Parties
High calorie appetizers and seasonal cocktails can be hard to avoid. Do yourself a favor and arrive fashionably late after eating a small meal at home. By the time you get there, the party will be on its way, you won't be hungry, and you will not have time to concentrate on a lonely hors d'oeuvres plate. Try to talk and socialize a lot, keeping in mind that you should not talk with your mouth full! Avoid high calorie beverage offerings like mulled cider or eggnog, and drink lighter beverages like champagne, wine, wine spritzers, or diet tonics. Mineral water and club soda are good substitutes for mixers like coke and tonic water. Remember, will power decreases with every cocktail, so stand or sit where foods are out of sight.

Buffet
Are you the type who reaches the end of the buffet with a mountain of food? Avoid this problem by surveying the offerings ahead of time and letting others go ahead of you. Plan to eat moderate servings of some sort of protein and starch (rice, potatoes, noodles), and more generous servings of vegetables. If you are going to drink, try to eliminate dessert. Calorie wise, two glasses of wine equal one rich dessert. When faced with a high calorie and appetizing fare, it will be easier to stay in control if you make some decisions about what you will eat before you are actually faced with the food. Also try to use smaller plates (it will look like you've got more food), eat slowly, put your fork down between bites, and leave something on your plate.

Your Party
Health-conscious food is in vogue now, so always have low-cal drinks and appetizers on hand. A colorful vegetable platter with cherry tomatoes, raw mushrooms, broccoli, cauliflower, pepper strips, and a yogurt dip can be both attractive and good for you. An arrangement of low-fat crackers like Melba Toast, Wasa bread, Finn crisps, and Matzos crackers with cubes of skim milk mozzarella cheese is another idea. Try cherry tomatoes stuffed with tabbouleh, fresh peapods stuffed with hummus, or small pieces of rye bread covered with a thin layer of whipped cream cheese, a cucumber slice, and fresh dill weed. Wait until the day before the party to make the high calorie appetizers, and if you do have leftovers, give them away or store them in the deep recesses of your refrigerator.

The stress of the season can weaken resolve, so do a little preplanning now. Don't let the "I've already blown it--I'll be good tomorrow" rationale become part of your holiday vocabulary.

The MGH Gets Into the HALLOWEEN Mood

Members of Radiation Medicine dress up for the occasion.

Your Checks
Goodies

Weekly Payroll employees (left to right) Lois Kane, Nicole Bolduc, Deidre Long, and Aggie Knight weren't really going to play tricks if they didn't receive treats.

Pediatric patient Matthew Mackiwicz (right) giving encouragement to his brother Ryan at the Burnham 5 Halloween party. Holding Ryan is his mother Karen Mackiwicz.

Carol Conti of the Surgical Nursing Service (left) and friend Maria Vercellone strike a bewitching pose.

Cancer Center (continued from page 1)

Patients coming into the Cox Building to be seen in the Ambulatory Oncology Unit are often treated by a team of specialists who determine individual treatment programs. Within the center, services are available for the diagnosis and treatment of breast tumors, lung tumors, gastrointestinal tumors, leukemia, and other blood disorders, lymphoma and Hodgkin's disease, brain and spinal cord tumors, gynecological tumors, head and neck tumors, ear, nose, and throat tumors, bone and soft tissue sarcoma, pigmented lesions and melanoma, lip, mouth, and oral tumors, and tumor pain.

In addition, the center provides consultation, chemotherapy, medical oncology, second opinions, and plastic and reconstructive services.

The MGH Cancer Center officially opened in May of 1975, although its first patient was seen a month earlier. The eight-story facility, constructed at a cost of $16 million, is named for the late William C. Cox, a benefactor of the MGH.

The building's architectural design is unique. It was constructed with interior walls that could be moved as much as two feet in order to accommodate the center's most immediate needs in patient care without the usual expensive major alterations. The building is also equipped with interchangeable windows and louvers allowing for even greater flexibility. As Dr. Howard Ulfelder, Deputy to the General Director for Cancer Affairs and the Chairman of the General Hospital Committee which planned the center once commented, "Medicine advances so rapidly that it is impossible to predict [future] needs. The architect has designed the center so that it can physically change to meet tomorrow's needs."

The decision to build the Cancer Center was actually made by the MGH Board of Trustees in 1969. To make way for the new structure, the Thayer Building, then the second oldest at the MGH, was demolished.

The building houses the latest in technology, including two Cobalt-60 therapy units, two 18-million electron volt (MeV) linear accelerators, a 35-MeV linear accelerator, and a 4-MeV linear accelerator.

The MGH also maintains a computerized system for following cancer patients treated at the hospital. Listing more than 43,000 case histories, the Tumor Registry is the largest patient database in the MGH. The Tumor Registry is particularly useful in showing trends as a starting point for research that will improve the care of patients.

"We've come a long way in the treatment of cancer patients over the past ten years," said Dr. William C. Wood, Medical Director of the MGH Cancer Center. "But we still have a long way to go in our fight against the disease."

Today (Nov. 21) is the Great American Smoke Out.

To celebrate the tenth anniversary of the MGH Cancer Center, a reception was held in the lobby of the Cox Building honoring the staff.

From High Atop the MGH Reaching Far and Wide

Unit Coordinator James Warakois explaining amateur radio to patients John Young (left) and Robert Porter

"This is W 1 K R U....Calling CQ CQ [to anyone on the air]...."

After several moments, a voice came: "W 1 K R U...W 1 K R U...This is N 5 E S E, Dallas, Texas. Do you copy?"

"N 5 E S E...This is W 1 K R U in Boston," said James Warakois over a 150-watt shortwave radio. "I'm at the Massachusetts General Hospital...."

As a casual conversation ensued, several individuals within earshot gathered around the radio equipment in the White 9 solarium.

"We have a few patients here," Mr. Warakois informed his fellow ham radio operator. "I'm sure somebody would like to get in on this. Maybe Bob over here would like to say something."

Mr. Warakois, a unit coordinator, passed the microphone to Bob who eagerly joined in the transmission. Then another patient had a turn. Then still another.

Since 1979 this scenario has repeated itself hundreds of times at the MGH. Patients have been able to communicate with radio operators in much of the United States, as well as Canada, the Bahamas, and parts of Central and South America.

"The radio station not only provides a diversion for patients, helping them to wile away long hours, it also introduces them to an enjoyable method of maintaining and improving skills at socialization and communication," said Muffy Lutzin, an MGH Recreational Therapist.

Ms. Lutzin encounters many older patients who are retired and have little to do when they return home; also patients, such as people with a heart condition, who must adapt to a new life-style after discharge. For such individuals, she said, opportunities for self-directed leisure involvement and self-expression hold special importance.

A number of people at the MGH hold amateur radio licenses, including Dr. Allan H. Ropper, Director of the Neurological-Neurosurgical Intensive Care Unit. "Amateur radio is an especially fulfilling hobby for people who have disabilities of any kind," Dr. Ropper said. "In fact, a nationwide organization of ham operators called Handi-Hams is made up of disabled people. Most acquired their hobby after becoming handicapped."

The idea of communicating by shortwave radio from a patient care floor at the MGH originated with an orthopedic patient, Robert Underwood, who initially spoke into a walkie-talkie. Mr. Warakois, a former engineer with a Boston radio station, brought in another walkie-talkie and began a series of on-air conversations with Mr. Underwood.

In the belief that enough patients and hospital personnel would be interested in participating, Mr. Underwood volunteered to transfer a ham radio setup from his home to the hospital and operate it on White 9. Even after his discharge, he periodically returned with his equipment.

Five years ago, the Ladies' Visiting Committee provided funds to buy the hospital's present shortwave radio. At the same time, Mr. Warakois replaced a vertical, whip-like antenna that had been clamped to a railing outside the 12th floor of the White Building with a better system of transmitting and receiving signals.

He ran a horizontal wire from an upper White Building floor to the room of the Vincent-Burnham Building. A second wire, connected to the first at its midway point, extended to the White solarium for hookup with the radio.

"The change allowed us to operate on five frequency bands instead of just one or two," Mr. Warakois explained. "Our coverage area broadened tremendously, although we still can't reach such faraway places as Europe or Africa."

He also urged anyone who would like to participate in the hospital's amateur radio operation, to contact him at Ext. 3195.

They Stopped Everyone Cold In the Heat of Battle

The Heating/Ventilation/Air Conditioning (HVAC) team of the MGH softball League recently celebrated their championship. Above Jim Wilson accepts congratulations for being the League's home run leader.

HVAC coach Ron Heittman (left) receiving championship trophy from League Commissioner Joe Malone. (Photos by Joe Fortunato)

Join the Kings and Queens of the Road

The MGH Road Runners are on the run again this year and invite you to join the race.

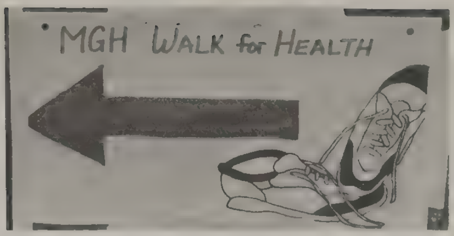
Members, whether long-term runners or beginners, will meet runners of comparable ability and enjoy participation in club activities.

One of those activities took place on September 7 as 94 employees ran in a five-mile race along the banks of the Charles River. The winners in each category were:

Mike Kelleher--Men's Open--26:40
John Bump--Men's Masters--30:05
Allie McGuinness--Women's Open--31:29
Jim Dowson--Men's Seniors--34:36
Jane Healey--Women's Juniors--36:16
Clemency Coggins--Women's Seniors--42:52
Teresa Ryan--Women's Masters--49:17

To facilitate new enrollment and renewal of membership, there will be an open enrollment in the area of the Road Runner's Bulletin Board (outside the General Cafeteria) on Tuesday, December 3, and Thursday, December 5. Annual dues are $8 for regular members, $15 for families, and $20 for sponsors.

MGH runners getting ready to race



Employees gather before the start of the walk.

The registration table was the first stop.

Wang
Ambulatory
Care
Ce

Mayor Raymond Flynn gives walkers a pep talk.

Martha Lynch, Chairman of the Walk, with last-minute instructions

Associate General Director Lawrence Martin signals the start.

It was a day much more suited to ducks along the Charles than people. But that didn't stop many employees from braving the elements to participate in the Walk for Health, sponsored by the Employee Capital Fund Drive.

While money is still pouring in from the fund-raising event, it was a steady rain that poured down upon the participants on Saturday, October 19. Despite the weather, however, many of those who started the 10-mile walk at 10 a.m. finished about three hours later.

Expressing words of encouragement to the walkers were Boston Mayor Raymond Flynn, Mrs. R. Morton Claflin of the Board of Trustees, Stephen Kauffman, Assistant General Director and Director of Operations, and Martha Lynch, Chairman of the event. Lawrence Martin, Associate General Director, rang a bell signifying the official start of the walk.

Below are the names of those who participated:

Lorraine Allan, Dietetics
Susan Barraclough, Dietetics
Jeanne Benoit, Personnel
Linda Bergeron, ACC Blood Lab
Maeve Blackman, Special Services
Julie Carr, Baker 1 X ray
Claire Cotter, (nonemployee)
Michael Dellofano, Radiology
Denise DeSalvo, Dietetics
Katie Devlin, Medical Records
Helen Doherty, Dietetics
Kathleen Domaszewicz, Admin.
Cheryl Doughty, Personnel
H. Catherine Driscoll, Res. Index
Ellen English, Clinical Admin.
Kathy Gill, Physical Therapy
Emily Hajar, Blood Trans. Service
Dave Harmon, Hematology
I. Heffron, (nonemployee)
Anne Karl, Nursing
Ann Kelly, Speech Pathology
Steve Kinnealey, (nonemployee)
Mary Lahey, Administration
Priscilla Larkin, Anesthesia
Connie Leite, Personnel
Martha Lynch, Dietetics
Marie Magliozzi, Physical Therapy
Patty Maloney, Blood Trans. Serv.
Judy Manola, Dietetics
Orazio Martinello, Electric Shop
Nancy McInnis, Radiology-AJNR
Lisa Melanson, Radiation Therapy
Deborah Newcomb, Dietetics
Karen Nickerson, Resources & Dev.
John J. Phillips, Medical Records
Ann Prestipino, Administration
Michelle Reynolds, (nonemployee)
Jean Scribner, (nonemployee)
Anne Sheetz, Pediatric Nursing
Maureen Slater, Nursing
Jack Slattery, (nonemployee)
Sandy Soolman, (nonemployee)
Elaine Strousky, Maintenance
Nancy Tanner, Correspondence/MRD
Art Willner, (nonemployee)
Susan Willner, Medical Records

The walk begins outside the Wang ACC Building.

And employees spend the next three hours walking...

walking...

and walking in the rain

THE MGH HOTLINE

December 5, 1985

News Office, Bulfinch 1, Ext. 2206

"It Would Have Made Him So Happy"

He's been gone for a dozen years now. But in a real sense, the late Dr. Paul Dudley White remains very much with us today. He is, and will always be, as much of an institution as the hospital he served.

The Cardiac Unit, which he founded and directed at the MGH for 34 years, is just one of the many legacies he left behind. But his contributions were truly worldwide, transcending all races, religions, and political persuasions.

It is in this setting that the spirit of Paul Dudley White will be in Oslo, Norway this week as a Boston-based group accepts the 1985 Nobel Peace Prize.

The International Physicians for the Prevention of Nuclear War, cofounded in 1980 by Dr. Bernard Lown of Harvard Medical School and Dr. Yevgeni Chazov of the Soviet Union, were awarded this year's prize for "creating an awareness of the catastrophic consequences of atomic warfare."

But it was over 30 years earlier that Dr. White, in effect, paved the way for this effort by involving himself in many activities, including the founding of the International Cardiology Foundation, aimed at fostering international cooperation among physicians. Thus, Dr. White's emphasis was on peace through cooperation rather than focusing on prevention of nuclear war.

"Yet such cooperation was a radical idea in those days," recalled Dr. Allan L. Friedlich, Dr. White's cardiologist and long-time friend. "It was not popular to try to bring physicians from the United States and the Soviet Union together to establish a dialogue."

But Dr. White was more interested in peace than popularity. Although the issues dividing nations were complex, Dr. White's philosophy was quite simple. "The human body," he once wrote, "is truly international, and the basic rules of health apply everywhere in the world."

In addition to the Soviet Union, Dr. White established relationships with many countries in the world. He was also one of the four original American physicians to visit the People's Republic of China in 1971.

(continued on page 2)

OUT OF AFRICA

Searchlights will be sweeping the Boston skies on December 19 as Sidney Pollack's film "Out of Africa" starring Robert Redford and Meryl Streep makes its local debut at the Sack Charles Theatre. It will also be a special occasion for the MGH as the event will benefit the Children's Service of the MGH and its affiliate, Spaulding Rehabilitation Hospital. Local celebrities will be coming to lend their support to this first cosponsored fund raiser and first movie benefit. Proceeds will go to the MGH's Capital Campaign for new pediatric facilities. A limited number of employee tickets are available at the special price of $20 each. This price includes not only the 8:00 p.m. screening but admission to a cocktail reception from 6:00 to 7:30 p.m. in the theatre lobby. For more ticket information, please call Vincent Capodilupo (Burnham 6) at Ext. 3312 or 3315.

For his many efforts towards world peace, the cardiologist was nominated for the Nobel Peace Prize in 1970. His nomination, in part, read, "Peace among nations is rarely achieved by a single dramatic act; rather, it derives from the cumulative efforts of individuals dedicated to mutual understanding. This has been the abiding conviction of Dr. Paul Dudley White, that people can best be united in peace through common interests and goals."

Paul Dudley White did not win the Nobel Peace Prize that year. But, according to Dr. Friedlich, he would be thrilled this year.

"If he were alive today, I'm sure there would be a big smile on his face," remarked Dr. Friedlich. "He worked so hard to attain peace in the world that this year's award is kind of a vindication of his efforts. It would have made him so happy."

Dr. Friedlich said that Drs. Lown, Chazov, and the others have done an enormously effective job of highlighting problems and especially in dramatizing the possibility of nuclear warfare in a way that has brought physicians from around the world together. "They are to be congratulated for a job extremely well done," he said. "It's a source of deserved and enormous satisfaction. Dr. White would have been so proud of this group reaching a pinnacle in the cause to which he was so devoted himself."

Holiday Parties--1985

The hospital will again provide treats for holiday parties held between December 9 and December 27. Departments have the option of obtaining the following supplies via the Department of Dietetics Dietary Service Center. Items are available Monday through Friday, 11:00 a.m. to 1:30 p.m., except Christmas Day, December 25.

To maximize efficiency during the busy holiday season, we are offering a prepackaged assembly of supplies, standardized for groups of 25 people. For a party of 25 people, you would need one "Dry Pack" and one "Cold Pack." You may order as many of each as you wish, but we will not be able to vary the contents of either pack. We feel that this will greatly improve our efficiency in helping you assemble and pick up your party supplies.

Please complete the form below and turn it in at least two days prior to pickup at the Dietary Service Center Counter, Gray Basement. Please keep a copy for yourself as well and bring it when you pick up your supplies. You will need to supply your own transportation. Special arrangements can be made to accommodate the pickup of party supplies by third-shift employees. Please call Barbara Buswell at Ext. 2523.

______________ Dry Packs (Each contains enough supplies for 25 people)
(Qty)

25 each Plastic Knives, Forks, and Spoons
25 Paper Napkins
25 6-inch Paper Plates
25 5-ounce Plastic Cold Cups
1 Bag Holiday Cookies
1 One-Pound Bag of Potato Chips
1 One-Pound Box of Town House Crackers

______________ Cold Packs (Each contains enough supplies for 25 people)
(Qty)

2 One-liter Bottles of Ginger Ale
2 One-quart Cartons of Eggnog
1 Two-pound Wheel of Wine Cheese
1 Five-Pound Bag of Ice Cubes

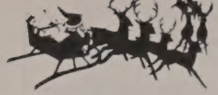
Day of Week ______________________________

Date ______________________________

Unit Requested For ______________________________

Contact Person ______________________________

Extension ______________________________



Season's Greetings

December 19, 1985

THE MGH HOT LINE

News Office, Bulfinch 1, Ext. 2206

The Games People Play

A Chance to Turn *Nichols* Into Millions

A young volunteer was called upon to select the winner of 1,000 free Megabucks tickets.

He beat the odds once, but twice may have been a little too much to expect even for the eternal optimist.

Yet when you have 1,000 lottery tickets like Edward Nichols, the dream of winning a Megabucks jackpot of about $13 million becomes a little more realistic. A little more possible. Just a little.

Mr. Nichols, a member of Medical Records, was the winner in the MGH-United Way Megabucks Drawing held in the Wang ACC Lobby on November 19. His prize was 1,000 free Megabucks tickets. He could play 1,000 different combinations of his own choosing, or allow a hospital computer to select the numbers for him. He chose the latter, except for two favorite combinations he plays every week.

Just to have won the 1,000 tickets was an accomplishment considering that Mr. Nichols' United Way pledge card was selected from among 1,155 others, all employees who had donated this year. The odds of 1,155 to 1 weren't too bad. But 1.9 million to 1? Could Edward Nichols be on a roll? Could lightning strike twice?

The answer was yes and no. Yes, Mr.

(continued on page 3)

Bidding for A Good Cause

It was called a "Silent Auction." But by the time it began in the lunch room of the Physical Therapy Department, it was anything but quiet.

Organized by Physical Therapist John Nathan, the auction was held on Friday, November 8, to benefit the United Way. It was supposed to have been "silent" in the sense that participants would mark their bids on small cards, with each item going to the highest bidder. But as

(continued on page 3)

This Game Not Just a Charade

Admit it. At least once in your life you probably came up with an idea for something, but you never did anything about it. And remember how you felt when you found out that someone else did and was successful?

For Kathy McKool, a registered nurse in the Cardiovascular Health Center, and her husband John Halbrooks, however, there are no "what ifs" or "if onlys." For them it's, "what now?" as they are busy turning their idea into fruition.

But the reality is, in fact, a charade--or more specifically, CHARADE plus!, a new board game they have produced and which is being sold in the Boston area just in time for Christmas.

The idea was born in April while the couple was attending a dinner party at a friend's house. "We were playing charades," recalled Ms. McKool, "when John and I were talking about how long it takes to actually get the game going. We thought wouldn't it be great if there were a charades board game. Well, one thing led to another, and here we are selling our own game."

But the process was not nearly as easy as it may sound. As Ms. McKool explained, she and her husband had to do a lot of research into how a game is created. They had to make up the rules, design a board, enlist the help of a graphic designer, pick the colors, come up with a title, research a thousand questions and answers, secure financial backing, pretest the game, arrange the logistics for its assembly, and finally ask store owners to put it on their shelves.

"It was certainly a growth process for us," admitted Mr. Halbrooks, who is a free lance writer. "But the more we investigated, the easier it seemed. And the more energy we put into it, the more committed

(continued on page 4)

A Space Odessey On Earth

If you ask Debra Bell and Thomas Flotte how was their September vacation, they might respond by saying it was out of this world. Only when these two MGH pathologists say it, they may not necessarily just be using a figure of speech.

Drs. Bell and Flotte spent their fall vacation realizing a fantasy. The married couple was among the first group of adults to participate in a Space Camp, part of the Alabama Space and Rocket Center in Huntsville.

For the past few summers, the camp was open to children between the ages of 10 and 16. But this September, for the first time, adults were invited to spend a three-day vacation learning everything from how to put on a space suit to how to launch a rocket. The price was $350 per person, including room and board.

"I guess we don't like normal vacations," explained Dr. Flotte, who along with his wife, is an Assistant in Pathology. "We read about this camp in a magazine and

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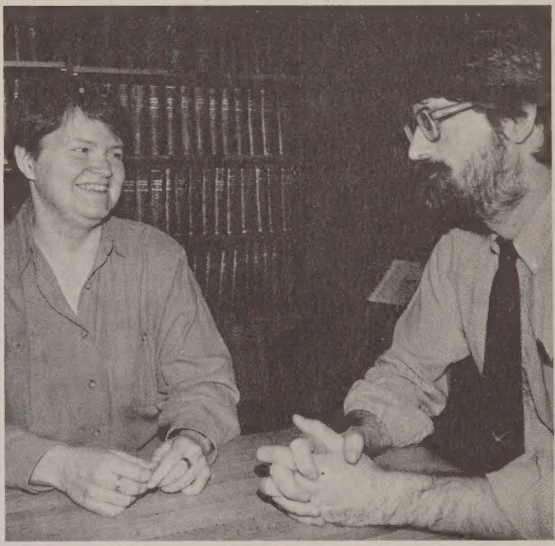


Drs. Debra Bell and Thomas Flotte were lucky enough to live a fantasy.

Kathy McKool (left) acting out a clue in her "CHARADE plus" game for some of her MGH colleagues.

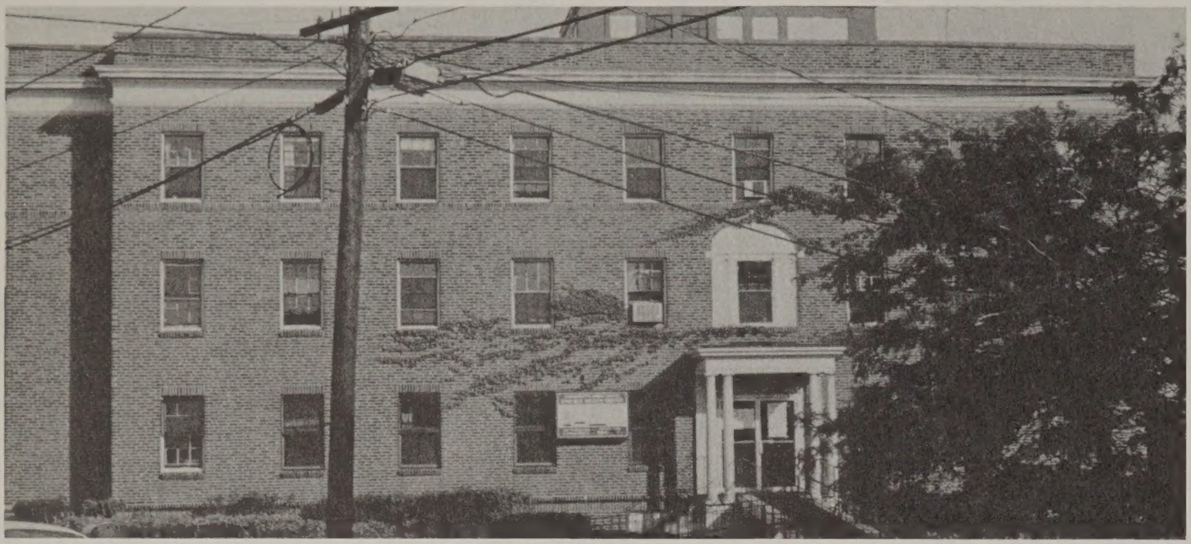
Eleanor Clark Remembered in Chelsea

In tribute to Eleanor Clark's commitment and long service to community-based health care, a building at the Chelsea Memorial Health Care Center of the MGH is being renamed for the late Social Service Director.

The Remick House on Bellingham Street will now be called the Eleanor Clark House. Official dedication ceremonies will be held in January.

A plaque bearing Miss Clark's name will be put up on the building, which was the original nurses residence of Chelsea Memorial Hospital.

Considered to be one of the most outstanding Social Service Directors in the country, Miss Clark was only the third Director since the MGH Department was established in 1905, the first hospital Department of Social Service in the world. She died on September 18, 1984, at the age of 60.



The Remick House at the MGH's Chelsea Memorial Health Care Center will soon be renamed the Eleanor Clark House, in memory of the late Director of Social Service.

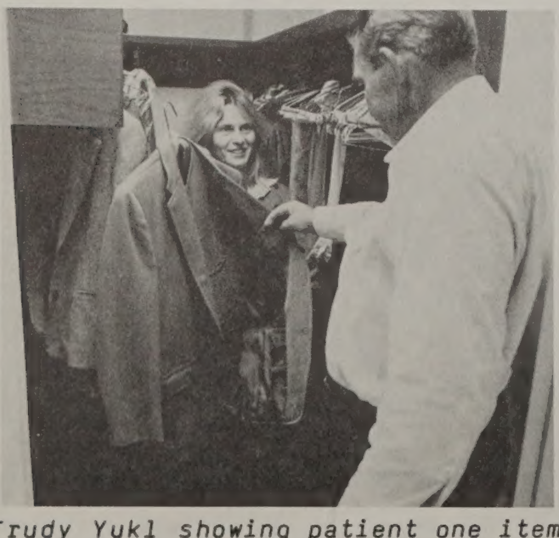
Clothes Encounters of the Generous Kind

You wouldn't be apt to find the clothing on the pages of VOGUE or GENTLEMEN'S QUARTERLY or on the racks at Jordan Marsh or Filene's. But style, color, and designer labels are not very important. They never are when you have absolutely nothing to wear...literally.

These shirts, pants, coats, and shoes are found in what is simply referred to as "the clothes closet," (affectionately known as the "MGH Boutique") situated off the corridor on the first floor of the Clinics Building in the E.W. Social Service Office. The items are available to patients being discharged from the hospital who come in owning just the clothes on their backs and who must leave without even that. They are also available to needy outpatients.

"Many of these people arrive with torn or dirty clothes from altercations, accidents, or without their clothes altogether," explained Trudy Yukl, Medical Social Worker in the Emergency Ward, who helped start the service in 1969. "We began offering them what we had. Word spread, and donations flourished.

"Our office and the clothes closet used to be located in a small part of the Overnight Ward," said Ms. Yukl, "but when space there got too tight, we were moved to the Clinics Building."



Trudy Yukl showing patient one item from the clothes closet

However, Ms. Yukl went on to explain that while this move in 1983 solved one problem, it created another. "The clothes were placed in an open doorway so it was difficult keeping the area neat and safe."

Recognizing this, members of the Ladies' Visiting Committee, with the support of Kathi Tracy, Director of Ambulatory Nursing, recently allocated money to be used to buy a door with a lock, along with shelves and hangers.

These improvements may sound like small ones, but they have made a big difference. And the timing could not have been better. "As the weather gets colder, the closet is used more," remarked Ms. Yukl, who is also Cofounder and Director of the MGH Indian Clinic. "Not a week goes by during the year that at least one patient doesn't have the need for this clothing. But in the winter, there have been as many as 18 requests a week. Besides helping our own patients, on occasion we even provide clothing to Shriners and Spaulding Rehabilitation Hospital."

Not only have improvements been made to the closet, but a new method for securing clothes is going into effect, as well. "We now have an arrangement for an MGH volunteer, Jean Swaim, to supply the hospital with clothing from a local organization," explained Ms. Tracy. "So if people need clothes between 9:30 in the morning and 3:30 in the afternoon, Monday through Friday, they should call the Volunteer Office or go directly to the E.W. Social Service Office. And after hours, they should call either the Ambulatory Nursing Office or Security."

Both Ms. Yukl and Ms. Tracy are grateful to all the employees who have donated clothing over the years. "These employees have been the type of people who would give you the shirts off their backs," remarked Ms. Yukl. "And we've had plenty of patients who have certainly needed them."

Nutritional Highlights

by the Department of Dietetics

We know that diet can have profound effects on our long-term health status. But can diet affect behavior? The idea that certain foods or types of foods may adversely influence behavior patterns is not a new one. However, in recent years an increasing amount of media attention has been given to the issue.

One of the most publicized new "theories" is that diet may contribute to violent or criminal behavior. This belief has been fueled largely by anecdotal evidence, subjective case reports, or "small" studies which have not been conducted under carefully controlled conditions.

Increased media attention given to popular nutrition fad books on "hypoglycemia," megavitamins, and the role of nutrition in "stress" have given an air of credibility to the theory. The idea has been widely accepted by a public concerned about both food safety and increasing crime rates. Many probation officers, social workers, and legislators have accepted the theory as fact and have incorporated it into their day-to-day practice. The diet-crime theory has even been used as a key element in a defense posture (the "twinkie defense" used in a California court case).

In response to this situation, a California area task force of health experts was convened to conduct an extensive review of both scientific and nonscientific evidence on the subject. The resultant position paper was endorsed by the National Council Against Health Fraud, the American Dietetic Association, and the American Diabetes Association.

In short the task force found that although the notion is an intriguing one, there is no valid scientific evidence to support a causal relationship between diet and aberrant criminal behavior patterns. While alcohol consumption may indeed be an important factor in violence and crime, the foods and food constituents most offered fingered by proponents of the diet-crime theory (sugar, white flour, processed foods, even oranges and milk) have not been shown to affect behavior.

More well-designed studies are clearly needed, and much research is ongoing in this area as well as other areas of nutrition and behavior. Until the results of this research are available, we need to exercise caution in accepting unfounded popular nutrition theories that may potentially do more harm than good.

Hot Off the Stove

MGH
COOKBOOK

The MGH Cookbook is now on sale, just in time for the holidays. The book, which contains nearly 600 recipes all donated by employees, is being sold in the General Store. In addition, posters are on display indicating other locations where the book is available. The price is $4.95 per book or $4.50 each if 10 or more copies are purchased at the same time. They make great gifts for anyone who likes to cook or who just likes to eat. Initial sales of the book have been overwhelming, so buy your copy now.

Chance (continued from page 1)

Nichols won money in the November 20 Megabucks drawing, but no, he didn't win millions of dollars, just $160 (having four tickets with four correct numbers) as well as 47 free tickets (tickets with three correct numbers).

"I tried not to get my hopes up too high," he related, "but I'd have to say I was a little disappointed. There aren't too many times I'll have a thousand chances to win a million dollars."

The idea of offering free Megabucks tickets was conceived by Richard Montgomery of Wage and Salary, Director of this year's MGH United Way campaign. "I hoped that it would generate new interest for the United Way among employees," said Mr. Montgomery. "And I think it did."

As of November 20, $88,013.62 was donated by employees for the charity, with money still coming in.

But Mr. Montgomery's job did not end with collecting money. It was he, along with some others, who filled out all the betting slips, which Mr. Montgomery took himself to buy the tickets. It was also Mr. Montgomery who broke the news to Ed Nichols about winning the free tickets, leaving a message on the Medical Records employee's home answering machine.

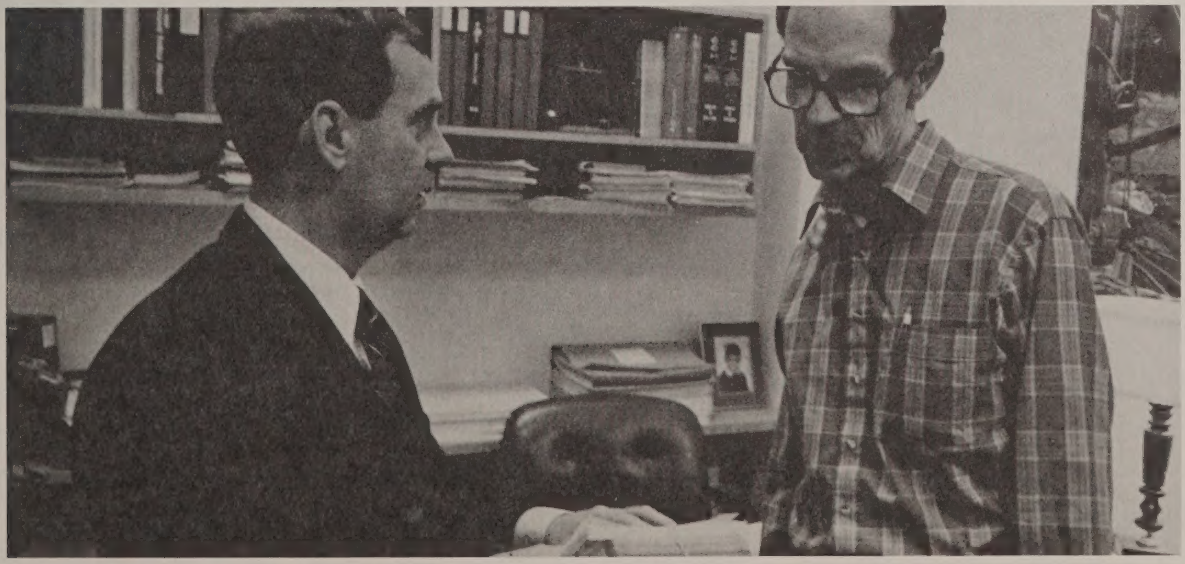
"I couldn't believe it," recalled Mr. Nichols of his phone message. "I had to play the tape twice to make sure I had heard it right."

An MGH employee for 21 years, Mr. Nichols said he had won something only one other time in his life, that was a free pass to Expo '67 in Montreal. So he thought he was due.

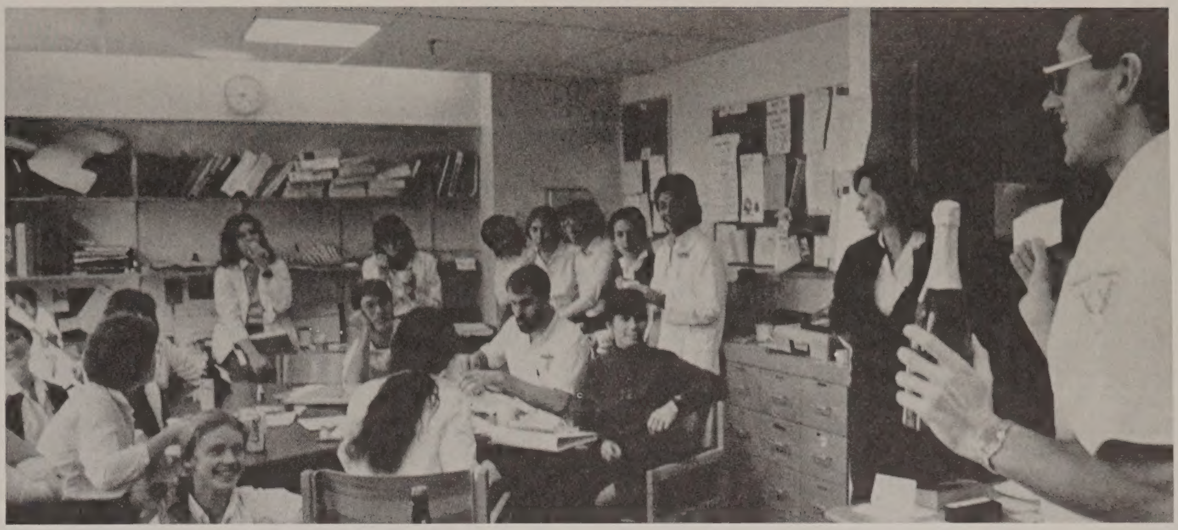
"There aren't too many times I'll have a thousand chances to win a million dollars."

He was working in the File Room in the Clinics basement the evening when the Megabucks numbers were drawn. He brought with him his 1,000 different combinations of numbers so that his colleagues could help go through the cards. Within a half hour, Mr. Nichols knew that his dream was still a dream. But he did take some solace in the fact that he was $160 richer (plus free tickets) than he was before he came to work that afternoon.

"I've been getting a lot of advice on how to spend the money," he said. "Some people have told me to buy something special. And others say I should just spend it all on more tickets. I'm going to have to think about it for a while."



Richard Montgomery (left), chairman of this year's MGH United Way campaign, presenting Edward Nichols with 1,000 Megabucks tickets.



John Nathan (far right) encourages the bidding in the Physical Therapy Department's "Silent Auction,"

Bid (continued from page 1)

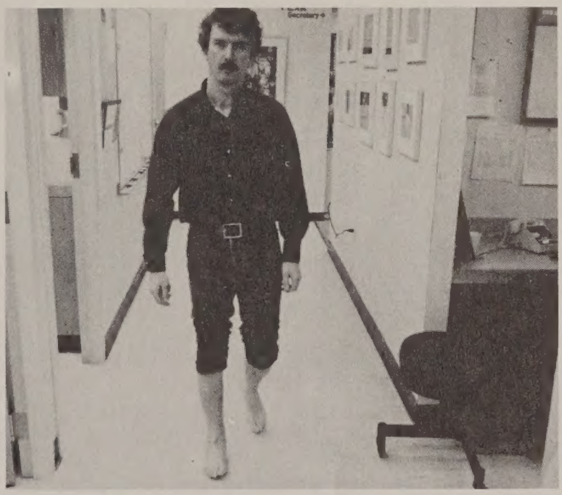
the time grew closer for the "silent" bidding to end, voices began to be raised in last-minute offers. That's when the real competition began.

In all, 52 items were donated by members of the Department. There was something for almost everyone: books and hooks, wines and signs, frames and games.

"One of my patients told me how something similar worked in her company," explained Mr. Nathan, who was United Way Chairman for the Physical Therapy Department, "so I thought we might give it a try here to see if we could make some money."

And they did. Nearly $200 was raised during sometimes long and heated bidding. One Physical Therapist unable to attend recruited someone to bid for her, while another called in her bids over the telephone. The competition was that fierce.

"Some people might laugh at what we did," remarked Physical Therapist Lisa Spindler. "But we did it for a good cause, not to mention that we all had a lot of fun."



Here for a check up, Bruce Ristow of Columbia, Maine shows no sign of difficulty walking on his right foot, replanted during a 14-hour operation on May 31.

Space (continued from page 1)

decided to go. We thought it would be interesting."

The couple was not disappointed. They spent three days attending lectures, being tested on their knowledge of the space program, experiencing weightlessness (although simulated), and being trained on the equipment. Finally, they were given their assignments on a simulated space mission.

"The assignments were based primarily on how well we did on the test," said Dr. Bell. "Tom ended up being a pilot, and I was a Mission Specialist. Our mission was to take a replacement crew to the space station."

As it turned out, their assignment was a success, although not without at least one hitch. "We forgot to launch a satellite," she related with a smile. "But at least we didn't burn up in space as one of the other crews did. They forgot to close their cargo bay doors."

Despite these occasional mishaps, all 38 men and women who attended the camp earned their wings at a graduation ceremony. Astronaut William Pogue, who spent 84 days in space aboard Skylab, was the commencement speaker.

"It was our once-in-a-lifetime chance to feel as though we were really a part of the space program," remarked Dr. Flotte. "We wanted to learn so much, and the staff was great in answering all our questions and training us on the equipment. They treated us as though we were really a part of the program, not like overgrown kids just looking for some excitement."

The first adult group included a broad cross-section of America. They ranged from a minister to a woman in her sixties. But they all left after three days with at least one thing in common--a greater appreciation for the wonders of outer space.

"I've always been interested in rocketry," said Dr. Flotte, "and something like this enhanced my interest and enthusiasm. Debbie and I once attended the launching of a space shuttle in Florida. But this gave us a more personal perspective."

And Dr. Bell admitted that once she and her husband experienced the joys of space travel (even though from the ground), it was difficult for the pathologists to return to their more earthly tasks. "It exceeded all our expectations," she said.

In other words, their weekend in Alabama was very definitely "the right stuff."

Rhythm Doesn't Make "Eddie B." Blue At All

Make no mistake about it, "Eddie B." is a purist.

When it comes to his music, "Eddie B." has definite opinions about what he likes, what he doesn't, and especially what he listens for in a song.

"I love group harmony," he points out. "I like lyrics and voices. I want to be able to hear a song for the words, for the message."

So for "Eddie B.," also known as Eddie Barnett of the MGH Print Shop, his favorite music is rhythm and blues, also known as soul.

But favorite may not be an accurate description of his fondness for that type of music. Not when you own about 5,000 rhythm and blues records!

"I don't like to be called a collector, although I guess I am," said "Eddie B." "Let's just say I've been an avid fan of soul music for a long time. The number of records isn't important."

Eddie Barnett, a man who has lots of soul

Not only does he collect, but he also plays these records at parties and clubs around the Boston area. And he occasionally sells a record or two. "But only to certain people," he emphasized. "Those who have a real appreciation for the music. I don't go around advertising. Arthur Givens from Dietary was one of my first customers. If people are interested, they'll know where to find me."

Finding Eddie Barnett at the MGH is pretty easy. He's been a printer here for 22 years. However, locating him outside the hospital has been another story. "Eddie B" and his thousands of 45s have been forced to hit the road in recent years, moving from place to place in Boston's North End, not the most likely locale for a Charlestown resident to sell soul music.

"I never got into it to make money," stated Eddie B. "My job at the MGH takes care of my bills. I just like the music, and I enjoy meeting others who do, too."

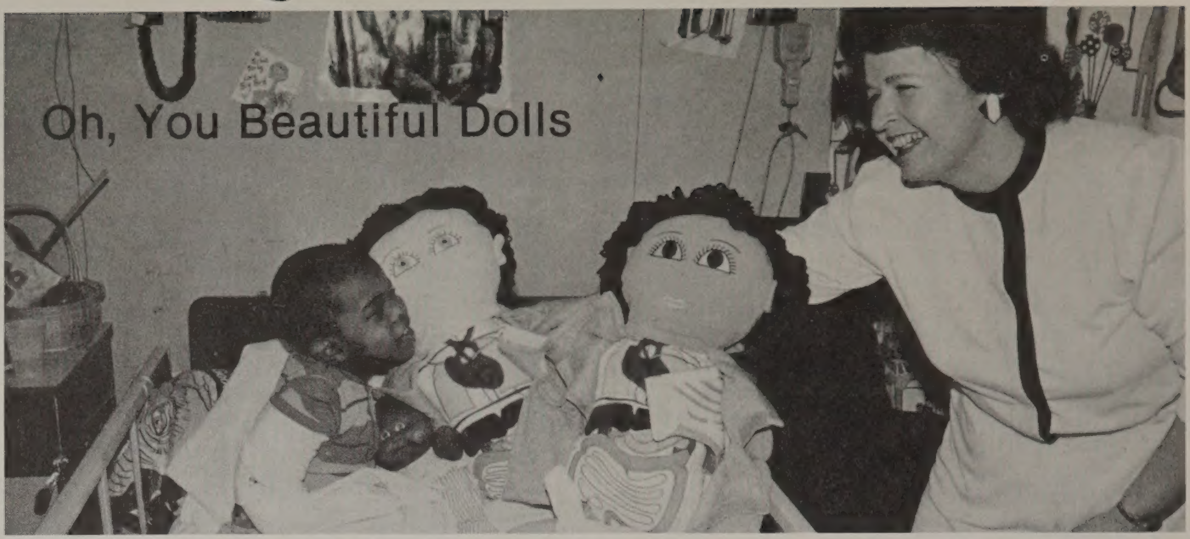
Very often Eddie Barnett gets his chance at local clubs like the Palace, where, until very recently, he played every Saturday night. "I think those who came had a good time," he said. "I really believe that everybody likes this kind of music. It's just that they don't hear it that much."

And "Eddie B." thinks he knows why songs from such groups as the Temptations, the Delphonics, and the Four Tops (he has no one particular favorite group) are not as popular as Bruce Springsteen, Prince, or Madonna. "Record companies are more interested in how a record sells than how it sounds," he stated. "Disc jockeys are then told what songs to play. Just because they're new, it doesn't mean they're good. But as long as they're selling, they'll keep on being played. It's sad how much people depend on the radio for their music. They really limit themselves that way."

It isn't that "Eddie B." doesn't appreciate other kinds of music. "It's just that I'm interested in lyrics and how they blend with harmony," he said. "Hearing four or five different voices in harmony in a song that has something to say, that's my idea of great music. Songs like 'My Girl,' and 'Going Out Of My Head' are the kind of music that leaves a lasting impression on you."

And that's why Eddie Barnett doesn't appreciate the word "oldie" associated with soul music. "What's old to one person may not be old to someone else," he explained. "It's just like people asking me if I think rhythm and blues will make a revival. I always say no it can't because there's nothing to revive. At least for me, the music never ended."

Oh, You Beautiful Dolls



Gail Zayka (right), the mother of a former MGH patient, recently donated to the Pediatric Service two dolls she has designed to help children better understand why they are in the hospital. These Zaadi dolls include vital organs and show how they function in the body. Here Richard Bailey is introduced to his two new friends.

Game (continued from page 1)

we became. It's scary knowing how far we've actually come. So we've been trying not to think about it too much."

The game can be played by as few as four and as many as can fit into a room, with players divided into two to four teams. Like the traditional charades, a person acts out a title using pantomime for syllables, words, or ideas. Teammates then must guess that title. The less time it takes, the more spaces they move on the board. However, in this game members of the opposing team must also answer a trivia question based on that title. There are five categories: Literature, Music, Theatre, Television, and Film.

"By adding trivia," said Ms. McKool, "we felt that we could appeal to those people who may not do well at charades, but who like answering trivia questions."

She conceded that the game capitalizes on the current popularity of trivia games and is also in competition with another Charades game that just came on the market. But she emphasized that no other game combines both elements.

Present plans call for 1,500 games to be manufactured. But one would need an atlas of New England to really appreciate the process. The printing was done in Boston, the game pieces made in Maine, the cards collated in Malden, and the boxes manufactured and the game assembled in Holyoke.

For now, the game will be sold in selected stores in the Boston area, including the MGH General Store. If sales go well, more games will be manufactured and distributed around the country. And if that proves successful, perhaps different editions to the original game will be manufactured.

"But we're not even thinking about that right now," said Ms. McKool. "We're really taking it one step at a time. If we do well, naturally we'd be thrilled. But if we don't, at least we know we've done the best we could. You can't win all the time."

Rule number one in the game of life.

Some scenes of the season visible through the windows of the General Store and the ACC Shop

Meet the Staff Today

THE MGH-SRH HOME CARE PROGRAM INVITES ALL EMPLOYEES TO MEET THE HOME CARE STAFF AND MGH CONTINUING CARE NURSES TODAY (THURSDAY, DEC. 19), FROM 7:30-4:00, IN THE WANG ACC LOBBY.